

**AVIVA ESAA ENGLISH SCHOOLS' TRACK & FIELD CHAMPIONSHIPS**  
**Birmingham Alexander Stadium**  
**9th & 10th July 2010**

Whilst every effort is made to check that this timetable is correct, it is liable to change if any errors are spotted. The timetable published in the event programme is the one which will be used at the event.

Events labelled (BS) will run on the back straight

**Track Event Timetable**

**Friday**

T1	10:00 hrs. 1500 metres	JUNIOR BOYS	1st Round	2 Heats
		FINAL, Event T71	12:13 hrs.	Saturday
T2	10:12 hrs. 800 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals A & B, Event T36	15:58 hrs.	Friday
T3	10:28 hrs. 200 metres	JUNIOR BOYS	1st Round	5 Heats
		Semi-Finals A & B, Event T58	10:57 hrs.	Saturday
T4	10:43 hrs. 100 metres	JUNIOR GIRLS	1st Round	4 Heats
		Semi-Finals A & B, Event T59	11:03 hrs.	Saturday
T5	10:52 hrs. 75 metres Hurdles (BS)	JUNIOR GIRLS	1st Round	3 Heats
		FINAL, Event T70	12:09 hrs.	Saturday
T6	10:52 hrs. 100 metres	SENIOR BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T37	16:06 hrs.	Friday
T7	11:08 hrs. 80 metres Hurdles (BS)	INTER GIRLS	1st Round	2 Heats
		FINAL, Event T69	12:05 hrs.	Saturday
T8	11:08 hrs. 100 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals A & B, Event T60	11:09 hrs.	Saturday
T9	11:18 hrs. 80 metres Hurdles (BS)	JUNIOR BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T26	14:21 hrs.	Friday
T10	11:18 hrs. 800 metres	SENIOR BOYS	1st Round	3 Heats
		FINAL, Event T63	11:27 hrs.	Saturday
T11	11:30 hrs. 400 metres	JUNIOR BOYS	1st Round	3 Heats
		FINAL, Event T75	12:41 hrs.	Saturday
T12	11:40 hrs. 800 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T39	16:26 hrs.	Friday
T13	11:56 hrs. 200 metres	JUNIOR GIRLS	1st Round	4 Heats
		Semi-Finals A & B, Event T56	10:44 hrs.	Saturday
T14	12:08 hrs. 800 metres	JUNIOR GIRLS	1st Round	3 Heats
		FINAL, Event T64	11:31 hrs.	Saturday
T15	12:17 hrs. 100 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T61	11:15 hrs.	Saturday
T16	12:29 hrs. 400 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T57	10:50 hrs.	Saturday
T17	12:41 hrs. 200 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals A & B, Event T55	10:38 hrs.	Saturday
T18	12:53 hrs. 1500 metres	INTER BOYS	1st Round	2 Heats
		FINAL, Event T91	15:16 hrs.	Saturday
T19	13:05 hrs. 100 metres	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T95	15:53 hrs.	Saturday
T20	13:13 hrs. 800 metres	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T97	16:06 hrs.	Saturday
T21	13:21 hrs. 200 metres	INTER BOYS	1st Round	3 Heats
		FINAL, Event T92	15:25 hrs.	Saturday
T22	13:30 hrs. 100 metres	JUNIOR BOYS	1st Round	5 Heats
		2nd Round, 3 Heats, Event T34	15:37 hrs.	Friday
T23	13:42 hrs. 400 metres	SENIOR GIRLS	1st Round	3 Heats
		FINAL, Event T103	16:50 hrs.	Saturday
T24	13:54 hrs. 800 metres	JUNIOR BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T43	17:02 hrs.	Friday
T25	14:09 hrs. 1500 metres	JUNIOR GIRLS	1st Round	2 Heats
		FINAL, Event T62	11:21 hrs.	Saturday
T26	14:21 hrs. 80 metres Hurdles	JUNIOR BOYS	Semi-Finals A & B	
		FINAL, Event T68	12:01 hrs.	Saturday
T27	14:29 hrs. 100 metres Hurdles	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T100	16:30 hrs.	Saturday
T28	14:39 hrs. 100 metres Hurdles	INTER BOYS	1st Round	4 Heats
		Semi-Finals A & B, Event T66	11:47 hrs.	Saturday
T29	14:53 hrs. 110 metres Hurdles	SENIOR BOYS	1st Round	2 Heats

T30	15:03 hrs. 300 metres	FINAL, Event T102 INTER GIRLS	16:42 hrs.	Saturday
T31	15:09 hrs. 200 metres	FINAL, Event T89 SENIOR BOYS	15:01 hrs.	Saturday
T32	15:17 hrs. 200 metres	FINAL, Event T98 SENIOR GIRLS	16:12 hrs.	Saturday
T33	15:25 hrs. 1500 metres	FINAL, Event T74 INTER GIRLS	12:37 hrs.	Saturday
T34	15:37 hrs. 100 metres	FINAL, Event T93 JUNIOR BOYS	15:32 hrs.	Saturday
T35	15:46 hrs. 400 metres	FINAL, Event T85 SENIOR BOYS	14:35 hrs.	Saturday
T36	15:58 hrs. 800 metres	FINAL, Event T72 INTER GIRLS	12:19 hrs.	Saturday
T37	16:06 hrs. 100 metres	FINAL, Event T84 SENIOR BOYS	14:25 hrs.	Saturday
T38	16:14 hrs. 1500 metres	FINAL, Event T96 SENIOR BOYS	16:00 hrs.	Saturday
T39	16:26 hrs. 800 metres	FINAL, Event T67 INTER BOYS	11:55 hrs.	Saturday
T40	16:34 hrs. 1500 metres Steeplechase	FINAL, Event T88 SENIOR GIRLS	14:55 hrs.	Saturday
T41	16:42 hrs. 3000 metres	SENIOR BOYS	FINAL	
T42	16:54 hrs. 1500 metres Steeplechase	INTER BOYS	FINAL	
T43	17:02 hrs. 800 metres	JUNIOR BOYS	Semi-Finals A & B	
T44	17:10 hrs. 300 metres Hurdles	FINAL, Event T77 INTER GIRLS	12:51 hrs.	Saturday
T45	17:23 hrs. 4x100 metres Relay	FINAL, Event T51 JUNIOR GIRLS	10:00 hrs.	Saturday
T46	17:31 hrs. 4x100 metres Relay	FINAL, Event T105 JUNIOR BOYS	17:15 hrs.	Saturday
T47	17:47 hrs. 4x100 metres Relay	FINAL, Event T106 INTER GIRLS	17:21 hrs.	Saturday
T48	18:03 hrs. 4x100 metres Relay	FINAL, Event T107 INTER BOYS	17:27 hrs.	Saturday
T49	18:19 hrs. 4x100 metres Relay	FINAL, Event T108 SENIOR GIRLS	17:33 hrs.	Saturday
T50	18:27 hrs. 4x100 metres Relay	FINAL, Event T109 SENIOR BOYS	17:39 hrs.	Saturday
		FINAL, Event T110	17:45 hrs.	Saturday

## Saturday

T51	10:00 hrs. 300 metres Hurdles	INTER GIRLS	FINAL	
T52	10:04 hrs. 400 metres Hurdles	SENIOR GIRLS	1st Round	3 Heats
T53	10:16 hrs. 400 metres Hurdles	FINAL, Event T81 INTER BOYS	13:14 hrs.	Saturday
T54	10:28 hrs. 400 metres Hurdles	FINAL, Event T82 SENIOR BOYS	1st Round	3 Heats
T55	10:38 hrs. 200 metres	FINAL, Event T83 INTER GIRLS	14:10 hrs.	Saturday
T56	10:44 hrs. 200 metres	FINAL, Event T78 JUNIOR GIRLS	1st Round	2 Heats
T57	10:50 hrs. 400 metres	FINAL, Event T79 INTER BOYS	14:18 hrs.	Saturday
T58	10:57 hrs. 200 metres	FINAL, Event T87 JUNIOR BOYS	Semi-Finals A & B	
T59	11:03 hrs. 100 metres	FINAL, Event T99 JUNIOR GIRLS	12:55 hrs.	Saturday
T60	11:09 hrs. 100 metres	FINAL, Event T90 INTER GIRLS	Semi-Finals A & B	
T61	11:15 hrs. 100 metres	FINAL, Event T86 INTER BOYS	12:59 hrs.	Saturday
T62	11:21 hrs. 1500 metres	FINAL, Event T94 JUNIOR GIRLS	Semi-Finals A & B	
T63	11:27 hrs. 800 metres	SENIOR BOYS	14:49 hrs.	Saturday
			Semi-Finals A & B	
			16:20 hrs.	Saturday
			15:10 hrs.	Saturday
			14:41 hrs.	Saturday
			15:45 hrs.	Saturday
			FINAL	
			FINAL	

T64	11:31 hrs. 800 metres	JUNIOR GIRLS	FINAL
T65	11:35 hrs. 3000 metres	SENIOR GIRLS	FINAL
T66	11:47 hrs. 100 metres Hurdles	INTER BOYS FINAL, Event T101	Semi-Finals A & B 16:36 hrs. Saturday
T67	11:55 hrs. 1500 metres	SENIOR BOYS	FINAL
T68	12:01 hrs. 80 metres Hurdles	JUNIOR BOYS	FINAL
T69	12:05 hrs. 80 metres Hurdles	INTER GIRLS	FINAL
T70	12:09 hrs. 75 metres Hurdles	JUNIOR GIRLS	FINAL
T71	12:13 hrs. 1500 metres	JUNIOR BOYS	FINAL
T72	12:19 hrs. 400 metres	SENIOR BOYS	FINAL
T73	12:23 hrs. 3000 metres	INTER GIRLS	FINAL
T74	12:37 hrs. 200 metres	SENIOR GIRLS	FINAL
T75	12:41 hrs. 400 metres	JUNIOR BOYS	FINAL
T76	12:45 hrs. 1500 metres	SENIOR GIRLS	FINAL
T77	12:51 hrs. 800 metres	JUNIOR BOYS	FINAL
T78	12:55 hrs. 200 metres	INTER GIRLS	FINAL
T79	12:59 hrs. 200 metres	JUNIOR GIRLS	FINAL
T80	13:02 hrs. 3000 metres	INTER BOYS	FINAL
T81	13:14 hrs. 400 metres Hurdles	SENIOR GIRLS	FINAL
T82	14:10 hrs. 400 metres Hurdles	INTER BOYS	FINAL
T83	14:18 hrs. 400 metres Hurdles	SENIOR BOYS	FINAL
T84	14:25 hrs. 800 metres	INTER GIRLS	FINAL
T85	14:35 hrs. 100 metres	JUNIOR BOYS	FINAL
T86	14:41 hrs. 100 metres	INTER GIRLS	FINAL
T87	14:49 hrs. 400 metres	INTER BOYS	FINAL
T88	14:55 hrs. 800 metres	INTER BOYS	FINAL
T89	15:01 hrs. 300 metres	INTER GIRLS	FINAL
T90	15:10 hrs. 100 metres	JUNIOR GIRLS	FINAL
T91	15:16 hrs. 1500 metres	INTER BOYS	FINAL
T92	15:25 hrs. 200 metres	INTER BOYS	FINAL
T93	15:32 hrs. 1500 metres	INTER GIRLS	FINAL
T94	15:45 hrs. 100 metres	INTER BOYS	FINAL
T95	15:53 hrs. 100 metres	SENIOR GIRLS	FINAL
T96	16:00 hrs. 100 metres	SENIOR BOYS	FINAL
T97	16:06 hrs. 800 metres	SENIOR GIRLS	FINAL
T98	16:12 hrs. 200 metres	SENIOR BOYS	FINAL
T99	16:20 hrs. 200 metres	JUNIOR BOYS	FINAL

T100 16:30 hrs. 100 metres Hurdles	SENIOR GIRLS	FINAL
T101 16:36 hrs. 100 metres Hurdles	INTER BOYS	FINAL
T102 16:42 hrs. 110 metres Hurdles	SENIOR BOYS	FINAL
T103 16:50 hrs. 400 metres	SENIOR GIRLS	FINAL
T104 17:00 hrs. 2000 metres Steeplechase	SENIOR BOYS	FINAL
T105 17:15 hrs. 4x100 metres Relay	JUNIOR GIRLS	FINAL
T106 17:21 hrs. 4x100 metres Relay	JUNIOR BOYS	FINAL
T107 17:27 hrs. 4x100 metres Relay	INTER GIRLS	FINAL
T108 17:33 hrs. 4x100 metres Relay	INTER BOYS	FINAL
T109 17:39 hrs. 4x100 metres Relay	SENIOR GIRLS	FINAL
T110 17:45 hrs. 4x100 metres Relay	SENIOR BOYS	FINAL

## Field Event Timetable

### Friday

F1 10:00 hrs. High Jump (HJ)	JUNIOR GIRLS	FINAL
F2 10:00 hrs. Long Jump (LJ2)	JUNIOR BOYS	FINAL
F3 10:00 hrs. Pole Vault (PV)	INTER BOYS	FINAL
F4 10:00 hrs. Shot (SP)	INTER BOYS	FINAL
F5 10:00 hrs. Discus (DT)	SENIOR GIRLS	FINAL
F6 10:00 hrs. Long Jump (LJ1)	JUNIOR GIRLS	FINAL
F7 10:30 hrs. Javelin (JT)	JUNIOR BOYS	FINAL
F8 11:00 hrs. Hammer (HT)	INTER GIRLS	FINAL
F9 11:30 hrs. Discus (DT)	JUNIOR GIRLS	FINAL
F10 12:00 hrs. Long Jump (LJ1)	INTER GIRLS	FINAL
F11 12:00 hrs. Shot (SP)	INTER GIRLS	FINAL
F12 12:30 hrs. High Jump (HJ)	SENIOR GIRLS	FINAL
F13 13:00 hrs. Pole Vault (PV)	JUNIOR BOYS	FINAL
F14 14:00 hrs. Triple Jump (TJ1)	JUNIOR BOYS	FINAL
F15 14:00 hrs. Shot (SP)	SENIOR GIRLS	FINAL
F16 14:00 hrs. Discus (DT)	INTER GIRLS	FINAL
F17 14:00 hrs. Javelin (JT)	JUNIOR GIRLS	FINAL
F18 14:15 hrs. Hammer (HT)	INTER BOYS	FINAL
F19 15:30 hrs. Pole Vault (PV)	SENIOR GIRLS	FINAL
F20 16:00 hrs. Shot (SP)	JUNIOR BOYS	FINAL
F21 16:00 / 17:30 hrs. Discus (DT)	INTER BOYS	Pools A & B
F22 16:00 hrs. Javelin (JT)	FINAL, Event F34, Saturday 10:15 hrs. DT INTER BOYS	FINAL
F23 16:30 hrs. Triple Jump (TJ1)	SENIOR BOYS	FINAL

F24	16:30 hrs. Hammer (HT)	SENIOR BOYS	FINAL
F25	16:45 hrs. High Jump (HJ)	INTER BOYS	FINAL
F26	17:00 hrs. Triple Jump (TJ3 / TJ4)	INTER GIRLS FINAL, Event F29, Saturday 10:00 hrs. TJ1	Pools A & B

### Saturday

F27	10:00 hrs. High Jump (HJ)	INTER GIRLS	FINAL	
F28	11:30 hrs. Long Jump (LJ1)	INTER BOYS	FINAL	*** note change of time since previously published
F29	10:00 hrs. Triple Jump (TJ1)	INTER GIRLS	FINAL	
F30	10:00 hrs. Triple Jump (TJ2)	INTER BOYS	FINAL	
F31	10:00 hrs. Pole Vault (PV)	INTER GIRLS	FINAL	
F32	10:00 hrs. Shot (SP)	JUNIOR GIRLS	FINAL	
F33	10:00 hrs. Javelin (JT)	INTER GIRLS	FINAL	
F34	10:15 hrs. Discus (DT)	INTER BOYS	FINAL	
F35	10:15 hrs. Hammer (HT)	SENIOR GIRLS	FINAL	
F36	12:00 hrs. Long Jump (LJ2)	SENIOR GIRLS	FINAL	*** note change from LJ1 as previously published
F37	12:00 hrs. Shot (SP)	SENIOR BOYS	FINAL	
F38	12:00 hrs. Javelin (JT)	SENIOR BOYS	FINAL	
F39	12:15 hrs. Discus (DT)	JUNIOR BOYS	FINAL	
F40	12:30 hrs. High Jump (HJ)	SENIOR BOYS	FINAL	
F41	14:30 hrs. Long Jump (LJ1)	SENIOR BOYS	FINAL	
F42	14:30 hrs. Javelin (JT)	SENIOR GIRLS	FINAL	
F43	14:30 hrs. High Jump (HJ)	JUNIOR BOYS	FINAL	
F44	14:30 hrs. Pole Vault (PV)	SENIOR BOYS	FINAL	
F45	14:45 hrs. Discus (DT)	SENIOR BOYS	FINAL	
F46	14:45 hrs. Hammer (HT)	JUNIOR BOYS	FINAL	
F47	16:30 hrs. Triple Jump (TJ1)	SENIOR GIRLS	FINAL	

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