

# Aviva English Schools' Track & Field Championships

ESAA

**Birmingham  
Alexander Stadium**

**9th & 10th July 2010**



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**RESULTS**

results compiled by  
[www.joelee.co.uk](http://www.joelee.co.uk)

[www.esaa.net](http://www.esaa.net)

## Aggregate Totals after 97 finals

### Group A - Broadbridge Trophy

1	Surrey	326.00
2	Middlesex	292.50
3	Essex	290.50
4	Kent	231.00
5	Hampshire	226.50
6	West Midlands	213.50
7	London	182.50
8	Sussex	172.50
9	Hertfordshire	170.50
10	Merseyside	137.50
11	West Yorkshire	134.00
12	Lancashire	120.00
13	Greater Manchester	115.00

### Group B - Bradford Cup

1	Berkshire	191.50
2	Devon	135.00
3	Buckinghamshire	122.00
4	Nottinghamshire	103.00
5	South Yorkshire	100.00
6	Humberside	97.00
7	Derbyshire	90.00
8	Cheshire	85.00
9	Staffordshire	81.00
10	North Yorkshire	75.00
11	Hereford & Worcestershire	73.00
12	Durham	69.00
13	Avon	66.00
14	Leicestershire & Rutland	50.00
15	Suffolk	48.00
16	Northumberland	37.00

### Group C - Tonkin Cup

1	Somerset	106.50
2	Norfolk	91.00
3	Cambridgeshire	90.00
4	Gloucestershire	80.00
5	Bedfordshire & Luton	76.00
6	Oxfordshire	70.50
7	Dorset	68.50
8	Lincolnshire	59.00
9	Wiltshire	56.50
10	Cumbria	56.00
11	Cornwall	54.50
12	Northamptonshire	54.00
13	Cleveland	42.00
13	Warwickshire	42.00
13	Channel Islands	42.00
16	Shropshire	20.00

**Inter Girls : group A****Hendon Business Men's Trophy**

1 West Midlands	73.50
2 Hampshire	61.00
3 Middlesex	56.00
4 Lancashire	49.00
5 Surrey	48.00
6 Essex	38.00
7 Merseyside	35.50
8 Hertfordshire	31.00
9 Greater Manchester	29.00
9 Sussex	29.00
11 West Yorkshire	25.00
12 Kent	24.00
13 London	16.00

**Inter Girls : group B****Goodwill Cup**

1 Avon	31.00
2 Berkshire	29.50
3 Derbyshire	28.00
4 Hereford & Worcestershire	23.00
5 Humberside	18.00
5 North Yorkshire	18.00
7 Devon	17.00
8 Cheshire	16.00
9 South Yorkshire	14.00
10 Nottinghamshire	11.00
11 Durham	8.00
12 Buckinghamshire	7.00
13 Staffordshire	3.00
14 Northumberland	2.00
15 Leicestershire & Rutland	1.00
15 Suffolk	1.00

**Inter Girls : group C****Buckinghamshire Cup**

1 Lincolnshire	27.00
2 Norfolk	24.00
3 Cambridgeshire	17.00
4 Oxfordshire	12.50
5 Channel Islands	12.00
6 Cornwall	11.00
7 Cleveland	10.00
8 Cumbria	9.00
9 Warwickshire	8.00
10 Gloucestershire	7.00
11 Northamptonshire	5.00
11 Wiltshire	5.00
13 Bedfordshire & Luton	4.00
13 Dorset	4.00
13 Shropshire	4.00
16 Somerset	2.00

**Senior Girls : group A****Joan Hayward Cup**

1 Essex	52.00
2 Kent	51.00
3 Surrey	46.00
4 Hampshire	43.00
5 Hertfordshire	42.00
6 West Yorkshire	36.00
7 Sussex	33.00
8 Middlesex	32.50
9 London	29.50
10 Greater Manchester	24.00
11 Lancashire	16.00
12 Merseyside	10.00
13 West Midlands	9.00

**Senior Girls : group B****Rotary (Northwich) Cup**

1 Devon	62.00
2 Humberside	31.00
3 Durham	27.00
3 Nottinghamshire	27.00
5 Buckinghamshire	24.00
6 Staffordshire	21.00
7 Berkshire	20.00
8 Cheshire	19.00
9 South Yorkshire	16.00
10 Avon	14.00
10 Leicestershire & Rutland	14.00
12 Derbyshire	13.00
13 Northumberland	11.00
14 Suffolk	9.00
15 North Yorkshire	6.00

**Senior Girls : group C****C.F. Gosling Trophy**

1 Somerset	22.00
2 Oxfordshire	14.00
3 Northamptonshire	13.00
4 Cleveland	11.00
5 Bedfordshire & Luton	10.00
5 Gloucestershire	10.00
5 Channel Islands	10.00
8 Dorset	9.00
9 Norfolk	7.00
10 Lincolnshire	5.00
11 Wiltshire	4.00
12 Cambridgeshire	3.00
13 Warwickshire	2.00

**Junior Boys 100 metres**

ES: 11.80 NS: 11.40 BP: 10.93

**Round 1****Heat 1 (-0.4 (m/s))**

1 Adoth Zaki	Midd	11.29 ns
2 George Perkins	Essex	11.29 ns
3 Stephan Vera Cruz	Hamp	11.82
4 Liam Shields	Mersey	11.86
5 Daniel Welsby	Manch	11.94
6 Saul Rigg	WYork	11.97
7 Elliott Powell	Leics	12.04

**Heat 2 (+0.4 (m/s))**

1 Ronnie Wells	Somer	11.21 ns
2 Zak Thompson	WYork	11.81
3 Curtis Bicknell	Warks	11.84
4 Ben Rose	Herts	11.86
5 Mitchell Proctor	Lancs	11.87
6 Jamaal Lewis	Wilts	12.01
7 Chike Khandi	Shrop	12.38

**Heat 3 (-1.1 (m/s))**

1 Jack Lawrence	WMid	11.27 ns
2 Austin Lipman	Essex	11.50 es
3 Joseph Royston-Bailey	Midd	11.61 es
4 Jordan Connell	London	11.77 es
5 Daniel Oderinde	Bucks	12.05
6 Josh Sutton	Staff	12.11
7 Tyler Emmanuel	Hamp	12.11

**Heat 4 (-0.8 (m/s))**

1 Kyle Jervier	Essex	11.61 es
2 Nixon Edwards	Surrey	11.66 es
3 Iftekhar Hossain	London	11.70 es
4 Shaquille Jack	Bucks	11.76 es
5 George Harford	Wilts	11.80 es
6 Jack Lemaire	Mersey	11.98
7 Jason Wong	Leics	12.25
Ben Hutchison	Suff	dnf

**Heat 5 (-1.2 (m/s))**

1 Max Mondelli	Surrey	11.54 es
2 Rotimi Segun	Nhants	11.66 es
3 Jordan Forrester	Leics	11.74 es
4 Jake Canning	SYork	11.76 es
5 Joshua Bate	Lancs	11.84
Kristian Brown	Mersey	dnf
Elliott Hurley	WYork	dns

**Round 2****Heat 1 (+1.8 (m/s))**

1 George Perkins	Essex	11.18 ns
2 Ronnie Wells	Somer	11.27 ns
3 Rotimi Segun	Nhants	11.53 es
4 Jordan Forrester	Leics	11.54 es
5 Jake Canning	SYork	11.55 es
6 Iftekhar Hossain	London	11.62 es
7 Daniel Welsby	Manch	11.87
8 Liam Shields	Mersey	11.90

**Heat 2 (+1.0 (m/s))**

1 Max Mondelli	Surrey	11.38 ns
2 Adoth Zaki	Midd	11.44 es
3 Shaquille Jack	Bucks	11.72 es
4 Joshua Bate	Lancs	11.72 es
5 Zak Thompson	WYork	11.73 es
6 George Harford	Wilts	11.74 es
7 Austin Lipman	Essex	11.99
8 Curtis Bicknell	Warks	12.12

**Heat 3 (+1.2 (m/s))**

1 Jack Lawrence	WMid	11.29 ns
2 Joseph Royston-Bailey	Midd	11.46 es
3 Kyle Jervier	Essex	11.50 es
4 Nixon Edwards	Surrey	11.62 es
5 Jordan Connell	London	11.72 es
6 Mitchell Proctor	Lancs	11.92
7 Stephan Vera Cruz	Hamp	11.92
8 Ben Rose	Herts	11.92

**Final**

(-0.9 (m/s))

1 George Perkins	Essex	11.25 ns
2 Ronnie Wells	Somer	11.26 ns
3 Jack Lawrence	WMid	11.33 ns
4 Adoth Zaki	Midd	11.49 es
5 Max Mondelli	Surrey	11.57 es
6 Kyle Jervier	Essex	11.58 es
7 Joseph Royston-Bailey	Midd	11.61 es
8 Rotimi Segun	Nhants	11.81

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**Junior Boys 200 metres**

ES: 24.20 NS: 23.40 BP: 22.03

**Round 1****Heat 1 (-1.1m/s)**

1 Yanis Wilkinson-Teece	WMid	23.5	es
2 Jay Raradza	Derby	23.9	es
3 Jaffer Adams	Kent	24.1	es
4 Jehoash Baliddawa	London	24.4	
5 Dominic Reid	Sussex	24.7	
6 Oliver Smith	Lincs	24.9	

**Heat 2 (+0.2 m/s)**

1 Alex Kiwomya	SYork	22.40	ns
2 Rhykiem Tyrell Patterson	Midd	22.80	ns
3 Jermaine Hamilton	Essex	23.50	es
4 Myles Richardson	Hamp	24.10	es
5 Callum Reynolds	Devon	24.20	es
6 Josh Sciebetta	Staff	24.30	
7 Joe Jones	Mersey	24.50	

**Heat 3 (+0.2 m/s)**

1 Michael Tapa	Mersey	22.70	ns
2 Harry Mallinson	WYork	23.50	es
3 Matthew Gain	Oxford	23.80	es
4 Alex Woolnough	Essex	23.80	es
5 Daniel Ghosh	Surrey	24.00	es
6 Liam Hebblethwaite	Staff	24.10	es
7 Gift Sankoh	Norf	24.40	

**Heat 4 (-0.3 m/s)**

1 Simbarashe Rwambiwa	WMid	23.40	ns
2 Matthew Morrison	Herts	23.60	es
3 Marvin Popoola	London	24.20	es
4 Taiwo Kamoju	Surrey	24.20	es
5 James Lawrence	Avon	24.20	es
6 Mervin Louis	Sussex	25.50	

**Heat 5 (-0.7 m/s)**

1 Josh Platt	Chesh	22.80	ns
2 Joel Harvey	Midd	23.30	ns
3 Ciaran Wardle	Warks	23.30	ns
4 Richard Galloway	Dorset	23.90	es
5 Zanson Plummer	London	23.90	es
6 Robert Phillips	Avon	24.50	
7 Anthony Tierney	SYork	24.50	

**Round 2****Semi-final A (-1.2 m/s)**

1 Alex Kiwomya	SYork	22.45	ns
2 Simbarashe Rwambiwa	WMid	23.26	ns
3 Harry Mallinson	WYork	23.38	ns
4 Matthew Morrison	Herts	23.39	ns
5 Jermaine Hamilton	Essex	23.52	es
6 Matthew Gain	Oxford	24.25	
Rhykiem Tyrell Patterson	Midd	dnf	
Zanson Plummer	London	dns	

**Semi-final B (-0.6 m/s)**

1 Michael Tapa	Mersey	22.57	ns
2 Josh Platt	Chesh	22.61	ns
3 Joel Harvey	Midd	22.99	ns
4 Ciaran Wardle	Warks	23.33	ns
5 Yanis Wilkinson-Teece	WMid	23.41	es
6 Richard Galloway	Dorset	23.60	es
7 Alex Woolnough	Essex	23.73	es
8 Jay Raradza	Derby	23.92	es

**Final****(-0.1 m/s)**

1 Alex Kiwomya	SYork	22.36	ns
2 Michael Tapa	Mersey	22.59	ns
3 Josh Platt	Chesh	22.65	ns
4 Joel Harvey	Midd	23.06	ns
5 Ciaran Wardle	Warks	23.23	ns
6 Matthew Morrison	Herts	23.33	ns
7 Harry Mallinson	WYork	23.35	ns
8 Simbarashe Rwambiwa	WMid	23.53	es

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**Junior Boys 400 metres**

ES: 54.50 NS: 52.60 BP: 48.86

**Round 1****Heat 1**

1 Aaron Pitt	Norf	50.86	ns
2 Dereece O'Callaghan	Beds	51.93	ns
3 Nicholas Petrou	NYork	52.42	ns
4 Joe Robertshaw	Nland	53.09	es
5 Horeb Makabukidi	Midd	53.87	es
6 Alex Curran	Herts	53.89	es
7 Will Slack	Dorset	55.00	

**Heat 2**

1 Jake Berney	Camb	51.64	ns
2 George Rose	Herts	52.09	ns
3 Josh Evans	Avon	52.32	ns
4 Daniel Petty	Devon	52.58	ns
5 Ben Jones	Derby	53.01	es
6 James Baillie	Chesh	53.56	es
7 James Rowlings	Nhants	54.75	

**Heat 3**

1 Ben Snaith	Camb	51.72	ns
2 Jasper Larken	Nhants	52.67	es
3 Stanley Livingston	Chls	52.67	es
4 George Walmsley	Mersey	53.61	es
5 Omar Mukhtar	London	53.66	es
6 Michael Logan	Dorset	54.51	
7 Robert Phillips	Manch	54.76	
8 Ryan Lee	Leics	55.58	

**Senior Boys : group A****E.W. Haley Trophy**

1 Surrey	73.00
2 Essex	70.00
3 Middlesex	49.00
4 Sussex	37.00
5 Merseyside	35.00
6 West Midlands	31.00
7 Hampshire	28.00
8 West Yorkshire	25.00
9 London	22.00
10 Hertfordshire	20.00
11 Kent	18.00
12 Greater Manchester	10.00
13 Lancashire	8.00

**Senior Boys : group B****Cheshire Trophy**

1 Berkshire	42.00
2 Staffordshire	31.00
3 Devon	30.00
4 Buckinghamshire	22.00
5 Hereford & Worcestershire	20.00
6 North Yorkshire	17.00
7 Suffolk	16.00
8 Cheshire	14.00
9 Derbyshire	11.00
10 Humberside	9.00
10 South Yorkshire	9.00
12 Durham	7.00
12 Leicestershire & Rutland	7.00
12 Nottinghamshire	7.00
15 Avon	6.00
16 Northumberland	3.00

**Senior Boys : group C****Ernest Champion Trophy**

1 Gloucestershire	28.00
2 Cambridgeshire	22.00
3 Dorset	19.50
4 Channel Islands	17.00
5 Cornwall	16.00
5 Somerset	16.00
7 Cumbria	14.00
7 Norfolk	14.00
9 Wiltshire	12.50
10 Bedfordshire & Luton	12.00
11 Lincolnshire	11.00
12 Northamptonshire	10.00
13 Oxfordshire	9.00
14 Cleveland	5.00
14 Shropshire	5.00
16 Warwickshire	1.00

**Junior Girls : group A****Championship Shield**

1 Essex	47.00
2 Kent	38.00
3 Surrey	33.00
4 Hampshire	24.50
5 London	22.00
6 Hertfordshire	20.00
7 West Midlands	18.00
8 Sussex	14.50
9 Lancashire	14.00
10 Merseyside	11.00
10 Middlesex	11.00
10 West Yorkshire	11.00
13 Greater Manchester	10.00

**Junior Girls : group B****Forrester Trophy**

1 Buckinghamshire	31.00
2 Berkshire	26.00
3 Cheshire	22.00
4 Humberside	15.00
5 Suffolk	12.00
6 Derbyshire	10.00
7 Devon	9.00
8 Leicestershire & Rutland	8.00
9 Avon	7.00
10 Durham	6.00
11 North Yorkshire	5.00
12 Hereford & Worcestershire	1.00
12 Nottinghamshire	1.00
12 South Yorkshire	1.00

**Junior Girls : group C****A.F. Joseph Trophy**

1 Cumbria	27.00
1 Wiltshire	27.00
3 Cornwall	17.50
4 Gloucestershire	17.00
5 Somerset	13.50
6 Oxfordshire	13.00
7 Bedfordshire & Luton	12.00
8 Lincolnshire	11.00
9 Dorset	9.00
9 Warwickshire	9.00
11 Cleveland	6.00
12 Cambridgeshire	2.00
13 Norfolk	1.00
13 Northamptonshire	1.00
13 Shropshire	1.00

**Junior Boys : group A****Championship Shield**

1 Middlesex	82.00
2 Surrey	50.00
3 Essex	45.00
4 Kent	37.00
5 Hampshire	25.00
5 Merseyside	25.00
7 Lancashire	22.00
8 London	21.00
8 West Midlands	21.00
10 Hertfordshire	18.00
11 Sussex	17.00
12 Greater Manchester	15.00
13 West Yorkshire	9.00

**Junior Boys : group B****Durham Cup**

1 Berkshire	46.00
2 South Yorkshire	42.00
3 Buckinghamshire	31.00
4 Nottinghamshire	25.00
5 Northumberland	17.00
6 Derbyshire	15.00
6 North Yorkshire	15.00
8 Staffordshire	14.00
9 Cheshire	11.00
9 Durham	11.00
9 Hereford & Worcestershire	11.00
12 Humberside	9.00
12 Leicestershire & Rutland	9.00
14 Avon	6.00
15 Devon	3.00
16 Suffolk	1.00

**Junior Boys : group C****Watford Council Trophy**

1 Norfolk	31.00
2 Bedfordshire & Luton	29.00
3 Somerset	24.00
4 Northamptonshire	21.00
5 Cambridgeshire	18.00
5 Warwickshire	18.00
7 Dorset	16.00
8 Wiltshire	8.00
9 Oxfordshire	7.00
10 Cleveland	6.00
11 Channel Islands	2.00
12 Cumbria	1.00

**Inter Boys : group A****Hendon Council Trophy**

1 Surrey	76.00
2 London	72.00
3 Kent	63.00
4 Middlesex	62.00
5 West Midlands	61.00
6 Hampshire	45.00
7 Sussex	42.00
8 Hertfordshire	39.50
9 Essex	38.50
10 West Yorkshire	28.00
11 Greater Manchester	27.00
12 Merseyside	21.00
13 Lancashire	11.00

**Inter Boys : group B****Goodwill Cup**

1 Nottinghamshire	32.00
2 Berkshire	28.00
3 Hereford & Worcestershire	18.00
3 South Yorkshire	18.00
5 Humberside	15.00
6 Devon	14.00
6 North Yorkshire	14.00
8 Derbyshire	13.00
9 Staffordshire	12.00
10 Leicestershire & Rutland	11.00
11 Durham	10.00
12 Suffolk	9.00
13 Buckinghamshire	7.00
14 Northumberland	4.00
15 Cheshire	3.00
16 Avon	2.00

**Inter Boys : group C****Rotary (Slough) Shield**

1 Somerset	29.00
2 Cambridgeshire	28.00
3 Gloucestershire	18.00
4 Oxfordshire	15.00
5 Norfolk	14.00
6 Dorset	11.00
7 Cornwall	10.00
7 Shropshire	10.00
9 Bedfordshire & Luton	9.00
10 Cumbria	5.00
10 Lincolnshire	5.00
12 Cleveland	4.00
12 Northamptonshire	4.00
12 Warwickshire	4.00
15 Channel Islands	1.00

**Final**

1 Aaron Pitt	Norf	50.71 ns
2 Jake Berney	Camb	51.08 ns
3 Dereece O'Callaghan	Beds	51.24 ns
4 Nicholas Petrou	NYork	51.55 ns
5 Jasper Larken	Nhants	52.12 ns
6 George Rose	Herts	52.26 ns
7 Josh Evans	Avon	52.41 ns
Ben Snaith	Camb	dnf

**Junior Boys 800 metres**

ES: 2:07.00 NS: 2:03.00 BP: 1:56.10

**Round 1****Heat 1**

1 Andrew Keat	Manch	2:04.28 es
2 Korey Hallet-Blamch	Staff	2:04.29 es
3 Liam Dee	Herts	2:04.38 es
4 Nathan Tipping	Chesh	2:04.76 es
5 Nicholas Armstrong	Kent	2:04.87 es
6 Luke McWilton	Sussex	2:05.72 es
7 Jack Phillips	Notts	2:06.79 es
8 Josh Burrows	Shrop	2:07.12

**Heat 2**

1 Johnny White	Sussex	2:04.72 es
2 Sean Malloy	Kent	2:04.96 es
3 Patrick Lucas	Surrey	2:05.79 es
4 Dominic Chambers	Derby	2:06.96 es
5 Luke Cooper	WYork	2:07.06
6 Christian Von Eitzen	Oxford	2:07.84
7 Liam Watson	Cleve	2:09.04

**Heat 3**

1 Olufemi Agbetoyin	Surrey	2:04.06 es
2 Oliver Terry	ChIs	2:04.28 es
3 Joseph Lancaster	SYork	2:04.60 es
4 Jivendra Singh	Midd	2:04.93 es
5 Charlie Pasco	Cleve	2:05.54 es
6 Andrew McAslan	Manch	2:06.42 es
7 Michael Costante	Notts	2:07.04
8 Nathan Udall	Warks	2:07.06

**Heat 4**

1 Matthew Cole	Somer	2:04.56 es
2 Rob Hall	Surrey	2:05.32 es
3 Michael Wilson	Durham	2:06.45 es
4 Toby Starling	Hamp	2:08.45
5 Jerome Castelow	WYork	2:08.82
6 Edward Cherry	Nhants	2:09.44
7 Stanley Harrison	Midd	2:13.15
Robert Ward	Manch	dns

**Round 2****Semi-final A**

1 Sean Malloy	Kent	2:05.41 es
2 Joseph Lancaster	SYork	2:05.62 es
3 Matthew Cole	Somer	2:05.72 es
4 Patrick Lucas	Surrey	2:05.77 es
5 Korey Hallet-Blamch	Staff	2:06.07 es
6 Nathan Tipping	Chesh	2:06.64 es
7 Andrew Keat	Manch	2:06.66 es
8 Jivendra Singh	Midd	2:07.09

**Semi-final B**

1 Olufemi Agbetoyin	Surrey	2:03.98 es
2 Michael Wilson	Durham	2:04.21 es
3 Liam Dee	Herts	2:04.23 es
4 Rob Hall	Surrey	2:04.31 es
5 Oliver Terry	ChIs	2:07.03
6 Nicholas Armstrong	Kent	2:07.55
7 Johnny White	Sussex	2:09.65
8 Charlie Pasco	Cleve	2:11.91

**Final**

1 Sean Malloy	Kent	2:01.32 ns
2 Joseph Lancaster	SYork	2:01.46 ns
3 Michael Wilson	Durham	2:02.07 ns
4 Rob Hall	Surrey	2:03.95 es
5 Liam Dee	Herts	2:04.57 es
6 Patrick Lucas	Surrey	2:04.97 es
7 Matthew Cole	Somer	2:07.39
Olufemi Agbetoyin	Surrey	dq

**Junior Boys 1500 metres**

ES: 4:22.00 NS: 4:17.00 BP: 4:03.60

**Round 1****Heat 1**

1 Patrick Taylor	Bucks	4:14.85 ns
2 Alex Carter	Wilts	4:15.34 ns
3 Ben Sutherland	Warks	4:18.40 es
4 Joshua Nevin	Dorset	4:19.10 es
5 Rory Mudd	Herts	4:20.66 es
6 Scott Greeves	Norf	4:21.82 es
7 James Shaw	Notts	4:22.53
8 Jack Crabtree	Manch	4:25.13
9 Jed Marshall	Nland	4:26.52
10 Max Wharton	WYork	4:28.35
11 James West	Kent	4:32.91
12 Matthew Hulse	Chesh	4:35.03
Ed Atkins	Nhants	dns

**Heat 2**

1 Adam Howard	Manch	4:13.12 ns
2 Billy Hutton	London	4:13.36 ns
3 Matt Seddon	Berks	4:13.62 ns
4 Matthew Shirling	Mersey	4:13.89 ns
5 George Duggan	Kent	4:14.73 ns
6 Ben Everson	Lancs	4:16.27 ns
7 Ryan Isaacson	Beds	4:17.10 es
8 Stuart McCallum	Hamp	4:19.00 es
9 Josh Knight	Bucks	4:23.88
10 Paddy Clarke	Notts	4:26.75
11 Ben Ashcroft	Shrop	4:31.92
12 Matthew Parr	Glouc	4:37.75
Michael Goddard	Herts	dns
14 Xander Tansey	Leics	

**Final**

1 Matt Seddon	Berks	4:13.10 ns
2 Adam Howard	Manch	4:14.20 ns
3 Patrick Taylor	Bucks	4:14.51 ns
4 Matthew Shirling	Mersey	4:14.94 ns
5 Alex Carter	Wilts	4:15.68 ns
6 George Duggan	Kent	4:19.71 es
7 Ben Everson	Lancs	4:19.94 es
8 Billy Hutton	London	4:19.96 es
9 Ryan Isaacson	Beds	4:21.21 es
10 Ben Sutherland	Warks	4:25.89

**Junior Boys 80 metres Hurdles**

ES: 12.10 NS: 11.60 BP: 10.73

**Round 1****Heat 1 (+1.6m/s)**

1 Euan Dickinson-Earle	Beds	11.55 ns
2 Jack Hatton	Berks	11.72 es
3 Umar Falalu	Lancs	11.75 es
4 Kieran Russ	Nhants	11.85 es
5 Jonah Dykes	Hamp	11.93 es
6 Jonny Wilkinson	Nland	12.00 es

**Heat 2 (+2.4m/s)**

1 Dominic McHale	Manch	11.46 ns
2 Edward Burgess	Oxford	11.58 ns
3 Luke Townsend	Warks	11.61 es
4 David Williams	Leics	11.66 es
5 Sean Wright	Essex	11.72 es
6 Ashley Kirsopp	Chesh	11.95 es
7 Ryan Spivey	Sussex	12.35

**Heat 3 (+3.0m/s)**

1 Alex Walker	Berks	11.40 ns
2 Charlie Harris	Kent	11.58 ns
3 Joshua French	H&Wor	11.60 ns
4 Harry Lightfoot-Brown	Surrey	11.73 es
5 Scott Thomas	Hamp	11.84 es
6 Curtis Mitchell	Lancs	12.27

**Heat 4 (+0.4m/s)**

1 Matthew Scott	Essex	11.38 ns
2 Jordan Hadley	Bucks	11.47 ns
3 Reece Young	London	11.65 es
4 Nathan Lee	Nland	11.89 es
5 James Bell	Surrey	12.16
6 Robert Kirkham	Staff	12.54
Alex Grant	Warks	dnf

**Round 2****Semi-final A (-0.2 (m/s))**

1 Alex Walker	Berks	11.56 ns
2 Reece Young	London	11.64 es
3 Luke Townsend	Warks	11.67 es
4 Charlie Harris	Kent	11.68 es
5 Dominic McHale	Manch	11.70 es
6 Sean Wright	Essex	11.73 es
7 Edward Burgess	Oxford	11.74 es
8 Harry Lightfoot-Brown	Surrey	12.09 es

**Semi-final B (+0.4 (m/s))**

1 Matthew Scott	Essex	11.53 ns
2 Jordan Hadley	Bucks	11.64 es
3 Joshua French	H&Wor	11.74 es
4 Umar Falalu	Lancs	11.84 es
5 Euan Dickinson-Earle	Beds	11.91 es
6 Jack Hatton	Berks	11.93 es
7 Scott Thomas	Hamp	12.06 es
8 David Williams	Leics	12.18

**Final****(-1.3 (m/s))**

1 Matthew Scott	Essex	11.43 ns
2 Alex Walker	Berks	11.51 ns
3 Jordan Hadley	Bucks	11.62 es
4 Joshua French	H&Wor	11.64 es
5 Charlie Harris	Kent	11.75 es
6 Luke Townsend	Warks	11.79 es
7 Reece Young	London	11.84 es
Dominic McHale	Manch	dq

**Senior Girls Triple Jump**

ES: 11.00 NS: 11.30 BP: 13.06

**Final**

1 Ahtollah Rose	Manch	12.37 +0.5 ns
2 Emma Pringle	Nland	12.27 +0.0 ns
3 Lauren Priest	Devon	11.98 +1.5 ns
4 Sarah Abrams	Hamp	11.95 +0.0 ns
5 Gemma Smith	Staff	11.55 +0.0 ns
6 Abby-Leigh Edmundson	Lancs	11.24 +0.2 es
7 Chloe Gill	Durham	11.01 +0.0 es
8 Symone Keisha	London	10.51 +0.0

**Senior Girls Pole Vault**

ES: 2.85 NS: 3.15 BP: 3.80

**Final**

1 Ellie Besford	Essex	3.81 bp
2 Lucy Stickland	Sussex	3.35 ns
3 Anne Rees	Herts	3.25 ns
4 Rosa Williams	London	3.15 ns
5 Angharad Seaton	London	2.95 es
= Alice Humble	Midd	2.95 es
7 Sophie Millett	Sussex	2.85 es
8 Katherine Wilson	SYork	2.85 es
9 Bethany Arandle	Humb	2.70
10 Laura Butcher	Wilts	2.70

**Senior Girls Shot**

ES: 10.50 NS: 11.40 BP: 15.65

**Final**

1 Sabine Efiannayi	Kent	12.88 ns
2 Anesa Wanagho	Midd	12.46 ns
3 Yasmin Spencer	Derby	12.43 ns
4 Tyne Breen	Durham	12.23 ns
5 Amber Merrills	SYork	11.52 ns
6 Gabriella Roseje	London	11.43 ns
7 Jasmin Dotzek	Surrey	11.26 es
8 Katherine Bulmer	Durham	10.63 es
9 Gemma Young	Wilts	10.10
10 Chrisy Parsons	Hamp	10.02
11 Lucy Holmes	WYork	9.94
12 Hanna Bright	Herts	9.90
13 Holly Stroud	Surrey	9.86
14 Stephanie Hurst	Leics	9.54
15 Carrie Simpson	WYork	9.51

**Senior Girls Discus**

ES: 36.00 NS: 39.00 BP: 52.74

**Final**

1 Kathryn Rothwell	Chls	47.02 ns
2 Julia Walkden	Devon	44.23 ns
3 Charlotte Gair	Notts	42.99 ns
4 Rachel Tyler	Nhants	41.30 ns
5 Samantha Milner	Suff	41.29 ns
6 Megan Tuck	Dorset	30.39

**Senior Girls Javelin**

ES: 37.00 NS: 40.00 BP: 47.73

**Final**

1 Izzy Jeffs	Somer	50.54 bp
2 Danielle Bentley	Chesh	46.70 ns
3 Amber Burdett	Leics	45.74 ns
4 Tesni Ward	Notts	45.21 ns
5 Eloise Meakins	Herts	44.11 ns
6 Kike Oniwinde	Essex	43.48 ns
7 Danielle Anderson	Oxford	42.52 ns
8 Katie Grehan	Herts	41.83 ns
9 Lauren Allymohamed	Sussex	38.15 es
10 Stephanie Burt	Norf	35.77
11 Charlotte Kanini-Parsons	London	34.14
12 Emily Mousley	Devon	32.85

**Senior Girls Hammer**

ES: 37.00 NS: 43.00 BP: 61.65

**Final**

1 Helen Broadbridge	Berks	50.08 ns
2 Amy Clemens	Midd	48.70 ns
3 Adanna Okeahialam	WYork	47.40 ns
4 Bethany Mitchell	Notts	46.73 ns
5 Jenna Cannell	Norf	45.47 ns
6 Stephanie Hendy	Lincs	45.43 ns
7 Chelsea Coker	Essex	43.88 ns
8 Hayley Sayer	Camb	39.80 es
9 Jessica Mayho	WYork	39.38 es
10 Aislinn Baird	Oxford	38.56 es
11 Claire Lebond	SYork	37.79 es
12 Helen Corrigan	Cleve	37.71 es
13 Pippa Wingate	Surrey	37.52 es
14 Kirsty Douglas	Derby	37.45 es
15 Becky Knapp	Herts	37.04 es
16 Kathryn Sumner	Mersey	35.37
17 Claire Beaumont	Notts	34.21
18 Sarah Hill	Cumb	33.89
19 Sophie Allen	Leics	32.19

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**Senior Girls 100 metres Hurdles**

ES: 15.20 NS: 14.60 BP: 13.30

**Final**

(-0.1 (m/s))

1 Georgia Atkins	Essex	14.22 ns
2 Ashleigh Wood	Cleve	14.32 ns
3 Jenny Robinson	Devon	14.37 ns
4 Rayne Allman	Manch	14.76 es
5 Katy Marchant	WYork	14.78 es
6 Kirsty Warland	Oxford	14.96 es
7 Charlotte Cattermole	Suff	15.11 es
8 Molly Bagworth	Warks	15.13 es
9 Amy Spencer	Dorset	15.74

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**Senior Girls 400 metres Hurdles**

ES: 66.00 NS: 64.50 BP: 59.00

**Round 1****Heat 1**

1 Laura Burke	Surrey	63.07 ns
2 Sonia Santos	Humb	63.42 ns
3 Amelia Clifford	Wilts	63.44 ns
4 Gabriella Ade-Onojobi	Kent	64.25 ns
5 Sophie Fletcher	Lancs	65.54 es
6 Jessica Shuttleworth	Hamp	66.82
7 Laura Pacey	Shrop	67.74

**Heat 2**

1 Megan Southwart	Kent	62.90 ns
2 Hannah Lloyd	Herts	63.31 ns
3 Emma Komocki	Derby	63.44 ns
4 Sophie Wood	Durham	64.31 ns
5 Abi Fitzpatrick	Chesh	66.22
6 Emily Barrett	Surrey	67.03

**Heat 3**

1 Lizzie Wessely	Devon	61.55 ns
2 Felicity Clarke	Essex	64.62 es
3 Rachel Mitchinson	Cleve	64.98 es
4 Lateefah Burton	Manch	66.39
5 Laura Bass	Camb	67.94
Hannah Jackson	Avon	dns

**Final**

1 Lizzie Wessely	Devon	60.83 ns
2 Megan Southwart	Kent	61.46 ns
3 Laura Burke	Surrey	61.82 ns
4 Sonia Santos	Humb	62.70 ns
5 Hannah Lloyd	Herts	62.93 ns
6 Felicity Clarke	Essex	63.66 ns
7 Amelia Clifford	Wilts	64.68 es
8 Emma Komocki	Derby	64.95 es

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**Senior Girls 1500 metres****Steeplechase****Final**

1 Pippa Woolven	Bucks	5:01.90
2 Laura Riches	Manch	5:03.50
3 Nicole Roberts	Nhants	5:08.60
4 Emily Bliss	Devon	5:13.80
5 Jessica Andrews	Hamp	5:13.80
6 Victoria Walker	Herts	5:21.10
7 Anna Rust	Devon	5:24.10
8 Nichola Jackson	Lancs	5:31.00
9 Robyn Lanceley	SYork	5:49.10

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**Senior Girls 4x100 metres Relay**

ES: 50.00 NS: 49.00 BP: 45.60

**Final**

1 Devon	Devon	47.52 ns
2 Kent	Kent	47.96 ns
3 Humberside	Humb	48.00 ns
4 Buckinghamshire	Bucks	49.20 es
5 Lancashire	Lancs	49.54 es
6 Hertfordshire	Herts	49.71 es
7 Durham	Durham	50.09
Staffordshire	Staff	dns

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**Senior Girls High Jump**

ES: 1.66 NS: 1.72 BP: 1.88

**Final**

1 Isobel Pooley	Hamp	1.83 ns
2 Moe Sasegbon	Herts	1.72 ns
3 Hanah Frith	Beds	1.66 es
4 Amy Marchant	WYork	1.63
5 Chloe Boulter	Staff	1.63

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**Senior Girls Long Jump**

ES: 5.40 NS: 5.60 BP: 6.65

**Final**

1 Elise Lovell	Sussex	5.66 +0.7 ns
2 Kitty Eleyae	Somer	5.55 +0.1 es
3 Sophie Brown	SYork	5.40 +0.5 es
4 Natasha Lewis	Avon	5.40 -1.0 es
5 Jessica Houlton	Humb	5.36 +0.1
6 Shanara Hibbert	Beds	5.33 +0.5

---

**Junior Boys 4x100 metres Relay**

ES: 47.50 NS: 46.30 BP: 43.51

**Round 1****Heat 1**

1 Staffordshire	Staff	46.07 ns
2 Leicestershire & Rutland		46.15 ns
3 Hertfordshire	Herts	46.42 es
4 Norfolk	Norf	46.63 es
5 Warwickshire	Warks	46.93 es
6 North Yorkshire	NYork	47.99
Cheshire	Chesh	dq

**Heat 2**

1 West Midlands	WMid	44.07 ns
2 London	London	44.89 ns
3 Hampshire	Hamp	46.29 ns
4 South Yorkshire	SYork	50.40
Middlesex	Midd	dq
Nottinghamshire	Notts	dns
Cleveland	Cleve	dns

**Heat 3**

1 Surrey	Surrey	45.25 ns
2 Lancashire	Lancs	46.33 es
3 Kent	Kent	47.07 es
4 Northamptonshire	Nhants	48.11
5 Sussex	Sussex	49.01
Northumberland	Nland	dq
Avon	Avon	dns

**Heat 4**

1 Essex	Essex	45.37 ns
2 Merseyside	Mersey	45.43 ns
3 Somerset	Somer	46.52 es
Wiltshire	Wilts	dnf
West Yorkshire	WYork	dq
Buckinghamshire	Bucks	dq
Berkshire	Berks	dns
Dorset	Dorset	dns

**Final**

1 London	London	44.48 ns
2 Surrey	Surrey	44.96 ns
3 Merseyside	Mersey	45.03 ns
4 Leicestershire & Rutland		45.98 ns
5 Hampshire	Hamp	46.06 ns
6 Staffordshire	Staff	46.21 ns
West Midlands	WMid	dnf
Essex	Essex	dq

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**Junior Boys High Jump**

ES: 1.72 NS: 1.78 BP: 1.96

**Final**

1 Nicholas Hunt	Dorset	1.93 ns
2 Chris Kandu	Midd	1.90 ns
3 Matthew Aldridge	Hamp	1.78 ns
4 Chris Alderman	Beds	1.78 ns
5 Patrick O'Connor	Cleve	1.75 es
6 Joshuah Hill	WMid	1.75 es
7 Josh Phillipson	Durham	1.72 es
8 Michael Papanicola	Sussex	1.72 es
9 James Housman	Corn	1.69
= Josh Elliott	Nhants	1.69
11 Thomas Boshier	Oxford	1.69
= Sam Round	Nhants	1.69
13 William Simmons	Chesh	1.64
= Michael Gardener	Avon	1.64
15 Adrian Tomlinson	Chesh	1.64

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**Junior Boys Long Jump**

ES: 5.70 NS: 5.95 BP: 6.70

**Final**

1 Mike McArdle	Nland	6.35 0.0 ns
2 Damoni Ekeama	Midd	5.96 -0.9 ns
3 Reece Barnett	Surrey	5.92 0.0 es
4 Ola Aina	Essex	5.80 -0.1 es
5 Stuart Street	Notts	5.80 1.2 es
6 Adam Simpson	Nland	5.79 -0.4 es
7 Sam Meyler	Nhants	5.76 +0.0 es
8 Kieran Findlay	Surrey	5.74 0.0 es
9 Bradley Hill	Wilts	5.69 +0.0
10 Tom Mitchinson	Cleve	5.67 0.0
11 James Brown	WMid	5.67 0.0
12 Aswad Martin	London	5.65 0.4
13 Nathaniel Fatola	Kent	5.64 0.0
14 Delano Brown	WMid	5.64 0.1
15 Jamie Savage	Sussex	5.56 0.0
16 Adam Robinson	NYork	5.51 0.0
17 Joeseeph Dewar	Essex	5.50 0.0
18 Jack Kennedy	Devon	5.38 -0.2
19 Yanick Mungu	London	5.31 0.0
20 Jeriell Marchan	Manch	5.13 0.5
21 Patrick Brough	Cumb	5.04 0.0

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**Junior Boys Triple Jump**

ES: 12.00 NS: 12.40 BP: 13.92

**Final**

1	Montel Nevers	Notts	13.14	-0.3	ns
2	Aaron Scardifield	Berks	12.93	-0.6	ns
3	Kawsar Ahmed	NYork	12.75	+0.5	ns
4	Sam Adams	Hamp	12.53	-0.7	ns
5	John Phoenix	Norf	12.36	0.0	es
6	Matthew Sears	Midd	12.31	+1.6	es
7	James Plant	WMid	12.15	-0.3	es
8	Pappa Anthony	SYork	12.05	+0.1	es
9	Joe Tilley	Staff	11.69	+0.4	
10	Oliver Williams	Kent	11.68	+1.5	
11	Del Tandosen	Shrop	11.61	+1.5	
12	George Drake	Leics	11.59	+1.2	
13	Jamie Eaton-Collins	Suff	11.59	+0.6	
14	Bobson Bawling	London	11.19	0.0	
15	Rasaan Samms	Midd	11.19	+0.0	
16	Tom O'Callagan	Herts	11.17	0.0	
17	Phil Worrall	NYork	11.03	+0.6	

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**Junior Boys Pole Vault**

ES: 2.95 NS: 3.25 BP: 4.30

**Final**

1	Adam Hague	SYork	3.45	ns
2	Edward Selvey	Derby	3.35	ns
3	Harry Coppell	Lancs	3.35	ns
4	Max Woodward	Sussex	3.25	ns
5	Finn Walker	Lancs	3.25	ns
6	Ashton Harrison	SYork	3.15	es
7	Matthew Curtis	Dorset	3.15	es
8	Andrew Russell	WYork	3.05	es
9	Bryce Williams-Watson	Sussex	2.80	

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**Junior Boys Shot**

ES: 12.30 NS: 13.30 BP: 18.29

**Final**

1	Lewis Barnes	Bucks	14.14	ns
2	Daniel Preston-Routledge	Humb	13.91	ns
3	Kai Jones	Midd	13.73	ns
4	Shaun Okojie	Somer	13.63	ns
5	Adedeji Olajide	Midd	13.50	ns
6	Khai Riley-Lamborde	Essex	13.47	ns
7	Harrison Holmes	Bucks	13.43	ns
8	Liam Thorpe	Derby	13.30	ns
9	Alex Goddard	Beds	12.74	es
10	Jake Guildford	Dorset	12.71	es
11	James Catlin	Avon	12.48	es
12	Jacob Conner	Nhants	12.44	es
13	David Kilpatrick	Durham	12.25	
14	Miles Worthington	Nland	11.98	
15	Joshua Bevan-Brown	Derby	11.76	
16	Elliot Haynes	Manch	11.70	
17	William Goodier	Lancs	11.64	
18	George Perkins	Nhants	11.54	
19	Harry Snowdon	Nland	11.38	
20	Daniel Hollett	Kent	11.18	
21	Jack Sheldon	Manch	11.03	
22	Nicholas Boreham	Oxford	10.87	
23	Finlay Hudson	Suff	10.71	

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**Junior Boys Discus**

ES: 34.00 NS: 38.00 BP: 54.54

**Final**

1	Nathan Carty	Surrey	43.21	ns
2	Steven Nice	Beds	41.82	ns
3	Cameron Crawford	Berks	40.62	ns
4	Ryan Davies	Staff	38.29	ns
5	Niklas Aarre	Nhants	37.05	es
6	Edward Wilson	Norf	36.71	es
7	Sebastian Pettitt	Kent	36.42	es
8	Scott McGregor	WYork	36.30	es
9	Joel Power	H&Wor	35.33	es
10	Paul James	Cumb	35.29	es
11	William Seward	Wilts	34.41	es
12	Jake Banevicius	Corn	33.67	
13	Matt McLoughlin	Leics	32.82	
14	James Mead	Essex	30.12	
15	Robert Wheeler	Derby	28.01	
16	Jack Smith	Nland	26.14	

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**Heat 2**

1	Victoria Ohurugbo	Essex	55.96	ns
2	Sophie Taylor	WMid	57.37	es
3	Chloe Bradley	Notts	57.51	es
4	Rachel Hanagan	Kent	57.64	es
5	Alexandra Turner	Derby	57.95	es
6	Emma Masson	Nland	58.60	es
	Tyra Watson	Manch	dns	

**Heat 3**

1	Yimiika Adewakun	Surrey	56.03	ns
2	Lauren Brennan	Mersey	56.56	ns
3	Leah Barrow	Bucks	56.68	ns
4	Kerrell Walley	Manch	57.31	es
5	Lucy Mansfield	Lancs	58.58	es
6	Deborah Willis	Herts	59.54	

**Final**

1	Victoria Ohurugbo	Essex	55.08	ns
2	Yimiika Adewakun	Surrey	55.30	ns
3	Lauren Brennan	Mersey	55.72	ns
4	Frederica Foster	London	56.36	ns
5	Lauren Downing	WMid	56.48	ns
6	Leah Barrow	Bucks	57.06	es
7	Hayley Harvey	Devon	57.17	es
8	Sophie Taylor	WMid	58.44	es

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**Senior Girls 800 metres**

ES: 2:15.00 NS: 2:13.00 BP: 2:05.18

**Round 1****Heat 1**

1	Adelle Tracey	Sussex	2:16.26
2	Jenny Beckingham	Hamp	2:16.31
3	Molly Renfer	Surrey	2:16.31
4	Calli Thackery	SYork	2:16.82
5	Phillipa Lowe	Herts	2:17.86
6	Briony Bendle	Leics	2:17.87

**Heat 2**

1	Rebecca Linney	Mersey	2:10.41	ns
2	Alex Bell	WYork	2:11.18	ns
3	Rachel McClay	Hamp	2:11.57	ns
4	Hannah Edwards	London	2:11.94	ns
5	Rachel Atherton	Staff	2:16.24	
6	Lucy Sumner	Lancs	2:19.38	
	Rowena Cole	WMid	dns	

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**Final**

1	Adelle Tracey	Sussex	2:07.88	ns
2	Alex Bell	WYork	2:08.47	ns
3	Molly Renfer	Surrey	2:08.94	ns
4	Jenny Beckingham	Hamp	2:09.54	ns
5	Rachel McClay	Hamp	2:11.01	ns
6	Hannah Edwards	London	2:13.09	es
7	Rachel Atherton	Staff	2:19.25	
	Rebecca Linney	Mersey	dns	

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**Senior Girls 1500 metres**

ES: 4:43.00 NS: 4:36.00 BP: 4:17.10

**Final**

1	Rebecca Craigie	Chesh	4:24.54	ns
2	Kate Avery	Durham	4:26.86	ns
3	Gemma Kersey	Essex	4:27.52	ns
4	Loulou Rowlands	Surrey	4:28.63	ns
5	Melissa Courtney	Dorset	4:29.45	ns
6	Katie Holt	Staff	4:29.81	ns
7	Catherine Blew	Somer	4:31.34	ns
8	Sophie Connor	Herts	4:36.20	es
9	Julia Henderson	Berks	4:38.81	es
10	Ciara Dullaghan	Surrey	4:39.01	es
11	Iona Lake	Norf	4:40.03	es
12	Carly Robertson	WYork	4:40.29	es
13	Abbie Vernon	Derby	4:44.00	
14	Kristie Leybourne	Lancs	4:51.76	
	Melissa Hawtin	Oxford	dns	

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**Senior Girls 3000 metres**

ES: 10:18.00 NS: 10:06.00 BP: 9:04.30

**Final**

1	Grace Nichols	Kent	9:42.93	ns
2	Beth Carter	Kent	9:46.81	ns
3	Hannah Alderson	Avon	9:46.82	ns
4	Jenny Walsh	WYork	9:52.46	ns
5	Becky Lambson	NYork	9:55.70	ns
6	Danielle Jarman	Staff	10:08.31	es
7	Annika Jarman	Lancs	10:13.47	es
8	Lucy Farnell	WMid	10:18.76	
9	Gemma Astin	Mersey	10:20.85	
10	Emily Waugh	Warks	10:21.05	
11	Tamara Armoush	Derby	10:34.36	
12	Georgia Ball	Lincs	10:57.72	
	Julia Blackstock	Bucks	dnf	
	Felicity Johnson-Deeley	Chls	dns	



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**Inter Girls Hammer**

ES: 34.00 NS: 39.00 BP: 52.27

**Final**

1 Abbi Carter	Humb	54.78 bp
2 Louisa James	Sussex	52.43 bp
3 Katy Barnard	Cumb	46.89 ns
4 Sarah-Jane Anthony	Hamp	44.87 ns
5 Sarah Stanhope	Lincs	43.02 ns
6 Charlotte McEwan	Cleve	42.87 ns
7 Heather Johnson	Cleve	41.20 ns
8 Philippa Jones	NYork	38.74 es
9 Bobbie-L L-Hodge	Devon	38.69 es
10 Megan Searson	Lancs	36.79 es
11 Rebecca Simpson	Nland	35.81 es
12 Danielle Bird	Glouc	35.45 es
13 Vicky Judd	Leics	35.06 es
14 Catherine Meynell	Cleve	34.64 es
15 Amy Johnston	Midd	34.43 es
16 Megan Thomas	Norf	34.09 es
17 Jenny Richards	Camb	32.89
18 Eloise Marshall	Sussex	31.59
19 Patricia Spark	Mersey	30.67
20 Sophie Goddard	Herts	27.28

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**Senior Girls 100 metres**

ES: 12.50 NS: 12.20 BP: 11.50

**Round 1****Heat 1 (+0.0 (m/s))**

1 Georgia Lamothe	Berks	12.03 ns
2 Rebecca Chapman	Devon	12.28 es
3 Clarice Underwood	Bucks	12.48 es
4 Emma Jackson	Humb	12.56
5 Ellie Quirk	Mersey	12.69
6 Lara Turner	Cumb	12.77
7 Angelika Brown	Midd	12.89
8 Ashleigh Stone	Durham	12.93

**Heat 2 (-0.1 (m/s))**

1 Marilyn Nwawulor	Midd	11.96 ns
2 Laura Haslam	Leics	12.40 es
3 Lorna Goldsmith	Durham	12.46 es
4 Megan Hoult	Humb	12.46 es
5 Bryony Potter	Mersey	12.60
6 Heather Drillingcourt	Manch	12.69
Lauretta Curtis	Derby	dns

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**Final**

(-0.3 (m/s))

1 Marilyn Nwawulor	Midd	11.89 ns
2 Georgia Lamothe	Berks	11.92 ns
3 Rebecca Chapman	Devon	12.28 es
4 Laura Haslam	Leics	12.43 es
5 Clarice Underwood	Bucks	12.52
6 Emma Jackson	Humb	12.57
7 Megan Hoult	Humb	12.62
8 Lorna Goldsmith	Durham	12.63

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**Senior Girls 200 metres**

ES: 25.80 NS: 25.00 BP: 23.10

**Round 1****Heat 1 (-0.2 (m/s))**

1 Jennie Batten	Glouc	24.46 ns
2 Rebecca Hussey	Oxford	25.78 es
3 Claire Paterson	Hamp	25.85
4 Chloe Mays	Bucks	26.20
5 Emma Wakrim	London	26.24

**Heat 2 (+2.2 (m/s))**

1 Twinelle Hopeson	Surrey	24.71 ns
2 Amy Allcock	Hamp	25.48 es
3 Sophie Croft	Humb	25.55 es
4 Hannah Stevenson	Notts	25.58 es
5 Katy Wyper	Lancs	26.06
6 Alex Leigh-Pearson	Suff	26.72

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**Final**

(-2.3 (m/s))

1 Jennie Batten	Glouc	24.38 ns
2 Twinelle Hopeson	Surrey	24.49 ns
3 Amy Allcock	Hamp	25.41 es
4 Sophie Croft	Humb	25.84
5 Rebecca Hussey	Oxford	25.86
6 Hannah Stevenson	Notts	26.05
7 Claire Paterson	Hamp	26.15
8 Katy Wyper	Lancs	26.33

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**Senior Girls 400 metres**

ES: 58.80 NS: 57.00 BP: 54.33

**Round 1****Heat 1**

1 Frederica Foster	London	56.36 ns
2 Lauren Downing	WMid	56.70 ns
3 Hayley Harvey	Devon	57.01 es
4 Krystal Galley	Kent	57.31 es
5 Georgie Ivens	Camb	58.01 es
6 Rebecca Ferguson	Nland	58.68 es
7 Natasha-Marie Ashong	WYork	60.29

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**Junior Boys Javelin**

ES: 43.00 NS: 46.00 BP: 60.42

**Final**

1 Oliver Bradfield	Norf	61.28 bp
2 Thomas Peters	Notts	60.07 ns
3 Matthew Blanford	Kent	54.69 ns
4 Morgan Young	Camb	49.07 ns
5 Joe Anderson	SYork	48.34 ns
6 Ben Pointon	Warks	48.14 ns
7 Charlie Granville	Somer	48.06 ns
8 Edward Wilson	Oxford	47.83 ns
9 Ben Whipp	Manch	46.91 ns
10 Jackson Goodrum	Warks	45.62 es
11 Redford Curtis	Oxford	44.60 es
12 Daniel Hauck	Nhants	44.59 es
13 Matthew Szepietowski	Surrey	43.67 es
14 Daniel Jones	Lancs	43.34 es
15 William Blackwell	Camb	41.48
16 Oliver Woodham	Kent	38.80
17 Josh Merrett	Shrop	38.44
18 Marcus Coope	Devon	36.64

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**Junior Boys Hammer**

ES: 38.00 NS: 45.00 BP: 70.78

**Final**

1 Rafal Morawski	Midd	58.51 ns
2 Taylor Campbell	Berks	56.95 ns
3 Fellan McGuigan	Midd	52.10 ns
4 Domonic Palmer	Leandre Midd	48.14 ns
5 James Lasis	Sussex	47.81 ns
6 Thomas Head	Essex	44.36 es
7 Thomas Fellowes	H&Wor	42.56 es
8 Niall Healy	Kent	42.28 es
9 Oliver Dancer	Nhants	41.97 es
10 Jamie Potton-Burrell	Beds	41.04 es
11 Sam Lloyd	Nhants	39.71 es
12 Oliver Thompson	Suff	39.04 es
13 Ross Douglas	Derby	37.50
14 Woody Cox	Sussex	34.99
15 Gus Antons	Nland	34.84
16 Tom Kellett	Chesh	32.13
17 Oliver Pescott-Frost	Suff	30.02

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**Inter Boys 100 metres**

ES: 11.20 NS: 11.00 BP: 10.44

**Round 1****Heat 1 (-1.6 (m/s))**

1 Tunde Judun	London	11.03 es
2 Ben Shields	SYork	11.13 es
3 Chijindu Ujah	Midd	11.13 es
4 Richard Taylor	Norf	11.29
5 Timmian Skervin	Notts	11.33
6 Louis Ubaka	Somer	11.35
7 Tom Bradbury	Lancs	11.39
8 Matthew Greenhow	Nland	11.54

**Heat 2 (+0.8 (m/s))**

1 Dewi Hammond	H&Wor	10.98 ns
2 David Pratt	Surrey	11.19 es
3 Anthony Jeffrey	Midd	11.30
4 Anton Daly	London	11.34
5 Alex McNally	Camb	11.39
6 Will Valentine	Manch	11.46
7 Richard Hodgson	Cleve	11.75
8 Oliver Haines	Avon	11.79

**Heat 3 (-0.7 (m/s))**

1 David Bolarinwa	London	10.73 ns
2 Adam Gemili	Kent	10.80 ns
3 Romane Harris	Midd	10.97 ns
4 Leon Reid	Avon	11.04 es
5 Ben Glasgow	Essex	11.48
6 Jonathan Regan	Manch	11.58
7 Philip Richardson	Cumb	11.85

**Heat 4 (-1.2 (m/s))**

1 Cameron Smith	Surrey	11.01 es
2 Keji Alesinloye	Essex	11.09 es
3 Matthew Aihie	WMid	11.10 es
4 Peter Oliver	H&Wor	11.42
5 Jordan Riviere	Mersey	11.56
6 Lewis Cullen	Sussex	11.66
7 Connor Baker	Warks	11.79
Zack Kibrigie	Cleve	dns

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**Round 2****Semi-final A (-0.4 (m/s))**

1 David Bolarinwa	London	10.80 ns
2 Adam Gemili	Kent	10.99 ns
3 Cameron Smith	Surrey	11.03 es
4 Ben Shields	SYork	11.10 es
5 Leon Reid	Avon	11.22
6 Anton Daly	London	11.32
7 Anthony Jeffrey	Midd	11.40
Romane Harris	Midd	dns

**Semi-final B (-1.4 (m/s))**

1 Tunde Judun	London	11.06	es
2 Keji Alesinloye	Essex	11.20	es
3 Chijindu Ujah	Midd	11.27	
4 Matthew Aihie	WMid	11.28	
5 David Pratt	Surrey	11.35	
6 Dewi Hammond	H&Wor	11.52	
7 Richard Taylor	Norf	11.57	
8 Timmian Skervin	Notts	11.58	

**Final**

(-1.6 (m/s))			
1 David Bolarinwa	London	10.77	ns
2 Adam Gemili	Kent	10.99	ns
3 Tunde Judun	London	11.00	ns
4 Cameron Smith	Surrey	11.15	es
5 Ben Shields	SYork	11.21	
6 Keji Alesinloye	Essex	11.22	
7 Matthew Aihie	WMid	11.24	
8 Chijindu Ujah	Midd	11.29	

**Inter Boys 200 metres**

ES: 22.80 NS: 22.30 BP: 21.32

**Round 1****Heat 1 (-0.4 (m/s))**

1 Sam Brough	Cumb	22.58	es
2 Clovis Asong	Manch	22.69	es
3 Jay Amin	Sussex	22.74	es
4 Ashley Watson	Camb	22.83	
5 Alex Bell	Kent	23.06	
6 Howard Stringer	Shrop	23.68	
7 Alex Dore	H&Wor	23.75	
Akeem Akintokun	Essex	dnf	

**Heat 2 (+1.5 (m/s))**

1 Alexander Bradnick	H&Wor	22.31	es
2 John Lutwyche	WMid	22.32	es
3 Josh Hughes	Mersey	23.02	
4 Finn Nightingale	London	23.13	
5 Demetric Nelson	WYork	23.18	
6 Dominic Durrell	Sussex	23.32	
Jake Awe	Herts	dnf	

**Heat 3 (+0.3 (m/s))**

1 Edmond Amaning	London	21.95	ns
2 Ben Marshall	Humb	22.24	ns
3 Michael Ojo	Midd	22.54	es
4 Harry Clarke	Sussex	22.84	
5 Karl Rawlings	WMid	23.01	
6 Callum Roughneen	Manch	23.23	
7 Stephen Jones	Chesh	23.66	

**Final**

(+0.2 (m/s))			
1 Edmond Amaning	London	22.04	ns
2 Alexander Bradnick	H&Wor	22.19	ns
3 John Lutwyche	WMid	22.32	es
4 Ben Marshall	Humb	22.40	es
5 Clovis Asong	Manch	22.49	es
6 Michael Ojo	Midd	22.78	es
7 Sam Brough	Cumb	22.79	es
8 Jay Amin	Sussex	23.22	

**Inter Boys 400 metres**

ES: 51.30 NS: 49.70 BP: 47.18

**Round 1****Heat 1**

1 David Lagerberg	Notts	49.33	ns
2 Jonathan Osbourne	Surrey	50.13	es
3 Jonathan Pettet	Kent	50.61	es
4 Ryan Tanswell	Hamp	51.08	es
5 Simon Wake	Herts	51.49	
6 Sylvester Akpalara	London	51.65	
7 Jacob Weir	Lancs	52.50	

**Heat 2**

1 Joshua Street	Surrey	49.90	es
2 Scott Atkinson	WYork	50.39	es
3 Daniel Heald	Manch	50.42	es
4 James Purkis	NYork	50.60	es
5 Jordan Gillbanks	Camb	50.80	es
6 Daniel Kelland	Devon	50.88	es
7 Quincie Michael	London	51.86	
8 Matthew Constable	Suff	52.40	

**Heat 3**

1 Farren Morgan	Kent	50.23	es
2 Tom Kimpson	NYork	50.41	es
3 Carl Palin	Herts	50.96	es
4 Oliver Lithgow	Cumb	51.08	es
5 Ryan Crawley	SYork	51.63	
6 Jakob White	Avon	51.88	
7 Joseph Kinsey	H&Wor	51.91	
Donomar Smith	London	dns	

**Heat 4**

1 Alex Boyce	Mersey	49.39	ns
2 George Caddick	Manch	49.59	ns
3 Omari Carr-Miller	Surrey	50.31	es
4 Richard Sackey	Herts	50.82	es
5 Christopher Ladhams	Hamp	50.87	es
6 Scott Kippin	Durham	51.51	
7 Joshua Ingham	Lancs	51.86	
8 Rupert Powell	Suff	51.87	

**Final**

1 Naomi Reid	Derby	12.10	-0.6	ns
2 Rachel Williamson	Lancs	11.77	-0.5	ns
3 Shimala Harewood	Herts	11.75	-0.2	ns
4 Shannel Hutchinson	WMid	11.48	+0.0	ns
5 Mary Fasipe	Herts	11.34	-0.8	ns
6 Molly Eales	WMid	11.15	-0.6	ns
7 Katie Rowe	Nhants	11.10	+0.0	ns
8 Chloe Elphick	Notts	11.07	-0.7	es
9 Rebecca Cope	Humb	10.82	-0.9	es
10 Shana Parker	Nhants	10.62	-0.3	
11 Abbie Unsworth	Lancs	10.60	-1.5	

**Inter Girls Pole Vault**

ES: 2.75 NS: 3.05 BP: 3.75

**Final**

1 Lucy Bryan	Avon	3.76	bp
2 Laura-Ann Henderson	Kent	3.15	ns
3 Lily-Mae Fisher	Berks	3.15	ns
4 Emilie Blackwell	Sussex	3.15	ns
5 Elizabeth Grimsey	Midd	3.15	ns
= Sophie Cook	WMid	3.15	ns
7 Nancy Epsly	Essex	3.05	ns
8 Paige Collings	Derby	2.95	es
9 Elise Gauntlett	Avon	2.95	es
= Christianne Risman	Surrey	2.95	es
11 Lauren Gale	Somer	2.85	es
= Katie James	Dorset	2.85	es
13 Kirsty Lai	Bucks	2.75	es
14 Samara Mahtashan	Manch	2.60	

**Inter Girls Shot**

ES: 10.20 NS: 11.00 BP: 14.38

**Final**

1 Sophie McKinna	Norf	15.08	bp
2 Simi Pam	Camb	12.33	ns
3 Tanisha Clayton	Hamp	12.10	ns
4 Stephanie McNally	H&Wor	11.48	ns
5 Chelsea Mitchell	WYork	10.88	es
6 Lucy Smith	WMid	10.72	es
7 Danielle Opara	Berks	10.70	es
8 Sarah Wilding	SYork	10.39	es
9 Rebecca Fagan	Shrop	10.01	
10 Simisola Oyesanya	Midd	9.97	
11 Vanessa Jacques	Cleve	8.27	

**Inter Girls Discus**

ES: 33.00 NS: 36.00 BP: 49.36

**Final**

1 Phoebe Dowson	Hamp	44.73	ns
2 Shadine Duquemin	ChIs	41.42	ns
3 Renee Hector	Herts	38.50	ns
4 Emma Crooke	H&Wor	38.30	ns
5 Carla Letheby	Surrey	36.10	ns
6 Ellie Duffey-Penny	Kent	34.18	es
7 Emma O'Hara	Oxford	33.91	es
8 Debra Blamey	Essex	30.84	
9 Emily Campbell	Notts	30.75	
10 Jessica Flower	Avon	27.87	
11 Alice Grosjean	Somer	27.26	
12 Kayleigh Presswell	Bucks	20.48	

**Inter Girls Javelin**

ES: 35.00 NS: 38.00 BP: 46.94

**Final**

1 Freya Jones	Hamp	49.23	bp
2 Laura McDonald	Norf	44.88	ns
3 Rebecca Tunnicliffe	NYork	40.65	ns
4 Kate Morley	WMid	40.55	ns
5 Poppy Barker	Hamp	40.09	ns
6 Kerry Murch	Warks	39.66	ns
7 Kelly Bramhald	SYork	39.34	ns
8 Jade Perry	WMid	38.35	ns
9 Becky Woolley	Notts	37.84	es
10 Abbi Wilde	Herts	37.45	es
11 Olivia Dacosta	Beds	36.73	es
12 Grace Hailstone	Sussex	36.48	es
13 Holly Webb	Sussex	35.81	es
14 Amy Lupton	Lancs	35.23	es
15 Laura England	SYork	35.08	es
16 Hannah Johnson	Berks	34.64	
17 Liane Bibby	Mersey	34.15	
18 Sarah Roberts	WYork	34.04	
19 Holly Wootten	H&Wor	32.79	
20 Freya Le Serve	Norf	32.13	
21 Alice Knight	Leics	31.55	
22 Nicola Haynes	Nland	30.33	
23 Holly Nelson	Cumb	29.23	

**Heat 3**

1 Middlesex	Midd	47.88 ns
2 West Midlands	WMid	48.56 ns
3 Merseyside	Mersey	49.93 es
4 Warwickshire	Warks	49.93 es
5 Cheshire	Chesh	50.37
6 Hereford & Worcestershire		51.61
Hertfordshire	Herts	dnf

**Heat 4**

1 Lancashire	Lancs	48.57 ns
2 Greater Manchester	Manch	48.68 ns
3 London	London	49.93 es
4 Derbyshire	Derby	50.34
Shropshire	Shrop	dns
Wiltshire	Wilts	dns
Suffolk	Suff	dns

**Final**

1 Middlesex	Midd	47.02 ns
2 West Midlands	WMid	47.33 ns
3 West Yorkshire	WYork	47.72 ns
4 Lancashire	Lancs	47.87 ns
5 Greater Manchester	Manch	48.21 ns
6 Surrey	Surrey	48.63 ns
7 Lincolnshire	Lincs	48.64 ns
Kent	Kent	dq

**Inter Girls High Jump**

ES: 1.62 NS: 1.68 BP: 1.83

**Final**

1 Kate Anson	Mersey	1.78 ns
2 Victoria Anderson	Chesh	1.68 ns
3 Isobel Brown	Sussex	1.65 es
4 Cosima Berry	Oxford	1.65 es
= Reagan Dee	Mersey	1.65 es
6 Philippa Rogan	Berks	1.65 es
= Georgia Nwawulor	Midd	1.65 es
8 Kate Doran	Mersey	1.65 es
9 Nancy Ndure	Shrop	1.65 es
10 Evie Grogan	Somer	1.62 es
11 Katy Lambert	Sussex	1.62 es
12 Jo Start	Chesh	1.59
13 Nicole Bewley	SYork	1.59
14 Kerry Jordan	Cumb	1.59
15 Charlotte Shelley	Suff	1.59
16 Amelia Hempleman - Adams	Avon	1.54
= Emma Douras	WMid	1.54
18 Anna Knowles	Manch	1.54
19 Jodie Farnworth	Lancs	1.54
20 Lucy Giles	Hamp	1.49

= Rebecca Sullivan	WYork	1.49
= Georgia Evans	Warks	1.49

**Inter Girls Long Jump**

ES: 5.30 NS: 5.50 BP: 6.41

**Final**

1 Micaela Brindle	Lancs	5.76 -0.9 ns
2 Danielle McGifford	Mersey	5.71 +0.0 ns
3 Becky Curtis-Harris	Hamp	5.61 +0.5 ns
4 Jahisha Thomas	Surrey	5.59 +0.5 ns
5 Suzzanne Palmer	Derby	5.56 +0.4 ns
6 Lisa James	Chesh	5.52 +0.0 ns
7 Jessica Leek	Staff	5.49 -0.6 es
8 Katie Hardcastle	Sussex	5.46 +1.1 es
9 Nancy Lebeau	Essex	5.35 +0.6 es
10 Connie James	WMid	5.31 +1.3 es
11 Olivia Mery	H&Wor	5.18 +0.0
12 Charlotte Wignall	SYork	4.90 -0.1

**Inter Girls Triple Jump**

ES: 10.70 NS: 11.10 BP: 12.20

**Round 1****Pool A**

1 Mary Fasipe	Herts	11.79 +2.9 ns
2 Shannel Hutchinson	WMid	11.39 +1.3 ns
3 Chloe Elphick	Notts	11.28 +4.4 ns
4 Rebecca Cope	Humb	11.10 +1.9 ns
5 Shana Parker	Nhants	10.95 +0.3 es
6 Abbie Unsworth	Lancs	10.93 +1.2 es
7 Hannah Pringle	Nland	10.80 +0.9 es
8 Rachel McHugh	Durham	10.76 +1.6 es
9 Frances Read	London	10.54 -1.2
10 Gabriella Harris	Sussex	10.50 +1.9

**Pool B**

1 Naomi Reid	Derby	11.94 +0.0 ns
2 Shimala Harewood	Herts	11.44 +0.9 ns
3 Rachel Williamson	Lancs	11.37 +1.4 ns
4 Molly Eales	WMid	11.12 +0.1 ns
5 Katie Rowe	Nhants	11.10 +0.0 ns
6 Bethan Hughes	Mersey	10.89 +0.0 es
7 Rafia Aslam	Chesh	10.78 +0.6 es
8 Kimberley Morgan	Devon	10.76 +3.4 es
9 Jessica Crissell	Suff	10.73 +0.9 es
10 Lamorna Newman	Corn	10.65 +0.4
11 Lauren Stevens	Kent	10.62 +0.7
12 Lucy Gell	NYork	10.35 +0.4
13 Shannon Golaub	Staff	9.85 +0.3

**Round 2****Semi-final A**

1 Joshua Street	Surrey	48.33 ns
2 Alex Boyce	Mersey	49.37 ns
3 Jonathan Osbourne	Surrey	49.49 ns
4 Daniel Heald	Manch	50.17 es
5 Scott Atkinson	WYork	50.77 es
6 Jonathan Pettet	Kent	50.85 es
7 Richard Sackey	Herts	51.01 es
8 James Purkis	NYork	53.10

**Semi-final B**

1 David Lagerberg	Notts	48.71 ns
2 Farren Morgan	Kent	49.32 ns
3 Omari Carr-Miller	Surrey	49.60 ns
4 George Caddick	Manch	49.63 ns
5 Tom Kimpson	NYork	50.08 es
6 Jordan Gillbanks	Camb	50.11 es
7 Carl Palin	Herts	51.19 es
8 Christopher Ladhams	Hamp	51.45

**Final**

1 Joshua Street	Surrey	47.96 ns
2 Alex Boyce	Mersey	48.19 ns
3 David Lagerberg	Notts	48.27 ns
4 Farren Morgan	Kent	48.44 ns
5 Jonathan Osbourne	Surrey	48.94 ns
6 George Caddick	Manch	50.21 es
7 Omari Carr-Miller	Surrey	50.33 es
8 Tom Kimpson	NYork	51.27 es

**Inter Boys 800 metres**

ES: 1:59.00 NS: 1:57.00 BP: 1:51.90

**Round 1****Heat 1**

1 Will Gurton	Bucks	1:57.58 es
2 Shaun Wyllie	Berks	1:57.73 es
3 Jordan Bransberg	WYork	1:57.76 es
4 Luke Ingham	Cumb	1:57.98 es
5 Liam Ayton	Durham	1:58.93 es
6 James Lamswood	Humb	2:02.06

**Heat 2**

1 Tom Guy	Staff	1:59.25
2 Ben Waterman	London	1:59.49
3 Ryan Ashwood	Avon	1:59.67
4 Oliver Smith	Sussex	2:00.51
5 Dudley Mason	Hamp	2:00.68
6 Scott Edwards	Derby	2:01.52
7 Jack Robertson	NYork	2:02.07

**Heat 3**

1 Sam Dykes	Chesh	1:59.44
2 Zak Curran	Surrey	1:59.61
3 Chris McGahan	Manch	1:59.79
4 Adam Gilbert	Kent	2:00.54
5 Andrew Roen	Nland	2:01.12
6 Harry Hall	Somer	2:03.90

**Heat 4**

1 Jonathan Ketley	Sussex	1:55.97 ns
2 Andrew Provost	Hamp	1:56.09 ns
3 William Paulson	Glouc	1:57.14 es
4 Jack Gleave	Chesh	1:59.01
5 Elliott Dorey	ChIs	2:00.35
6 Sam Kerfoot-Roberts	WYork	2:01.22
7 Simeon Greenwood	Nland	2:02.57

**Round 2****Semi-final A**

1 Andrew Provost	Hamp	1:55.63 ns
2 Zak Curran	Surrey	1:55.67 ns
3 Jonathan Ketley	Sussex	1:55.75 ns
4 Sam Dykes	Chesh	1:55.96 ns
5 William Paulson	Glouc	1:59.18
6 Chris McGahan	Manch	1:59.52
7 Elliott Dorey	ChIs	2:02.03
8 Luke Ingham	Cumb	2:04.40

**Semi-final B**

1 Tom Guy	Staff	1:57.06 es
2 Will Gurton	Bucks	1:57.22 es
3 Ben Waterman	London	1:57.49 es
4 Jordan Bransberg	WYork	1:58.49 es
5 Liam Ayton	Durham	2:00.07
6 Shaun Wyllie	Berks	2:00.99
7 Ryan Ashwood	Avon	2:02.30
8 Jack Gleave	Chesh	2:04.21

**Final**

1 Tom Guy	Staff	1:53.07 ns
2 Ben Waterman	London	1:53.42 ns
3 Andrew Provost	Hamp	1:53.84 ns
4 Will Gurton	Bucks	1:54.89 ns
5 Jonathan Ketley	Sussex	1:55.79 ns
6 Jordan Bransberg	WYork	1:57.37 es
7 Zak Curran	Surrey	2:00.25
8 Sam Dykes	Chesh	2:00.50

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**Inter Boys 1500 metres**

ES: 4:08.00 NS: 4:03.00 BP: 3:52.60

**Round 1****Heat 1**

1 Luke Carroll	Glouc	4:00.38 ns
2 Harvey Dixon	Hamp	4:00.78 ns
3 Bradley Goater	Midd	4:01.05 ns
4 Fergus O'Reilly	Dorset	4:01.90 ns
5 Jack Derham	NYork	4:04.52 es
6 Lewis Hogg	Nland	4:07.29 es
7 Tom Bennett	Hamp	4:07.64 es
8 George Lowry	Durham	4:11.64
9 Aaron Phelps	Glouc	4:12.23
10 Elliot Todd	WYork	4:17.54

**Heat 2**

1 Charlie Grice	Sussex	3:57.73 ns
2 Cameron Boyek	Durham	3:58.15 ns
3 Matthew Fayers	Midd	3:58.41 ns
4 Tom Purnell	Glouc	3:58.79 ns
5 James McMurray	Herts	4:04.93 es
6 Max Kaye	WYork	4:07.28 es
7 Michael McKeown	WMid	4:08.11
8 Fergus Roberts	NYork	4:09.50
9 Harvey Brown	H&Wor	4:10.29
10 Dan Gurton	Bucks	4:11.13
11 Niall Cullen	Mersey	4:20.83

**Final**

1 Charlie Grice	Sussex	3:52.25 bp
2 Harvey Dixon	Hamp	3:53.94 ns
3 Cameron Boyek	Durham	3:54.76 ns
4 Bradley Goater	Midd	3:59.44 ns
5 Tom Purnell	Glouc	3:59.66 ns
6 Matthew Fayers	Midd	4:01.63 ns
7 Luke Carroll	Glouc	4:02.50 ns
8 Jack Derham	NYork	4:03.59 es
9 James McMurray	Herts	4:04.08 es
10 Fergus O'Reilly	Dorset	4:04.64 es

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**Inter Boys 3000 metres**

ES: 9:01.00 NS: 8:55.00 BP: 8:20.00

**Final**

1 Robbie Farnham-Rose	Kent	8:26.33 ns
2 Richard Charles	Midd	8:33.66 ns
3 Conor Robinson	Corn	8:36.32 ns
4 Kieran Clements	Suff	8:40.68 ns
5 Luca Russo	Kent	8:48.79 ns
6 Alex Short	Essex	8:49.55 ns
7 Matthew Rose	WMid	8:50.07 ns
8 Mark Shaw	Cleve	8:51.16 ns
9 Kieran Reilly	Kent	8:53.60 ns
10 Hobie Martin	Corn	8:54.24 ns
11 Mark Thompson	Notts	8:55.56 es
12 Jack Killip	Midd	8:59.03 es
13 Rhys Park	H&Wor	8:59.19 es
14 Rhys Spence	Midd	9:01.36
15 Shaun Barras	Durham	9:01.74
16 Zak Tobias	Avon	9:01.79
17 Marc Scott	NYork	9:03.74
18 Alan McKeown	Lancs	9:06.05
19 Ryan Saxton	Notts	9:12.13
20 Jack Nixon	Manch	9:12.88
21 Dan Nash	Corn	9:13.90

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**Inter Boys 100 metres Hurdles**

ES: 14.20 NS: 13.70 BP: 12.47

**Round 1****Heat 1 (-0.2 (m/s))**

1 David King	Devon	13.45 ns
2 Joe Yarde	Surrey	13.52 ns
3 Max Everest	Camb	13.69 ns
4 Jake Corfield-Jones	Shrop	14.36
5 Christian Gaddes	Herts	14.46
6 Nick Wilson	WMid	14.52
7 Ryan Thompson	Cumb	14.80

**Heat 2 (-0.2 (m/s))**

1 Jake Porter	WMid	13.30 ns
2 Jordan Auburn	Sussex	13.62 ns
3 Blade Ashby	London	13.62 ns
4 Nicholas Wood	Durham	13.83 es
5 Will Yates	Hamp	14.05 es
6 Matthew St. Clair	Somer	14.64
7 James Wright	Warks	16.43

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**Inter Girls 80 metres Hurdles**

ES: 12.10 NS: 11.70 BP: 10.90

**Round 1****Heat 1 (-1.9m/s)**

1 Madelaine Smith	WMid	11.58 ns
2 Holly Thomas	Essex	11.91 es
3 Kelly Clark	SYork	12.04 es
4 Olivia Wilding	H&Wor	12.25
5 Lisa O'Brien	Surrey	12.36
6 Eleanor Newton	Mersey	12.42
7 Yasmin Webb	Warks	12.53
8 Jade Bramall	Chesh	12.81

**Heat 2 (-0.7m/s)**

1 Yasmin Miller	Derby	11.34 ns
2 Millie Cooper	Lincs	11.65 ns
3 Emily Moore	Essex	11.79 es
4 Anna Davies	Notts	11.96 es
5 Bethany Towers	Lancs	12.05 es
6 Abigail Smith	Durham	12.30
7 Liberty Thornton	H&Wor	12.91

**Final**

(+0.8 (m/s))

1 Yasmin Miller	Derby	11.33 ns
2 Emily Moore	Essex	11.72 es
3 Anna Davies	Notts	11.79 es
4 Kelly Clark	SYork	11.83 es
5 Millie Cooper	Lincs	11.84 es
6 Bethany Towers	Lancs	12.23
Madelaine Smith	WMid	dnf
Holly Thomas	Essex	dnf

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**Inter Girls 300 metres Hurdles**

ES: 46.80 NS: 45.00 BP: 41.48

**Round 1****Heat 1**

1 Hayley McLean	Essex	44.10 ns
2 Georgia Whitfield	Durham	44.80 ns
3 Connie McMillan	Oxford	45.60 es
4 Stephanie Williams	Lincs	45.60 es
5 Libby Naylor	Shrop	46.70 es
6 Alice Jennings	Chesh	46.80 es
7 Caroline Hatley	Kent	47.40

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**Heat 2**

1 Danni Belbin	Camb	44.60 ns
2 Rebecca Brown	Devon	44.70 ns
3 Gabrielle Rowsell	Dorset	46.20 es
4 Adefunke Oyewole	London	46.60 es
5 Helena Leathley	Lancs	46.70 es
6 Hannah Dunderdale	Lincs	47.20
7 Samantha Brook	WYork	47.40
Rhiannon Jones	Kent	dns

**Heat 3**

1 Katie Stainton	WMid	44.60 ns
2 Samantha Brown	Kent	45.80 es
3 Sophie Worrall	Shrop	45.90 es
4 Jessica McCabe	Surrey	46.00 es
5 Gemma Gregory	Oxford	47.10
6 Rachael Kelleher	Bucks	47.30
7 Frances Coldwell	WYork	47.30
8 Devon Byrne	Beds	47.50

**Final**

1 Hayley McLean	Essex	42.77 ns
2 Rebecca Brown	Devon	43.33 ns
3 Danni Belbin	Camb	43.58 ns
4 Georgia Whitfield	Durham	44.00 ns
5 Katie Stainton	WMid	44.06 ns
6 Connie McMillan	Oxford	45.62 es
7 Samantha Brown	Kent	45.96 es
8 Stephanie Williams	Lincs	46.56 es

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**Inter Girls 4x100 metres Relay**

ES: 50.20 NS: 49.20 BP: 46.40

**Round 1****Heat 1**

1 West Yorkshire	WYork	48.39 ns
2 Surrey	Surrey	48.51 ns
3 Kent	Kent	48.66 ns
4 Hampshire	Hamp	49.21 es
5 Norfolk	Norf	52.22
6 Cleveland	Cleve	53.40
Berkshire	Berks	dns

**Heat 2**

1 Lincolnshire	Lincs	48.86 ns
2 Essex	Essex	49.10 ns
3 South Yorkshire	SYork	50.63
4 Somerset	Somer	52.98
Durham	Durham	dq
Leicestershire & Rutland		dns

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## Round 2

### Semi-final A

1	Katie Snowden	London	2:14.95	es
2	Rosie Chamberlain	Devon	2:15.04	es
3	Grace Rodgers	NYork	2:15.08	es
4	Lily Owsley	Avon	2:15.61	es
5	Emma Gilmore	Hamp	2:18.53	
6	Rebecca Turton	Berks	2:19.62	
7	Megan Steer	Herts	2:23.03	
8	Cherisse Walley	Manch	2:24.32	

### Semi-final B

1	Georgia Peel	Hamp	2:15.54	es
2	Gabrielle Kinney	WMid	2:16.09	es
3	Jessica Lonsdale	Humb	2:16.20	es
4	Georgia Bell	London	2:16.47	es
5	Ellen Holmes	Kent	2:18.83	
6	Katherine Turner	Wilts	2:19.42	
7	Dani Braithwaite	NYork	2:19.71	
8	Lucy McDermott	Warks	2:20.35	

### Final

1	Georgia Peel	Hamp	2:07.14	ns
2	Katie Snowden	London	2:09.30	ns
3	Grace Rodgers	NYork	2:10.55	ns
4	Lily Owsley	Avon	2:12.12	ns
5	Rosie Chamberlain	Devon	2:12.61	ns
6	Jessica Lonsdale	Humb	2:16.00	es
7	Gabrielle Kinney	WMid	2:16.13	es
8	Georgia Bell	London	2:24.31	

## Inter Girls 1500 metres

ES: 4:47.00 NS: 4:39.00 BP: 4:16.24

### Round 1

#### Heat 1

1	Elizabeth Bird	Herts	4:39.40	es
2	Amber Watson	Glouc	4:39.41	es
3	Susan Shiel-Rankin	Surrey	4:39.57	es
4	Mel Wood	Bucks	4:40.45	es
5	Chloe Richardson	H&Wor	4:42.07	es
6	Chloe Turmel	Chls	4:42.20	es
7	Sarah Astin	Mersey	4:43.53	es
8	Katy Bird	Sussex	4:44.49	es
9	Bianca Pedersen	Lancs	4:45.70	es
10	Freya Vincent	Leics	4:47.06	
11	Floren Scrafton	Avon	4:48.06	
12	Bethany Jones	Manch	4:53.02	
13	Aoife Thorogood	Avon	4:54.82	
14	Becky Mills	NYork	5:02.77	

### Heat 2

1	Olivia Sadler	Avon	4:39.28	es
2	Jessica Judd	Essex	4:40.42	es
3	Elle Roche	Bucks	4:43.83	es
4	April Hogg	Corn	4:44.43	es
5	Emma Peters	Manch	4:45.42	es
6	Gracie Howie	Dorset	4:45.82	es
7	Alice Burgin	Beds	4:47.63	
8	Rebecca Robinson	WMid	4:49.38	
9	Charmaine Porter	Durham	4:50.57	
10	Matilda Lowther	NYork	4:51.12	
11	Danielle Wallis	Chesh	4:54.82	
12	Lauren Hawtin	Oxford	4:56.16	
13	Gemma Wallett	Nland	5:10.32	

### Final

1	Jessica Judd	Essex	4:22.63	ns
2	Olivia Sadler	Avon	4:32.78	ns
3	Elizabeth Bird	Herts	4:32.78	ns
4	Susan Shiel-Rankin	Surrey	4:35.66	ns
5	Amber Watson	Glouc	4:38.08	ns
6	Mel Wood	Bucks	4:39.13	es
7	Chloe Turmel	Chls	4:40.11	es
8	Elle Roche	Bucks	4:40.83	es
9	Sarah Astin	Mersey	4:40.96	es
10	Chloe Richardson	H&Wor	4:42.28	es

## Inter Girls 3000 metres

ES: 10:26.00 NS: 10:12.00 BP: 9:35.61

### Final

1	Annabel Gummow	Corn	9:45.96	ns
2	Ruth Haynes	Surrey	9:48.67	ns
3	Alice Wright	H&Wor	9:59.63	ns
4	Charlotte Taylor	Lincs	10:10.81	ns
5	Imogen Wolsey	Wilts	10:21.38	es
6	Reeve Wallcott-Nolan	Beds	10:27.22	
7	Lauren Gowland	Lancs	10:27.26	
8	Aimee Garnett	Essex	10:36.82	
9	Rebecca Taylor	Lancs	10:36.93	
10	Sarah Hodgson	Lancs	10:37.47	
11	Megan Huxley	Chesh	11:02.50	
12	Rebecca Oram	Nland	11:11.42	
13	Shannon Johnson	Manch	12:13.62	
	Emily Wallbank	Beds	dns	

### Heat 3 (-0.8 (m/s))

1	Ashley Marshall	Manch	13.58	ns
2	Joshua Olawore	Essex	13.83	es
3	James Taylor	Staff	14.24	
4	Danny Driver	Mersey	14.29	
5	Sam Hall	Nland	14.34	
6	Toby Parkes	Shrop	14.56	
	Marcus Woodington	Oxford	dq	

### Heat 4 (-0.3 (m/s))

1	Nicholas Ofonagoro	Sussex	13.51	ns
2	Joshua Walker	Lincs	13.62	ns
3	Nathan Higgins	Devon	13.69	ns
4	Niclas Baker	London	13.97	es
5	Samuel Plumb	Berks	13.99	es
6	James Thompson	Mersey	14.81	
	Olutobi Ogundipe	Shrop	dnf	

## Round 2

### Semi-final A (-0.6 (m/s))

1	Nicholas Ofonagoro	Sussex	13.27	ns
2	Joe Yarde	Surrey	13.45	ns
3	David King	Devon	13.45	ns
4	Max Everest	Camb	13.58	ns
5	Joshua Walker	Lincs	13.70	ns
6	Niclas Baker	London	13.79	es
7	Samuel Plumb	Berks	14.14	es
8	James Taylor	Staff	14.27	

### Semi-final B (-2.4 (m/s))

1	Blade Ashby	London	13.30	ns
2	Jake Porter	WMid	13.43	ns
3	Nathan Higgins	Devon	13.62	ns
4	Ashley Marshall	Manch	13.91	es
5	Joshua Olawore	Essex	13.92	es
6	Jordan Auburn	Sussex	13.93	es
7	Nicholas Wood	Durham	14.03	es
8	Will Yates	Hamp	14.16	es

### Final

(-0.3 (m/s))

1	Blade Ashby	London	13.18	ns
2	Nicholas Ofonagoro	Sussex	13.22	ns
3	Joe Yarde	Surrey	13.32	ns
4	Jake Porter	WMid	13.47	ns
5	David King	Devon	13.54	ns
6	Max Everest	Camb	13.57	ns
7	Joshua Walker	Lincs	13.60	ns
8	Nathan Higgins	Devon	13.69	ns
9	Samuel Plumb	Berks	14.40	

## Inter Boys 400 metres Hurdles

ES: 58.00 NS: 56.60 BP: 52.63

### Round 1

#### Heat 1

1	Sean Adams	Hamp	55.65	ns
2	Sam Maguire	Berks	56.41	ns
3	Charlie Perry	London	56.42	ns
4	Thom Fowler	Somer	62.07	
	Andrew Desmond	Mersey	dnf	

#### Heat 2

1	Jacob Paul	Surrey	54.82	ns
2	Peter Barnshaw	Oxford	54.84	ns
3	Oliver Aspden	Lancs	54.96	ns
4	Jordan Smallin	Beds	56.85	es
5	Lewis Golledge	Notts	59.76	

#### Heat 3

1	Craig Morten	Kent	56.26	ns
2	David October	Camb	56.54	ns
3	Lolu Oluwole-Ojo	Surrey	56.79	es
4	Perry Offler	Notts	57.45	es
5	Cameron Dixon	Shrop	59.02	

### Final

1	Jacob Paul	Surrey	53.00	ns
2	Sean Adams	Hamp	53.53	ns
3	Sam Maguire	Berks	53.94	ns
4	Peter Barnshaw	Oxford	54.95	ns
5	Craig Morten	Kent	55.45	ns
6	Charlie Perry	London	55.88	ns
7	Oliver Aspden	Lancs	58.17	
	David October	Camb	dns	

## Inter Boys 1500 metres Steeplechase

ES: 4:36.00 NS: 4:30.00 BP: 4:14.00

### Final

1	Zak Seddon	Berks	4:13.66	bp
2	Blair Brown	Somer	4:17.46	ns
3	Matthew McLaughlin	Midd	4:21.49	ns
4	Benedict Westhenry	Dorset	4:23.81	ns
5	Joseph Sherry	Midd	4:32.93	es
6	Douglas Musson	Notts	4:33.92	es
7	Matthew Nicholson	Camb	4:34.72	es
8	Nick Bennett	Devon	4:37.92	
9	Ryan Driscoll	Sussex	4:40.12	
10	Ryan Burling	Nhants	4:41.30	
11	Barry Maskell	Durham	4:43.69	
12	Alex Brecker	Staff	4:44.55	
13	Calum Murray	Chesh	4:49.15	

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**Inter Boys 4x100 metres Relay**

ES: 45.00 NS: 44.00 BP: 41.92

**Round 1****Heat 1**

1 West Midlands	WMid	43.12 ns
2 Kent	Kent	43.17 ns
3 Lancashire	Lancs	44.17 es
4 West Yorkshire	WYork	45.35
5 Shropshire	Shrop	45.61
Nottinghamshire	Notts	dns
Avon	Avon	dns

**Heat 2**

1 Cambridgeshire	Camb	43.37 ns
2 North Yorkshire	NYork	44.21 es
3 Humberside	Humb	45.00 es
4 Somerset	Somer	45.06
5 Leicestershire & Rutland		46.82
Warwickshire	Warks	dns
Cleveland	Cleve	dns

**Heat 3**

1 Hereford & Worcestershire		43.76 ns
2 Merseyside	Mersey	44.09 es
Surrey	Surrey	dq
Middlesex	Midd	dq
Greater Manchester	Manch	dq
Staffordshire	Staff	dns

**Heat 4**

1 London	London	41.85 bp
2 Sussex	Sussex	43.18 ns
3 Essex	Essex	44.06 es
4 Northumberland	Nland	45.68
South Yorkshire	SYork	dns
Hertfordshire	Herts	dns

**Final**

1 London	London	41.96 ns
2 Kent	Kent	42.57 ns
3 West Midlands	WMid	42.64 ns
4 Essex	Essex	42.81 ns
5 Hereford & Worcestershire		42.99 ns
6 Cambridgeshire	Camb	43.20 ns
7 Sussex	Sussex	43.27 ns
8 Merseyside	Mersey	43.74 ns

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**Inter Boys High Jump**

ES: 1.90 NS: 1.96 BP: 2.12

**Final**

1 Jonathon Heath	Derby	2.02 ns
2 Michael Hartley	Mersey	1.99 ns
3 Ryan Bonifas	Berks	1.96 ns
4 Nathan Petch	WMid	1.96 ns
5 Benjamin Holmes	WYork	1.90 es
6 Charles Ogunkeyede	Warks	1.87
7 Alex Cox	Dorset	1.87
8 Kenroy Gray	WMid	1.87
9 Christopher Brookes	H&Wor	1.87
10 Callum Blakie	Cumb	1.82

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**Inter Boys Long Jump**

ES: 6.40 NS: 6.60 BP: 7.47

**Final**

1 Fearon Sayers	WMid	7.20 +0.6 ns
2 Ola Omosu	Herts	6.87 +0.5 ns
3 Oliver Newport	Surrey	6.85 +0.0 ns
4 Ashley Wren	Humb	6.81 +0.6 ns
5 Sam Miller	Lancs	6.76 +0.0 ns
6 Nathaniel Facey	WMid	6.74 -0.2 ns
7 Joel Grenfell	Camb	6.66 +0.2 ns
8 Ben Clark	Essex	6.44 0.0 es
9 Elliot Safo	Surrey	6.41 +0.0 es
= Darren Morson	London	6.41 +0.7 es
11 Jacob Gardiner	WYork	6.40 +1.4 es
12 George Rumney	Glouc	6.36 +1.3
13 Courtney Hart	Herts	6.35 +0.0
14 Robert Gaylor	Herts	6.34 -0.1
15 Daley Graham	Leics	6.30 +0.0
16 Kieron Lee	Staff	6.19 +0.1
17 Jamie Turner	Derby	6.13 +1.7
18 Dougie Elias	NYork	6.05 +2.2
19 Jerrel Clarke	London	6.00 +0.3
20 Michael Causer	Mersey	5.93 +0.6
21 Darren Rookes	Humb	5.91 +1.6
22 Myles Durant-Sutherland	WMid	5.55 +0.0

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**Round 2****Semi-final A (-1.4 (m/s))**

1 Chsiom Nwachukwa	Midd	24.95 ns
2 Melissa Hanson	WMid	25.12 ns
3 Funto Fabunmi-Alade	Berks	25.30 es
4 Shanice Harrison	Surrey	25.41 es
5 Charlotte Wingfield	Midd	25.98 es
6 Chelsie Browbank	Cumb	26.08
7 Megan Aitchison	Hamp	26.09
8 Sasha Byrom	Lancs	26.19

**Semi-final B (-0.4 (m/s))**

1 Desiree Henry	Midd	24.63 ns
2 Sophie Riley	Lancs	25.39 es
3 Eleanor Johnston	Warks	25.63 es
4 Jessica Ellis	WYork	25.84 es
5 Alice Kaye	Lincs	25.88 es
6 Steffi Wilson	Dorset	25.98 es
7 Kez Ogden	Shrop	26.08
8 Zara Gabbidon	Somer	26.58

**Final****(-1.1 (m/s))**

1 Desiree Henry	Midd	24.27 ns
2 Chsiom Nwachukwa	Midd	24.90 ns
3 Funto Fabunmi-Alade	Berks	24.99 ns
4 Sophie Riley	Lancs	25.06 ns
5 Melissa Hanson	WMid	25.31 es
6 Shanice Harrison	Surrey	25.64 es
7 Jessica Ellis	WYork	25.73 es
8 Eleanor Johnston	Warks	25.76 es

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**Inter Girls 300 metres**

ES: 41.40 NS: 40.50 BP: 38.35

**Round 1****Heat 1**

1 Rachel Dickens	Surrey	39.88 ns
2 Ciara Flannery	WYork	40.25 ns
3 Laura Shanley	Mersey	40.42 ns
4 Melissa Owusu-Ansah	London	41.46
5 Laura Robson	Humb	42.00
6 Annie Waghorn	Kent	42.17
7 Hannah Segrave	Cleve	42.29

**Heat 2**

1 Kirsten McAslan	Manch	40.24 ns
2 Natalie Hickmott	Kent	40.66 es
3 Jodie Harrison	WMid	40.67 es
4 Lydia Critchley	Lancs	40.88 es
5 Polly Davies	Suff	41.50
6 Grace Eyles	WYork	41.59
7 Kerri-Ann Body	Sussex	41.63
8 Evie Cummings	Wilts	44.49

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**Final**

1 Kirsten McAslan	Manch	39.02 ns
2 Jodie Harrison	WMid	39.41 ns
3 Rachel Dickens	Surrey	39.42 ns
4 Ciara Flannery	WYork	39.85 ns
5 Laura Shanley	Mersey	39.97 ns
6 Natalie Hickmott	Kent	39.99 ns
7 Lydia Critchley	Lancs	40.39 ns
8 Melissa Owusu-Ansah	London	40.76 es

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**Inter Girls 800 metres**

ES: 2:17.00 NS: 2:14.00 BP: 2:05.60

**Round 1****Heat 1**

1 Lily Owsley	Avon	2:14.84 es
2 Katie Snowden	London	2:15.88 es
3 Rebecca Turton	Berks	2:16.03 es
4 Cherrisse Walley	Manch	2:16.07 es
5 Megan Steer	Herts	2:18.58
6 Emily Sales	Leics	2:22.13

**Heat 2**

1 Jessica Lonsdale	Humb	2:17.22
2 Georgia Peel	Hamp	2:17.57
3 Ellen Holmes	Kent	2:17.95
4 Bethany Ansell	SYork	2:18.93
5 Holly Archer	Suff	2:19.45
6 Stephanie Bruce	Nland	2:22.56
7 Sally Smith	WYork	2:22.79

**Heat 3**

1 Grace Rodgers	NYork	2:18.85
2 Rosie Chamberlain	Devon	2:18.97
3 Emma Gilmore	Hamp	2:19.50
4 Imogen Briscoe	Glouc	2:20.21
5 Samantha Redgrave	Essex	2:21.25
Rebecca Weston	Kent	dns

**Heat 4**

1 Gabrielle Kinney	WMid	2:17.20
2 Georgia Bell	London	2:17.44
3 Katherine Turner	Wilts	2:17.48
4 Lucy McDermott	Warks	2:17.61
5 Dani Braithwaite	NYork	2:17.66
6 Chloe Grant	Manch	2:20.44

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**Inter Girls 100 metres**

ES: 12.60 NS: 12.30 BP: 11.50

**Round 1****Heat 1 (+0.4 (m/s))**

1 Ann Ika-Oqua	WMid	12.16 ns
2 Lauren Powell	WYork	12.29 ns
3 Uzoma Nwachukwu	Midd	12.39 es
4 Ruth Onyekwe	London	12.49 es
5 Abi Davies	Wilts	12.74
6 Sophie East	Bucks	12.85
7 Ellie Mullen	Cleve	13.05
8 Romy Naven	H&Wor	13.18

**Heat 2 (-0.3 (m/s))**

1 Bianca Williams	Midd	12.23 ns
2 Shalisha Patrick	Berks	12.35 es
3 Olivia Callaghan	Manch	12.46 es
4 Lauren Frid	SYork	12.55 es
5 Maegan Taylor	Humb	12.88
6 Daisy Johnson	H&Wor	12.88
7 Georgia Dawson	Durham	12.94

**Heat 3 (+0.3 (m/s))**

1 Clieo Stephenson	Norf	12.27 ns
2 Rebecca Watts	Humb	12.46 es
3 Sidonie Brough	Manch	12.59 es
4 Emily Maltby	Lincs	12.60 es
5 Elouise Taylor	Derby	12.62
6 Hazel Ashby Thomas	London	12.64
7 Samantha Griffiths	H&Wor	13.10
8 Sophie Money	Mersey	13.37

**Heat 4 (-1.0 (m/s))**

1 Bethan Wakefield	Avon	12.42 es
2 Amara Lalemi-Jacobs	Kent	12.51 es
3 Jatila Revill-Blake	Herts	12.65
4 Hannah Storey	Manch	12.78
5 Tamar Beckford	London	12.78
6 Jessica Quick	Essex	12.79
7 Victoria Mitchell	Norf	12.93
Makeda Lewis	Midd	dns

**Round 2****Semi-final A (-1.5 (m/s))**

1 Ann Ika-Oqua	WMid	12.43 es
2 Bethan Wakefield	Avon	12.49 es
3 Uzoma Nwachukwu	Midd	12.51 es
4 Lauren Powell	WYork	12.73
5 Ruth Onyekwe	London	12.74
6 Elouise Taylor	Derby	12.81
7 Sidonie Brough	Manch	12.94
8 Amara Lalemi-Jacobs	Kent	12.99

**Semi-final B (-1.1 (m/s))**

1 Bianca Williams	Midd	12.25 ns
2 Shalisha Patrick	Berks	12.34 es

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3 Olivia Callaghan	Manch	12.43 es
4 Clieo Stephenson	Norf	12.48 es
5 Rebecca Watts	Humb	12.55 es
6 Lauren Frid	SYork	12.62
7 Emily Maltby	Lincs	12.70
8 Jatila Revill-Blake	Herts	12.71

**Final**

(-0.9 (m/s))

1 Olivia Callaghan	Manch	12.30 ns
2 Bianca Williams	Midd	12.34 es
3 Uzoma Nwachukwu	Midd	12.34 es
4 Shalisha Patrick	Berks	12.35 es
5 Ann Ika-Oqua	WMid	12.36 es
6 Bethan Wakefield	Avon	12.37 es
7 Clieo Stephenson	Norf	12.48 es
8 Rebecca Watts	Humb	12.62

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**Inter Girls 200 metres**

ES: 26.00 NS: 25.20 BP: 23.60

**Round 1****Heat 1 (-0.5 (m/s))**

1 Sophie Riley	Lancs	25.34 es
2 Shanice Harrison	Surrey	25.58 es
3 Chelsie Browbank	Cumb	25.72 es
4 Steffi Wilson	Dorset	25.99 es
5 Laura Walker	Durham	26.01
6 Jessica Turner	Derby	26.32
7 Lauren Hall	Bucks	26.54

**Heat 2 (+0.9 (m/s))**

1 Chsiom Nwachukwa	Midd	24.98 ns
2 Eleanor Johnston	Warks	25.37 es
3 Alice Kaye	Lincs	25.59 es
4 Jessica Ellis	WYork	25.66 es
5 Sasha Byrom	Lancs	25.90 es
6 Emily Rogers	Suff	26.62

**Heat 3**

1 Desiree Henry	Midd	24.29 ns
2 Kez Ogden	Shrop	25.79 es
3 Zara Gabbidon	Somer	26.05
4 Olivia Walker	Staff	26.09
5 Laura Smith	Avon	26.43
6 Andrea Barrow	Leics	27.25
Abigail Bishell	SYork	dns

**Heat 4 (+2.4 (m/s))**

1 Melissa Hanson	WMid	25.11 ns
2 Funto Fabunmi-Alade	Berks	25.48 es
3 Charlotte Wingfield	Midd	25.83 es
4 Megan Aitchison	Hamp	25.92 es
5 Beth Wynter	Nland	26.19
6 Frances Slater	Herts	26.25
7 Alicia Johnston	Lancs	26.67

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**Inter Boys Triple Jump**

ES: 13.20 NS: 13.70 BP: 15.91

**Final**

1 Jimi Tele	Somer	14.86 -0.6 ns
2 Bradley Pike	Herts	14.40 -0.5 ns
3 Adam Khan	SYork	13.96 -0.0 ns
4 Sheldon Brown	Surrey	13.79 +0.0 ns
5 James Barratt	Manch	13.60 -0.0 es
6 Josh Bentley	NYork	13.58 -0.0 es
7 Scott Hall	Nland	13.47 -0.0 es
8 Armani James	Leics	13.40 -1.2 es
9 Tobi Sho-Silva	Kent	13.32 -0.1 es
10 Ross Hanley	Chls	13.22 -0.0 es
11 Chuko Cribb	Bucks	13.19 -0.0
12 Sam Bentley	NYork	13.06 -1.1
13 Jamal Nesbitt	WMid	12.93 -0.6
14 Bradley Marshall	Hamp	12.63 +1.4
15 Marcus Beer	Wilts	12.47 +0.2
16 Richard Edwardes	London	12.21 -0.1

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**Inter Boys Pole Vault**

ES: 3.80 NS: 4.10 BP: 4.70

**Final**

1 Jack Phipps	Surrey	4.30 ns
2 Mitchell Etheridge	Essex	4.20 ns
= Daniel Gardner	Herts	4.20 ns
4 Greg Appleby	Manch	4.10 ns
5 Jake Devereux	Beds	4.10 ns
6 Nicholas Cole	SYork	4.10 ns
7 Tadgh Healy	Kent	3.80 es
8 Nathan Pentin	Derby	3.80 es
9 Thomas Lyons	Notts	3.80 es
10 Jamie Moore	Sussex	3.65
11 Jesper Hallberg	Kent	3.65

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**Inter Boys Shot**

ES: 13.20 NS: 14.50 BP: 20.48

**Final**

1 Luke Roach-Christie	Midd	15.39 ns
2 Maro Iboji	Herts	14.80 ns
3 Chris Clarke	Notts	14.20 es
4 Matthew Wagner	WYork	13.56 es
5 Louis Keen	London	13.34 es
6 Tremaine Roach	London	13.18
7 Steven Fenner	Suff	12.98
8 Conor Guest	Warks	12.73
9 Omar Frederick	Lancs	12.69
10 Henry Ridgers	Hamp	12.69
11 Will Grist	Kent	12.51
12 Liam Clarke	Lincs	12.47
13 Hayden Tyler	Somer	12.29
14 Michael Hall	Humb	12.27
15 Alex Young	NYork	12.00

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**Inter Boys Discus**

ES: 40.00 NS: 43.00 BP: 61.24

**Round 1****Pool A**

1 Iain Swall	NYork	44.91 ns
2 Dan Power	WMid	44.90 ns
3 Forrest Francis	Leics	44.78 ns
4 Gary Jones	Hamp	44.20 ns
5 Jake Armstrong	WYork	43.30 ns
6 Chris Line	Herts	42.34 es
7 Arpad Vermes	Sussex	42.12 es
= Callum Rubery	Shrop	42.12 es
9 Jonathan Hinton	Kent	41.97 es
10 Thomas Bridge	Derby	40.76 es
11 Andrew Harrison	Essex	39.30
12 Josh Moore	Staff	32.61

**Pool B**

1 Nicholas Percy	Hamp	51.16 ns
2 Michael Painter	Norf	48.77 ns
3 Yousef Zatat	Essex	47.83 ns
4 Gregory Thompson	Midd	46.93 ns
5 Benji Pearson	WMid	46.29 ns
6 Connor Pettitt	Devon	45.02 ns
7 Saoirse Chinnery-Edoo	Sussex	43.10 ns
8 Marc Bradbury	Lincs	42.49 es
9 Conor Farr	Avon	41.12 es
10 Tim Campion	Glouc	40.81 es
11 Chris Hancock	Staff	40.55 es
12 Faraz Rafi	Surrey	39.54
13 Thomas Willis	Durham	37.02

## Final

1	Jake Armstrong	WYork	53.17 ns
2	Gregory Thompson	Midd	50.14 ns
3	Nicholas Percy	Hamp	50.06 ns
4	Gary Jones	Hamp	48.79 ns
5	Yousef Zatat	Essex	47.72 ns
6	Michael Painter	Norf	47.41 ns
7	Benji Pearson	WMid	46.91 ns
8	Connor Pettitt	Devon	45.05 ns
9	Forrest Francis	Leics	44.88 ns
10	Iain Swall	NYork	44.82 ns
11	Dan Power	WMid	43.94 ns
12	Saoirse Chinnery-Edoo	Sussex	42.28 es

## Inter Boys Javelin

ES: 52.00 NS: 54.00 BP: 70.52

## Final

1	Robin Danaher	Somer	62.01 ns
2	Aidan Reynolds	Shrop	59.59 ns
3	Freddie Curtis	Oxford	56.55 ns
4	Travelle Morris Reid	Leics	55.99 ns
5	Liam Downer	Glouc	54.54 ns
6	Lewis Grinsell	WMid	50.32
7	Robert Makin	Manch	49.93
8	Darren Mills	NYork	49.58
9	Ryan Higginson	Mersey	49.50
10	James Bell	Shrop	48.68
11	Josef Hambley	Mersey	48.49
12	Huw Bevan	Shrop	47.78
13	Daniel Dale	Notts	47.05
14	Robert Glanville	London	42.92

## Inter Boys Hammer

ES: 50.00 NS: 54.00 BP: 73.58

## Final

1	Ashley Gilder	Notts	64.89 ns
2	Callum Brown	Norf	63.30 ns
3	Harry Wells	Camb	59.29 ns
4	Ryan Redman	Kent	58.23 ns
5	Robert Duke	Sussex	55.63 ns
6	Harry Clarke	Essex	55.56 ns
7	Samuel Foster	Nhants	54.58 ns
8	Alan Sydee	Beds	53.72 es
9	Tom Parker	Kent	52.69 es
10	Sam Blain	NYork	52.10 es
11	Jake Corbishley	Staff	51.47 es
12	Jack Chapman	Cleve	50.75 es
13	Robert Wallace	Glouc	49.50
14	Daniel Avery	Hamp	47.89

## Senior Boys 100 metres

ES: 11.10 NS: 10.90 BP: 10.37

## Round 1

### Heat 1 (-0.3 (m/s))

1	Harry Harris	Cleve	11.0 es
2	Jordan Arthur	Midd	11.3
3	Adam Harwood	Hamp	11.3
4	Jordan Toth	WYork	11.3
5	Joel Ramsbottom	Bucks	11.4
6	Stefan Greenidge	Herts	11.4
7	Sam Landsborough	Mersey	11.4

### Heat 2 (-1.0 (m/s))

1	Jake King	Essex	11.1 es
2	James Williams	Mersey	11.2
3	Renard Frederick	Midd	11.2
4	Kota Suzuki	H&Wor	11.3
5	Yannick Phippen	Nhants	11.6
6	Aidan Stoakley	Chesh	11.6
	Kieran Showler-Davis	Hamp	dns

### Heat 3 (-1.0 (m/s))

1	Ransford Anthony	SYork	11.0 es
2	Elijah Skervin	Notts	11.1 es
3	Judah Simpson	Derby	11.3
4	Kieran Daly	London	11.3
5	Alex Pycock	Lincs	11.4
6	Tyler Johnson	Devon	11.5
7	Oliver Back	Mersey	39.7

## Junior Girls High Jump

ES: 1.57 NS: 1.63 BP: 1.77

## Final

1	Poppy Lake	Essex	1.69 ns
2	Emma Cowell	Hamp	1.69 ns
=	Jordanna Morrish	Corn	1.69 ns
4	Emily Cummings	Cumb	1.69 ns
5	Emily Johns	Derby	1.66 ns
6	Aylish Mackenzie	Chesh	1.63 ns
7	Robyn Pettitt	Sussex	1.60 es
=	Roo Black	Somer	1.60 es
9	Georgina Westwood	Berks	1.60 es
10	Emily Dixon	Wilts	1.60 es
11	Anna Caswell	Devon	1.57 es
=	Eleanor De Wild	Suff	1.57 es
13	Amelia J-McLaughlin	Mersey	1.57 es
14	Clara Boothby	Chesh	1.57 es
15	Kate Nissen	Nland	1.54

## Junior Girls Long Jump

ES: 5.05 NS: 5.20 BP: 6.22

## Final

1	Morgan Lake	Bucks	5.76 +1.1 ns
2	Celia Quansah	Midd	5.43 +0.6 ns
3	Ebony Wake	Warks	5.36 0.0 ns
4	Hayley Perrin	Oxford	5.23 +1.1 ns
5	Clarice Parrott	Essex	5.20 +0.5 ns
6	Sarah Prescott-Smith	Suff	5.20 +1.2 ns
7	Katie Farrimond	Manch	5.03 +1.1
8	Jennie Weston	Oxford	5.02 +1.3
9	Beth Clarke	Suff	4.97 +0.0
10	Jade Clarke	Manch	4.97 +1.2
11	Amy Hodgson	SYork	4.84 +0.8
12	Rhiann Davies	Shrop	4.74 +0.7
13	Iona Magee	Leics	4.51 +1.0

## Junior Girls Shot

ES: 10.00 NS: 10.70 BP: 13.92

## Final

1	Annabel Sherry	Glouc	12.89 ns
2	Kelly Baker	Chesh	11.94 ns
3	Karis Harrington	Corn	11.14 ns
4	Emily Wood	Glouc	10.96 ns
5	Chloe Gayle	WMid	10.72 ns
6	Anna Alvarez	Kent	10.70 ns
7	Oluwatosin Babajide	London	10.67 es

8	Yasmin Cazeau	Midd	10.65 es
9	Chelsea Wade	Suff	10.16 es
10	Katie Matthews	Chesh	10.07 es
11	Kaitlin Enderwick	NYork	9.67
12	Bethany Thomas	WYork	9.55
13	Melissa Hadley	Herts	9.46
14	Elsa Buck	Norf	8.82
15	Stephanie Griffin	Norf	7.79

## Junior Girls Discus

ES: 27.00 NS: 30.00 BP: 39.58

## Final

1	Gemma Brown	Kent	35.06 ns
2	Nicola Gregory	Kent	33.98 ns
3	Yemisi Sofolarin	London	33.07 ns
4	Georgie Taylor	Essex	31.45 ns
5	Kate Pattison	Lincs	30.93 ns
6	Kathryn Woodcock	Oxford	30.86 ns
7	Emily Lupton	Lancs	30.43 ns
8	Katie Cross	Somer	30.40 ns
9	Kelly Wright	Herts	29.57 es
10	Kimberly Osuji	Herts	28.47 es
11	Gabriella Zivanovic	Bucks	28.43 es
12	Lily Evans	Norf	28.10 es
13	Elli Hawkins	Herts	27.45 es
14	Danielle Lloyd	Shrop	27.39 es
15	Samantha Lawton	Staff	26.84
16	Ellie Bloomfield	Suff	25.83
17	Rebecca Spear	Devon	25.00

## Junior Girls Javelin

ES: 30.00 NS: 33.00 BP: 44.23

## Final

1	Natasha Wilson	Cumb	40.57 ns
2	Natalie Whisken	Dorset	38.65 ns
3	Katherine Alexander	Berks	36.13 ns
4	Josie Loxton	Somer	36.09 ns
5	Sophie Mason	Devon	35.92 ns
6	Jess Carey	Hamp	35.34 ns
7	Demi Bromfield	Essex	32.93 es
8	Georgia Long	Avon	32.78 es
9	Ellie Cooper	Berks	32.26 es
10	Tyler Thorne	Devon	31.63 es
11	Chloe Moore	Cumb	30.92 es
12	Isobel McHattie	Berks	30.09 es
13	Lizzie Godwin	Devon	25.17
14	Megan Moran	Warks	24.36
15	Lydia Powell	Sussex	23.80



**Heat 2**

1 Sophie Riches	Essex	4:40.68 ns
2 Amy Griffiths	Leics	4:40.91 ns
3 Emma Tonner	Lincs	4:41.73 ns
4 Becca Croft	Bucks	4:43.62 es
5 Grace Baker	Sussex	4:45.49 es
6 Amy Casey	Warks	4:48.35 es
7 Rosanna Stewart	Hamp	4:49.16 es
8 Lillie Bellamy	Wilts	4:52.84
9 Natalie Connor	Herts	4:53.72
10 Rebecca Killip	Midd	5:03.24
Alanah Harris	Beds	dnf

**Final**

1 Sophie Riches	Essex	4:31.15 ns
2 Abbie Hetherington	Cumb	4:34.79 ns
3 Amy Griffiths	Leics	4:36.41 ns
4 Loren Bleaken	Wilts	4:39.46 ns
5 Jasmine Finlay	Bucks	4:40.54 ns
6 Katy Wood	NYork	4:40.74 ns
7 Ruth Bourne	Kent	4:42.89 ns
8 Becca Croft	Bucks	4:43.62 es
9 Emily Smith	Somer	4:45.40 es
10 Emma Tonner	Lincs	4:45.65 es

**Junior Girls 75 metres Hurdles**

ES: 11.90 NS: 11.50 BP: 10.70

**Round 1****Heat 1 (+1.9m/s)**

1 Alicia Tymon Mcewan	Herts	11.06 ns
2 Alice Macgowan	Lincs	11.55 es
3 Beth Bolton	Manch	11.64 es
4 Lucy Turner	Durham	11.71 es
5 Emma Nanson	Surrey	11.80 es
6 Elisabeth Clifford	Wilts	12.02
7 Holly Barton	Leics	12.08
8 Jenny Gilmour	Nland	12.44

**Heat 2 (+0.6m/s)**

1 Keeleigh Chapman	Wilts	11.26 ns
2 Shirin Irving	Surrey	11.29 ns
3 Natalie Allen	Herts	11.33 ns
4 Stephanie Clitheroe	Bucks	11.44 ns
5 Alyssia Carr	WYork	11.84 es
6 Viviane Straub	Nland	12.04
7 Georgina Rogers	WMid	12.11
8 Rosie Jones	Leics	12.18

**Heat 3 (+1.3m/s)**

1 Olivia Montez-Brown	Chesh	11.55 es
2 Mia Hodgson	Durham	11.66 es
3 Marnie Wells-Nicholls	Mersey	11.69 es
4 Emma Nwofor	Essex	11.69 es
5 Maria Hollingsworth	Lincs	11.70 es
6 Jenny Robins	Notts	11.71 es
7 Tayler Canning	Hamp	11.80 es
8 Helena Milsom	Leics	12.38

**Final**

(-0.4 (m/s))

1 Alicia Tymon Mcewan	Herts	11.18 ns
2 Shirin Irving	Surrey	11.24 ns
3 Keeleigh Chapman	Wilts	11.30 ns
4 Natalie Allen	Herts	11.32 ns
5 Olivia Montez-Brown	Chesh	11.37 ns
6 Stephanie Clitheroe	Bucks	11.53 es
7 Mia Hodgson	Durham	11.63 es
8 Alice Macgowan	Lincs	11.66 es

**Junior Girls 4x100 metres Relay**

ES: 52.00 NS: 50.50 BP: 48.10

**Round 1****Heat 1**

1 Sussex	Sussex	49.07 ns
2 Surrey	Surrey	49.21 ns
3 Humberside	Humb	49.66 ns
4 Durham	Durham	51.42 es
5 Northumberland	Nland	52.25
6 Leicestershire & Rutland		53.29
7 Somerset	Somer	53.64

**Heat 2**

1 Buckinghamshire	Bucks	49.55 ns
2 West Midlands	WMid	49.83 ns
3 Greater Manchester	Manch	49.84 ns
4 Suffolk	Suff	50.84 es
5 Wiltshire	Wilts	50.84 es
6 Lincolnshire	Lincs	52.17
Hampshire	Hamp	dq
Berkshire	Berks	dns

**Final**

1 Sussex	Sussex	48.79 ns
2 Humberside	Humb	48.93 ns
3 Surrey	Surrey	49.00 ns
4 Buckinghamshire	Bucks	49.23 ns
5 West Midlands	WMid	50.01 ns
6 Suffolk	Suff	50.32 ns
7 Wiltshire	Wilts	50.34 ns
Greater Manchester	Manch	dnf

**Heat 4 (+0.8 (m/s))**

1 Jerome Musa-Lawal	Midd	10.9 ns
2 Jacob Wilson	Oxford	11.0 es
3 Peter Watling	Staff	11.0 es
4 Laurence Owen	London	11.0 es
5 John Cousins	Suff	11.2
6 Matthew Storey	Manch	11.3
7 Marcel Hodge	Leics	11.3

**Round 2****Semi-final A (-1.4 (m/s))**

1 Jordan Arthur	Midd	10.88 ns
2 Jacob Wilson	Oxford	10.89 ns
3 Peter Watling	Staff	11.05 es
4 Kota Suzuki	H&Wor	11.06 es
5 Jerome Musa-Lawal	Midd	11.07 es
6 Jake King	Essex	11.13
7 Laurence Owen	London	11.13
8 Judah Simpson	Derby	11.13
9 Matthew Storey	Manch	19.96

**Semi-final B (+0.4 (m/s))**

1 Harry Harris	Cleve	11.03 es
2 Elijah Skervin	Notts	11.07 es
3 James Williams	Mersey	11.08 es
4 Ransford Anthony	SYork	11.08 es
5 Renard Frederick	Midd	11.08 es
6 Jordan Toth	WYork	11.13
7 Adam Harwood	Hamp	11.24
8 John Cousins	Suff	11.25
9 Marcel Hodge	Leics	11.30
10 Kieran Daly	London	11.35

**Final**

(-1.0 (m/s))

1 Jordan Arthur	Midd	10.83 ns
2 Jacob Wilson	Oxford	10.92 es
3 Peter Watling	Staff	11.08 es
4 Elijah Skervin	Notts	11.09 es
5 Kota Suzuki	H&Wor	11.09 es
6 Harry Harris	Cleve	11.12
7 James Williams	Mersey	11.15
8 Ransford Anthony	SYork	11.17

**Senior Boys 200 metres**

ES: 22.30 NS: 22.00 BP: 20.90

**Round 1****Heat 1 (-0.6 (m/s))**

1 Liam Clowes	Chesh	21.68 ns
2 Jordan Kirby-Polidore	Essex	21.97 ns
3 Ben Stephenson	NYork	21.99 ns
4 Tom Mosley	WYork	21.99 ns
5 Dannish Khan	SYork	22.41
6 Aaron Crowley	Manch	22.60
7 James Armstrong	Mersey	22.83

**Heat 2 (+1.5 (m/s))**

1 Sam Watts	Camb	22.03 es
2 Jamie Phillips	NYork	22.32
3 Emmanuel Stephens	Essex	22.40
4 Reece Noonan	Midd	22.45
5 Christian Carson	Cleve	22.77
6 Ben Morris	Leics	22.81
Deji Tobais	Beds	dns

**Final**

(+1.7 (m/s))

1 Sam Watts	Camb	21.10 ns
2 Jordan Kirby-Polidore	Essex	21.64 ns
3 Tom Mosley	WYork	21.68 ns
4 Liam Clowes	Chesh	21.68 ns
5 Ben Stephenson	NYork	21.73 ns
6 Emmanuel Stephens	Essex	21.93 ns
7 Dannish Khan	SYork	21.98 ns
8 Jamie Phillips	NYork	22.08 es

**Senior Boys 400 metres**

ES: 49.30 NS: 48.80 BP: 46.26

**Round 1****Heat 1**

1 James Forman	Hamp	48.73 ns
2 Daniel Putnam	Kent	48.85 es
3 Jarryd Dunn	WMid	48.91 es
4 Josh Allan	WYork	49.76
5 James Buck	NYork	49.88
6 Matthew Dorrington	Sussex	51.15

**Heat 2**

1 David Eames	Berks	49.38
2 Lewis Keeble	Herts	49.61
3 Darrellon Holding	Camb	49.80
4 Marcus Nixey	WYork	49.91
5 Efekemo Okoro	WMid	49.95
6 Joshua Eades	Wilts	50.90

**Heat 3**

1 Ben Sturgess	Nhants	48.60 ns
2 Dominic Smith	Berks	48.65 ns
3 Zach King	Derby	48.72 ns
4 Omari Markland-Montgomery	London	49.77
5 Joel Clutterbuck	Glouc	50.15
6 Christian Byron	WMid	50.58

**Final**

1 Daniel Putnam	Kent	48.04 ns
2 James Forman	Hamp	48.08 ns
3 Jarryd Dunn	WMid	48.32 ns
4 David Eames	Berks	48.52 ns
5 Zach King	Derby	48.59 ns
6 Dominic Smith	Berks	48.67 ns
7 Ben Sturgess	Nhants	49.03 es
8 Lewis Keeble	Herts	49.12 es

**Senior Boys 800 metres**

ES: 1:55.00 NS: 1:53.00 BP: 1:48.60

**Round 1****Heat 1**

1 Nick Lingley	Herts	1:53.47 es
2 Ross Franks	Midd	1:54.22 es
3 Sam Yates	Lancs	1:54.22 es
4 Harry Fisher	Hamp	1:55.41
5 Adam Smith	Sussex	1:55.56
6 Nakole Iddirisu	London	1:55.87
7 Josh Moody	Derby	1:56.73
Adam Cotton	Staff	dns

**Heat 2**

1 Sam Petty	Devon	1:53.70 es
2 Charles Gunning	Corn	1:54.23 es
3 Niall Maguire	Derby	1:54.85 es
4 Jason Prickett	Kent	1:55.26
5 Sam Hutchinson	NYork	1:58.02
6 Sam Bucknall	WYork	1:58.56
7 Chris Matthews	Lancs	1:59.97
James Bowness	Cumb	dns

**Heat 3**

1 Guy Learmonth	Nland	1:52.44 ns
2 Zac Randall	Bucks	1:53.24 es
3 Mitch White	Berks	1:53.67 es
4 Dan Cheeseman	NYork	1:54.89 es
5 Aaron Bennett	Hamp	1:55.96
6 Ben Akin	Lancs	1:56.98
7 Ryan Greaves	WYork	1:57.20
8 Adam Rowland	Durham	1:58.94

**Final**

1 Sam Petty	Devon	1:51.07 ns
2 Zac Randall	Bucks	1:51.16 ns
3 Nick Lingley	Herts	1:51.57 ns
4 Mitch White	Berks	1:53.79 es
5 Sam Yates	Lancs	1:53.94 es
6 Ross Franks	Midd	1:54.77 es
7 Charles Gunning	Corn	1:55.21
Guy Learmonth	Nland	dq

**Senior Boys 1500 metres**

ES: 3:58.00 NS: 3:55.00 BP: 3:45.90

**Round 1****Heat 1**

1 Tom Curr	Glouc	3:57.71 es
2 Dale Worton	WYork	3:58.12
3 Alex Cornwell	Essex	3:58.13
4 Liam White	London	3:58.27
5 Chad Lambert	Midd	3:59.14
6 David Wilson	Herts	4:00.99
7 Chris Perrin	Staff	4:02.37
8 Toby Loveridge	Mersey	4:02.87
9 Andrew Crichton	Nland	4:07.19
10 Matt Crehan	Manch	4:10.59
Harry Ellis	Chesh	dns

**Heat 2**

1 John McDonnell	Beds	3:58.39
2 Philip Sesemann	Kent	3:58.88
3 Ben Coldray	Glouc	3:59.21
4 Brett Halliwell	Avon	3:59.61
5 Dale Clutterbuck	Essex	3:59.79
6 John Ashcroft	Mersey	4:01.12
7 Sam Deathe	Bucks	4:03.91
8 Blayne Pick	Notts	4:09.84
9 Harry Carter	Hamp	4:22.85
Chris Kays	Manch	dnf
Michael Grimes	Durham	dns

**Final**

1 John McDonnell	Beds	3:55.38 es
2 Alex Cornwell	Essex	3:55.94 es
3 Dale Worton	WYork	3:56.80 es
4 Tom Curr	Glouc	3:58.08
5 Chad Lambert	Midd	3:58.27
6 Ben Coldray	Glouc	4:00.10
7 Philip Sesemann	Kent	4:00.26
8 Dale Clutterbuck	Essex	4:00.95
9 Brett Halliwell	Avon	4:01.11
10 Liam White	London	4:05.48

**Heat 4 (-1.3 (m/s))**

1 Tawana Gardner	Lancs	26.08 es
2 Megan Edwards	Camb	26.38 es
3 Amy Greenway	Oxford	26.61
4 Alice Mansfield	Mersey	26.94
5 Lilly Hughes	Lincs	27.19
6 Alex Stimpson	Humb	27.48

**Round 2****Semi-final A (-0.3 (m/s))**

1 Sabrina Bakare	Beds	24.97 ns
2 Maxine Meju	Lancs	25.51 ns
3 Molly Storey	Humb	25.74 es
4 Jordan Greenwood	Manch	25.79 es
5 Fleur Millership	Devon	26.12 es
6 Emily Dutton	NYork	26.50
7 Rachel Osei-Tutu	Bucks	26.64
8 Stephanie Addison	Durham	26.69

**Semi-final B (-0.8 (m/s))**

1 Dina Asher-Smith	Kent	25.00 ns
2 Shona Richards	Surrey	25.83 es
3 Tawana Gardner	Lancs	25.84 es
4 Rochelle Munroe-Graham	London	26.07 es
5 Sophie Spinner	Sussex	26.31 es
6 Sally Wareing	Mersey	26.31 es
7 Megan Edwards	Camb	26.39 es
8 Amy Greenway	Oxford	26.83

**Final**

(+0.3 (m/s))

1 Dina Asher-Smith	Kent	24.50 ns
2 Sabrina Bakare	Beds	24.72 ns
3 Shona Richards	Surrey	25.53 ns
4 Molly Storey	Humb	25.80 es
5 Maxine Meju	Lancs	25.85 es
6 Jordan Greenwood	Manch	25.98 es
7 Rochelle Munroe-Graham	London	26.00 es
Tawana Gardner	Lancs	dnf

**Junior Girls 800 metres**

ES: 2:19.00 NS: 2:16.00 BP: 2:08.70

**Round 1****Heat 1**

1 Sophie Billington	Beds	2:13.00 ns
2 Chelsea Jarvis	Mersey	2:14.08 ns
3 Molly Long	Corn	2:16.85 es
4 Ellie Wilson	Humb	2:20.51
5 Kay Oakley	Staff	2:21.81
6 Amy Ethrington	Durham	2:24.74
Emma Wortley	Cleve	dns

**Heat 2**

1 Emily Jenkinson	Hamp	2:15.39 ns
2 Alex Mundell	Wilts	2:15.57 ns
3 Miranda Sadler	Avon	2:15.97 ns
4 Amy Hillyard	WMid	2:16.75 es
5 Olivia Wild	Manch	2:18.48 es
6 Francesca Ashworth	Nhants	2:18.87 es
7 Sophie Parkes	London	2:23.81

**Heat 3**

1 Kaylee Dodd	Essex	2:14.00 ns
2 Chloe Loreda	Cleve	2:15.66 ns
3 Rachael Scott	Lancs	2:16.16 es
4 Annasley Park	H&Wor	2:17.40 es
5 Bethany Ellis	WYork	2:18.09 es
6 Megan Bates	Cumb	2:20.69
7 Mari Smith	Leics	2:21.54
8 Caelidh Ross	Notts	2:27.19

**Final**

1 Kaylee Dodd	Essex	2:11.22 ns
2 Emily Jenkinson	Hamp	2:12.46 ns
3 Chelsea Jarvis	Mersey	2:13.20 ns
4 Alex Mundell	Wilts	2:15.55 ns
5 Chloe Loreda	Cleve	2:16.34 es
6 Miranda Sadler	Avon	2:17.59 es
7 Rachael Scott	Lancs	2:17.95 es
8 Sophie Billington	Beds	2:22.85

**Junior Girls 1500 metres**

ES: 4:51.00 NS: 4:43.00 BP: 4:23.58

**Round 1****Heat 1**

1 Jasmine Finlay	Bucks	4:40.48 ns
2 Loren Bleaken	Wilts	4:41.33 ns
3 Abbie Hetherington	Cumb	4:42.49 ns
4 Emily Smith	Somer	4:43.31 es
5 Ruth Bourne	Kent	4:43.97 es
6 Katy Wood	NYork	4:44.86 es
7 Hollie Parker	Camb	4:47.13 es
8 Natalia Hackett	SYork	4:50.53 es
9 Ellie Hemming	Beds	4:54.70
10 Rebecca Howard	Hamp	5:00.49
11 Charlotte Cayton-Smith	Corn	5:06.91
Hannah Nuttall	Leics	dns

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**Junior Girls 100 metres**

ES: 12.80 NS: 12.60 BP: 11.58

**Round 1****Heat 1 (-1.7m/s)**

1 Remy Barrett	WMid	12.71 es
2 Vanessa La Fon	Surrey	12.72 es
3 Sarah Sanders	Derby	12.84
4 Bethany Close	Sussex	12.85
5 Emily Lambert	Suff	13.02
6 Rachel Shaw	Humb	13.05
7 Lucy Mulvain	Durham	13.46

**Heat 2 (-1.3m/s)**

1 Lukesha Morris	Berks	12.37 ns
2 Rachel Highfield	Cleve	12.83
3 Alice Howe	Lincs	12.89
4 Rachel Bell	Lincs	13.07
5 Dorica Santos	London	13.07
6 Enya Moore	Suff	13.12
7 Georgina Hook	Sussex	13.20
8 Hannah Jones	Mersey	13.20

**Heat 3 (-1.2m/s)**

1 Kate Wasyliw	WYork	12.53 ns
2 Daryll Neita	London	12.68 es
3 Amelia Benjamin	WMid	12.79 es
4 Naomi McIntosh	Manch	13.03
5 Stephanie O'Connor	Humb	13.17
6 Emma Wilson	Mersey	13.28
7 Laura Rigby	Chesh	13.29
= Robyn Foster	Notts	13.29

**Heat 4 (-1.5m/s)**

1 Holly Butt	Dorset	12.85
2 Anna Short	Sussex	12.85
3 Jessica Pointing	Berks	12.92
4 Yasmin Lakin	Herts	13.05
5 Ella Stephenson	Norf	13.17
6 Katy Johnson	Cumb	13.24
7 Rosie Court	Nland	13.31

**Round 2****Semi-final A (-1.2 (m/s)**

1 Kate Wasyliw	WYork	12.57 ns
2 Vanessa La Fon	Surrey	12.60 ns
3 Jessica Pointing	Berks	12.70 es
4 Remy Barrett	WMid	12.73 es
5 Sarah Sanders	Derby	12.73 es
6 Bethany Close	Sussex	12.96
7 Naomi McIntosh	Manch	13.01
8 Rachel Highfield	Cleve	13.07

**Semi-final B (-0.2 (m/s)**

1 Lukesha Morris	Berks	12.40 ns
2 Daryll Neita	London	12.62 es
3 Amelia Benjamin	WMid	12.75 es
4 Emily Lambert	Suff	12.88
5 Holly Butt	Dorset	12.90
6 Anna Short	Sussex	12.93
7 Alice Howe	Lincs	13.11
8 Rachel Shaw	Humb	13.23

**Final****(-1.4 (m/s)**

1 Lukesha Morris	Berks	12.26 ns
2 Kate Wasyliw	WYork	12.43 ns
3 Daryll Neita	London	12.45 ns
4 Vanessa La Fon	Surrey	12.59 ns
5 Jessica Pointing	Berks	12.62 es
6 Sarah Sanders	Derby	12.70 es
7 Amelia Benjamin	WMid	12.75 es
8 Remy Barrett	WMid	12.79 es

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**Junior Girls 200 metres**

ES: 26.40 NS: 25.70 BP: 23.60

**Round 1****Heat 1 (-1.4 (m/s)**

1 Maxine Meju	Lancs	25.48 ns
2 Shona Richards	Surrey	25.93 es
3 Rachel Osei-Tutu	Bucks	26.45
4 Emily Dutton	NYork	26.52
5 Zoe Carter	Hamp	26.82
Eliza Reid	Avon	dns

**Heat 2 (-1.1 (m/s)**

1 Dina Asher-Smith	Kent	24.93 ns
2 Molly Storey	Humb	25.93 es
3 Sally Wareing	Mersey	26.11 es
4 Sophie Spinner	Sussex	26.17 es
5 Charlotte Jones	Staff	26.63
6 Brianni-Grace Simmons	Hamp	26.75
7 Emma O'Connell	Manch	26.97

**Heat 3 (-1.5 (m/s)**

1 Sabrina Bakare	Beds	25.06 ns
2 Jordan Greenwood	Manch	25.94 es
3 Fleur Millership	Devon	26.11 es
4 Stephanie Addison	Durham	26.33 es
5 Rochelle Munroe-Graham	London	26.56
6 Lurenda Mudd	Glouc	26.67
7 Olivia Caesar	Bucks	26.84

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**Senior Boys 3000 metres**

ES: 8:36.00 NS: 8:33.00 BP: 8:10.50

**Final**

1 Richard Goodman	Midd	8:25.15 ns
2 Niall Flemming	Herts	8:27.01 ns
3 Jack Gray	WMid	8:30.64 ns
4 Sam Atkin	Humb	8:33.11 es
5 Ben Connor	Derby	8:38.27
6 Matt Bergin	Beds	8:38.54
7 Karl Billington	Lancs	8:38.72
8 Alex Dunbar	Suff	8:40.24
9 Josh Grace	Surrey	8:43.04
10 Paul Thompson	WMid	8:57.66
11 Daniel Woodgate	Beds	9:05.98
12 Chris Wright	Camb	9:11.31
13 Sam Stabler	Leics	

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**Senior Boys 110 metres Hurdles**

ES: 15.20 NS: 14.80 BP: 13.60

**Round 1****Heat 1 (-0.4 (m/s)**

1 James Gladman	Chesh	14.24 ns
2 Themba Luhana	Nhants	14.27 ns
3 Matthew Walcott	Surrey	14.40 ns
4 Ben Kelk	Camb	14.40 ns
5 Matthew Hewitt	Sussex	15.00 es
6 Daniel Miller	Herts	15.27
7 Ciaran Donnelly	WMid	15.59
8 Chris Brice	Leics	15.90

**Heat 2 (-0.7 (m/s)**

1 Jack Meredith	Mersey	13.79 ns
2 Alex Nwenwu	Shrop	14.40 ns
3 Joseph Hutchinson	Wilts	14.57 ns
4 Yanick Budd	Avon	14.67 ns
5 Isaac Ogunlade	Essex	14.76 ns
6 Alex Lee	Dorset	15.22
7 James Davies	Manch	15.23
8 Michael Feeney	Derby	15.23
9 Anthony Ekundau	Midd	15.60

**Final****(-0.6 (m/s)**

1 Jack Meredith	Mersey	13.69 ns
2 Matthew Walcott	Surrey	14.40 ns
3 Ben Kelk	Camb	14.41 ns
4 James Gladman	Chesh	14.42 ns
5 Themba Luhana	Nhants	14.48 ns
6 Joseph Hutchinson	Wilts	14.72 ns
7 Alex Nwenwu	Shrop	14.78 ns
8 Yanick Budd	Avon	14.87 es

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**Senior Boys 400 metres Hurdles**

ES: 56.20 NS: 55.00 BP: 51.50

**Round 1****Heat 1**

1 Ashley Fry	Berks	55.02 es
2 Leo Rice	Chls	55.71 es
3 Matthew Sumner	Devon	56.36
4 Simon Davies	Dorset	56.43
5 Joe Cox	Cleve	57.54

**Heat 2**

1 Ben Hopkins	Kent	55.01 es
2 Bertie Lewis	Berks	55.38 es
3 Ashley Hill	H&Wor	55.90 es
4 George Grainger	Sussex	56.25
5 Adam Sanson	Notts	57.26
6 Oliver Palmer	NYork	57.37

**Final**

1 Ashley Fry	Berks	53.29 ns
2 Matthew Sumner	Devon	53.95 ns
3 Ashley Hill	H&Wor	54.18 ns
4 Bertie Lewis	Berks	54.53 ns
5 George Grainger	Sussex	55.80 es
6 Leo Rice	Chls	55.88 es
7 Simon Davies	Dorset	55.89 es
8 Ben Hopkins	Kent	56.48

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**Senior Boys 2000 metres****Steeplechase**

ES: 6:07.00 NS: 6:03.00 BP: 5:38.20

**Final**

1 Charlie Maclean	Somer	5:45.39 ns
2 Harun Abdi	Essex	5:46.11 ns
3 James McCarthy	Sussex	5:51.29 ns
4 Will Gray	Sussex	6:11.74
5 James Senior	Norf	6:13.47
6 Frank Bailey	Dorset	6:15.64
7 Jamie Crompton	Manch	6:26.87
Ryan Worland	Manch	dq

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**Senior Boys 4x100 metres Relay**

ES: 44.50 NS: 43.50 BP: 41.28

**Round 1****Heat 1**

1 Essex	Essex	42.75 ns
2 North Yorkshire	NYork	44.17 es
3 Hampshire	Hamp	44.66
Greater Manchester	Manch	dnf
Middlesex	Midd	dnf
South Yorkshire	SYork	dns
Cleveland	Cleve	dns
Staffordshire	Staff	dns

**Heat 2**

1 Merseyside	Mersey	42.46 ns
2 West Yorkshire	WYork	43.76 es
3 Buckinghamshire	Bucks	44.29 es
4 Sussex	Sussex	45.29
London	London	dq
Cheshire	Chesh	dq
Derbyshire	Derby	dns
Wiltshire	Wilts	dns

**Final**

1 Merseyside	Mersey	42.32 ns
2 West Yorkshire	WYork	42.71 ns
3 North Yorkshire	NYork	42.85 ns
4 Hampshire	Hamp	43.29 ns
5 Buckinghamshire	Bucks	43.85 es
6 Sussex	Sussex	45.09
Essex	Essex	dnf

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**Senior Boys High Jump**

ES: 1.96 NS: 2.02 BP: 2.25

**Final**

1 Samuel Bailey	Essex	2.09 ns
2 Tom Gardner	Sussex	2.02 ns
3 Onajite Okoro	WMid	1.93
4 Haydn Brown-Williams	Devon	1.93
5 Jonny Hirst	Cumb	1.88
6 Mervyn Glover	Midd	1.88
7 Keno Mario Ghae	Hamp	1.88

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**Senior Boys Long Jump**

ES: 6.80 NS: 6.90 BP: 7.97

**Final**

1 James McLachlan	Norf	7.39 +0.1 ns
2 Craig Jones	Mersey	7.24 +1.6 ns
3 Declan Moore	WMid	6.99 +0.5 ns
4 Ogo Anochiriony	London	6.95 +1.5 ns
5 James Lelliott	Somer	6.94 +1.7 ns
6 David Harvey	Midd	6.90 -0.8 ns
7 Rio Bailey	Staff	6.90 +1.5 ns
8 Liam Ramsay	SYork	6.81 +1.1 es
9 Reece Davies	Chesh	6.78 +1.6
10 Lewis King	Essex	6.36 -0.0

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**Senior Boys Triple Jump**

ES: 13.90 NS: 14.40 BP: 16.22

**Final**

1 Babatunde Amosu	Surrey	15.74 +0.3 ns
2 Ben Williams	Staff	15.45 +0.0 ns
3 Julien Allwood	London	15.14 -0.8 ns
4 Joe Lawrence	Surrey	14.77 -0.3 ns
5 Jonathan Ilori	Suff	14.62 +1.0 ns
6 Nana Owusu-Nyantekyi	Berks	14.57 +0.0 ns
7 James Okeyemi	Midd	14.37 -0.8 es
8 Jonathan Sawyers	Berks	14.32 +0.5 es
9 Jose Martin-Fullerton	WMid	14.15 -0.1 es
10 Matthew Houlden	Lincs	14.14 -1.4 es
11 Sam Edwards	Shrop	14.11 +0.0 es
12 James Wright	Bucks	14.00 -0.4 es
13 Ben Porter	Nland	13.93 -0.6 es
14 Adrian Assinor	London	13.93 +0.0 es
15 Joshua Bones	Humb	13.92 +0.4 es
16 Ross Jeffs	Chls	13.74 +0.0
17 Tom French	Sussex	13.32 -0.3
18 Alex Taylor	Mersey	12.24 -0.6

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**Senior Boys Pole Vault**

ES: 4.10 NS: 4.40 BP: 5.16

**Final**

1 Ned Quiney	Surrey	5.00 ns
2 Aaron Kaye	Essex	4.90 ns
3 Jack Andrew	Manch	4.50 ns
4 Connell Macquisten	Wilts	4.40 ns
= Adam Carpenter	Dorset	4.40 ns
6 Jordan Henwood	Corn	4.30 es
7 Luke Bailey	Avon	4.30 es
8 Mark Longhurst	Kent	4.30 es
9 Richard Humby	Hamp	4.20 es
10 Declan O'Hara	Lancs	4.10 es
= Connor Winter	Herts	4.10 es
= Mark Cooper	Staff	4.10 es
= Tom Gibson	Wilts	4.10 es
14 Sam Brown	Sussex	4.10 es
15 Jake Brittain	Lincs	3.95

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**Senior Boys Shot**

ES: 13.00 NS: 14.10 BP: 20.64

**Final**

1 Anthony Oshodi	Essex	16.79 ns
2 Matthew Halton	Corn	15.61 ns
3 Temi Ladega	Surrey	15.16 ns
4 Scott Lincoln	Durham	15.09 ns
5 Oliver Kebble	London	14.06 es
6 Emmanuel Quarshie	Essex	14.01 es
7 Jamie Courtenay	Glouc	13.94 es
8 Tim Billings	Kent	13.28 es
9 Tom Peacock	Midd	13.04 es
10 Hugh Walton	Glouc	12.74
11 Oliver Wright	Devon	11.66
12 Josh Barard	Chesh	11.56

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**Senior Boys Discus**

ES: 40.00 NS: 44.00 BP: 59.72

**Final**

1 Lawrence Okoye	Surrey	61.87 bp
2 Zane Duquemin	Chls	57.92 ns
3 Gareth Winter	Glouc	51.10 ns
4 Adam Damadzic	H&Wor	50.02 ns
5 Kariym Irving	Surrey	49.71 ns
6 Najee Fox	Staff	49.22 ns
7 Jonathan Edwards	Camb	47.85 ns
8 Ryan Barrett	Surrey	47.06 ns

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9 Kane Humphrey	SYork	43.73 es
10 Craig Westerman	WYork	41.91 es
11 Matthew Gue	Sussex	40.59 es
12 Fred Young	Hamp	39.26
13 Robbie Pickering	NYork	37.64

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**Senior Boys Javelin**

ES: 53.00 NS: 57.00 BP: 72.89

**Final**

1 Joe Dunderdale	Lincs	62.60 ns
2 Matti Mortimer	Suff	60.97 ns
3 Richard Shuttleworth	Hamp	60.59 ns
4 Charlie Stocks	Leics	60.28 ns
5 Steven Turnock	Devon	58.59 ns
6 Sam Taylor-Outridge	Bucks	58.59 ns
7 James Brehaut	Chls	58.06 ns
8 Andrew Mimmack	Humb	54.58 es
9 Greg Millar	Notts	54.38 es
10 Harry Hollis	Leics	52.92
11 Bradley Burr	Essex	51.33
12 Jordan Carter	SYork	51.31
13 Paul Dowding	Suff	50.95

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**Senior Boys Hammer**

ES: 46.00 NS: 52.00 BP: 69.11

**Final**

1 Andrew Jordon	Surrey	66.77 ns
2 Nick Miller	Cumb	64.22 ns
3 Tim Williams	Glouc	63.29 ns
4 Andrew Elkins	Dorset	61.66 ns
5 Dempsey McGuigan	Midd	58.93 ns
6 Robert Dean	Staff	55.92 ns
7 Matthew Lasis	Sussex	55.02 ns
8 Adam Davies	Mersey	54.93 ns
9 Sam Ridgway	Bucks	54.73 ns
10 Ryan McDowell	Cumb	51.61 es
11 Craig Murch	Warks	51.21 es
12 Callum Moon	Hamp	49.99 es
13 Ben Daley	Cleve	47.38 es
14 Chad Rhodes	WMid	45.26
15 Matthew Norton	Avon	39.85

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