



ESAA

English Schools' Athletic Association

ESAA CROSS COUNTRY CUP 2022 – UPDATE



ESAA will open the entry portal on their new website with effect from early July 2022

Entries will close on Friday 16th September.

First rounds will be held locally by County in October to be completed before half-term

All nine regional Finals will be held on Saturday 12th November

The Cup Final will be staged at The Grammar School at Leeds on Saturday 3rd December

ESAA offer the following competitions with separate races for Girls and Boys in each age group:-

Under 14: Years 7/8

Six to run with the top four runners scoring for their team

Under 16: Years 9/10

N.B. All ages are taken from 31.8.2023

Under 19: Years 11/12/13

i.e. The end of the academic year 2022-23

All schools who have entered ESAA Cross Country or Track & Field Cup Competitions in the current academic year will receive a reminder as soon as the entry portal opens.

For any other schools who have not entered any ESAA competitions this academic year but wish to ensure they receive the link to the electronic entry forms please register your interest as soon as possible by email to:-

geoff.williams1949@hotmail.co.uk