

**AVIVA SIAB TRACK AND FIELD INTERNATIONAL
ANTRIM : 18th July 2009**

Intermediate Boys 100

| | | | |
|----|-----------------------|----------|-------|
| 1 | David Bolarinwa | England | 10.78 |
| 2 | Omasirichukwu Anyanwu | England | 10.96 |
| 3 | Jamie Sexton | Wales | 11.10 |
| 4 | Jamal Whyte | Wales | 11.16 |
| 5= | Stuart Connor | Ireland | 11.20 |
| 5= | Patrick O'Connor | Ireland | 11.20 |
| 7 | Tom Holligan | Scotland | 11.37 |
| 8 | Zach Bryson | Scotland | 11.44 |

Intermediate Boys 200

| | | | |
|---|-----------------------|----------|-------|
| 1 | Jordan Arthur | England | 22.40 |
| 2 | Anthony Young | Scotland | 22.51 |
| 3 | Tom Cusworth | Wales | 22.66 |
| 4 | Stuart Connor | Ireland | 22.81 |
| 5 | Patrick O'Connor | Ireland | 22.83 |
| 6 | Jamal Whyte | Wales | 22.91 |
| 7 | Jordan Kirby-Polidore | England | 22.91 |
| 8 | Tom Holligan | Scotland | 23.15 |

Intermediate Boys 400

| | | | |
|---|-----------------|----------|-------|
| 1 | Greg Loudon | Scotland | 48.59 |
| 2 | Paul Bennett | Wales | 48.99 |
| 3 | Joseph Dowling | Ireland | 49.84 |
| 4 | Luke South | England | 50.42 |
| 5 | Evan Jenkins | Wales | 51.77 |
| 6 | Martyn Paterson | Scotland | 51.86 |
| 7 | Luke O'Keefe | Ireland | 52.66 |
| 8 | Thomas Bensted | England | 64.11 |

Intermediate Boys 800

| | | | |
|---|----------------|----------|---------|
| 1 | Mark English | Ireland | 1-58.90 |
| 2 | Tom Guy | England | 1-59.53 |
| 3 | Ben Aiken | England | 1-59.59 |
| 4 | Dean Cronin | Ireland | 1-59.60 |
| 5 | Charlie Hulson | Wales | 2-00.38 |
| 6 | Lee Wilson | Scotland | 2-00.90 |
| 7 | Tom Watson | Scotland | 2-04.30 |

Intermediate Boys 1500

| | | | |
|---|------------------|----------|---------|
| 1 | Luke Carroll | England | 3-56.81 |
| 2 | Ross Matheson | Scotland | 4-00.01 |
| 3 | Conor Robinson | England | 4-01.07 |
| 4 | Elliott Hardie | Wales | 4-04.84 |
| 5 | Patrick Monaghan | Ireland | 4-06.59 |
| 6 | Shane Fitzsimons | Ireland | 4-07.14 |
| 7 | Michael Overend | Scotland | 4-07.56 |
| 8 | James Roberts | Wales | 4-24.04 |

Intermediate Boys 3000

| | | | |
|---|-----------------|----------|---------|
| 1 | Tom Curr | England | 8-50.77 |
| 2 | Tadhg Grant | England | 8-56.73 |
| 3 | Andrew Dearie | Scotland | 8-59.16 |
| 4 | Alex Edwards | Wales | 9-01.77 |
| 5 | Tommy Casey | Ireland | 9-03.43 |
| 6 | Andrew Monaghan | Ireland | 9-14.35 |
| 7 | Matthew O'Leary | Wales | 9-18.70 |
| 8 | Chris Rennison | Scotland | 9-29.22 |

Intermediate Boys 100 hurdles

| | | | |
|---|------------------|----------|-------|
| 1 | Daniel Needham | England | 13.56 |
| 2 | Adam McBraida | England | 13.62 |
| 3 | Daniel Sharrem | Wales | 13.88 |
| 4 | Steven Colwell | Ireland | 13.93 |
| 5 | Paul Byrne | Ireland | 14.31 |
| 6 | Connor Henderson | Scotland | 14.80 |
| 7 | Oliver Jeffries | Wales | 14.96 |

Intermediate Boys 400 hurdles

| | | | |
|---|------------------|----------|-------|
| 1 | Ben Parkin | England | 54.40 |
| 2 | Ben Hopkins | England | 54.86 |
| 3 | Connor Henderson | Scotland | 55.86 |
| 4 | Paul Byrne | Ireland | 58.76 |
| 5 | Craig Ritchie | Scotland | 59.11 |
| 6 | Matthew Robinson | Ireland | 59.55 |
| 7 | Jacob Brennan | Wales | 59.89 |
| 8 | Josh Sanson | Wales | 60.27 |

Intermediate Boys 1500 Steeplechase

| | | | |
|---|----------------------|----------|---------|
| 1 | Jamie Crompton | England | 4-16.65 |
| 2 | Zak Seddon | England | 4-16.84 |
| 3 | Patrick Coleman | Ireland | 4-35.42 |
| 4 | Graham Evans | Scotland | 4-35.86 |
| 5 | Matthew Richards | Wales | 4-37.95 |
| 6 | David Banwell-Chlode | Wales | 4-37.99 |
| 7 | Daniel Crangle | Ireland | 4-47.50 |
| 8 | Luke Traynor | Scotland | 4-47.68 |

Intermediate Boys 3000 metres walk

| | | | |
|---|----------------|---------|----------|
| 1 | James Treanor | Ireland | 14-00.61 |
| 2 | Oisin Oliver | Ireland | 14-07.54 |
| 3 | Jonathan Hobbs | England | 14-59.06 |
| 4 | Maks Orzel | England | 15-26.18 |

Intermediate Boys 4 x 100 Relay

| | | |
|---|----------|-------|
| 1 | England | 43.16 |
| 2 | Wales | 43.75 |
| 3 | Ireland | 44.48 |
| 4 | Scotland | 44.71 |

Intermediate Boys 4 x 400 Relay

| | | |
|---|----------|---------|
| 1 | Scotland | 3-21.16 |
| 2 | England | 3-22.98 |
| 3 | Wales | 3-28.00 |
| 4 | Ireland | 3-30.38 |

Intermediate Boys Long Jump

| | | | |
|---|-----------------|----------|------|
| 1 | Kyle Henderson | Scotland | 6.79 |
| 2 | James Davies | England | 6.75 |
| 3 | Elliott Safo | England | 6.69 |
| 4 | Simon Doyle | Ireland | 6.52 |
| 5 | Matthew Kerr | Scotland | 6.09 |
| 6 | Simon Callaghan | Ireland | 6.06 |
| 7 | Michael Payne | Wales | 6.04 |
| 8 | Tom Cusworth | Wales | 5.86 |

Intermediate Boys High Jump

| | | | |
|---|----------------|----------|------|
| 1 | Kyle Henderson | Scotland | 1.94 |
| 2 | Billy Falconer | England | 1.91 |
| 3 | Jordan Roach | England | 1.91 |
| 4 | Fraser Weir | Scotland | 1.88 |
| 5 | Adam Davies | Wales | 1.85 |
| 6 | Stephen Guest | Wales | 1.85 |
| 7 | Shane O'Dwyer | Ireland | 1.85 |
| 8 | Conor Daly | Ireland | 1.70 |

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Intermediate Boys Triple Jump

| | | | |
|---|----------------|----------|-------|
| 1 | Julien Allwood | England | 14.45 |
| 2 | Joshua Bones | England | 13.51 |
| 3 | Ben McGilligan | Ireland | 12.78 |
| 4 | Sam Lyon | Scotland | 12.77 |
| 5 | Rhys Williams | Wales | 12.57 |
| 6 | Matthew Kerr | Scotland | 12.56 |
| 7 | Ashley Jones | Wales | 12.24 |
| 8 | Conor Daly | Ireland | 11.45 |

Overall

| | | |
|---|----------|-------|
| 1 | England | 494.5 |
| 2 | Ireland | 293 |
| 3 | Scotland | 269 |
| 4 | Wales | 262.5 |

Intermediate Boys Pole Vault

| | | | |
|----|-------------------|----------|------|
| 1 | Jax Thoirs | Scotland | 4.40 |
| 2= | Lewis Newton | Wales | 4.30 |
| 2= | Aaron Kaye | England | 4.30 |
| 4 | Daniel Gardener | England | 4.20 |
| 5 | Emyr Jones | Wales | 3.80 |
| 6 | Patrick O'Donnell | Scotland | 3.40 |
| 7= | Kevin Baker | Ireland | 3.20 |
| 7= | Jonathan Foley | Ireland | 3.20 |

Intermediate Boys Shot

| | | | |
|---|-------------------|----------|-------|
| 1 | Matthew Halton | England | 17.09 |
| 2 | Tom Peacock | England | 15.34 |
| 3 | Marco Pons | Ireland | 14.77 |
| 4 | Michael Downie | Scotland | 14.69 |
| 5 | Andrew McLaughlin | Scotland | 14.50 |
| 6 | Rheon James | Wales | 14.38 |
| 7 | Patrick McSweeney | Ireland | 13.95 |
| 8 | Josh Bussell | Wales | 13.59 |

Intermediate Boys Discus

| | | | |
|---|------------------|----------|-------|
| 1 | Liam Biddlecombe | England | 52.41 |
| 2 | Marco Pons | Ireland | 48.45 |
| 3 | Jake Armstrong | England | 45.82 |
| 4 | Gareth Irvine | Ireland | 45.31 |
| 5 | Chris Barnes | Scotland | 39.68 |
| 6 | Rheon James | Wales | 38.11 |
| 7 | Lewis Griffiths | Wales | 36.94 |
| 8 | David Colthart | Scotland | 36.85 |

Intermediate Boys Javelin

| | | | |
|---|-----------------|----------|-------|
| 1 | Jon Llewelyn | Wales | 62.32 |
| 2 | Steven Tunock | England | 58.60 |
| 3 | Jackson Curtis | England | 56.74 |
| 4 | Matthew Martin | Ireland | 54.49 |
| 5 | Jaco Oosthuysen | Ireland | 49.05 |
| 6 | Thomas Morgan | Wales | 48.42 |
| 7 | Jordan Morrison | Scotland | 47.08 |
| 8 | Michael Downie | Scotland | 46.14 |

Intermediate Boys Hammer

| | | | |
|---|------------------|----------|-------|
| 1 | Matthew Lassis | England | 62.23 |
| 2 | Sam Ridgway | England | 58.15 |
| 3 | James McCabe | Ireland | 57.72 |
| 4 | Ross McManus | Scotland | 56.98 |
| 5 | Osian Jones | Wales | 55.48 |
| 6 | Nicky Stone | Scotland | 51.43 |
| 7 | Caimin Dunne | Ireland | 48.30 |
| 8 | Jonathan Stowell | Wales | 37.74 |

Intermediate Boys Team

| | | |
|---|----------|-------|
| 1 | England | 252.5 |
| 2 | Ireland | 155.0 |
| 3 | Scotland | 141.0 |
| 4 | Wales | 127.5 |

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Intermediate Girls 100

| | | | |
|---|-----------------|----------|-------|
| 1 | Sarah Lavin | Ireland | 12.03 |
| 2 | Rachel Johncock | Wales | 12.12 |
| 3 | Mica Moore | Wales | 12.26 |
| 4 | Makeda Lewis | England | 12.26 |
| 5 | Bianca Williams | England | 12.32 |
| 6 | Caroline George | Scotland | 12.39 |
| 7 | Sarah Murray | Ireland | 12.45 |
| 8 | Chloe Lambert | Scotland | 12.66 |

Intermediate Girls 200

| | | | |
|---|---------------------|----------|-------|
| 1 | Sarah Lavin | Ireland | 24.82 |
| 2 | Annie Jill Tagoe | England | 25.16 |
| 3 | Funto Fabunmi-Alade | England | 25.25 |
| 4 | Mica Moore | Wales | 25.36 |
| 5 | Hannah Thomas | Wales | 25.48 |
| 6 | Caroline George | Scotland | 25.84 |
| 7 | Chloe Lambert | Scotland | 25.88 |
| 8 | Sarah Murray | Ireland | 26.20 |

Intermediate Girls 300

| | | | |
|---|-------------------|----------|-------|
| 1 | Amy Allcock | England | 39.08 |
| 2 | Bethany Finlayson | Scotland | 40.23 |
| 3 | Leah Barrow | England | 40.36 |
| 4 | Diane Ramsey | Scotland | 40.82 |
| 5 | Samantha Cogan | Wales | 41.09 |
| 6 | Tara Hession | Ireland | 42.27 |
| 7 | Christine Neville | Ireland | 42.70 |
| 8 | Chloe Jones | Wales | 43.04 |

Intermediate Girls 800

| | | | |
|---|----------------|----------|---------|
| 1 | Katie Snowden | England | 2-08.18 |
| 2 | Sarah Kelly | Scotland | 2-09.09 |
| 3 | Georgina Bell | England | 2-10.58 |
| 4 | Emily Dudgeon | Scotland | 2-10.79 |
| 5 | Lauren Bell | Wales | 2-13.55 |
| 6 | Katie Kirk | Ireland | 2-16.39 |
| 7 | Amy O'Donoghue | Ireland | 2-16.78 |
| 8 | Jemima Osborn | Wales | 2-17.36 |

Intermediate Girls 1500

| | | | |
|---|------------------------|----------|---------|
| 1 | Georgia Peel | England | 4-26.96 |
| 2 | Katie Holt | England | 4-35.47 |
| 3 | Hollie Young | Scotland | 4-39.16 |
| 4 | Mary Mulhare | Ireland | 4-43.28 |
| 5 | Louisa Stewart | Scotland | 4-43.32 |
| 6 | Hywelis Thomas-Howells | Wales | 4-46.51 |
| 7 | Lorna Fitzpatrick | Ireland | 4-53.58 |
| 8 | Elysia Pearson | Wales | 4-53.67 |

Intermediate Girls 3000

| | | | |
|---|-----------------|----------|----------|
| 1 | Emilia Gorecka | England | 9-34.17 |
| 2 | Ruth Haynes | England | 9-53.14 |
| 3 | Natasha Cockram | Wales | 10-02.71 |
| 4 | Emma Mitchell | Ireland | 10-08.41 |
| 5 | Zoe Thomas | Wales | 10-11.36 |
| 6 | Kathryn Pennell | Scotland | 10-20.39 |
| 7 | Niamh Kearney | Ireland | 10-41.65 |
| 8 | Katie Bristow | Scotland | 10-59.34 |

Intermediate Girls 80 hurdles

| | | | |
|---|---------------------|----------|-------|
| 1 | Grace Christopher | England | 11.46 |
| 2 | Becky Curtis-Harris | England | 11.53 |
| 3 | Catrin Stone | Wales | 11.64 |
| 4 | Emma Brown | Scotland | 11.67 |
| 5 | Stacey Collins | Wales | 12.03 |
| 6 | Laura Langton | Ireland | 12.05 |
| 7 | Hazel Ross | Scotland | 12.23 |
| 8 | Chloe Fahy | Ireland | 12.28 |

Intermediate Girls 300 hurdles

| | | | |
|---|-----------------------|----------|-------|
| 1 | Charlotte Bowling | England | 44.30 |
| 2 | Megan Rogers | Wales | 44.35 |
| 3 | Gabriella Abe-onojobi | England | 44.73 |
| 4 | Megan Kiely | Ireland | 45.02 |
| 5 | Ailbhe Courtney | Ireland | 45.19 |
| 6 | Katie Lewis | Wales | 46.21 |
| 7 | Helena Rees | Scotland | 47.08 |
| 8 | Hazel Ross | Scotland | 49.43 |

Intermediate Girls 3000 Walk

| | | | |
|---|-----------------|---------|----------|
| 1 | Kate Veale | Ireland | 13-09.02 |
| 2 | Emma Prindibhil | Ireland | 14-28.76 |
| 3 | Kelsey Howard | England | 15-09.85 |
| 4 | Lauren Whelan | England | 15-44.66 |
| 5 | Heather Lewis | Wales | 15-59.60 |

Intermediate Girls 4 x 100 Relay

| | | |
|---|----------|-------|
| 1 | Ireland | 47.56 |
| 2 | England | 47.69 |
| 3 | Wales | 47.88 |
| 4 | Scotland | 48.46 |

Intermediate Girls 4 x 300 Relay

| | | |
|---|----------|---------|
| 1 | England | 2-42.58 |
| 2 | Wales | 2-46.87 |
| 3 | Scotland | 2-47.99 |
| 4 | Ireland | 2-48.43 |

Intermediate Girls Long Jump

| | | | |
|---|-----------------|----------|------|
| 1 | Anrea Gaffney | Scotland | 5.66 |
| 2 | Emma Buckett | England | 5.59 |
| 3 | Faye Nicholson | Scotland | 5.43 |
| 4 | Catrin Stone | Wales | 5.34 |
| 5 | Amelia Richards | England | 5.26 |
| 6 | Rachel Healy | Ireland | 5.19 |
| 7 | Sara Otung | Wales | 5.15 |
| 8 | Heather Carson | Ireland | 4.60 |

Intermediate Girls High Jump

| | | | |
|---|-------------------|----------|------|
| 1 | Hannah Frith | England | 1.70 |
| 2 | Sian Swanson | Wales | 1.67 |
| 3 | Ffion Bodilly | Wales | 1.67 |
| 4 | Ellie Workman | Scotland | 1.67 |
| 5 | Caoimhe Basquille | Ireland | 1.67 |
| 6 | Marilyn Nwawulor | England | 1.61 |
| 7 | Rachel Whittle | Scotland | 1.61 |
| 8 | Emily Rogers | Ireland | 1.61 |

Intermediate Girls Triple Jump

| | | | |
|---|------------------|----------|-------|
| 1 | Andrea Gaffney | Scotland | 11.45 |
| 2 | Montana Jackson | England | 11.35 |
| 3 | Ahtollah Rose | England | 11.32 |
| 4 | Loise Anderson | Scotland | 10.93 |
| 5 | Sarah Buggy | Ireland | 10.86 |
| 6 | Megan O'Sullivan | Wales | 10.77 |
| 7 | Katie Dickson | Ireland | 10.73 |
| 8 | Amy Bradley | Wales | 10.55 |

Intermediate Girls Pole Vault

| | | | |
|---|----------------|----------|------|
| 1 | Ellie Besford | England | 3.45 |
| 2 | Lucy Stickland | England | 3.45 |
| 3 | Rebecca Davies | Wales | 3.15 |
| 4 | Lisa Houlihan | Ireland | 2.85 |
| 5 | Dee Welsh | Scotland | 2.70 |
| 6 | Lucy Dugan | Ireland | 2.50 |
| 7 | Sophie Milne | Scotland | 2.30 |

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Intermediate Girls Shot

| | | | |
|---|------------------|----------|-------|
| 1 | Sophie Mckinna | England | 12.17 |
| 2 | Sabine Efiannayi | England | 11.93 |
| 3 | Kirsty Yates | Scotland | 11.62 |
| 4 | Rachel Hunter | Scotland | 10.57 |
| 5 | Ailish Sheehan | Ireland | 10.29 |
| 6 | Lucy Griffiths | Wales | 9.97 |
| 7 | Tracy Bradfield | Ireland | 9.86 |
| 8 | Jasmin Seale | Wales | 8.91 |

Intermediate Girls Discus

| | | | |
|---|--------------------|----------|-------|
| 1 | Kathryn Rothwell | England | 40.67 |
| 2 | Samantha Milner | England | 39.84 |
| 3 | Zoe Scanlon | Ireland | 36.75 |
| 4 | Nicky McMurtrie | Scotland | 34.06 |
| 5 | Toni Wells | Wales | 33.05 |
| 6 | Kathy Hetherington | Ireland | 29.90 |
| 7 | Trudy Williams | Wales | 29.15 |
| 8 | Rachel Hunter | Scotland | 28.93 |

Intermediate Girls Javelin

| | | | |
|---|------------------|----------|-------|
| 1 | Freya Jones | England | 46.61 |
| 2 | Danielle Bentley | England | 43.20 |
| 3 | Ailish Sheehan | Ireland | 34.30 |
| 4 | Nicky McMurtrie | Scotland | 32.93 |
| 5 | Mary Moynihan | Ireland | 32.17 |
| 6 | Zoe Priestley | Wales | 32.14 |
| 7 | Amy Tidball | Wales | 28.53 |

Intermediate Girls Hammer

| | | | |
|---|---------------------|----------|-------|
| 1 | Toni Wells | Wales | 51.53 |
| 2 | Louisa James | England | 49.10 |
| 3 | Katy Barnard | England | 48.46 |
| 4 | Charlotte O'Farrell | Ireland | 45.45 |
| 5 | Grainne Miggan | Ireland | 38.87 |
| 6 | Kate Turnbull | Scotland | 34.93 |
| 7 | Hannah Greenslade | Wales | 31.02 |

Intermediate Girls Team

| | | |
|---|----------|-------|
| 1 | England | 242.0 |
| 2 | Ireland | 138.0 |
| 3 | Wales | 135.0 |
| 4 | Scotland | 128.0 |