

ESAA Track & Field Cup Final – 7th July 2018

TRACK EVENTS TIMETABLE

T1	11.15	75m Hurdles	(3 heats)	Junior Girls
T2	11.25	1500 metres	(2 heats)	Junior Girls
T3	11.40	80m Hurdles	(3 heats)	Junior Boys
T4	11.50	1500 metres	(2 heats)	Junior Boys
T5	12.05	100 metres	(3 heats)	Junior Girls
T6	12.15	100 metres	(3 heats)	Junior Boys
T7	12.25	200 metres	(3 heats)	Junior Girls
T8	12.35	200 metres	(3 heats)	Junior Boys
T9	12.50	300 metres	(3 heats)	Junior Boys
T10	13.00	300 metres	(3 heats)	Junior Girls
T11	13.15	800 metres	(3 heats)	Junior Boys
T12	13.25	800 metres	(3 heats)	Junior Girls
T13	14.00	80m Hurdles	(3 heats)	Inter Girls
T14	14.10	1500 metres	(2 heats)	Inter Girls
T15	14.25	80m Hurdles	(3 heats)	Inter Boys
T16	14.35	1500 metres	(2 heats)	Inter Boys
T17	14.50	100 metres	(3 heats)	Inter Girls
T18	15.00	100 metres	(3 heats)	Inter Boys
T19	15.10	200 metres	(3 heats)	Inter Girls
T20	15.20	200 metres	(3 heats)	Inter Boys
T21	15.30	300 metres	(3 heats)	Inter Girls
T22	15.40	300 metres	(3 heats)	Inter Boys
T23	15.50	800 metres	(3 heats)	Inter Girls
T24	16.05	800 metres	(3 heats)	Inter Boys
T25	16.20	Relay	(2 heats)	Inter Girls
T26	16.30	Relay	(2 heats)	Inter Boys
T27	16.40	Relay	(2 heats)	Junior Girls
T28	16.50	Relay	(2 heats)	Junior Boys

FIELD EVENTS TIMETABLE

F1	9.45	Hammer	H/D outside	IB/IG
F2	9.45	Pole Vault		IB/IG
F3	10.15	Long Jump	LJ1	Inter Boys
F4	10.15	High Jump	HJ1	Inter Boys
F5	10.15	High Jump	HJ2	Inter Girls
F6	10.15	Shot		Inter Boys
F7	10.15	Triple Jump	TJ2	Inter Girls
F8	10.15	Javelin	J1	Inter Girls
F9	10.45	Discus	H/D outside	Inter Boys
F10	11.45	Javelin	J1	Inter Boys
F11	11.45	Triple Jump	TJ2	Inter Boys
F12	11.45	Shot		Inter Girls
F13	11.45	Long Jump	LJ1	Inter Girls
F14	11.45	Discus	H/D outside	Inter Girls
F15	13.00	Hammer	H/D outside	JB/JG
F16	13.45	Pole Vault		JB/JG
F17	13.45	Shot		Junior Boys
F18	13.45	Triple Jump	TJ2	Junior Boys
F19	13.45	Javelin	J1	Junior Girls
F20	13.45	High Jump	HJ2	Junior Girls
F21	13.45	High Jump	HJ1	Junior Boys
F22	13.45	Discus	H/D outside	Junior Boys
F23	13.45	Long Jump	LJ1	Junior Girls
F24	15.00	Discus	H/D outside	Junior Girls
F25	15.00	Javelin	J1	Junior Boys
F26	15.00	Long Jump	LJ1	Junior Boys
F27	15.00	Shot	S1	Junior Girls

HAMMER/DISCUS OUTSIDE THE TRACK

17.00 Presentation of Certificates and Trophies