

**Junior Girls 3000m**

1	Katie Rowe	England	9:21
2	Sabrina Sinha	England	9:24
3	Katie Shiel Rankin	England	9:28
4	Hope Goddard	England	9:32
5	Harriet Knowles-Jones	England	9:36
6	Grace Goddard	England	9:41
7	Laura Stark	Scotland	9:45
8	Nadia Power	Ireland	9:45
9	Gillian Black	Scotland	9:48
10	Clodagh O'Reilly	Ireland	9:53
11	Issy Morris	Wales	9:53
12	Jodie Judd	England	9:55
13	Carla Sweeney	Ireland	9:56
14	Kirstin Oakley	Scotland	10:03
15	Sopie Tooley	England	10:03
16	Mollie Davies	Wales	10:04
17	Cari Hughes	Wales	10:04
18	Katie Black	Scotland	10:05
19	Holly Still	Scotland	10:06
20	Jessica Bradley	Wales	10:11
21	Seren Allin	Wales	10:14
22	Heidi Davies	Wales	10:16
23	Hannah Addison	Scotland	10:17
24	Amy Hamill	Ireland	10:18
25	Bethan Evans	Wales	10:24
26	Emma Kelly	Scotland	10:28
27	Zoe Carruthers	Ireland	10:31
28	Cara Todd	Ireland	10:34
29	Laura Cooke	Ireland	10:38
30	Emma Ferrie	Scotland	10:41
31	Rosa Yates	Wales	10:56
32	Karen Kennedy	Ireland	11:35

**Team Result**

	<b>Pts</b>
<b>1 England</b>	<b>21</b>
<b>2 Scotland</b>	<b>90</b>
<b>3 Wales</b>	<b>107</b>
<b>4 Ireland</b>	<b>110</b>

**Junior Boys 4000m**

1	Joss Kerr	Scotland	11:45
2	Jamie Dee	England	11:51
3	George Elliot	England	11:53
4	Daniel Evans	England	11:53
5	George Butler	England	11:59
6	Jamal Lewis	England	12:02
7	Joshua Scofield	England	12:12
8	Sam Sommerville	England	12:14
9	Padraic Creaven	Ireland	12:17
10	Tyler Pritchard	Wales	12:18
11	William Richardson	England	12:21
12	Jack O'Leary	Ireland	12:25
13	Kevin Mulcaire	Ireland	12:30
14	Nikita Neary	Wales	12:36
15	Cathal Doyle	Ireland	12:36
16	Chinnie Izuchhkwu	Ireland	12:36
17	Luke Horgan	Ireland	12:37
18	Alex Carcas	Scotland	12:40
19	Adam O'Brien	Ireland	12:40
20	Scott Lisle	Scotland	12:48
21	Euan Trotter	Scotland	12:50
22	Aran Rees	Wales	12:51
23	Rhys Gooch	Wales	12:53
24	Jake Heyward	Wales	12:53
25	John McLaughlin	Scotland	12:58
26	Sam Davidson	Scotland	13:10
27	Alex Price	Wales	13:16
28	Callum Wellman	Wales	13:21
29	Drew Davidson	Scotland	13:28
30	Kyle Owen	Wales	13:58

**Team Result**

	<b>Pts</b>
<b>1 England</b>	<b>27</b>
<b>2 Ireland</b>	<b>82</b>
<b>3 Scotland</b>	<b>111</b>
<b>4 Wales</b>	<b>120</b>

Note that the Intermediate Teams were minus those eligible athletes who were in Malta at the World Schools' Championships.

<b>Intermediate Girls 4000m</b>				<b>Team Result</b>		
					<b>Pts</b>	
<b>1</b>	Annabel Mason	England	12:39	<b>1</b>	<b>England</b>	<b>24</b>
<b>2</b>	Bronwen Owen	England	13:13	<b>2</b>	<b>Wales</b>	<b>71</b>
<b>3</b>	Mari Smith	England	13:16	<b>3</b>	<b>Scotland</b>	<b>102</b>
<b>4</b>	Jessica Parsons	England	13:27	<b>4</b>	<b>Ireland</b>	<b>131</b>
<b>5</b>	Sophie Forman	England	13:33			
<b>6</b>	Ellie Atkinson	Wales	13:36			
<b>7</b>	Catriona Graves	Scotland	13:40			
<b>8</b>	Lara Philippart	Wales	13:42			
<b>9</b>	Connie Lewis	England	13:45			
<b>10</b>	Kate Gerard	England	13:50			
<b>11</b>	Olivia Gwynn	Wales	13:56			
<b>12</b>	Gwem Gillham	Scotland	13:58			
<b>13</b>	Linda Conroy	Ireland	14:01			
<b>14</b>	Malika Rezougui	Wales	14:03			
<b>15</b>	Alex Cawthra	Wales	14:04			
<b>16</b>	Stacie Taylor	Scotland	14:04			
<b>17</b>	Rebecca Evans(C)	Wales	14:07			
<b>18</b>	Yasmin Wilson	Ireland	14:08			
<b>19</b>	Kate Seary	Wales	14:09			
<b>20</b>	Eilidh MacCorquodale	Scotland	14:09			
<b>21</b>	Paloma Pineda	Ireland	14:12			
<b>22</b>	Chloe Cowan	Scotland	14:23			
<b>23</b>	Isobel Glasher	England	14:28			
<b>24</b>	Cara Cummins	Ireland	14:30			
<b>25</b>	Brogan Wallace	Scotland	14:32			
<b>26</b>	Emily Greenham	Scotland	14:33			
<b>27</b>	Rosie Hynes	Ireland	14:43			
<b>28</b>	Sarah Fitzpatrick	Ireland	14:50			
<b>29</b>	Jessica Coyne	Ireland	14:53			
<b>30</b>	Anna Sheehan	Ireland	14:59			
<b>31</b>	Caitlin Thompson	Wales	15:21			
<b>32</b>	Rossana Stewart	Scotland	16:12			



Note that the Intermediate Teams were minus those eligible athletes who were in Malta at the World Schools' Championships.

<b>Intermediate Boys 6000m</b>			<b>Team Result</b>	
				<b>Pts</b>
<b>1</b>	Scott Halstead	England	16:52	<b>1 England 35</b>
<b>2</b>	Euan Gillham	Scotland	17:01	<b>2 Scotland 74</b>
<b>3</b>	Liam Dee	England	17:05	<b>3 Ireland 97</b>
<b>4</b>	Alex Carter	England	17:07	<b>4 Wales 118</b>
<b>5</b>	Daniel Wallis	England	17:08	
<b>6</b>	Conal Kirk	Ireland	17:11	
<b>7</b>	Gavin McArdle	Scotland	17:13	
<b>8</b>	Jac Hopkins	Wales	17:15	
<b>9</b>	Jonathan Glen	Scotland	17:15	
<b>10</b>	James Hall	England	17:17	
<b>11</b>	Kyle Larkin	Ireland	17:20	
<b>12</b>	Ben Rochford	England	17:22	
<b>13</b>	Adam Howard	England	17:27	
<b>14</b>	Haran Dunderdale	England	17:29	
<b>15</b>	Jonathan Tobin	Wales	17:38	
<b>16</b>	Ryan Thompson	Scotland	17:39	
<b>17</b>	Conor Cristie	Ireland	17:39	
<b>18</b>	Sean Chalmers	Scotland	17:47	
<b>19</b>	Ryan Sharkey	Ireland	17:48	
<b>20</b>	Connor Davies	Wales	17:52	
<b>21</b>	Andrew Wright	Ireland	17:52	
<b>22</b>	Aidan Thompson	Scotland	17:54	
<b>23</b>	Liam Fitzpatrick	Ireland	18:00	
<b>24</b>	John Cove	Wales	18:11	
<b>25</b>	James Hunt	Wales	18:21	
<b>26</b>	Iolo Hughes	Wales	18:27	
<b>27</b>	Callum Matthews	Scotland	18:28	
<b>28</b>	Peter Gibbons	Ireland	18:29	
<b>29</b>	Dylan Keegan	Ireland	18:44	
<b>30</b>	Deri Stewart	Wales	18:47	
<b>31</b>	Jack Gooch (C)	Wales	19:21	