

ESAA Cross Country Championships

Heaton Park - Manchester

Police advised route for all vehicles

Follow the M60 ring road to Junction 19 . Take A576 Middleton Road.

Turn Right into Sheepfoot Lane.

Cars then turn right into the Sheepfoot Lane entrance and will be parked at the Lake Car Park.

Coaches must continue on to turn right into the Grand Lodge entrance, at the junction with Bury Old Road. All coaches will be parked in the Event Car Park, a short distance from this entrance.

Both park entrances will be manned by stewards.

