

Aviva English Schools' Track & Field Championships

ESAA

**Sheffield
Don Valley
Stadium**

10th & 11th July 2009

Joe Lee Computing
www.joelee.co.uk



RESULTS

15 Warwickshire 1.00

**Senior Girls : group A
Joan Hayward Cup**

1 Hertfordshire 73.00
2 Essex 41.00
3 Surrey 32.00
4 Lancashire 31.00
4 West Yorkshire 31.00
6 London 29.00
6 Middlesex 29.00
8 Hampshire 26.50
9 Kent 26.00
10 Merseyside 19.00
11 Sussex 10.00
12 West Midlands 9.00
13 Greater Manchester 1.00

**Senior Girls : group B
Rotary (Northwich) Cup**

1 Staffordshire 57.00
2 Devon 51.00
3 Derbyshire 38.00
4 Leicestershire & Rutland 30.00
5 Buckinghamshire 29.00
6 Humberside 28.00
7 Avon 23.00
8 Northumberland 19.00
9 South Yorkshire 17.00
10 Cheshire 16.00
11 Durham 13.00
12 Berkshire 12.00
13 North Yorkshire 10.00
13 Nottinghamshire 10.00
15 Hereford & Worcestershire 6.00
16 Suffolk 1.00

**Senior Girls : group C
C.F. Gosling Trophy**

1 Cleveland 18.00
2 Somerset 16.50
3 Dorset 13.00
4 Warwickshire 12.00
5 Cambridgeshire 10.00
5 Wiltshire 10.00
7 Bedfordshire & Luton 9.00
8 Gloucestershire 8.00
8 Channel Islands 8.00
10 Lincolnshire 7.00
11 Northamptonshire 4.00
12 Cornwall 3.00
12 Oxfordshire 3.00
12 Shropshire 3.00

Aggregate Totals

Group A - Broadbridge Trophy

1 Essex 316.00
2 Surrey 310.00
3 Middlesex 258.50
4 West Midlands 245.00
5 Hertfordshire 242.00
6 London 228.00
7 Kent 185.00
8 Hampshire 173.00
9 West Yorkshire 159.00
10 Greater Manchester 132.00
11 Lancashire 123.00
11 Sussex 123.00
13 Merseyside 93.00

Group B - Bradford Cup

1 Derbyshire 129.50
2 Staffordshire 128.00
3 Buckinghamshire 115.00
4 Devon 111.00
5 Humberside 110.00
6 Nottinghamshire 105.00
7 South Yorkshire 101.00
8 Cheshire 96.00
9 Avon 84.50
10 Berkshire 83.50
11 Suffolk 75.00
12 Leicestershire & Rutland 69.00
13 Hereford & Worcestershire 61.00
14 North Yorkshire 53.00
15 Northumberland 44.00
16 Durham 33.00

Group C - Tonkin Cup

1 Norfolk 113.00
2 Bedfordshire & Luton 105.00
3 Gloucestershire 93.00
4 Dorset 89.50
5 Somerset 85.50
6 Cambridgeshire 73.00
7 Northamptonshire 57.00
8 Lincolnshire 56.00
9 Oxfordshire 55.50
10 Wiltshire 53.00
11 Cleveland 46.00
12 Cornwall 44.00
13 Cumbria 43.00
14 Shropshire 38.00
15 Warwickshire 37.50
39 16 Channel Islands 37.00

**Junior Girls : group A
Championship Shield**

1 West Yorkshire	49.00
2 West Midlands	43.50
3 Hertfordshire	33.00
4 Lancashire	31.00
5 Kent	29.00
6 Essex	28.00
7 Merseyside	26.00
8 Hampshire	24.50
9 Middlesex	18.00
9 Sussex	18.00
11 Surrey	17.00
12 Greater Manchester	12.00
12 London	12.00

**Junior Girls : group B
Forrester Trophy**

1 Hereford & Worcestershire	18.00
1 Nottinghamshire	18.00
3 Berkshire	15.00
4 Buckinghamshire	12.00
4 Derbyshire	12.00
6 Devon	10.00
6 Staffordshire	10.00
8 Suffolk	8.00
9 Cheshire	7.00
9 Humberside	7.00
11 North Yorkshire	5.00
12 Avon	4.50
13 South Yorkshire	4.00

**Junior Girls : group C
A.F. Joseph Trophy**

1 Norfolk	30.00
2 Dorset	15.00
3 Oxfordshire	13.50
4 Wiltshire	12.00
5 Cornwall	11.00
6 Channel Islands	9.00
7 Northamptonshire	8.00
8 Bedfordshire & Luton	7.00
8 Cumbria	7.00
8 Gloucestershire	7.00
11 Warwickshire	5.00
12 Lincolnshire	3.00
13 Cambridgeshire	1.00
13 Cleveland	1.00
13 Shropshire	1.00

**Inter Girls : group A
Hendon Business Men's Trophy**

1 Surrey	66.00
2 Hampshire	62.00
3 Middlesex	60.00
4 Essex	46.00
5 London	45.00
6 West Yorkshire	38.00
7 Greater Manchester	35.00
7 West Midlands	35.00
9 Kent	30.00
9 Sussex	30.00
11 Hertfordshire	23.00
12 Lancashire	18.00
13 Merseyside	8.00

**Inter Girls : group B
Goodwill Cup**

1 Buckinghamshire	27.00
1 Derbyshire	27.00
1 Suffolk	27.00
4 Cheshire	23.00
4 South Yorkshire	23.00
6 Staffordshire	21.00
7 Humberside	20.00
8 Berkshire	15.00
9 Avon	14.00
10 Nottinghamshire	12.00
11 Leicestershire & Rutland	10.00
12 Hereford & Worcestershire	7.00
13 Devon	4.00
14 Durham	3.00
15 Northumberland	2.00
15 North Yorkshire	2.00

**Inter Girls : group C
Buckinghamshire Cup**

1 Bedfordshire & Luton	22.00
2 Norfolk	19.00
2 Northamptonshire	19.00
4 Somerset	15.00
5 Cumbria	14.00
5 Gloucestershire	14.00
7 Lincolnshire	13.00
8 Oxfordshire	11.00
9 Channel Islands	10.00
10 Dorset	9.00
11 Cleveland	6.00
12 Shropshire	5.00
12 Wiltshire	5.00
14 Cambridgeshire	3.00
15 Cornwall	1.00

Junior Boys 100 metres

ES: 11.80 NS: 11.40 BP: 10.93

Round 1**Heat 1 (+1.0m/s)**

1 Anthony Jeffrey	Midd	11.42 es
2 Ibrahim Abdul-Karim	London	11.64 es
3 Paul Wilkinson	Devon	11.68 es
4 Prince Richman	Herts	11.70 es
5 Rhys Garricks	Durham	11.74 es
6 Marcus Hastings	SYork	11.88
7 Michael Tapa	Mersey	11.88
8 Jordan Hadley	Bucks	12.79

Heat 2

1 Jamie Wilkes	WMid	11.34 ns
2 Ryan O'Sullivan	Essex	11.46 es
3 Anton Daly	London	11.53 es
4 Adam Burley	Staff	11.71 es
5 Ayrton Aldridge	NYork	11.81
6 Lewis Burges	Devon	12.09
7 Ian Shevlin	Nland	12.16
Withdrawn	WYork	dns

Heat 3 (+1.9m/s)

1 David Pratt	Surrey	11.31 ns
2 Finn Nightingale	London	11.38 ns
3 Breno Duarte Morrall	Hamp	11.52 es
4 Oliver Haines	Avon	11.58 es
5 Craig Dummer	Sussex	11.58 es
6 Tom Fuller	Lancs	11.89
7 Jack Greenwell	Durham	11.91
Jack Nardello	WMid	dq

Final

(+0.6m/s)

1 Jamie Wilkes	WMid	11.34 ns
2 Ryan O'Sullivan	Essex	11.38 ns
3 Anthony Jeffrey	Midd	11.42 es
4 David Pratt	Surrey	11.43 es
5 Anton Daly	London	11.43 es
6 Breno Duarte Morrall	Hamp	11.44 es
7 Finn Nightingale	London	11.50 es
8 Ibrahim Abdul-Karim	London	11.52 es

Junior Boys 200 metres

ES: 24.20 NS: 23.40 BP: 22.03

Round 1**Heat 1 (+2.3m/s)**

1 Alexander Kiwomya	SYork	22.66 ns
2 Andrew Criuckshank	Derby	23.54 es
3 Will Valentine	Manch	23.70 es
4 Elliot Francis	Leics	23.70 es
5 Brett Adamson	Mersey	24.08 es
6 Taj Johnson	London	24.26
7 David Dowden	Hamp	24.26

Heat 2 (+1.9m/s)

1 Nathan Hanson	London	22.85 ns
2 Michael Baatz	Berks	23.19 ns
3 Elliot Prendergast	Avon	23.64 es
4 Jake Berney	Camb	24.08 es
5 Babatunde Adelekan	Midd	24.18 es
6 Joe Jones	Mersey	24.39
Withdrawn	WYork	dns

Heat 3 (+2.3m/s)

1 Josh Atille	Surrey	22.78 ns
2 Dean Gardikiotis	Durham	23.36 ns
3 Zack Kibirigie	Cleve	23.60 es
4 Geovaughen Burey	Avon	23.74 es
5 Nicholas Freer	H&Wor	23.85 es
6 Kacey Garraway	Glouc	23.97 es
7 Jordan Dorrian	Oxford	24.67

Heat 4 (+1.3m/s)

1 Josh Platt	Chesh	22.97 ns
2 Callum Roughneen	Manch	23.20 ns
3 Ashley Langton	SYork	23.70 es
4 Tom Williams	Mersey	23.77 es
5 Luke Hasted	Devon	23.85 es
6 Alex Dore	H&Wor	24.02 es
7 Declan Leach	Hamp	24.20 es

Round 2**Semi-final A (-0.8m/s)**

1 Nathan Hanson	London	22.99 ns
2 Josh Atille	Surrey	23.04 ns
3 Callum Roughneen	Manch	23.26 ns
4 Dean Gardikiotis	Durham	23.65 es
5 Tom Williams	Mersey	23.97 es
6 Ashley Langton	SYork	23.99 es
7 Elliot Prendergast	Avon	24.06 es
Elliot Francis	Leics	dns

Semi-final B (+0.9m/s)

1 Alexander Kiwomya	SYork	22.91 ns
2 Josh Platt	Chesh	23.36 ns
3 Michael Baatz	Berks	23.37 ns
4 Geovaughen Burey	Avon	23.65 es
5 Andrew Criuckshank	Derby	23.72 es
6 Will Valentine	Manch	23.79 es
7 Luke Hasted	Devon	24.16 es
8 Zack Kibirigie	Cleve	24.25

Final

(-0.1m/s)		
1 Alexander Kiwomya	SYork	22.66 ns
2 Nathan Hanson	London	22.78 ns
3 Josh Atille	Surrey	22.86 ns
4 Callum Roughneen	Manch	22.92 ns
5 Josh Platt	Chesh	23.14 ns
6 Michael Baatz	Berks	23.47 es
7 Dean Gardikiotis	Durham	23.57 es
8 Geovaughen Burey	Avon	23.71 es

Junior Boys 400 metres

ES: 54.50 NS: 52.60 BP: 49.98

Round 1**Heat 1**

1 Matthew Hudson-Smith	WMid	52.09 ns
2 Daniel Heald	Manch	52.20 ns
3 Tobi Sho-Silva	Kent	52.33 ns
4 Joe Sassi	Notts	54.07 es
5 Scott Kippin	Durham	54.33 es
6 Theo Raynbird	Surrey	55.67

Heat 2

1 Clovis Asong	Manch	51.81 ns
2 Scott Edwards	Derby	53.04 es
3 Andrew Williams	Mersey	53.42 es
4 Fraser Ryan	Nhants	53.68 es
5 Matthew Constable	Suff	54.21 es
6 Charlie Scott	Glouc	54.27 es
7 Jacob Henton	WYork	54.94

Heat 3

1 Jordan Bransberg	WYork	52.19 ns
2 Ryan Tanswell	Hamp	52.53 ns
3 Rupert Powell	Suff	52.84 es
4 Daniel Kelland	Devon	52.98 es
5 Sam Lamb	Lancs	53.24 es
6 Iuri Figueiredo	Essex	53.97 es
7 Tom Andrews	Durham	54.56

Heat 4

1 George Munt	Surrey	53.01 es
2 Adriano Ritchie	Warks	53.04 es
3 Rhys Brown	Wilts	53.08 es
4 Joshua Speed	Berks	53.08 es
5 Matty Mayne	Staff	54.19 es
6 Andrew Scull	Glouc	54.45 es
7 Andrew Desmond	Mersey	54.70

Heat 5

1 Joel McNeill	Herts	51.87 ns
2 Omari Carr-Miller	Surrey	52.21 ns
3 Toby Rottner	Sussex	53.33 es
4 Ryan Skipp	Norf	53.51 es
5 Jacob Weir	Lancs	54.20 es
6 Tom Ellicker	Durham	54.49 es
7 Scott Atkinson	WYork	54.58

Round 2**Semi-final A**

1 Clovis Asong	Manch	51.70 ns
2 Jordan Bransberg	WYork	51.91 ns
3 George Munt	Surrey	53.28 es
4 Rupert Powell	Suff	53.38 es
5 Scott Edwards	Derby	53.46 es
6 Ryan Tanswell	Hamp	54.08 es
7 Daniel Kelland	Devon	54.70
8 Sam Lamb	Lancs	54.78

Semi-final B

1 Matthew Hudson-Smith	WMid	52.26 ns
2 Omari Carr-Miller	Surrey	52.28 ns
3 Tobi Sho-Silva	Kent	52.67 es
4 Daniel Heald	Manch	52.69 es
5 Joel McNeill	Herts	53.11 es
6 Adriano Ritchie	Warks	54.90
7 Rhys Brown	Wilts	55.42
Joshua Speed	Berks	dns

Final

1 Clovis Asong	Manch	48.86 bp
2 Omari Carr-Miller	Surrey	50.20 ns
3 Daniel Heald	Manch	50.62 ns
4 Joel McNeill	Herts	51.20 ns
5 Tobi Sho-Silva	Kent	51.45 ns
6 Jordan Bransberg	WYork	51.54 ns
7 George Munt	Surrey	51.78 ns
Matthew Hudson-Smith	WMid	dnf

**Inter Boys : group A
Hendon Council Trophy**

1 Essex	78.00
2 Middlesex	70.50
3 West Midlands	61.50
4 Surrey	56.00
5 London	53.00
6 Kent	44.00
7 Hampshire	24.00
7 Lancashire	24.00
9 Sussex	23.00
10 Greater Manchester	22.00
11 West Yorkshire	21.00
12 Hertfordshire	17.00
13 Merseyside	14.00

**Inter Boys : group B
Goodwill Cup**

1 Buckinghamshire	26.00
2 Berkshire	25.50
3 Staffordshire	23.00
4 Derbyshire	22.50
5 Humberside	22.00
6 North Yorkshire	21.00
7 Avon	18.00
7 Hereford & Worcestershire	18.00
9 Cheshire	17.00
10 South Yorkshire	15.00
11 Suffolk	14.00
12 Devon	13.00
13 Durham	2.00
13 Leicestershire & Rutland	2.00
13 Nottinghamshire	2.00

**Inter Boys : group C
Rotary (Slough) Shield**

1 Dorset	39.50
2 Somerset	39.00
3 Gloucestershire	25.00
4 Oxfordshire	24.00
5 Cornwall	19.00
6 Cambridgeshire	17.00
7 Lincolnshire	14.00
8 Cumbria	12.00
9 Northamptonshire	11.00
10 Wiltshire	8.00
11 Warwickshire	6.50
12 Cleveland	6.00
13 Bedfordshire & Luton	3.00
13 Norfolk	3.00
15 Shropshire	2.00

**Senior Boys : group A
E.W. Haley Trophy**

1 Essex	84.00
2 Surrey	72.00
3 London	49.00
4 Middlesex	46.00
5 West Midlands	42.00
6 Sussex	37.00
7 Hertfordshire	32.00
8 Greater Manchester	18.00
8 Kent	18.00
10 Merseyside	17.00
11 Lancashire	16.00
12 West Yorkshire	15.00
13 Hampshire	12.00

**Senior Boys : group B
Cheshire Trophy**

1 Nottinghamshire	39.00
2 South Yorkshire	22.00
3 Northumberland	21.00
4 Cheshire	20.00
5 Humberside	18.00
6 Buckinghamshire	16.00
7 Leicestershire & Rutland	15.00
8 Avon	14.00
9 Suffolk	13.00
10 Devon	11.00
11 Berkshire	9.00
12 Durham	8.00
12 North Yorkshire	8.00
14 Hereford & Worcestershire	7.00
15 Derbyshire	5.00
16 Staffordshire	3.00

**Senior Boys : group C
Ernest Champion Trophy**

1 Bedfordshire & Luton	47.00
2 Gloucestershire	32.00
3 Norfolk	22.00
4 Cleveland	14.00
5 Northamptonshire	11.00
6 Cornwall	10.00
6 Cumbria	10.00
6 Shropshire	10.00
6 Channel Islands	10.00
10 Cambridgeshire	8.00
10 Wiltshire	8.00
12 Somerset	7.00
12 Warwickshire	7.00
14 Dorset	5.00
15 Lincolnshire	1.00

Senior Girls Javelin

ES: 37.00 NS: 40.00 BP: 47.73

Final

1	Jemma Tewkesbury	Dorset	41.87	ns
2	Charlotte Gimson	WMid	41.48	ns
3	Katie Grehan	Herts	41.38	ns
4	Sarah-Anne de Kremer	Leics	39.00	es
5	Alexandra Turbitt	Durham	38.76	es
6	Samantha Cullinane	Nhants	37.88	es
7	Kelly Pagdin	SYork	37.12	es
8	Katy Sealy	Suff	34.79	
9	Sheri Whiting	Sussex	31.50	

Senior Girls Hammer

ES: 37.00 NS: 43.00 BP: 52.76

Final

1	Sophie Hitchon	Lancs	61.65	bp
2	Sarah Smith	Camb	50.12	ns
3	Kate Yhnell	Glouc	45.70	ns
4	Helen Broadbridge	Berks	45.58	ns
5	Sadie Watts	Bucks	44.07	ns
6	Nasya Harvey	Surrey	42.80	es
7	Jenna Winson	Derby	41.51	es
8	Stephanie Hendy	Lincs	39.35	es
9	Coral Stewart	Berks	37.90	es
10	Suzanne Woodward	Mersey	37.80	es
11	Adanna Okehialam	WYork	37.56	es
12	Claire Lebond	SYork	36.78	
13	Bethany Jones	Avon	36.34	
14	Hayley Green	Avon	36.17	
15	Kirsty Douglas	Derby	35.72	
16	Jessica Wilson	Durham	35.10	
17	Suzanne McNiff	Devon	32.80	
18	Kelly Lawrence	Lincs	29.48	

**Junior Boys : group A
Championship Shield**

1	Surrey	67.00
2	Hertfordshire	64.00
3	West Midlands	54.00
4	Greater Manchester	44.00
5	London	40.00
6	Essex	39.00
7	Kent	38.00
8	Middlesex	35.00
9	Hampshire	24.00
10	Merseyside	9.00
11	Sussex	5.00
11	West Yorkshire	5.00
13	Lancashire	3.00

**Junior Boys : group B
Durham Cup**

1	Derbyshire	25.00
2	Nottinghamshire	24.00
3	Devon	22.00
4	South Yorkshire	20.00
5	Humberside	15.00
6	Staffordshire	14.00
7	Cheshire	13.00
8	Leicestershire & Rutland	12.00
8	Suffolk	12.00
10	Avon	11.00
11	Berkshire	7.00
11	Durham	7.00
11	North Yorkshire	7.00
14	Buckinghamshire	5.00
14	Hereford & Worcestershire	5.00
16	Northumberland	2.00

**Junior Boys : group C
Watford Council Trophy**

1	Norfolk	39.00
2	Cambridgeshire	34.00
3	Lincolnshire	18.00
4	Bedfordshire & Luton	17.00
4	Shropshire	17.00
6	Wiltshire	10.00
7	Dorset	8.00
7	Somerset	8.00
9	Gloucestershire	7.00
10	Warwickshire	6.00
11	Northamptonshire	4.00
11	Oxfordshire	4.00
13	Cleveland	1.00

Junior Boys 800 metres

ES: 2:07.00 NS: 2:03.00 BP: 1:56.10

Round 1**Heat 1**

1	Aaron Pitt	Norf	2:02.43	ns
2	Sam Bedford	Somer	2:02.81	ns
3	Jonathan Kerridge	Essex	2:02.96	ns
4	Will Paulson	Glouc	2:03.43	es
5	Jonathan Doull	Derby	2:05.90	es
6	Brad Spiteri	Cleve	2:07.36	
7	Jake Rogers	Kent	2:09.28	
8	Adam Sixsmith	Manch	2:12.07	

Heat 2

1	Chris McGahan	Manch	2:04.20	es
2	Jack Gleave	Chesh	2:04.74	es
3	Michael Porter	Essex	2:06.18	es
4	Christopher Hilton	Herts	2:06.79	es
5	William Reynolds	Mersey	2:07.51	
6	Anthony Parkes	Warks	2:09.26	
7	Jack Balsdon	Kent	2:09.99	

Heat 3

1	Hugo Fleming	Midd	2:02.43	ns
2	Sean Malloy	Kent	2:03.16	es
3	Dudley Mason	Hamp	2:03.90	es
4	Thomas Baldwin	Staff	2:05.10	es
5	Jack Robertson	NYork	2:06.77	es
6	Jack Dutton	Bucks	2:07.16	
7	Callum Hanlon	Warks	2:10.20	
8	Tristan Peel	Nland	2:11.99	

Final

1	Chris McGahan	Manch	2:01.11	ns
2	Aaron Pitt	Norf	2:02.10	ns
3	Hugo Fleming	Midd	2:02.17	ns
4	Sam Bedford	Somer	2:02.28	ns
5	Jonathan Kerridge	Essex	2:02.45	ns
6	Will Paulson	Glouc	2:03.33	es
7	Jack Gleave	Chesh	2:04.20	es
8	Sean Malloy	Kent	2:06.45	es

Junior Boys 1500 metres

ES: 4:22.00 NS: 4:17.00 BP: 4:03.60

Round 1**Heat 1**

1	Michael McKeown	WMid	4:14.13	ns
2	James Lamswood	Humb	4:14.16	ns
3	James McMurray	Herts	4:14.68	ns
4	Fergus Roberts	NYork	4:15.18	ns
5	Peter Chambers	Surrey	4:15.52	ns
6	Harvey Brown	H&Wor	4:16.10	ns
7	Benedict Westhenry	Dorset	4:18.51	es
8	Henry Alexander	Suff	4:20.31	es
9	Luke Young	Warks	4:23.73	
10	Zack Bamber	Chesh	4:25.19	
11	Richard Powell	Manch	4:36.27	

Heat 2

1	Matthew McLaughlin	Midd	4:21.74	es
2	Sam Redding	Bucks	4:21.87	es
3	Nick Jones	Mersey	4:22.20	
4	Matthew O'Connor	WYork	4:23.25	
5	Adam Hulin	Surrey	4:23.75	
6	Jack Reed	Nland	4:24.10	
7	Michael Goddard	Herts	4:25.08	
8	Tom Hook	Norf	4:27.75	
9	David Sheldon	Staff	4:31.46	
10	Richard Hindley	Manch	4:32.73	

Final

1	Michael McKeown	WMid	4:07.12	ns
2	James Lamswood	Humb	4:08.02	ns
3	James McMurray	Herts	4:08.96	ns
4	Peter Chambers	Surrey	4:10.71	ns
5	Fergus Roberts	NYork	4:10.86	ns
6	Sam Redding	Bucks	4:11.48	ns
7	Nick Jones	Mersey	4:15.57	ns
8	Harvey Brown	H&Wor	4:17.61	es
9	Matthew McLaughlin	Midd	4:19.72	es
10	Benedict Westhenry	Dorset	4:21.94	es

Junior Boys 80 metres Hurdles

ES: 12.10 NS: 11.60 BP: 10.73

Round 1**Heat 1 (-2.4 (m/s))**

1	Jacob Paul	Surrey	11.68	es
2	David October	Camb	11.79	es
3	Thomas Smeeton	SYork	12.02	es
4	Cameron Dixon	Shrop	12.15	
5	Euan Dickson-Earl	Beds	12.21	
6	Jason Tang	Herts	13.85	

Heat 2 (-0.9 (m/s))

1 Jordan Auburn	Sussex	11.44 ns
2 Max Everest	Camb	11.61 es
3 Luke Yaxley	Herts	11.76 es
4 Alex Taylor	Avon	12.16
5 Ryan Savage	Oxford	12.39
6 Sam Hall	Nland	12.42

Heat 3 (-2.2 (m/s))

1 Christian Geddes	Herts	11.25 ns
2 James Taylor	Staff	11.52 ns
3 Sinclair Matthews	Nland	12.05 es
4 Blair Cartwright	Essex	12.05 es
5 Kinsey Aikman	Lancs	12.23

Final

(+1.4m/s)

1 James Taylor	Staff	11.09 ns
2 Christian Geddes	Herts	11.33 ns
3 Max Everest	Camb	11.44 ns
4 Jacob Paul	Surrey	11.50 ns
5 David October	Camb	11.86 es
6 Luke Yaxley	Herts	12.03 es
7 Thomas Smeeton	SYork	12.20
Jordan Auburn	Sussex	dnf

Junior Boys 4x100 metres Relay

ES: 47.50 NS: 46.30 BP: 43.51

Round 1**Heat 1**

1 Greater Manchester	Manch	45.77 ns
2 Avon	Avon	46.09 ns
3 Hampshire	Hamp	46.75 es
4 Merseyside	Mersey	47.09 es
Berkshire	Berks	dns
South Yorkshire	SYork	dq
Staffordshire	Staff	dq

Heat 2

1 London	London	45.08 ns
2 Cambridgeshire	Camb	47.03 es
3 Northumberland	Nland	47.35 es
4 Durham	Durham	48.85
Cleveland	Cleve	dns
Suffolk	Suff	dns
Hereford & Worcestershire	dq	
Buckinghamshire	Bucks	dq

Heat 3

1 Surrey	Surrey	45.47 ns
2 West Midlands	WMid	45.87 ns
3 Devon	Devon	46.72 es
4 Somerset	Somer	47.73
5 North Yorkshire	NYork	47.88
6 Leicestershire & Rutland	Leics	48.29
Hertfordshire	Herts	dq
Derbyshire	Derby	dq

Final

1 London	London	44.49 ns
2 Surrey	Surrey	44.80 ns
3 Greater Manchester	Manch	45.32 ns
4 Avon	Avon	45.57 ns
5 Cambridgeshire	Camb	45.88 ns
6 Devon	Devon	46.01 ns
West Midlands	WMid	dns
Hampshire	Hamp	dq

Junior Boys High Jump

ES: 1.72 NS: 1.78 BP: 1.96

Final

1 Zino Mario Ghae	Norf	1.87 ns
2 Feron Sayers	WMid	1.84 ns
3 Stephen Arthurworrey	London	1.84 ns
4 Courtney Clay	Herts	1.81 ns
5 Joe Harris	Devon	1.78 ns
6 Jamie Poulton	Wilts	1.78 ns
7 Oliver Newport	Surrey	1.78 ns
8 Martin Danobrega	Beds	1.75 es
9 Josh Bush	Devon	1.75 es
10 Tom Powell	Suff	1.72 es
11 Jacques Ezzeldin	Midd	1.69
= William Strutt	Berks	1.69
= Darius Price	Herts	1.69
14 Nirin Bahi	Devon	1.69
15 Max Simmons	NYork	1.69
16 Tom Wilkinson	Durham	1.69
= Isaac Cox	Hamp	1.69
= Tom Howlett	Kent	1.69
19 Luke Batchelor	Wilts	1.64
= Patrick O'Connor	Cleve	1.64
21 Andrew Vincent	Durham	1.64
22 Jack Roach	Nland	1.64
23 Christopher Lillico	Nland	1.59

Senior Girls High Jump

ES: 1.66 NS: 1.72 BP: 1.88

Final

1 Moe Sasegbon	Herts	1.75 ns
2 Zoe Phillips	Warks	1.69 es
3 Jessica Houlton	Humb	1.69 es
4 Amy Marchant	WYork	1.66 es
5 Sophie Bell-Morgan	Mersey	1.66 es
6 Heather Cumming	Somer	1.63
= Christina Parsons	Hamp	1.63
8 Lucy Avrill	Wilts	1.63
9 Jennifer Baker	Durham	1.58

Senior Girls Long Jump

ES: 5.45 NS: 5.65 BP: 6.65

Final

1 Lorraine Ugen	London	5.94 -3.1 ns
2 Chelsea Cooper	Staff	5.72 -2.2 ns
3 Kitty Eleyae	Somer	5.60 -1.7 es
4 Alice Lennox	Staff	5.49 -2.4 es
5 Aleasha Kiddle	Essex	5.27 -3.3
6 Natalie Bathers	Shrop	5.01 -2.7

Senior Girls Triple Jump

ES: 11.00 NS: 11.30 BP: 13.06

Final

1 Laura Samuel	Leics	12.63 +1.2 ns
2 Emma Pringle	Nland	12.16 +0.7 ns
3 Lauren Priest	Devon	11.85 +0.6 ns
4 Gemma Smith	Staff	11.54 -0.1 ns
5 Hannah Walsh	Leics	11.38 +0.4 ns
6 Asha Forde-Scille	London	11.24 +0.8 es
7 Natalie Delahunty	Oxford	11.09 +1.1 es
8 Rachel Hanagan	Kent	11.05 +0.6 es
9 Roseanne McKay	Camb	10.69 +0.5
10 Amanda Evans	Warks	10.56 +0.4
11 Danielle Currie	Herts	10.26 -0.1
12 Felicia Anderson	Notts	9.90 +0.7
13 Chloe Gill	Durham	9.83 +0.2

Senior Girls Pole Vault

ES: 2.80 NS: 3.10 BP: 3.75

Final

1 Abigail Haywood	WYork	3.80 bp
2 Sophie Upton	Wilts	3.40 ns
3 Christina Moore	Kent	3.20 ns
4 Alice Humble	Midd	3.10 ns
5 Katherine Wilson	SYork	3.10 ns
6 Sarah Gibson	Midd	3.00 es
7 Kara Gibbs	Kent	2.80 es
8 Chloe Loader	Sussex	2.65
9 Sophie Millett	Sussex	2.65

Senior Girls Shot

ES: 10.50 NS: 11.40 BP: 15.65

Final

1 Hannah Evenden	WYork	13.30 ns
2 Jade Weston	Staff	12.84 ns
3 Tyne Breen	Durham	12.65 ns
4 Lois Earl	NYork	11.65 ns
5 Amber Merrills	SYork	11.56 ns
6 Abigail Moronkeji	London	11.00 es
7 Carrie Simpson	WYork	10.60 es
8 Sarah Moore	Sussex	10.49
9 Lauren Boyd	Nhants	10.46
10 Katherine McBeth	WMid	10.34
11 Amber-Louise O'Brien	Sussex	10.30

Senior Girls Discus

ES: 36.00 NS: 39.00 BP: 52.74

Final

1 Tesni Ward	Notts	44.52 ns
2 Jade Moore	Staff	42.02 ns
3 Julia Walkden	Devon	41.25 ns
4 Katie Wickman	Somer	40.10 ns
5 Chloe Smyrk	Humb	39.87 ns
6 Megan Tuck	Dorset	34.96
7 Elysia Metaxas-Belt	Bucks	33.10

Final

(-1.4m/s)

1	Stephanie Gaynor	Herts	14.18 ns
2	Ashleigh Wood	Cleve	14.45 ns
3	Claire Humphreys	Herts	14.45 ns
4	Sandra Seaton	Surrey	14.54 ns
5	Jenny Robinson	Devon	14.84 es
6	Faye Williams	Berks	14.88 es
7	Cat Hall-Jones	Bucks	15.18 es
8	Lisa Revitt	SYork	15.63

Senior Girls 400 metres Hurdles

ES: 66.00 NS: 64.50 BP: 59.00

Round 1**Heat 1**

1	Gabrielle Coveney	London	63.95 ns
2	Rhiannon Linington-Payne Staff		65.02 es
3	Rosie Marino	Surrey	65.17 es
4	Rebecca Jennings	Sussex	67.25
5	Jenny Hudson	Wilts	67.86
	Katrina Cosby	Kent	dns

Heat 2

1	Lauren Bouchard	Essex	62.90 ns
2	Megan Southwart	Kent	65.00 es
3	Laura Bass	Camb	65.82 es
4	Alex Turner	Derby	65.94 es
5	Olivia McGreavy	Manch	66.20
6	Abigail Lambden	Herts	66.92

Heat 3

1	Nicola Hill	Essex	62.79 ns
2	Lizzie Wessely	Devon	64.11 ns
3	Emma Komocki	Derby	64.69 es
4	Lateefah Burton	Manch	66.17
5	Sophie Wood	Durham	66.98
6	Laura Pacey	Shrop	70.55

Final

1	Lauren Bouchard	Essex	59.84 ns
2	Nicola Hill	Essex	60.94 ns
3	Lizzie Wessely	Devon	62.58 ns
4	Gabrielle Coveney	London	62.99 ns
5	Emma Komocki	Derby	65.13 es
6	Megan Southwart	Kent	65.56 es
7	Rosie Marino	Surrey	66.21
8	Rhiannon Linington-Payne Staff		67.22

Senior Girls 1500 metres**Steeplechase**

ES: 5:40.00 NS: 5:30.00 BP: new event

Final

1	Louise Webb	Hamp	4:44.83 bp
2	Martha Reynolds	Midd	5:00.53 bp
3	Rachel Robinson	Humb	5:01.76 bp
4	Amy Talbot	Chesh	5:08.36 bp
5	Emily Bliss	Devon	5:12.67 bp
6	Lara Thomas	Lincs	5:12.97 bp
7	Aiya Abe	Hamp	5:16.78 bp
	Amie Grainger	Notts	dnf

Senior Girls 4x100 metres Relay

ES: 50.00 NS: 49.00 BP: 45.60

Round 1**Heat 1**

1	Essex	Essex	49.17 es
2	Staffordshire	Staff	49.40 es
3	Devon	Devon	50.25
	Lancashire	Lancs	dns
	Leicestershire & Rutland		dns
	Sussex	Sussex	dq

Heat 2

1	Hertfordshire	Herts	49.59 es
2	Derbyshire	Derby	49.66 es
3	Warwickshire	Warks	50.27
4	Middlesex	Midd	52.91
	Shropshire	Shrop	dns
	Buckinghamshire	Bucks	dns
	Kent	Kent	dnf

Final

1	Hertfordshire	Herts	47.97 ns
2	Essex	Essex	48.31 ns
3	Derbyshire	Derby	48.48 ns
4	Staffordshire	Staff	48.55 ns
5	Devon	Devon	49.78 es
	Warwickshire	Warks	dq es
	Middlesex	Midd	dns

Junior Boys Long Jump

ES: 5.70 NS: 5.95 BP: 6.70

Final

1	Joel Grenfell	Camb	6.54 -1.2 ns
2	Myles Murrain-Meade	WMid	6.28 -0.5 ns
3	Cain Sobers	Suff	6.11 -0.9 ns
4	Michael Vermeulen	Midd	6.04 -0.6 ns
5	Jamie Turner	Derby	5.87 +0.2 es
6	Jordan Aikman	Herts	5.80 +0.7 es
7	Reon Gowen-Wade	Kent	5.78 -0.6 es
8	Rory Chambers	Derby	5.73 -0.2 es
9	Liam Hurst	Leics	5.69 -0.9
10	Michael Causer	Mersey	5.55 -0.5
11	Kieran Lee	Staff	5.53 +0.2
12	Jake Cory	Somer	5.53 -0.00
13	Dom Cox	Herts	5.53 -0.2
14	Luke James	Nland	5.49 -1.0
15	Jack Templeman	Wilts	5.44 -0.6
16	Lewis Bridges	Bucks	5.41 -1.2
17	Nathan Kay	Somer	5.36 -0.9
18	Callum Sinnott	Warks	5.34 -2.5
19	Spencer Day	Humb	5.34 +0.2
20	Paul Mundy	Bucks	5.14 -0.4
21	Ben Pearson	Berks	5.07 -1.1
22	Joseph Ring	Hamp	5.06 -1.7

Junior Boys Triple Jump

ES: 12.00 NS: 12.40 BP: 13.92

Final

1	Efe Uwaifo	Herts	12.90 -0.8 ns
2	Joshua Olawore	Essex	12.81 -1.0 ns
3	Alexander Macdonald	Lincs	12.52 -1.3 ns
4	Gavin Newbury	Dorset	12.19 -1.8 es
5	Julian Blake	Leics	12.09 -0.4 es
6	Jake Awe	Herts	12.04 -1.4 es
7	Ellis Brindley	WMid	11.96 -1.4
8	Stefan Lloyd	WMid	11.92 -2.0
9	Adam Khan	SYork	11.82 -0.1
10	Ejiro Awunu	Surrey	11.74 -2.0
11	Callum Duncan	Nland	11.45 -1.1
12	Thomas Paul	Manch	11.44 -1.4
13	Hugh Hodgson	Cumb	11.14 -1.1
14	Jonathan Beaumont	NYork	11.08 -1.0
15	Troy Coleman	Staff	11.00 -1.5
16	Alexander Tait	Nland	10.99 -1.6
17	Dean Oamen	London	10.98 -1.6
18	Wesley Oakley	H&Wor	10.87 +1.2
19	Jason Clark	Durham	10.45 -0.9

Junior Boys Pole Vault

ES: 2.85 NS: 3.15 BP: 4.30

Final

1	Tadhg Healy	Kent	3.65 ns
2	Joseph Chesterman	WMid	3.65 ns
3	Nathan Pentin	Derby	3.45 ns
4	Jake Devereux	Beds	3.45 ns
5	Liam Yarwood	Essex	3.25 ns
6	Lee Farquhar	SYork	3.25 ns
7	Edward Fitch	Camb	3.15 ns
8	Nathan McClure	Lincs	3.05 es
9	Matthew Walker	Lancs	2.95 es
10	Bradley Sentence	Staff	2.95 es
11	Paul McCluskey	Essex	2.95 es
12	Nicholas Cole	SYork	2.95 es
=	Jack Snook	Dorset	2.95 es
14	Hayden Byrne	Beds	2.85 es
=	Sam Leitch	Somer	2.85 es

Junior Boys Shot

ES: 12.30 NS: 13.30 BP: 18.29

Final

1	Luke Roach-Christie	Midd	14.90 ns
2	Maro Itoje	Herts	14.85 ns
3	Chris Clarke	Notts	13.89 ns
4	Tom Bridge	Derby	13.30 ns
5	Conor Guest	Warks	13.15 es
6	Matthew Spencer	Chesh	13.08 es
7	Levy Smith	Surrey	12.95 es
8	James Arthurworrey	London	12.44 es
9	Jake Cussell	Somer	12.28
10	Sonny Murphy	Leics	12.25
11	Henry Ridgers	Hamp	11.71
12	Anthony Norfolk	Humb	11.52
13	Matthew Dunne	Manch	11.44
14	George Salter	Glouc	11.40
15	Judd Newell	Sussex	11.39
16	Solomon Ofosu	London	11.11
17	Emanuel Monthe	London	10.94
18	Joe Hutton	Hamp	10.68
19	Christopher Dowson	Durham	10.28
20	Jacob Hobden	Avon	10.19

Junior Boys Discus

ES: 34.00 NS: 38.00 BP: 54.54

Final

1 Nick Percy	Hamp	44.72 ns
2 Faraz Rafi	Surrey	42.43 ns
3 Connor Pettitt	Devon	36.96 es
4 Forrest Francis	Leics	36.69 es
5 Daniel Wilson	Essex	35.28 es
6 Nathan Barr	Humb	35.25 es
7 Thomas Snare	Kent	35.17 es
8 Callum Rubery	Shrop	33.85
9 Grant McConnell	Somer	32.68
10 Jamie Martin	Humb	32.26
11 Kieren Fallan	Herts	31.68
12 Nick Holt	Derby	31.42
13 Jonathan Briggs	Kent	31.39
14 Andrew Thwaites	Cleve	29.93
15 Deklan Carrick	Chesh	29.66

Junior Boys Javelin

ES: 43.00 NS: 46.00 BP: 54.65

Final

1 Oliver Bradfield	Norf	60.42 bp
2 Huw Bevan	Shrop	50.98 ns
3 Matthew Blanford	Kent	46.51 ns
4 Darren Booth	Shrop	46.09 ns
5 Daniel Dale	Notts	45.91 es
6 Freddie Curtis	Oxford	45.90 es
7 Scott Kendall	Nhants	43.93 es
8 Joe Hambley	Mersey	42.89
9 Bradley Green	Devon	42.69
10 Wang Hao	Derby	42.18
11 Mitchell Coombes	Wilts	41.81
12 Jakir Hussain	London	41.09
13 Matthew Stevens	Kent	41.00
14 Tristan Searight	Dorset	40.49
15 Robert Makin	Manch	39.29
16 Terry Morgan	Nland	37.60
17 Harry Panayiotou	Leics	33.48

Junior Boys Hammer

ES: 38.00 NS: 45.00 BP: 70.78

Final

1 Ashley Gilder	Notts	64.94 ns
2 Michael Painter	Norf	56.28 ns
3 Dominic Sykes	Lincs	51.42 ns
4 Alan Sydee	Beds	48.00 ns
5 Tom Parker	Kent	46.81 ns
6 Daniel Avery	Hamp	46.64 ns
7 Oliver Brown	Wilts	46.02 ns
8 Alec Russell	Humb	42.08 es
9 Mitchell Felix	Berks	40.85 es
10 James Lasis	Sussex	40.16 es
11 Rafal Morawski	Midd	38.46 es
12 David Scupham	Essex	36.90

Inter Boys 100 metres

ES: 11.20 NS: 11.00 BP: 10.44

Round 1**Heat 1 (+0.7m/s)**

1 Omas Anyanwu	WMid	11.0 ns
2 Joel Williams	Bucks	11.0 ns
3 Tunde Judun	London	11.1 es
4 Peter Watling	Staff	11.2 es
5 Dewi Hammond	H&Wor	11.6
6 Ryan Thompson	Cumb	11.6
7 Sam Lansborough	Mersey	11.8
Romane Harris	Midd	dns

Heat 2 (+1.9m/s)

1 Jerome Musa-Lawal	Midd	11.0 ns
2 Emmanuel Stephens	Essex	11.0 ns
3 Jacob Wilson	Oxford	11.1 es
4 James Lovatt	Durham	11.2 es
5 Richard Hodgson	Cleve	11.4
6 Benjamin Shields	SYork	11.4
7 Brett Daley	Nland	11.5
8 Jamie Garbutt	NYork	12.0

Heat 3 (+3.0m/s)

1 David Bolarinwa	London	10.9 ns
2 Cameron Smith	Surrey	11.0 ns
3 Nathan Wade	WMid	11.1 es
4 Ransford Anthony	SYork	11.1 es
5 Jake King	Essex	11.3
6 Jake Collins	Mersey	11.4
7 Jordan Peters	Lancs	11.4
Withdrawn	WYork	dns

Final

1 Laura Wake	Herts	54.36 ns
2 Lucy James	Beds	54.98 ns
3 Savannah Echel Thompson	Sussex	55.43 ns
4 Gemma Dawkins	Chls	55.53 ns
5 Sophie Wilkins	Bucks	56.54 ns
6 Lauren Brennan	Mersey	57.02 es
7 Katie Hewitt	Corn	57.83 es
8 Hayley Harvey	Devon	58.34 es

Senior Girls 800 metres

ES: 2:15.00 NS: 2:13.00 BP: 2:05.18

Round 1**Heat 1**

1 Loulou Rowlands	Surrey	2:18.02
2 Leigh Lennon	Lancs	2:20.70
3 Lucy Sumner	Lancs	2:22.08
4 Sophie Tyers	Oxford	2:23.75
5 Cerian Lancaster	Shrop	2:26.74
Abigail Fowlie	Sussex	dns

Heat 2

1 Cally Read	Staff	2:16.47
2 Rachel Franklin	Mersey	2:17.02
3 Kristie Leybourne	Lancs	2:17.89
4 Phillipa Lowe	Herts	2:18.60
5 Catherine Appleby	Bucks	2:19.18

Final

1 Leigh Lennon	Lancs	2:08.12 ns
2 Loulou Rowlands	Surrey	2:08.52 ns
3 Cally Read	Staff	2:08.92 ns
4 Phillipa Lowe	Herts	2:14.98 es
5 Kristie Leybourne	Lancs	2:16.87
6 Rachel Franklin	Mersey	2:17.51
7 Catherine Appleby	Bucks	2:19.05
8 Lucy Sumner	Lancs	2:20.25

Senior Girls 1500 metres

ES: 4:43.00 NS: 4:36.00 BP: 4:17.10

Final

1 Laura Weightman	Nland	4:24.96 ns
2 Rebecca Craigie	Chesh	4:26.60 ns
3 Jessica Burns	Devon	4:34.11 ns
4 Emily Merrick	H&Wor	4:36.10 es
5 Abbie Vernon	Derby	4:37.35 es
6 Hannah Alderson	Avon	4:43.13
7 Sophie Proffitt	Midd	4:57.77
Luci McLoughlin	Manch	dnf

Senior Girls 3000 metres

ES: 10:18.00 NS: 10:06.00 BP: 9:04.30

Final

1 Charlotte Purdue	Hamp	9:29.66 ns
2 Jess Russon	Cleve	9:41.68 ns
3 Grace Nicholls	Kent	9:43.32 ns
4 Hannah Walker	Herts	9:44.76 ns
5 Katie Clark	Humb	9:58.90 ns
6 Eleanor Wilmshurst	Avon	10:01.37 ns
7 Georgie-Lou Sales	Essex	10:07.26 es
8 Tamara Armoush	Derby	10:11.19 es
9 Julia Blackstock	Bucks	10:11.28 es
10 Rebecca Lambson	NYork	10:11.55 es
11 Gemma Astin	Mersey	10:12.98 es
12 Sarah Mercier	Chls	10:15.80 es
13 Mel Newbery	Bucks	10:16.97 es
14 Ella Waldman	Herts	10:17.12 es
15 Leigh Lattimore	Herts	10:22.73
16 Rachel Stedman	Berks	10:28.73
17 Charlotte Arter	Cumb	10:44.43
Jennifer Hamer	Kent	dns

Senior Girls 100 metres Hurdles

ES: 15.20 NS: 14.60 BP: 13.30

Round 1**Heat 1 (+2.8m/s)**

1 Ashleigh Wood	Cleve	14.25 ns
2 Claire Humphreys	Herts	14.42 ns
3 Jenny Robinson	Devon	14.55 ns
4 Cat Hall-Jones	Bucks	15.05 es
5 Sam Miskelly	Leics	15.15 es
6 Anya Kay	Dorset	15.44
7 Molly Bagworth	Warks	15.62
Chanel Taite	Midd	dns

Heat 2 (+3.1m/s)

1 Stephanie Gaynor	Herts	13.87 ns
2 Sandra Seaton	Surrey	14.37 ns
3 Faye Williams	Berks	14.75 es
4 Lisa Revitt	SYork	15.14 es
5 Bella Hailstone	Sussex	15.59
Leila Armstrong-Green	Shrop	dnf
Danielle Rooney	Lancs	dq

Final

1	Abbi Carter	Humb	52.27 bp
2	Louisa James	Sussex	49.44 bp
3	Katy Barnard	Cumb	48.87 bp
4	Amy Clemens	Midd	46.58 ns
5	Jenna Cannell	Norf	43.88 ns
6	Sarah Stanhope	Lincs	43.58 ns
7	Bethany Mitchell	Notts	40.50 ns
8	Helen Corrigan	Cleve	39.67 ns
9	Georgina Howe	Suff	36.43 es
10	Hayley Sayer	Camb	36.41 es
11	Kerry Murray	Warks	35.37 es
12	Rebecca Knapp	Herts	34.27 es

Senior Girls 100 metres

ES: 12.50 NS: 12.20 BP: 11.50

Round 1

Heat 1 (+0.6m/s)

1	Lauretta Curtis	Derby	12.10 ns
2	Clarice Underwood	Bucks	12.31 es
3	Jade Phillips	London	12.43 es
4	Megan Hoult	Humb	13.83
	Withdrawn	Mersey	dns
	Lara Turner	Cumb	dns

Heat 2 (+1.2m/s)

1	Ruth Dean	Avon	12.33 es
2	Angelika Brown	Midd	12.37 es
3	Kirsty Shepherd	Essex	12.45 es
4	Bunmi Awokoya	Herts	12.50 es
5	Shauna Lawton	Warks	12.53
6	Deborah Fleming	Corn	12.69
	Withdrawn	Mersey	dns

Final

(-1.5m/s)

1	Lauretta Curtis	Derby	12.04 ns
2	Clarice Underwood	Bucks	12.28 es
3	Angelika Brown	Midd	12.36 es
4	Kirsty Shepherd	Essex	12.49 es
5	Ruth Dean	Avon	12.49 es
6	Jade Phillips	London	12.62
7	Bunmi Awokoya	Herts	12.62
8	Shauna Lawton	Warks	12.65

Senior Girls 200 metres

ES: 25.80 NS: 25.00 BP: 23.10

Round 1

Heat 1

1	Emily Diamond	Avon	23.9 ns
2	Laura Haslam	Leics	25.2 es
3	Melissa Forrest	Lancs	25.4 es
4	Sophie Wright	Warks	25.6 es
5	Bryony Potter	Mersey	25.6 es
6	Kadeena Cox	WYork	25.8 es
7	Bethany Hirst	Manch	26.5

Heat 2

1	Twinelle Hopeson	Surrey	24.6 ns
2	Jordan McIntosh	Derby	25.6 es
3	Becky Campsall	NYork	25.6 es
4	Katie Roberts	Humb	25.7 es
5	Sian Kelman	Chesh	25.9
6	Amy Forrester	Mersey	26.3

Final

(-1.1m/s)

1	Emily Diamond	Avon	23.85 ns
2	Twinelle Hopeson	Surrey	24.55 ns
3	Laura Haslam	Leics	25.26 es
4	Melissa Forrest	Lancs	25.52 es
5	Bryony Potter	Mersey	25.56 es
6	Jordan McIntosh	Derby	25.96
7	Sophie Wright	Warks	26.02
8	Becky Campsall	NYork	26.27

Senior Girls 400 metres

ES: 58.80 NS: 57.00 BP: 54.33

Round 1

Heat 1

1	Laura Wake	Herts	55.71 ns
2	Gemma Dawkins	Chls	56.17 ns
3	Savannah Echel Thompson	Sussex	56.67 ns
4	Katie Hewitt	Corn	58.14 es
5	Nadine Terry	Kent	58.53 es
6	Emma Masson	Nland	60.19
	Jennifer White	H&Wor	dns

Heat 2

1	Lucy James	Beds	56.63 ns
2	Sophie Wilkins	Bucks	57.14 es
3	Lauren Brennan	Mersey	57.30 es
4	Hayley Harvey	Devon	57.90 es
5	April Stevenson	Manch	58.18 es
6	Nicola George	Corn	59.46
7	Emma Hourd	Notts	59.95

Heat 4 (+0.0m/s)

1	Andre Gibbs	Surrey	11.1 es
2	Reece Noonan	Midd	11.1 es
3	Kota Suzuki	H&Wor	11.3
4	Jonathan Grant	London	11.3
5	William Couch	Hamp	11.3
6	Sam Brough	Cumb	11.3
7	Ben Marshall	Humb	11.4

Round 2

Semi-final A (+1.0m/s)

1	Tunde Judun	London	10.84 ns
2	Omas Anyanwu	WMid	10.97 ns
3	Emmanuel Stephens	Essex	10.99 ns
4	Jerome Musa-Lawal	Midd	10.99 ns
5	Cameron Smith	Surrey	11.01 es
6	James Lovatt	Durham	11.15 es
7	Peter Watling	Staff	11.34
8	Kota Suzuki	H&Wor	11.40

Semi-final B (-1.1m/s)

1	David Bolarinwa	London	10.97 ns
2	Joel Williams	Bucks	11.13 es
3	Reece Noonan	Midd	11.19 es
4	Andre Gibbs	Surrey	11.22
5	Jacob Wilson	Oxford	11.26
6	Nathan Wade	WMid	11.26
7	Jonathan Grant	London	11.37
8	Jake King	Essex	11.52
9	Ransford Anthony	SYork	11.76

Final

(-0.4m/s)

1	David Bolarinwa	London	10.88 ns
2	Omas Anyanwu	WMid	10.96 ns
3	Joel Williams	Bucks	11.10 es
4	Jerome Musa-Lawal	Midd	11.11 es
5	Andre Gibbs	Surrey	11.13 es
6	Emmanuel Stephens	Essex	11.15 es
7	Reece Noonan	Midd	11.17 es
	Tunde Judun	London	dnf

Inter Boys 200 metres

ES: 22.80 NS: 22.40 BP: 21.32

Round 1

Heat 1 (-0.7m/s)

1	Nathan Greenaway	Essex	22.20 ns
2	Ben Stephenson	NYork	22.27 ns
3	Dami Oladiran	London	22.36 ns
4	Christian Carrson	Cleve	22.71 es
5	Josh Hughes	Mersey	22.73 es
6	Chris Chancellor	Kent	22.80 es
	Withdrawn	Lincs	dns

Heat 2 (+0.6m/s)

1	Liam Clowes	Chesh	21.66 ns
2	Jordan Kirby-Polidore	Essex	22.22 ns
3	Ronnie Pocklington	Kent	22.30 ns
4	Alexander Bradnick	H&Wor	22.32 ns
5	Kieran Daly	London	22.61 es
6	James Edghill	Midd	22.81
7	David Edwards	Shrop	23.57

Heat 3 (+1.0m/s)

1	Joshua Street	Surrey	22.07 ns
2	Shane Martin	London	22.41 es
3	Jamie Phillips	NYork	22.51 es
4	Aaron Crowley	Manch	22.69 es
5	Aaron Forde	WMid	23.19
	Withdrawn	Essex	dns

Heat 4 (+1.2m/s)

1	Jordan Arthur	Midd	21.80 ns
2	Adam Harwood	Hamp	21.98 ns
3	Nicholas Pryce	WMid	22.19 ns
4	Joe Hutchinson	Wilts	22.49 es
5	Afamefuya Obi-Adewole	Surrey	22.80 es
6	Owen Styler	Devon	23.11

Round 2

Semi-final A (+1.8m/s)

1	Liam Clowes	Chesh	21.61 ns
2	Adam Harwood	Hamp	22.14 ns
3	Nathan Greenaway	Essex	22.26 ns
4	Shane Martin	London	22.48 es
5	Nicholas Pryce	WMid	22.51 es
6	Alexander Bradnick	H&Wor	22.57 es
7	Jamie Phillips	NYork	22.72 es
	Aaron Crowley	Manch	dns

Semi-final B (+0.2m/s)

1	Jordan Arthur	Midd	21.89 ns
2	Jordan Kirby-Polidore	Essex	22.13 ns
3	Joshua Street	Surrey	22.23 ns
4	Ben Stephenson	NYork	22.25 ns
5	Ronnie Pocklington	Kent	22.69 es
6	Kieran Daly	London	22.76 es
7	Joe Hutchinson	Wilts	22.84
8	Dami Oladiran	London	23.08

Final

(-1.6m/s)

1	Jordan Arthur	Midd	21.67 ns
2	Liam Clowes	Chesh	21.85 ns
3	Jordan Kirby-Polidore	Essex	22.14 ns
4	Ben Stephenson	NYork	22.22 ns
5	Nathan Greenaway	Essex	22.42 es
6	Adam Harwood	Hamp	22.46 es
7	Joshua Street	Surrey	22.63 es
8	Shane Martin	London	22.70 es

Inter Boys 400 metres

ES: 51.30 NS: 50.00 BP: 47.18

Round 1**Heat 1**

1 Edmond Amaning	London	49.85 ns
2 Darrellon Holding	Camb	50.21 es
3 Joel Clutterbuck	Glouc	50.57 es
4 Joel Mukuna	Manch	50.59 es
5 Paul Scanlan	Essex	50.67 es
6 Adam Thompson	Mersey	50.91 es
7 Will Grist	Kent	51.00 es
8 Steve Carter	Hamp	51.52

Heat 2

1 Farren Morgan	Kent	49.29 ns
2 Luke South	SYork	49.47 ns
3 Zac King	Derby	49.49 ns
4 Christian Byron	WMid	49.57 ns
5 Michael Frankland	Camb	50.40 es
6 Matthew Dorrington	Sussex	50.74 es
7 Donomar Smith	London	51.13 es
8 Ben Winstanley	Hamp	51.71

Heat 3

1 Cameron Irwin	Essex	49.42 ns
2 James Buck	NYork	49.86 ns
3 Alex Boyce	Mersey	50.25 es
4 Omari Markland-Montgomery	London	50.54 es
5 Ashley Appleyard	SYork	50.64 es
6 David Patey	Sussex	52.18
Ainsley Campbell	Berks	dnf
Jack Mosley	WYork	dq

Heat 4

1 Thomas Bensted	Kent	49.77 ns
2 David LARGERBURG	Notts	50.34 es
3 Austin Joseph	Essex	50.50 es
4 Marcus Nixey	WYork	50.63 es
5 Tom Kimpson	NYork	51.62
6 Andrew Starkey	Mersey	51.87
7 Aqeel Hassan	Leics	52.08
Withdrawn	Wilts	dns

Round 2**Semi-final A**

1 Edmond Amaning	London	49.38 ns
2 Luke South	SYork	49.41 ns
3 Zac King	Derby	49.56 ns
4 Farren Morgan	Kent	49.59 ns
5 Austin Joseph	Essex	49.84 ns
6 Joel Mukuna	Manch	50.71 es
7 Michael Frankland	Camb	50.72 es
8 David LARGERBURG	Notts	50.76 es

Semi-final B

1 Thomas Bensted	Kent	49.14 ns
2 Christian Byron	WMid	49.21 ns
3 Alex Boyce	Mersey	49.22 ns
4 Darrellon Holding	Camb	49.33 ns
5 Cameron Irwin	Essex	49.38 ns
6 James Buck	NYork	49.56 ns
7 Omari Markland-Montgomery	London	49.91 ns
8 Joel Clutterbuck	Glouc	50.28 es

Final

1 Luke South	SYork	49.65 ns
2 Christian Byron	WMid	49.66 ns
3 Thomas Bensted	Kent	49.73 ns
4 Cameron Irwin	Essex	49.75 ns
5 Darrellon Holding	Camb	50.13 es
6 Edmond Amaning	London	50.14 es
7 Alex Boyce	Mersey	50.36 es
8 Zac King	Derby	50.40 es

Inter Boys 800 metres

ES: 1:59.00 NS: 1:57.00 BP: 1:51.90

Round 1**Heat 1**

1 Mitch White	Berks	2:02.17
2 Ben Akin	Lancs	2:02.33
3 Alex Grundmann	Cleve	2:03.22
4 Jake Waples	Nhants	2:04.09
5 Luke Roughley	Staff	2:04.41
6 Simon Ninnim	Hamp	2:07.51
7 Jim Norris	Suff	2:07.95

Heat 2

1 Ross Franks	Midd	1:59.25
2 Ryan Ashwood	Avon	1:59.72
3 Zak Curran	Surrey	1:59.92
4 Chris Ladhams	Hamp	2:00.29
5 Joshua Oguntayo	Manch	2:01.46
6 Ryan Childs	Notts	2:10.11
7 Jake Archer	Durham	2:17.88

Heat 3

1 Niall Maguire	Derby	1:59.62
2 Tom Graves	WMid	1:59.80
3 Stefan Richards	Surrey	2:00.00
4 Chris Matthews	Lancs	2:01.08
5 Dan Cheeseman	NYork	2:02.53
6 Josh Phillips	Durham	2:03.57

Inter Girls Shot

ES: 10.20 NS: 11.00 BP: 14.38

Final

1 Yasmin Spencer	Derby	12.35 ns
2 Sabine Efiannayi	London	12.21 ns
3 Sophie McKinna	Norf	11.90 ns
4 Anesa Wanogho	London	11.72 ns
5 Stephanie McNally	H&Wor	10.78 es
6 Samantha Fraser	Chesh	10.69 es
7 Jade Perry	WMid	10.60 es
8 Rachel Goodier	Cleve	10.40 es
9 Melissa Clay	Derby	10.21 es
10 Rebecca Fagan	Shrop	10.10
11 Rayne Allman	Manch	9.99
12 Gabriella Roseje	London	9.98
13 Katherine Bulmer	Durham	9.89
14 Gemma Young	Wilts	9.89
15 Sarah Wilding	SYork	9.69
16 Stephanie Hurst	Leics	9.49
17 Jessica Flower	Avon	9.46

Inter Girls Discus

ES: 33.00 NS: 36.00 BP: 49.36

Final

1 Samantha Milner	Suff	40.06 ns
2 Kathryn Rothwell	Chis	39.97 ns
3 Rachel Tyler	Nhants	39.05 ns
4 Phoebe Dowson	Hamp	37.37 ns
5 Charlotte Gair	Notts	36.90 ns
6 Emma Kirk-Odunubi	Sussex	32.14
7 Sidi Duke	Somer	31.94
8 Charlotte Webb	Berks	31.46
9 Lizzy Lovegrove	Hamp	29.71
10 Carla Letheby	Surrey	28.05
11 Hayley Rubery	Shrop	27.20

Inter Girls Javelin

ES: 35.00 NS: 38.00 BP: 46.94

Final

1 Freya Jones	Hamp	43.64 ns
2 Danielle Bentley	Chesh	42.94 ns
3 Kike Oniwinde	Essex	42.76 ns
4 Danielle Anderson	Oxford	40.84 ns
5 Amber Burdett	Leics	39.63 ns
6 Stephanie Burt	Norf	38.74 ns
7 Eloise Meakins	Herts	38.08 ns
8 Aleina Binns	H&Wor	37.16 es

9 Laura England	SYork	36.47 es
10 Kelly Bramhal	SYork	35.90 es
11 Amy Lupton	Lancs	35.53 es
12 Nadine Gardner	Notts	35.22 es
13 Hannah Johnson	Berks	35.19 es
14 Lauren Allymohammed	Sussex	35.11 es
15 Charlotte Kanini-Parsons	Somer	33.92
16 Holly Webb	Sussex	33.90
17 Charlotte Burrows	Nhants	33.76
18 Taylor Langford-Smith	Hamp	32.18
19 Alice Knight	Leics	30.52
20 Natasha Woolley	Cumb	28.31

Inter Girls Hammer

ES: 32.00 NS: 37.00 BP: 48.06

Round 1**Pool A**

1 Louisa James	Sussex	45.55 ns
2 Katy Barnard	Cumb	40.66 ns
3 Helen Corrigan	Cleve	37.82 ns
4 Rebecca Knapp	Herts	37.02 ns
5 Megan Searson	Lancs	34.02 es
6 Charlotte Sykes	Dorset	33.52 es
7 Bobbie-L Lenehan-Hodge	Devon	32.46 es
8 Sophie Allen	Leics	32.27 es
9 Catherine Meynell	Cleve	31.49
10 Stacey Evenden	WYork	30.30
11 Alice Bramah	Manch	25.95

Pool B

1 Abbi Carter	Humb	49.94 bp
2 Jenna Cannell	Norf	40.23 ns
3 Amy Clemens	Midd	39.94 ns
4 Sarah Stanhope	Lincs	39.56 ns
5 Hayley Sayer	Camb	38.82 ns
6 Bethany Mitchell	Notts	37.83 ns
7 Kerry Murray	Warks	35.33 es
8 Georgina Howe	Suff	35.20 es
9 Heather Johnson	Cleve	35.02 es
10 Sarah Hill	Cumb	32.61 es
11 Jessica Mayho	WYork	32.22 es
12 Emma Pinkowicz	Lancs	31.20
13 Philippa Jones	NYork	30.36
14 Alix Barton	Chesh	29.91
15 Rebecca Simpson	Nland	25.77

Inter Girls High Jump

ES: 1.62 NS: 1.68 BP: 1.83

Final

1	Isobel Pooley	Hamp	1.74	ns
2	Marilyn Nwawulor	Midd	1.71	ns
3	Hannah Frith	Beds	1.68	ns
4	Philippa Wilson	Sussex	1.65	es
5	Victoria Anderson	Chesh	1.65	es
6	Eleanor Gregory	Herts	1.65	es
7	Lizzy Harrison	Suff	1.62	es
8	Jayne Hansom	Nland	1.62	es
9	Suzie Palmer	Derby	1.62	es
10	Jessica Elsworth	NYork	1.59	
11	Kerry Jordan	Cumb	1.59	
12	Chloe Smith	Norf	1.54	
13	Sophie Rigby	Mersey	1.54	
14	Lucy Giles	Hamp	1.54	
15	Jodie Farnworth	Lancs	1.49	

Inter Girls Long Jump

ES: 5.30 NS: 5.50 BP: 6.41

Final

1	Jazmine Sawyers	Staff	5.58	-2.5	ns
2	Emma Buckett	Hamp	5.42	-1.9	es
3	Amelia Richards	Somer	5.42	-1.7	es
4	Shanara Hibbert	Beds	5.37	-1.5	es
5	Sophie Worrall	Shrop	5.32	-1.8	es
6	Connie James	WMid	5.32	-1.3	es
7	Hannah Lupton	Lancs	5.32	-2.1	es
8	Gabrielle Rowsell	Dorset	5.26	-1.2	
9	Micaela Brindle	Lancs	5.17	-2.7	
10	Natasha Lewis	Avon	5.13	-0.4	
11	Katie Gardner	Chesh	5.10	-0.9	
12	Zoe Laing	Avon	5.02	-2.0	
13	Danielle Gilchrist	Humb	5.01	-0.8	
14	Susan Keet	Oxford	4.99	+1.3	
15	Jenny Jones	Shrop	4.95	-2.0	
16	Tori Coltart	Dorset	4.89	-1.6	
17	Emily Rogers	Suff	4.82	-0.5	

Inter Girls Triple Jump

ES: 10.70 NS: 11.10 BP: 12.20

Final

1	Montana Jackson	Suff	11.99	-0.1	ns
2	Ahtollah Rose	Manch	11.91	-0.6	ns
3	Sophie Brown	SYork	11.66	+0.4	ns
4	Sarah Abrams	Surrey	11.66	-0.9	ns
5	Tanikka Burgess	WMid	11.43	+0.4	ns
6	Naomi Reid	Derby	11.22	-0.2	ns
7	Shannell Hutchinson	WMid	11.19	+1.0	ns
8	Molly Cockburn	Manch	10.95	+0.3	es
9	Rebecca Cope	Humb	10.88	+0.2	es
10	Bethany Towers	Lancs	10.83	+0.2	es
11	Abigail Holman	Herts	10.76	-0.6	es
12	Katie Hardcastle	Sussex	10.70	-0.6	es
13	Hilary Moorhead	Somer	10.53	-1.2	
14	Katie Rowe	Nhants	10.52	-1.3	
15	Sophie Wells	Avon	10.51	+0.3	
16	Chloe Elphick	Notts	10.19	-0.8	
17	Hannah Pringle	Nland	9.87	+0.4	
18	Scarlett Mann	Kent	9.76	+0.3	

Inter Girls Pole Vault

ES: 2.70 NS: 3.00 BP: 3.75

Final

1	Ellie Besford	Essex	3.70	ns
2	Lucy Stickland	Sussex	3.50	ns
3	Anne Rees	Herts	3.30	ns
4	Paige Collings	Derby	3.20	ns
5	Lauren Gale	Somer	3.00	ns
6	Anna Huggins	Kent	3.00	ns
7	Laura Butcher	Wilts	2.90	es
8	Bethany Arandle	Humb	2.90	es
9	Loryn McCrudden	Lancs	2.90	es
10	Lily-Mae Fisher	Berks	2.90	es
11	Elizabeth Grimsey	Midd	2.80	es
12	Katie James	Dorset	2.80	es
13	Sammy-Jo Witton	Staff	2.70	es
14	Lydia Parker	Humb	2.55	
=	Sarah Jones	H&Wor	2.55	

Heat 4

1	Tom Guy	Staff	1:58.81	es
2	Sam Yates	Lancs	1:59.11	
3	Will Gurtton	Bucks	1:59.37	
4	Jack Derham	NYork	2:00.98	
5	Chris Sage	WYork	2:01.67	
6	Gavin Barclay	Midd	2:05.17	
7	Lloyd Hilton	Chesh	2:07.66	

Heat 5

1	Sam Dykes	Chesh	2:00.56	
2	Angus Butler	Kent	2:00.87	
3	Andrew Provost	Hamp	2:01.10	
4	Paul Clifford	Durham	2:01.35	
5	Brett Halliwell	Avon	2:01.59	
6	Kurtis Gibson	Somer	2:02.72	
7	Tom Nuttall	Manch	2:06.63	

Round 2**Semi-final A**

1	Ross Franks	Midd	1:58.53	es
2	Ben Akin	Lancs	1:58.61	es
3	Niall Maguire	Derby	1:58.68	es
4	Sam Yates	Lancs	1:58.98	es
5	Jack Derham	NYork	2:00.52	
6	Will Gurtton	Bucks	2:01.32	
7	Ryan Ashwood	Avon	2:03.06	
8	Stefan Richards	Surrey	2:03.74	

Semi-final B

1	Mitch White	Berks	2:00.68	
2	Sam Dykes	Chesh	2:01.06	
3	Tom Guy	Staff	2:01.18	
4	Angus Butler	Kent	2:01.62	
5	Chris Matthews	Lancs	2:02.45	
6	Zak Curran	Surrey	2:02.65	
7	Chris Ladhams	Hamp	2:02.71	
	Tom Graves	WMid	dns	

Final

1	Tom Guy	Staff	1:54.76	ns
2	Ben Akin	Lancs	1:55.39	ns
3	Niall Maguire	Derby	1:55.41	ns
4	Ross Franks	Midd	1:55.89	ns
5	Sam Dykes	Chesh	1:56.59	ns
6	Mitch White	Berks	1:58.16	es
7	Jack Derham	NYork	1:58.35	es
	Sam Yates	Lancs	dnf	

Inter Boys 1500 metres

ES: 4:08.00 NS: 4:03.00 BP: 3:52.60

Round 1**Heat 1**

1	Luke Carroll	Glouc	4:10.18	
2	Lewis Lloyd	London	4:10.61	
3	Elliott Woolmer	Surrey	4:10.65	
4	Harvey Dixon	Hamp	4:10.87	
5	Toby Loveridge	Mersey	4:11.53	
6	Michael Wood	WYork	4:11.54	
7	Tom Collins	Notts	4:12.35	
8	Stephen Parkes	Warks	4:13.74	
9	Stuart Ferguson	Oxford	4:32.17	

Heat 2

1	Jack Scarr	Lancs	4:08.49	
2	Liam White	London	4:08.56	
3	Connor Robinson	Corn	4:08.77	
4	John Ashcroft	Mersey	4:08.78	
5	Matthew Grieve	Cumb	4:10.30	
6	Charlie Grice	Sussex	4:10.59	
7	Tom Purnell	Glouc	4:11.16	
8	Max Kaye	WYork	4:12.11	
9	Cameron Boyce	Durham	4:12.91	
10	Elliott Todd	WYork	4:18.21	

Final

1	Luke Carroll	Glouc	4:01.20	ns
2	Connor Robinson	Corn	4:02.39	ns
3	Liam White	London	4:02.96	ns
4	Harvey Dixon	Hamp	4:03.01	es
5	Lewis Lloyd	London	4:04.65	es
6	Charlie Grice	Sussex	4:04.89	es
7	Jack Scarr	Lancs	4:05.60	es
8	Matthew Grieve	Cumb	4:06.52	es
9	Elliott Woolmer	Surrey	4:06.80	es
10	John Ashcroft	Mersey	4:06.94	es

Inter Boys 3000 metres

ES: 9:01.00 NS: 8:55.00 BP: 8:20.00

Final

1 Tom Curr	Glouc	8:37.14 ns
2 Tadhg Grant	Midd	8:39.14 ns
3 Jack Gray	WMid	8:41.91 ns
4 Kieron Clements	Suff	8:43.12 ns
5 Ben Connor	Derby	8:43.63 ns
6 Joshua Grace	Surrey	8:46.01 ns
7 Mark Shaw	Cleve	8:49.34 ns
8 Jack Goodwin	Beds	8:51.37 ns
9 Fergus O'Reilly	Dorset	8:52.19 ns
10 Robbie Farnham-Rose	Kent	8:54.77 ns
11 Kristian Bibby	Lancs	8:59.86 es
12 Shaun Webb	Suff	9:02.17
13 Ian Bailey	Surrey	9:02.42
14 Frank Bailey	Dorset	9:16.14
15 Dominic Coyle	Manch	9:24.04
16 Darren Mobey	Wilts	9:24.44
17 Jordan Ali	Suff	9:40.19

Inter Boys 100 metres Hurdles

ES: 14.20 NS: 13.70 BP: 12.47

Round 1**Heat 1 (+1.1m/s)**

1 Godwin Gyeabour	Midd	13.57 ns
2 Adam McBraida	Avon	13.60 ns
3 Blade Ashby	London	14.09 es
4 Liam Ramsay	SYork	14.12 es
5 Matthew Wagner	WYork	14.33
6 Craig Hart	Surrey	14.55

Heat 2 (+2.2m/s)

1 Themba Luhana	Nhants	13.18 ns
2 Keno Mario-Ghae	Hamp	13.92 es
3 Matthew Hewitt	Sussex	14.21
4 Ola Amoso	Herts	14.53
5 Toby Parkes	Shrop	14.83
Ashley Marshall	Manch	dnf
Danny Driver	Mersey	dnf

Heat 3 (+2.4m/s)

1 Nick Ofonagoro	Sussex	13.64 ns
2 Jack Edgar-Hill	Essex	13.65 ns
3 Adam Chalk	Kent	13.76 es
4 Marcus Woodington	Oxford	13.95 es
5 Robin Swift	Devon	14.09 es
6 Anthony Cummings	Surrey	14.23

Heat 4 (+2.9m/s)

1 Daniel Needham	Manch	13.56 ns
2 Jake Porter	WMid	13.93 es
3 Sam Maguire	Berks	14.04 es
4 Deo Milandu	Staff	14.22
5 Oliver Aspden	Lancs	14.51
6 Jake Corfield-Jones	Shrop	15.41
James Gladman	Chesh	dq

Round 2**Semi-final A (-1.0m/s)**

1 Daniel Needham	Manch	13.61 ns
2 Godwin Gyeabour	Midd	13.66 ns
3 Jack Edgar-Hill	Essex	13.76 es
4 Sam Maguire	Berks	13.87 es
5 Keno Mario-Ghae	Hamp	14.14 es
6 Matthew Hewitt	Sussex	14.17 es
7 Robin Swift	Devon	14.31
8 Liam Ramsay	SYork	14.33

Semi-final B (-0.8m/s)

1 Themba Luhana	Nhants	13.14 ns
2 Adam McBraida	Avon	13.66 ns
3 Blade Ashby	London	13.77 es
4 Nick Ofonagoro	Sussex	13.78 es
5 Jake Porter	WMid	14.09 es
6 Marcus Woodington	Oxford	14.17 es
7 Adam Chalk	Kent	14.26
8 Deo Milandu	Staff	14.34

Final

(-0.4m/s)

1 Themba Luhana	Nhants	12.93 ns
2 Daniel Needham	Manch	13.50 ns
3 Adam McBraida	Avon	13.50 ns
4 Godwin Gyeabour	Midd	13.50 ns
5 Jack Edgar-Hill	Essex	13.69 ns
6 Sam Maguire	Berks	13.86 es
7 Blade Ashby	London	14.03 es
8 Nick Ofonagoro	Sussex	14.40

Inter Boys 400 metres Hurdles

ES: 58.00 NS: 56.60 BP: 52.63

Round 1**Heat 1**

1 Ben Parkin	Surrey	55.58 ns
2 Adam Collinson	Humb	56.18 ns
3 Byron Fitzgerald	Devon	56.24 ns
4 George Grainger	Sussex	56.39 ns
5 Finlay Third	Kent	57.62 es
6 Thom Fowler	Somer	60.72

Final

(+0.7m/s)

1 Georgia Atkins	Essex	11.12 ns
2 Grace Christopher	WYork	11.34 ns
3 Becky Curtis-Harris	Hamp	11.48 ns
4 Katy Marchant	WYork	11.61 ns
5 Kelly Clarke	SYork	11.79 es
6 Kati Williams	Lancs	11.80 es
7 Holly Thomas	Essex	11.81 es
8 Charlotte Cattermole	Suff	11.83 es

Inter Girls 300 metres Hurdles

ES: 46.80 NS: 45.00 BP: 41.48

Round 1**Heat 1**

1 Laura Burke	Surrey	45.43 es
2 Hannah Lloyd	Herts	46.58 es
3 Rebecca Oakley	Staff	47.45
4 Savannah Devillez	Glouc	48.01
5 Anna Spratt	Suff	48.62
Caroline Hatley	Kent	dns

Heat 2

1 Charlotte Bowling	Nhants	44.77 ns
2 Felicity Clarke	Essex	45.01 es
3 Sam Brown	Kent	46.83
4 Jemma Gregory	Oxford	47.28
5 Natalie Burgess	Sussex	47.73
6 Thuza Edworthy	Devon	48.08

Heat 3

1 Gabriella Ade-Onojobi	Kent	45.64 es
2 Alisha Casement	Cumb	46.14 es
3 Samantha Brook	WYork	46.49 es
4 Philippa Brett	Corn	47.10
5 Rebekah Wiltshire	Midd	47.53
6 Cloe Garrett	London	49.11

Final

1 Laura Burke	Surrey	42.94 ns
2 Charlotte Bowling	Nhants	43.69 ns
3 Gabriella Ade-Onojobi	Kent	44.35 ns
4 Felicity Clarke	Essex	44.54 ns
5 Alisha Casement	Cumb	45.01 es
6 Samantha Brook	WYork	45.28 es
7 Hannah Lloyd	Herts	45.62 es
8 Sam Brown	Kent	45.96 es

Inter Girls 4x100 metres Relay

ES: 50.20 NS: 49.20 BP: 46.40

Round 1**Heat 1**

1 Greater Manchester	Manch	49.14 ns
2 Kent	Kent	49.25 es
3 Merseyside	Mersey	49.33 es
4 Dorset	Dorset	50.78
5 Sussex	Sussex	51.34
Staffordshire	Staff	dns
Nottinghamshire	Notts	dns

Heat 2

1 Essex	Essex	49.40 es
2 Durham	Durham	51.03
3 Oxfordshire	Oxford	51.09
4 West Yorkshire	WYork	51.31
Berkshire	Berks	dns
West Midlands	WMid	dnf
Somerset	Somer	dq
Lancashire	Lancs	dq

Heat 3

1 Middlesex	Midd	47.22 ns
2 Surrey	Surrey	48.68 ns
3 Hampshire	Hamp	50.53
4 Northumberland	Nland	51.09
Derbyshire	Derby	dns
Suffolk	Suff	dns
Humberside	Humb	dq

Final

1 Middlesex	Midd	47.08 ns
2 Surrey	Surrey	48.15 ns
3 Greater Manchester	Manch	48.41 ns
4 Kent	Kent	48.87 ns
5 Merseyside	Mersey	48.96 ns
6 Essex	Essex	49.22 es
7 Hampshire	Hamp	50.35
8 Durham	Durham	50.39

Inter Girls 1500 metres

ES: 4:47.00 NS: 4:39.00 BP: 4:24.10

Round 1**Heat 1**

1 Katie Holt	Staff	4:33.70 ns
2 Georgia Peel	Hamp	4:35.26 ns
3 Floren Scrafton	Avon	4:35.65 ns
4 Ciara Dullaghan	Surrey	4:40.07 es
5 Hanna Tarver	Mersey	4:42.88 es
6 Freya Vincent	Leics	4:44.42 es
7 Charlotte Inwood	Nhants	4:44.74 es
8 Rebecca Weston	Kent	4:47.06
9 Laura Riches	Manch	4:49.45
10 Alice Burgin	Beds	4:50.42
11 Abigaile Ashbee-Simmonds	Sussex	4:58.11
12 Sally Smith	WYork	5:02.23

Heat 2

1 Lauren Proctor	WYork	4:31.57 ns
2 Melissa Courtney	Dorset	4:41.34 es
3 Pippa Woolven	Bucks	4:42.90 es
4 Georgia Taylor-Brown	Manch	4:43.75 es
5 Sophie Reynolds	Nhants	4:44.54 es
6 Johanna Spannagl	Sussex	4:45.18 es
7 Iona Lake	Norf	4:52.45
8 Emily Nolan	London	4:52.87
9 April Hogg	Corn	4:56.46
10 Stacey Clusker	Sussex	4:58.60
Sophie Conner	Herts	dns

Final

1 Georgia Peel	Hamp	4:16.24 bp
2 Lauren Proctor	WYork	4:27.24 ns
3 Katie Holt	Staff	4:28.68 ns
4 Floren Scrafton	Avon	4:29.03 ns
5 Melissa Courtney	Dorset	4:34.19 ns
6 Georgia Taylor-Brown	Manch	4:36.79 ns
7 Pippa Woolven	Bucks	4:41.66 es
8 Freya Vincent	Leics	4:45.64 es
9 Hanna Tarver	Mersey	4:46.74 es
Ciara Dullaghan	Surrey	dns

Inter Girls 3000 metres

ES: 10:26.00 NS: 10:12.00 BP: 9:39.90

Final

1 Emelia Gorecka	Surrey	9:35.79 bp
2 Ruth Haynes	Surrey	9:45.48 ns
3 Emily Wallbank	Beds	9:57.44 ns
4 Lucy Farnell	WMid	9:57.68 ns
5 Aoife Thorogood	Avon	10:02.66 ns
6 Megan Huxley	Chesh	10:03.81 ns
7 Melissa Hawtin	Oxford	10:03.82 ns
8 Elle Roche	Bucks	10:05.53 ns
9 Charlotte Taylor	Lincs	10:06.94 ns
10 Danielle Johnson	Staff	10:11.84 ns
11 Felicity Johnson-Deeley	Chls	10:12.78 es
12 Charlotte Christensen	Suff	10:14.90 es
13 Lucy Crookes	Leics	10:17.16 es
14 Jess Chen	Hamp	10:31.42
15 Mary Galbraith	Suff	10:34.70
16 Emily Waugh	Warks	10:40.48
17 Ellie Wilson	Cumb	10:52.10
19 Withdrawn	Corn	

Inter Girls 80 metres Hurdles

ES: 12.10 NS: 11.70 BP: 10.90

Round 1**Heat 1 (-3.1 (m/s))**

1 Georgia Atkins	Essex	11.34 ns
2 Katy Marchant	WYork	11.65 ns
3 Kati Williams	Lancs	11.81 es
4 Emily Moore	Essex	11.95 es
5 Jessica McCabe	Surrey	12.17
6 Imogen Green	Warks	12.49
7 Megan Fry	Dorset	12.54
8 Louise Brown	Oxford	14.68

Heat 2 (-2.3 (m/s))

1 Grace Christopher	WYork	11.32 ns
2 Becky Curtis-Harris	Hamp	11.41 ns
3 Holly Thomas	Essex	11.56 ns
4 Charlotte Cattermole	Suff	11.71 es
5 Kelly Clarke	SYork	11.85 es
6 Laura Green	Norf	12.15
7 Eleanor Newton	Mersey	12.24
Lisa O'Brien	Surrey	dq

Heat 2

1 Ben Kelk	Camb	56.98 es
2 Peter Barnshaw	Oxford	57.06 es
3 Taylor Stevens	Avon	57.34 es
4 Alex Lee	Dorset	57.37 es
5 Craig Morton	Kent	58.83
6 Richard Adiyia	Leics	59.86
7 Callum Robson	Durham	60.55

Heat 3

1 Ben Hopkins	Kent	55.34 ns
2 Simon Davies	Dorset	56.18 ns
3 Keir Lyon-Fraser	Manch	57.94 es
4 Alastair Todd	Wilts	58.36
5 Jake Domingo	Leics	58.92
6 Ben Jones	Camb	58.93
7 Charlie Perry	London	59.82

Final

1 Ben Hopkins	Kent	54.32 ns
2 Ben Parkin	Surrey	54.55 ns
3 Ben Kelk	Camb	55.58 ns
4 Simon Davies	Dorset	55.95 ns
5 Adam Collinson	Humb	56.03 ns
6 Peter Barnshaw	Oxford	56.55 ns
7 George Grainger	Sussex	57.04 es
8 Byron Fitzgerald	Devon	57.20 es

Inter Boys 1500 metres Steeplechase

ES: 4:36.00 NS: 4:30.00 BP: 4:14.00

Final

1 Jamie Crompton	Manch	4:20.43 ns
2 Zak Seddon	Berks	4:25.45 ns
3 Jack Partridge	Dorset	4:26.78 ns
4 Joshua Bentham	Kent	4:30.86 es
5 Nathan Page	Lincs	4:32.94 es
6 Blair Brown	Somer	4:33.05 es
7 Gordon Benson	WYork	4:38.60
8 Mark Thompson	Notts	4:39.07
9 Tom Jervis	Manch	4:39.09
10 Josh Brown	Nland	4:45.46
11 Ryan Buck	NYork	4:49.96

Inter Boys 4x100 metres Relay

ES: 45.00 NS: 44.00 BP: 41.92

Round 1**Heat 1**

1 West Midlands	WMid	43.38 ns
2 Merseyside	Mersey	43.52 ns
3 Hereford & Worcestershire		43.91 ns
4 Staffordshire	Staff	45.78
5 Nottinghamshire	Notts	47.84
Durham	Durham	dns

Heat 2

1 London	London	43.54 ns
2 Humberside	Humb	44.40 es
3 South Yorkshire	SYork	44.51 es
4 Cleveland	Cleve	46.65
5 West Yorkshire	WYork	47.35
Oxfordshire	Oxford	dns

Heat 3

1 Cheshire	Chesh	43.86 ns
2 Cambridgeshire	Camb	44.03 es
3 Kent	Kent	44.58 es
4 Somerset	Somer	45.76
5 Leicestershire & Rutland	Leics	45.86
6 Shropshire	Shrop	46.05
Wiltshire	Wilts	dns

Heat 4

1 Essex	Essex	43.46 ns
2 Middlesex	Midd	43.57 ns
3 Hampshire	Hamp	43.87 ns
4 North Yorkshire	NYork	44.76 es
5 Sussex	Sussex	44.80 es
Surrey	Surrey	dq

Final

1 London	London	42.27 ns
2 West Midlands	WMid	42.66 ns
3 Essex	Essex	42.74 ns
4 Merseyside	Mersey	43.38 ns
5 Hereford & Worcestershire		43.61 ns
6 Hampshire	Hamp	43.74 ns
Cheshire	Chesh	dnf
Middlesex	Midd	dq

Inter Boys High Jump

ES: 1.90 NS: 1.96 BP: 2.12

Final

1 Billy Falconer	Essex	1.96	ns
2 Jordan Roach	WMid	1.90	es
= Ryan Bonifas	Berks	1.90	es
4 J J Heath	Derby	1.90	es
= Alex Cox	Dorset	1.90	es
6 Will Mulroy	WYork	1.90	es
7 Mervyn Glover	Midd	1.87	
= Josh Guest	Warks	1.87	
9 Barney Woodhouse	Notts	1.87	
10 Harry Lane	Sussex	1.87	
11 Michael Hartley	Mersey	1.82	
12 Aaron Barham	Kent	1.82	
13 Billy Williams	Mersey	1.77	
14 Daniel Alexander	Kent	1.77	

Inter Boys Long Jump

ES: 6.40 NS: 6.60 BP: 7.47

Final

1 James Davies	Lancs	7.00	+0.2	ns
2 James Lelliott	Somer	6.89	-1.6	ns
3 Elliot Safo	Surrey	6.79	-0.9	ns
4 Ashley Wren	Humb	6.78	-1.6	ns
5 Romane Walcott	Midd	6.77	-1.2	ns
6 Jacob Gardiner	WYork	6.69	-1.2	ns
7 David Harvey	Midd	6.58	+0.4	es
8 Clayton Johnson	Midd	6.36	-1.0	
9 Robert Gaylor	Herts	6.35	-2.3	
10 Leon Phillips	Hamp	6.32	-2.6	
11 Craig Jones	Mersey	6.31	-0.6	
12 Seb Bomani	Wilts	6.30	-1.3	
13 Nathaniel Facey	WMid	6.22	-1.7	
14 Mitchell Jenderko	Shrop	6.02	-1.1	
15 Adam Nicholls	Chesh	6.02	-2.4	

Inter Boys Triple Jump

ES: 13.10 NS: 13.70 BP: 15.91

Final

1 Julien Allwood	Surrey	14.70	+4.7	ns
2 James Wright	Oxford	14.20	+1.3	ns
3 Joshua Bones	Humb	14.11	+2.3	ns
4 Jonathan Ilori	Suff	14.06	+3.3	ns
5 Jose Martin-Fullerton	WMid	13.94	+1.6	ns
6 Rio Bailey	Staff	13.83	+0.9	ns
7 David Crisp	Essex	13.83	+2.6	ns
8 Jimi Tele	Somer	13.70	+3.4	ns
9 James Okeyemi	Midd	13.62	+2.2	es
10 Kevin Bangato	Surrey	13.57	+1.2	es
11 Jamal Nesbitt	WMid	13.52	+0.5	es
12 Adrian Assinor	London	13.46	+1.6	es
13 Josh Bentley	NYork	13.44	+1.9	es
14 Daley Graham	Leics	13.36	+2.2	es
15 Armani James	Leics	13.29	+1.8	es
16 Taariq John-Clarke	London	13.25	+1.4	es
17 Sam Bentley	NYork	13.09	+3.5	
18 Ross Barker	Hamp	13.01	+0.6	
19 Josh Brown	Kent	12.79	+1.5	
20 Ross Hanley	Chls	12.59	+1.3	
21 Nathan Ezechie	Midd	12.56	+1.7	
22 Ben Porter	Nland	12.55	+1.5	
23 Jordan Kelly	Mersey	12.53	+1.0	
24 Simeon Bennett	Beds	12.34	+1.0	

Inter Boys Pole Vault

ES: 3.80 NS: 4.10 BP: 4.70

Final

1 Aaron Kaye	Essex	4.40	ns
2 Daniel Gardner	Herts	4.20	ns
3 Luke Bailey	Avon	4.20	ns
4 Tom Gibson	Wilts	4.20	ns
5 Adam Carpenter	Dorset	4.10	ns
6 Jack Phipps	Surrey	4.10	ns
7 Richard Humby	Hamp	4.00	es
8 Jesper Hallberg	Kent	3.80	es
9 Ed Skinner	Norf	3.65	

Semi-final B

1 Amy Allcock	Surrey	39.57	ns
2 Carys Hall	SYork	40.09	ns
3 Leah Barrow	Bucks	40.18	ns
4 Victoria Ohurougu	Essex	40.65	es
5 Tyra Watson	Manch	40.91	es
6 Chloe Bradley	Notts	41.01	es
7 Lydia Critchley	Lancs	41.45	es
8 Yimika Adewakun	Surrey	41.68	

Final

1 Amy Allcock	Surrey	38.68	ns
2 Leah Barrow	Bucks	39.68	ns
3 Carys Hall	SYork	39.69	ns
4 Natalie Hickmott	Kent	39.71	ns
5 Frederica Foster	London	39.97	ns
6 Lucy Mansfield	Lancs	40.23	ns
7 Jessie Knight	Surrey	40.47	ns
8 Kirsten McAslan	Manch	40.63	es

Inter Girls 800 metres

ES: 2:17.00 NS: 2:14.00 BP: 2:05.60

Round 1**Heat 1**

1 Mel Wood	Bucks	2:14.59	es
2 Calli Thackery	Derby	2:15.62	es
3 Alex Bell	WYork	2:15.95	es
4 Briony Bendle	Leics	2:19.67	
5 Chloe Richardson	H&Wor	2:20.36	
6 Weris Ibrahim	Manch	2:25.37	
7 Christie Childs	Notts	2:32.29	
Sigourney Bell	Durham	dns	

Heat 2

1 Katie Snowden	London	2:16.41	es
2 Jenny Beckingham	Hamp	2:16.47	es
3 Julia Henderson	Berks	2:16.74	es
4 Holly Archer	Suff	2:17.05	
5 Rebecca Linney	Mersey	2:17.95	
6 Danielle Critchley	Kent	2:18.65	
7 Steph Allison	NYork	2:19.61	
8 Camilla Smee	Essex	2:23.04	

Heat 3

1 Eleanor Bounds	Essex	2:16.44	es
2 Georgia Bell	London	2:16.44	es
3 Grace Rodgers	NYork	2:16.47	es
4 Rachel McClay	Berks	2:16.74	es
5 Amber Watson	Glouc	2:17.73	
6 Carly Robertson	WYork	2:18.41	
7 Amy Rochford	Wilts	2:19.69	
8 Emma Gilmore	Hamp	2:19.73	

Heat 4

1 Danielle Seddon	Berks	2:18.75	
2 Hannah Edwards	London	2:18.84	
3 Lauren Downing	WMid	2:19.45	
4 Bianca Pedersen	Lancs	2:19.89	
5 Sophia Nicklin	Suff	2:22.65	
6 Neha Dabhi	Essex	2:30.30	
Adelle Tracey	Sussex	dns	

Round 2**Semi-final A**

1 Mel Wood	Bucks	2:14.47	es
2 Alex Bell	WYork	2:14.55	es
3 Hannah Edwards	London	2:14.92	es
4 Calli Thackery	Derby	2:15.56	es
5 Danielle Seddon	Berks	2:15.83	es
6 Rachel McClay	Berks	2:16.65	es
7 Lauren Downing	WMid	2:20.29	
8 Rebecca Linney	Mersey	2:27.04	

Semi-final B

1 Katie Snowden	London	2:14.11	es
2 Georgia Bell	London	2:14.16	es
3 Jenny Beckingham	Hamp	2:14.31	es
4 Grace Rodgers	NYork	2:15.02	es
5 Eleanor Bounds	Essex	2:15.74	es
6 Amber Watson	Glouc	2:17.24	
7 Julia Henderson	Berks	2:19.21	
8 Holly Archer	Suff	2:19.53	

Final

1 Katie Snowden	London	2:10.49	ns
2 Georgia Bell	London	2:11.21	ns
3 Alex Bell	WYork	2:11.31	ns
4 Jenny Beckingham	Hamp	2:11.71	ns
5 Mel Wood	Bucks	2:13.01	ns
6 Hannah Edwards	London	2:14.28	es
7 Calli Thackery	Derby	2:15.45	es
8 Grace Rodgers	NYork	2:20.56	

Final

(+0.2m/s)

1	Makeda Lewis	Midd	12.17 ns
2	Bianca Williams	Midd	12.20 ns
3	Ann Ika-Oqwa	WMid	12.43 es
4	Chloe Mays	Bucks	12.45 es
5	Rebecca Watts	Humb	12.45 es
6	Sophie Clifford	Glouc	12.46 es
7	Cleo-Patrice Barbour	Surrey	12.50 es
8	Rebecca Brown	Devon	12.60 es

Inter Girls 200 metres

ES: 26.00 NS: 25.20 BP: 23.60

Round 1**Heat 1 (+0.7m/s)**

1	Annie Tagoe	Midd	24.26 ns
2	Funto Fabunmi-Alade	Berks	24.65 ns
3	Alice Kaye	Lincs	25.01 ns
4	Frances Slater	Herts	25.49 es
5	Eleanor Campbell	Kent	25.90 es
6	Joanna Morgan	Sussex	26.06
7	Sophie Money	Mersey	26.42

Heat 2 (+1.7m/s)

1	Jennie Batten	Glouc	23.91 ns
2	Olivia Callaghan	Manch	25.50 es
3	Laura Walker	Durham	25.65 es
4	Lamorna Newman	Corn	25.83 es
5	Beth Wynter	Nland	26.19
6	Beth McBride	Mersey	26.24
	Kanisha Hector	WMid	dns

Heat 3 (+1.6m/s)

1	Chisom Nwachukwa	Midd	25.10 ns
2	Melisa Hanson	WMid	25.11 ns
3	Shanice Harrison	Surrey	25.29 es
4	Sophie Croft	Humb	25.74 es
5	Hannah Stevenson	Notts	26.02
6	Rachel Clough	Durham	26.54
	Chelsie Browbank	Cumb	dns

Final

(+0.3m/s)

1	Jennie Batten	Glouc	23.92 ns
2	Annie Tagoe	Midd	24.67 ns
3	Funto Fabunmi-Alade	Berks	24.86 ns
4	Olivia Callaghan	Manch	25.31 es
5	Alice Kaye	Lincs	25.42 es
6	Chisom Nwachukwa	Midd	25.44 es
7	Melisa Hanson	WMid	25.82 es
8	Shanice Harrison	Surrey	25.90 es

Inter Girls 300 metres

ES: 41.60 NS: 40.50 BP: 38.35

Round 1**Heat 1**

1	Frederica Foster	London	40.30 ns
2	Kirsten McAslan	Manch	40.47 ns
3	Lucy Mansfield	Lancs	40.54 es
4	Yimika Adewakun	Surrey	40.70 es
5	Georgina Ivens	Camb	41.29 es
6	Laura Shanley	Mersey	41.51 es
7	Katie James	Nhants	41.80
8	Alex Leigh-Pearson	Suff	41.99

Heat 2

1	Natalie Hickmott	Kent	40.57 es
2	Jessie Knight	Surrey	40.79 es
3	Chloe Bradley	Notts	41.24 es
4	Kerri-Ann Body	Sussex	41.77
5	Natasha-Marie Ashong	WYork	41.86
6	Kate Wellford	Cleve	42.12
7	Zoe Woodward	Mersey	42.74
	Sophie Taylor	Staff	dns

Heat 3

1	Carys Hall	SYork	40.63 es
2	Victoria Ohurougu	Essex	40.70 es
3	Amelia Clifford	Wilts	41.04 es
4	Brogan Crowley	Manch	41.46 es
5	Hayley Smith	Avon	41.55 es
6	Rebecca Hussey	Oxford	42.07
7	Rebecca Pow	Nland	44.60

Heat 4

1	Amy Allcock	Surrey	39.49 ns
2	Leah Barrow	Bucks	40.00 ns
3	Tyra Watson	Manch	40.59 es
4	Georgia Lamothe	Berks	41.15 es
5	Lydia Critchley	Lancs	41.20 es
6	Melissa Owusu-Ansah	London	41.82
7	Carla Jones	Mersey	44.60

Round 2**Semi-final A**

1	Frederica Foster	London	39.95 ns
2	Jessie Knight	Surrey	40.04 ns
3	Kirsten McAslan	Manch	40.10 ns
4	Natalie Hickmott	Kent	40.16 ns
5	Lucy Mansfield	Lancs	40.16 ns
6	Amelia Clifford	Wilts	40.22 ns
7	Georgina Ivens	Camb	41.57 es
	Georgia Lamothe	Berks	dns

Inter Boys Shot

ES: 13.20 NS: 14.50 BP: 20.48

Final

1	Matt Halton	Corn	17.34 ns
2	Tom Peacock	Midd	15.24 ns
3	Tom Heard	Somer	15.13 ns
4	Tim Billings	Kent	14.86 ns
5	Josh Newman	WMid	14.81 ns
6	Scott Lincoln	NYork	14.58 ns
7	Nathan Morris	Cumb	14.47 es
8	Adam Mohan	Lincs	14.41 es
9	Martin Lawrence	Camb	12.90
10	Steven Fenner	Suff	12.85
11	Hayden Miles	NYork	12.37

Inter Boys Discus

ES: 40.00 NS: 43.00 BP: 61.24

Final

1	Adam Damadzic	H&Wor	51.18 ns
2	Liam Biddlecombe	Somer	51.08 ns
3	Jake Armstrong	WYork	49.50 ns
4	Najee Fox	Staff	47.49 ns
5	Youcef Zat At	Essex	44.47 ns
6	Ryan Barrett	Surrey	43.80 ns
7	Gary Jones	Hamp	43.67 ns
8	Gregory Thompson	Midd	41.45 es
9	Craig Westerman	WYork	41.21 es
10	Chris Line	Herts	40.41 es
11	Alan Toward	Durham	40.25 es
12	Iain Swall	NYork	39.82
13	Jonathan Edwards	Camb	38.84
14	Jonathan Gellet	Sussex	38.14
15	Conor Farr	Avon	37.83
16	Tariq Martin	Essex	37.20
17	Michael Carmona Jones	Mersey	35.40
18	Saoirse Chinery-Edoo	Sussex	33.44

Inter Boys Javelin

ES: 52.00 NS: 54.00 BP: 70.52

Final

1	Sam Taylor-Outridge	Bucks	64.23 ns
2	Steven Turnock	Devon	62.69 ns
3	Jackson Curtis	Oxford	59.48 ns
4	Joe Dunderdale	Lincs	59.14 ns
5	Robin Danaher	Somer	57.96 ns
6	Bradley Burr	Essex	56.75 ns
7	Liam Downer	Glouc	55.40 ns
8	Aidan Reynolds	Shrop	53.33 es
9	Michael Stanton	SYork	53.21 es
10	Alex McKie	Nhants	51.45
11	Travelle Morris Reid	Leics	50.91
12	Antony Pigeon	Notts	49.60
13	Andrew Mimmack	Humb	49.50
14	Greg Millar	Notts	48.34
15	Ben Welch	Beds	45.03
16	Max Cresswell	Avon	40.95

Inter Boys Hammer

ES: 48.00 NS: 54.00 BP: 73.58

Final

1	Andrew Elkins	Dorset	63.34 ns
2	Matthew Lasis	Sussex	60.35 ns
3	Sam Ridgway	Bucks	56.91 ns
4	Richard Humphries	Herts	56.90 ns
5	Nick Miller	Cumb	56.28 ns
6	Craig Murch	Warks	54.45 ns
7	Callum Brown	Norf	53.54 es
8	Dempsey McGuigan	Midd	53.22 es
9	Oliver Barnfield	WMid	53.06 es
10	Ben Daley	Cleve	51.67 es
11	Chad Rhodes	WMid	51.14 es
12	Harry Wells	Camb	50.80 es
13	Sam Foster	Nhants	50.63 es
14	Matthew Norton	Avon	50.61 es
15	Ryan McDowall	Cumb	50.39 es
16	Sam Blain	NYork	49.80 es
17	Mark White	Berks	49.65 es
18	Robert Duke	Sussex	46.57
19	Alex Holdsworth	Beds	45.37
20	Jordan Bowser	Nland	44.86
21	Haden Brittain	Lincs	44.76
22	Jack Chapman	Cleve	43.30

Senior Boys 100 metres

ES: 11.10 NS: 10.90 BP: 10.37

Round 1**Heat 1 (+1.6m/s)**

1 Richard Morrissey	Glouc	10.85 ns
2 Nayef Abed	Manch	10.99 es
3 Rhion Samuel	Midd	11.10 es
4 George Robinson	Devon	11.14
5 Rob Patton	Durham	11.14
6 James Williams	Mersey	11.23
7 Hakeem Gabriel	London	11.41

Heat 2 (+1.2m/s)

1 Deji Tobais	Beds	10.79 ns
2 Elijah Skervin	Notts	10.91 es
3 Ricky Reeves	SYork	10.97 es
4 Alex Ojo	Midd	11.03 es
5 Jamie Batten	Glouc	11.10 es
6 Andy Millen	Sussex	11.11
Ben Morris	Leics	dns

Heat 3 (+2.1m/s)

1 Antoe Walters	Herts	10.81 ns
2 Oliver Back	Mersey	10.99 es
3 Michael Fraser	Norf	11.12
4 James Andrew	Durham	11.14
5 Scott Bajere	Avon	11.17
6 Adam Forrest	Lancs	11.20
7 Marcel Hodge	Leics	11.21

Heat 4 (+3.0m/s)

1 Oweka Wanogho	Midd	10.83 ns
2 Cyle Carty	Surrey	10.91 es
3 Danny Traynor	Suff	10.99 es
4 Joel Ramsbottom	Bucks	11.02 es
5 Jacob Evans	Hamp	11.04 es
6 Marcus Overend	Leics	11.80
Charlie Dack	Herts	dns

Round 2**Semi-final A (+1.7m/s)**

1 Deji Tobais	Beds	10.52 ns
2 Elijah Skervin	Notts	10.79 ns
3 Richard Morrissey	Glouc	10.87 ns
4 Oliver Back	Mersey	10.88 ns
5 Ricky Reeves	SYork	10.94 es
6 Jacob Evans	Hamp	10.96 es
7 Joel Ramsbottom	Bucks	11.11
Rhion Samuel	Midd	dns

Semi-final B (+3.4m/s)

1 Antoe Walters	Herts	10.61 ns
2 Cyle Carty	Surrey	10.67 ns
3 Alex Ojo	Midd	10.71 ns
4 Oweka Wanogho	Midd	10.76 ns
5 Nayef Abed	Manch	10.77 ns
6 Danny Traynor	Suff	10.97 es
7 Jamie Batten	Glouc	10.97 es
8 Michael Fraser	Norf	11.10 es

Final

(+0.8m/s)

1 Deji Tobais	Beds	10.63 ns
2 Cyle Carty	Surrey	10.74 ns
3 Antoe Walters	Herts	10.82 ns
4 Alex Ojo	Midd	10.91 es
5 Elijah Skervin	Notts	10.91 es
6 Richard Morrissey	Glouc	10.92 es
7 Oliver Back	Mersey	10.96 es
8 Oweka Wanogho	Midd	11.00 es

Senior Boys 200 metres

ES: 22.30 NS: 22.00 BP: 20.90

Round 1**Heat 1 (+2.2m/s)**

1 David Lima	WMid	21.70 ns
2 Lewis Roualt	Midd	21.90 ns
3 Dannish Khan	SYork	22.03 es
4 Tom Mosley	WYork	22.13 es
5 Nathan Roach	Manch	22.54
6 Stefan Greenidge	Herts	22.85

Heat 2 (+1.0m/s)

1 Danny Talbot	Wilts	21.39 ns
2 Sebastian Tully-Middleton	Nhants	21.48 ns
3 William De Torvy	Midd	22.05 es
4 Chris Morter	Camb	22.72
5 Tom Evans	Bucks	44.67
Nicholas Frodsham	Warks	dnf

Heat 3 (+2.5m/s)

1 Junior Ejehu	London	21.24 ns
2 Luke Evans	Lancs	21.87 ns
3 Rashid Kakozza	Essex	21.99 ns
4 Dan Putnam	Kent	22.06 es
5 Tyler Johnson	Devon	22.29 es

Junior Girls Shot

ES: 10.00 NS: 10.70 BP: 13.92

Final

1 Lucy Chadwick	Lancs	11.66 ns
2 Shadine Duquemin	Chls	11.63 ns
3 Lucy Smith	WMid	11.52 ns
4 Danielle Opara	Berks	10.93 ns
5 Chelsea Mitchell	WYork	10.83 ns
6 Karis Harrington	Corn	10.74 ns
7 Annabel Sherry	Glouc	10.67 es
8 Charlotte Dickenson	Manch	10.04 es
9 Hannah Dunderdale	Lincs	9.89
10 Rachel Stoney	Humb	9.71
11 Kelly Baker	Chesh	9.62
12 Rhiannon Allen-Ross	NYork	9.60
13 Simisola Oyesanya	Midd	9.59
14 Berikisu Yorda	London	9.25
15 Paige Cole	Beds	9.25
16 Anna Gibson	Nland	9.01
17 Sarah-Jane Anthony	Hamp	9.00
18 Simi Pam	Camb	8.94
19 Patricia Spark	Mersey	8.43
20 Sarah Kewley	Nland	7.73

Junior Girls Discus

ES: 27.00 NS: 30.00 BP: 39.58

Final

1 Debra Blamey	Essex	33.92 ns
2 Renee Hector	Herts	32.84 ns
3 Gemma Brown	Kent	30.87 ns
4 Eleanor Mitchell	Hamp	30.34 ns
5 Nicola Gregory	Kent	30.22 ns
6 Kayleigh Presswell	Bucks	30.07 ns
7 Hannah Yates	WYork	28.70 es
8 Emma Crooke	H&Wor	28.15 es
9 Kelse Hutchinson	Derby	28.03 es
10 Emma O'Hara	Oxford	27.92 es
11 Emily Lupton	Lancs	27.91 es
12 Kimberley Usuji	Herts	27.43 es
13 Chloe Needham	Lancs	24.70
14 Meggan Cornelius-Jones	Dorset	24.63
15 Lauren Roberts	Chesh	24.52
16 Georgia Thompson	Nland	23.75
17 Vanessa Jacques	Cleve	22.70

Junior Girls Javelin

ES: 29.00 NS: 32.00 BP: 44.23

Final

1 Laura McDonald	Norf	43.13 ns
2 Natalie Whisken	Dorset	37.95 ns
3 Kate Morely	WMid	36.54 ns
4 Grace Hailstone	Sussex	35.89 ns
5 Olivia DaCosta	Beds	35.24 ns
6 Natasha Wilson	Cumb	34.33 ns
7 Becky Woolley	Notts	34.30 ns
8 Anna Gower	Devon	34.29 ns
9 Poppy Barker	Hamp	33.80 ns
10 Kerry Murch	Warks	32.64 ns
11 Deborah Kabahinda	London	32.30 ns
12 Liane Bibby	Mersey	31.44 es
13 Rebecca Tunnicliffe	NYork	31.22 es
14 Abi Wilde	Herts	30.74 es
15 Holly Wootten	H&Wor	30.60 es
16 Emma Claydon	Staff	30.27 es
17 Jessica Veitch	Sussex	30.14 es
18 Georgia Woods	Lincs	29.15 es
19 Nicola Haynes	Nland	28.93
20 Chloe Moore	Cumb	28.79
21 Sian Karleusa	Staff	27.53
22 Sally Friend	Lancs	24.07
23 Sophie Mason	Devon	23.49

Inter Girls 100 metres

ES: 12.60 NS: 12.30 BP: 11.50

Round 1**Heat 1 (+1.3m/s)**

1 Bianca Williams	Midd	12.47 es
2 Rebecca Brown	Devon	12.56 es
3 Cleo-Patrice Barbour	Surrey	12.59 es
4 Claire Paterson	Hamp	12.63
5 Beth Reuben	Warks	12.82
6 Samantha Griffiths	H&Wor	12.82
7 Ellie Quirk	Mersey	12.83
8 Eloïuse Taylor	Derby	12.85

Heat 2 (+1.0m/s)

1 Makeda Lewis	Midd	12.13 ns
2 Rebecca Watts	Humb	12.23 ns
3 Ann Ika-Oqwa	WMid	12.34 es
4 Sophie Clifford	Glouc	12.44 es
5 Chloe Mays	Bucks	12.48 es
6 Katy Wyper	Lancs	12.49 es
7 Lorna Goldsmith	Durham	12.50 es
8 Rebecca Chapman	Devon	12.52 es

Final

1 West Yorkshire	WYork	48.50 ns
2 Norfolk	Norf	48.71 ns
3 Kent	Kent	48.82 ns
4 Lancashire	Lancs	49.57 ns
5 London	London	50.02 ns
6 Greater Manchester	Manch	50.21 ns
Lincolnshire	Lincs	dns
Hertfordshire	Herts	dq

Junior Girls High Jump

ES: 1.55 NS: 1.61 BP: 1.77

Round 1**Pool A**

1 Katy Lambert	Sussex	1.55 es
= Lucy Hodgson	SYork	1.55 es
= Jordanna Morrish	Corn	1.55 es
= Amelia Hempleman Adams Avon		1.55 es
= Molly Eales	WMid	1.55 es
6 Poppy Lake	Essex	1.52
= Lucy Gell	NYork	1.52
8 Reagan Dee	Mersey	1.52
9 Janet Brown	Herts	1.52
10 Emma Tilbrook	Norf	1.47
11 Anna Knowles	Manch	1.47
12 Natasha Teasdale	Durham	1.47
13 Demi Barrance	Midd	1.42
14 Rebecca Sullivan	WYork	1.42
15 Taisia Shuttleworth	Warks	1.42

Pool B

1 Sarah Douras	WMid	1.55 es
= Charlotte Shelley	Suff	1.55 es
= Kate Anson	Mersey	1.55 es
= Cosima Berry	Oxford	1.55 es
= Emma Cowell	Hamp	1.55 es
= Georgina Westwood	Berks	1.55 es
= Alice Harman	London	1.55 es
8 Maddie Bolton	Humb	1.47
= Emily Cummings	Cumb	1.47
= Kimberley Morgan	Devon	1.47
11 Isobel Brown	Sussex	1.47
= Nancy Ndure	Shrop	1.47
13 Finolla Frederick	Herts	1.42

Final

1 Kate Anson	Mersey	1.70 ns
2 Katy Lambert	Sussex	1.64 ns
3 Charlotte Shelley	Suff	1.64 ns
4 Cosima Berry	Oxford	1.64 ns
= Emma Cowell	Hamp	1.64 ns
6 Jordanna Morrish	Corn	1.61 ns
7 Lucy Hodgson	SYork	1.58 es
8 Amelia Hempleman Adams Avon		1.55 es
= Molly Eales	WMid	1.55 es
10 Alice Harman	London	1.55 es
11 Sarah Douras	WMid	1.55 es
12 Georgina Westwood	Berks	1.52

Junior Girls Long Jump

ES: 5.05 NS: 5.20 BP: 6.22

Final

1 Nikita Campbell-Smith	WMid	5.57 +0.6 ns
2 Jess Leek	Staff	5.37 +1.8 ns
3 Hephziban Ogunro	Herts	5.37 +1.2 ns
4 Ella Gibbons	H&Wor	5.35 +0.6 ns
5 Honor de Winton	Nhants	5.32 +1.3 ns
6 Yasmine D-F-Azoume	WYork	5.24 -0.8 ns
7 Lisa James	Chesh	5.21 +1.3 ns
8 Bethan Wakefield	Avon	5.12 +2.5 es
9 Charlotte Wignall	SYork	4.94 -0.1
10 Sophie Ayre	Kent	4.92 +0.1
11 Frances Read	London	4.82 -1.4
12 Georgie Haynes	Bucks	4.62 +0.7
13 Elise Williams	H&Wor	4.54 +1.6

Final

(+0.5m/s)

1 Junior Ejehu	London	21.35 ns
2 Sebastian Tully-Middleton	Nhants	21.37 ns
3 Danny Talbot	Wilts	21.58 ns
4 David Lima	WMid	21.75 ns
5 Luke Evans	Lancs	21.94 ns
6 Rashid Kakozza	Essex	22.16 es
7 Dannish Khan	SYork	22.41
Lewis Roualt	Midd	dns

Senior Boys 400 metres

ES: 49.30 NS: 48.80 BP: 46.26

Round 1**Heat 1**

1 Ross McDonald	WMid	48.98 es
2 Luke Edwards	SYork	49.15 es
3 Sonny Flynn	Midd	49.98
4 Danny Higham	Mersey	50.21
5 Junior George	WYork	50.48
6 Ben Sturgess	Nhants	52.41

Heat 2

1 James Baines	Notts	49.76
2 Gary Steventon	Berks	49.80
3 Gary Coleman	Avon	50.21
4 Tom Hinton	WMid	50.75

Heat 3

1 Harry Doran	Mersey	48.95 es
2 Markus Hunt	Herts	48.98 es
3 Michael Warner	Notts	49.01 es
4 Efekeko Okoro	WMid	50.00
5 Josh Allan	WYork	51.40
6 Philip Berners	Leics	52.46

Final

1 Ross McDonald	WMid	48.04 ns
2 Markus Hunt	Herts	48.26 ns
3 Michael Warner	Notts	48.42 ns
4 James Baines	Notts	48.80 ns
5 Luke Edwards	SYork	48.94 es
6 Harry Doran	Mersey	48.99 es
7 Gary Steventon	Berks	49.46
8 Sonny Flynn	Midd	49.97

Senior Boys 800 metres

ES: 1:55.00 NS: 1:53.00 BP: 1:48.60

Round 1**Heat 1**

1 Thomas Atkinson	WYork	1:55.44
2 Charles Gunning	Corn	1:55.61
3 Omar Mansour	Essex	1:55.62
4 Zac Randall	Bucks	1:55.66
5 Jarryd Dunn	WMid	1:57.79
6 Matthew Parker	Avon	2:01.73
7 Lewis Bostock	Notts	2:03.99

Heat 2

1 Jack Hallas	WYork	1:55.14
2 Robbie Schofield	Lancs	1:55.63
3 Andrew Richardson	Nland	1:55.63
4 Michael Di Laura	Sussex	1:55.97
5 Chris Kays	Manch	1:56.52
6 Tom Murphy	Cleve	2:03.62
Withdrawn	Mersey	dns

Heat 3

1 Nicholas Lingley	Herts	1:54.73 es
2 Marcus Bridger-Wilkinson	Berks	1:55.04
3 James Bowness	Cumb	1:55.05
4 Greg Urwin	Nland	1:55.09
5 Sam Petty	Devon	1:55.22
6 Tom Coney	WYork	1:58.55
7 Frazer Jardine	Manch	1:58.87

Heat 4

1 James Senior	Norf	1:56.76
2 Guy Learmonth	Nland	1:57.07
3 Philippe Essink	Oxford	1:57.36
4 Adam Morrell	Cleve	1:57.47
5 Gavin Lewis	Essex	1:57.96
6 Toby Griffiths	Shrop	1:58.69
7 James Stringer	Chesh	1:59.06

Round 2**Semi-final A**

1 Michael Di Laura	Sussex	1:56.42
2 Nicholas Lingley	Herts	1:56.42
3 Guy Learmonth	Nland	1:56.49
4 Thomas Atkinson	WYork	1:56.78
5 Marcus Bridger-Wilkinson	Berks	1:57.21
6 Philippe Essink	Oxford	1:57.61
7 Greg Urwin	Nland	1:58.61
8 James Bowness	Cumb	2:00.11

Semi-final B

1 Robbie Schofield	Lancs	1:54.66	es
2 Omar Mansour	Essex	1:54.71	es
3 Sam Petty	Devon	1:54.71	es
4 Charles Gunning	Corn	1:54.84	es
5 Andrew Richardson	Nland	1:55.00	es
6 James Senior	Norf	1:55.29	
7 Zac Randall	Bucks	1:57.57	
8 Jack Hallas	WYork	2:03.95	

Final

1 Robbie Schofield	Lancs	1:50.38	ns
2 Michael Di Laura	Sussex	1:52.35	ns
3 Guy Learmonth	Nland	1:52.79	ns
4 Omar Mansour	Essex	1:53.25	es
5 Nicholas Lingley	Herts	1:53.66	es
6 James Senior	Norf	1:54.14	es
7 Andrew Richardson	Nland	1:54.17	es
8 Charles Gunning	Corn	1:57.44	
9 Sam Petty	Devon	1:57.85	

Senior Boys 1500 metres

ES: 3:58.00 NS: 3:55.00 BP: 3:45.90

Final

1 Alex Cornwell	Essex	3:50.95	ns
2 John McDonnell	Beds	3:51.19	ns
3 Dale Clutterbuck	Essex	3:51.84	ns
4 Jelle Verwer	Warks	3:52.00	ns
5 Harry Ellis	Chesh	3:53.01	ns
6 Adam Clarke	Sussex	3:54.70	ns
7 Ben Coldray	Glouc	3:55.09	es
8 David Horniman	Manch	3:55.31	es
9 Tom Bowerman	Hamp	3:55.66	es
10 Sam Deathe	Bucks	3:56.66	es
11 Chad Lambert	Midd	3:56.80	es
12 Sam Stabler	Leics	3:58.36	
13 David Forrester	Mersey	4:02.33	
14 Thomas Crowley	WYork	4:03.96	
15 Chris Carter	Shrop	4:05.28	
16 Jamie Roden	Manch	4:07.87	
Matthew Crehan	Manch	dns	

Senior Boys 3000 metres

ES: 8:36.00 NS: 8:33.00 BP: 8:10.50

Final

1 Tom Farrell	Cumb	8:25.02	ns
2 Daniel Clorley	Beds	8:25.42	ns
3 Philip Hurst	Durham	8:27.35	ns
4 Russ Best	Cleve	8:35.69	es
5 Daniel Cliffe	Chesh	8:36.60	
6 Andy Combs	Kent	8:38.88	
7 Paul Thompson	WMid	8:42.29	
8 Ryan Parker	Beds	8:44.09	
9 Jeremy Gilmour	Manch	8:45.86	
10 James Robinson	Norf	8:49.73	
11 Elliott Palmer	Suff	8:50.43	
12 Adam Blundell	Staff	9:00.13	
13 Jake Shelley	Midd	9:05.08	
Ronnie Sparke	Herts	dnf	
Ben Norris	Notts	dnf	

Senior Boys 110 metres Hurdles

ES: 15.20 NS: 14.80 BP: 13.60

Round 1**Heat 1 (+1.7m/s)**

1 Emmanuel Okpokiri	Essex	14.21	ns
2 Ori Lawrence	WMid	14.35	ns
3 Alex Nwenwu	Shrop	14.48	ns
4 Ashley Wilson	Essex	14.71	ns
5 Michael Feeney	Derby	15.34	
Shaun Leigh	Sussex	dns	

Heat 2 (+2.4m/s)

1 Matthew Walcott	Surrey	14.34	ns
2 Lee Hamilton	Corn	14.51	ns
3 Rob Hockedy	Somer	15.54	
4 Kurtis Holmes	WMid	30.37	
James McLean	Essex	dq	

Final**(-0.7m/s)**

1 Emmanuel Okpokiri	Essex	14.18	ns
2 Ori Lawrence	WMid	14.28	ns
3 Alex Nwenwu	Shrop	14.34	ns
4 Kurtis Holmes	WMid	14.34	ns
5 Lee Hamilton	Corn	14.47	ns
6 Matthew Walcott	Surrey	14.66	ns
7 Ashley Wilson	Essex	15.08	es
8 Rob Hockedy	Somer	15.29	
9 Michael Feeney	Derby	15.44	

Final

1 Jessica Judd	Essex	4:23.58	bp
2 Loren Bleaken	Wilts	4:38.05	ns
3 Susan Shiel-Rankin	Surrey	4:39.66	ns
4 Alice Wright	H&Wor	4:40.22	ns
5 Grace Howie	Dorset	4:40.31	ns
6 Elizabeth Bird	Herts	4:40.34	ns
7 Rosie Chamberlain	Devon	4:42.97	ns
8 Abbie Hetherington	Cumb	4:43.74	es
9 Alanah Harris	Beds	4:44.48	es
10 Amy Sweet	Corn	4:44.70	es
11 Danielle Wallis	Chesh	4:45.19	es
12 Matilda Lowther	NYork	4:45.94	es

Junior Girls 75 metres Hurdles

ES: 11.90 NS: 11.50 BP: 10.70

Round 1**Heat 1 (-1.9 (m/s)**

1 Yasmin Miller	Derby	11.04	ns
2 Lucy Hatton	Nhants	11.37	ns
3 Shawna Walsh	Devon	11.70	es
4 Sarah Neate	Wilts	11.75	es
5 Ella Cave	Camb	11.77	es
6 Libby Naylor	Shrop	11.91	
7 Georgia Whitfield	Durham	12.14	

Heat 2 (-2.3 (m/s)

1 Stephanie Clitheroe	Bucks	11.61	es
2 Emma Douras	WMid	11.65	es
3 Hannah Bridgwater	Shrop	11.70	es
4 Millie Cooper	Lincs	11.71	es
5 Abigail Smith	Durham	12.02	
= Alicia Tynan-Mcewan	Herts	12.02	
7 Rhiannon Jones	Kent	12.24	

Heat 3 (-1.2 (m/s)

1 Anna Davies	Notts	11.23	ns
2 Tanisha Clayton	Hamp	11.53	es
3 Madeline Smith	WMid	11.53	es
4 Jahisha Thomas	Surrey	11.59	es
5 Marnie Wells-Nicholls	Mersey	11.74	es
6 Laura Brown	Sussex	11.75	es

Heat 4 (-2.5 (m/s)

1 Hayley McLean	Essex	11.26	ns
2 Danielle McGifford	Mersey	11.50	ns
3 Serlina Swaby-Constantine	London	11.66	es
4 Maria Brett	Corn	12.02	
5 Keeleigh Chapman	Wilts	12.02	
6 Alice Jennings	Chesh	12.10	
7 Nicole Bewley	SYork	12.14	

Round 2**Semi-final A (+1.1m/s)**

1 Yasmin Miller	Derby	11.07	ns
2 Jahisha Thomas	Surrey	11.42	ns
3 Stephanie Clitheroe	Bucks	11.44	ns
4 Emma Douras	WMid	11.77	es
5 Hannah Bridgwater	Shrop	11.81	es
6 Serlina Swaby-Constantine	London	11.82	es
7 Marnie Wells-Nicholls	Mersey	12.02	
Lucy Hatton	Nhants	dnf	

Semi-final B (+0.6m/s)

1 Hayley McLean	Essex	11.25	ns
2 Shawna Walsh	Devon	11.52	es
3 Anna Davies	Notts	11.54	es
4 Millie Cooper	Lincs	11.75	es
5 Danielle McGifford	Mersey	11.79	es
6 Laura Brown	Sussex	11.86	es
7 Madeline Smith	WMid	12.18	
8 Tanisha Clayton	Hamp	12.53	

Final**(-0.1m/s)**

1 Yasmin Miller	Derby	11.04	ns
2 Anna Davies	Notts	11.21	ns
3 Hayley McLean	Essex	11.27	ns
4 Jahisha Thomas	Surrey	11.55	es
5 Stephanie Clitheroe	Bucks	11.68	es
6 Emma Douras	WMid	11.77	es
7 Shawna Walsh	Devon	12.63	
Millie Cooper	Lincs	dq	

Junior Girls 4x100 metres Relay

ES: 52.00 NS: 50.50 BP: 48.10

Round 1**Heat 1**

1 Kent	Kent	49.70	ns
2 London	London	50.66	es
3 Berkshire	Berks	51.26	es
4 Wiltshire	Wilts	51.28	es
5 Buckinghamshire	Bucks	51.76	es
6 Cheshire	Chesh	52.17	
7 Humberside	Humb	54.77	
South Yorkshire	SYork	dns	

Heat 2

1 Norfolk	Norf	49.96	ns
2 West Yorkshire	WYork	50.15	ns
3 Lancashire	Lancs	50.87	es
4 Greater Manchester	Manch	51.00	es
5 Hertfordshire	Herts	51.08	es
6 Lincolnshire	Lincs	51.25	es
7 North Yorkshire	NYork	52.84	
Warwickshire	Warks	dq	

Junior Girls 800 metres

ES: 2:19.00 NS: 2:16.00 BP: 2:08.70

Round 1**Heat 1**

1 Emily Jenkinson	Hamp	2:15.52 ns
2 Imogen Briscoe	Glouc	2:16.67 es
3 Connie McMillan	Oxford	2:17.07 es
4 Lily Owsley	Avon	2:17.18 es
5 Annasley Park	H&Wor	2:17.96 es
6 Charmaine Porter	Durham	2:20.70
7 Saffron Botterill	NYork	2:21.29
8 Gabrielle Kinney	WMid	2:23.99

Heat 2

1 Chelsea Jarvis	Mersey	2:18.61 es
2 Naomi Richardson	WMid	2:18.93 es
3 Danielle Leerson	ChIs	2:19.04
4 Naomi Collier	Lincs	2:19.41
5 Kiera Mooney	Norf	2:21.89
6 Rosanna Stewart	Hamp	2:22.16
7 Victoria Moritz	H&Wor	2:22.93
8 Danni Newman	Midd	2:27.14

Heat 3

1 Codie Marsh	Notts	2:18.73 es
2 Lucy McDermott	Warks	2:19.38
3 Holly Rice	Nhants	2:19.50
4 Stephanie Williams	Lincs	2:19.53
5 Amy Hillyard	WMid	2:20.46
6 Megan Steer	Herts	2:25.44
7 Rebecca Turton	Berks	2:26.79
= Olivia Wild	Manch	2:26.79

Final

1 Chelsea Jarvis	Mersey	2:14.65 ns
2 Naomi Richardson	WMid	2:14.66 ns
3 Emily Jenkinson	Hamp	2:15.51 ns
4 Connie McMillan	Oxford	2:16.46 es
5 Codie Marsh	Notts	2:16.72 es
6 Imogen Briscoe	Glouc	2:19.31
7 Lucy McDermott	Warks	2:19.86
Lily Owsley	Avon	dnf

Junior Girls 1500 metres

ES: 4:51.00 NS: 4:43.00 BP: 4:27.70

Round 1**Heat 1**

1 Jessica Judd	Essex	4:40.85 ns
2 Loren Bleaken	Wilts	4:44.89 es
3 Alanah Harris	Beds	4:47.81 es
4 Demi-Jade Jackymelen	Derby	4:48.18 es
5 Katy Wood	NYork	4:48.23 es
6 Beth Tynan	Mersey	4:50.83 es
7 Rebecca Knapton	Hamp	4:51.48
8 Amy Griffiths	Leics	4:51.71
9 Grace Baker	Sussex	4:51.91
10 Bethany Jones	Manch	4:54.87
11 Suzie Reid	Suff	5:10.50

Heat 2

1 Susan Shiel-Rankin	Surrey	4:42.24 ns
2 Grace Howie	Dorset	4:43.55 es
3 Danielle Wallis	Chesh	4:44.22 es
4 Abbie Hetherington	Cumb	4:45.04 es
5 Amy Sweet	Corn	4:45.15 es
6 Matilda Lowther	NYork	4:45.60 es
7 Charlotte Evans	Lancs	4:51.68
8 Rebecca Straw	H&Wor	4:53.73
9 Imogen Kempton	Oxford	5:01.31
10 Shannon Johnson	Manch	5:02.73
11 Jade Anderson-Busby	Hamp	5:07.19

Heat 3

1 Rosie Chamberlain	Devon	4:48.63 es
2 Alice Wright	H&Wor	4:50.55 es
3 Elizabeth Bird	Herts	4:52.97
4 Emma Peters	Manch	4:56.14
5 Rebecca Berger-North	Berks	4:56.53
6 Jessica Lonsdale	Humb	4:58.38
7 Stephanie Bruce	Nland	4:59.09
8 Jasmine Finlay	Bucks	4:59.57
9 Lauren Hawtin	Oxford	5:01.65
10 Daena Bennett	Hamp	5:02.66
11 Maddy Smith	Sussex	5:04.41

Senior Boys 400 metres Hurdles

ES: 56.20 NS: 55.00 BP: 51.50

Round 1**Heat 1**

1 Niall Flannery	Nland	54.28 ns
2 Matthew Sumner	Devon	54.92 ns
3 Ashley Fry	Berks	55.60 es
4 Adam Sansom	Notts	56.45
5 Oluseye Oyewobi	Midd	58.90

Heat 2

1 Tom Moakes	Notts	54.47 ns
2 Jordan Aromasodu	London	55.02 es
3 Tom Parry	Surrey	55.35 es
4 Leo Rice	ChIs	56.18 es
5 Adam Smith	Bucks	56.31
6 Phil Shotton	Shrop	57.79

Heat 3

1 Ashley Hill	H&Wor	54.62 ns
2 William Hartley	Surrey	55.20 es
3 Nick Phelps	Cleve	55.27 es
4 Sid Srinivas	Mersey	55.63 es
5 Christian Roberts	Camb	56.83
6 Gwilym Cooper	Sussex	57.82

Final

1 Niall Flannery	Nland	51.98 ns
2 Tom Moakes	Notts	53.31 ns
3 Matthew Sumner	Devon	53.49 ns
4 Ashley Hill	H&Wor	54.78 ns
5 Jordan Aromasodu	London	55.18 es
6 William Hartley	Surrey	55.58 es
7 Nick Phelps	Cleve	55.83 es
8 Tom Parry	Surrey	57.79

Senior Boys 2000 metres**Steeplechase**

ES: 6:07.00 NS: 6:03.00 BP: 5:38.20

Final

1 Tommy Bryant	London	5:56.05 ns
2 Andrew Sheridan	London	6:00.87 ns
3 Matthew Jackson	Chesh	6:04.43 es
4 Elliot Jackson	Cleve	6:08.04
5 Will Newnham	Hamp	6:09.30
6 Eliot Winter	Bucks	6:09.79
7 Jonathan Goringe	Nhants	6:12.18
8 Tom Frith	Essex	6:12.89
9 Alex Dunbar	Suff	6:26.58
Stephen Broadhurst	Chesh	dns

Senior Boys 4x100 metres Relay

ES: 44.50 NS: 43.50 BP: 41.30

Round 1**Heat 1**

Suffolk	Suff	dns
Leicestershire & Rutland		dns
Cleveland	Cleve	dq
London	London	dq
South Yorkshire	SYork	dq

Heat 2

1 Surrey	Surrey	43.15 ns
2 Essex	Essex	43.72 es
3 Merseyside	Mersey	44.72
4 West Yorkshire	WYork	45.59
5 Buckinghamshire	Bucks	45.73
Hertfordshire	Herts	dns

Heat 3

1 Middlesex	Midd	41.94 ns
2 Nottinghamshire	Notts	43.02 ns
3 Sussex	Sussex	43.92 es
4 Hampshire	Hamp	50.76
Greater Manchester	Manch	dnf
West Midlands	WMid	dq

Final

1 Middlesex	Midd	41.28 bp
2 Nottinghamshire	Notts	42.47 ns
3 Merseyside	Mersey	43.01 ns
4 Essex	Essex	43.30 ns
5 Sussex	Sussex	43.57 es
6 West Yorkshire	WYork	44.29 es
7 Buckinghamshire	Bucks	44.44 es
Surrey	Surrey	dq

Senior Boys High Jump

ES: 1.96 NS: 2.02 BP: 2.25

Final

1 Samuel Bailey	Essex	2.08 ns
2 Scott Johnson	Beds	2.08 ns
3 Chris Baker	Norf	2.05 ns
4 Onajite Okoro	WMid	2.02 ns
5 Matt Sloane	Dorset	1.99 es
6 Joe Kent	Sussex	1.99 es
7 Romeo Sithole	Leics	1.96 es
8 Alex Green	Berks	1.96 es
9 Tom Gardner	Sussex	1.93
10 Cameron Gore	Lancs	1.93
11 Max Clayton	H&Wor	1.88
12 Nathan Williams	Cumb	1.88

Senior Boys Long Jump

ES: 6.80 NS: 6.90 BP: 7.97

Final

1 Adam Timms	WYork	7.16	-1.5	ns
2 Daniel Bramble	Midd	6.97	-0.5	ns
3 Ben Gregory	Bucks	6.94	-1.0	ns
4 Dwyte Smith	Kent	6.90	-1.1	ns
5 Sam Sleaf	Hamp	6.61	-0.1	
6 Matthew Rollings	Chesh	6.58	-1.5	
7 Kadeem Greenidge-Smith	Herts	6.47	-0.9	
8 Ding Yang	Avon	6.03	-1.4	
9 Jermaine Olasan	London	5.86	-1.2	

Senior Boys Triple Jump

ES: 13.90 NS: 14.40 BP: 16.22

Final

1 Kola Adedoyin	Surrey	15.63	-0.8	ns
2 James McLachlan	Norf	15.26	+0.7	ns
3 Nathan Fox	Midd	15.04	+0.5	ns
4 James Hardy	Manch	14.73	-0.6	ns
5 Darren March	Kent	14.63	+0.2	ns
6 Nana Owusu-Nyantekyi	Berks	14.33	-0.4	es
7 Rhys McDonald	Suff	14.30	+0.7	es
8 Sam Edwards	Shrop	14.08	-0.9	es
9 Matthew Houlden	Lincs	13.67	+0.8	
10 Rory Constable	Hamp	13.67	+0.8	
11 Tom French	Sussex	13.16	+0.4	
12 Matthew Madden	Notts	13.10	-0.7	

Senior Boys Pole Vault

ES: 4.10 NS: 4.40 BP: 5.16

1 Cameron Walker	Sheperd Avon	4.70	ns
2 Edward Quiney	Surrey	4.70	ns
3 Paul Hallworth	SYork	4.70	ns
4 Jack Andrew	Manch	4.50	ns
5 Peter Henworth	Sussex	4.30	es
6 Edward Mourbey	Derby	4.30	es
7 Sam Brown	Sussex	4.20	es
8 Matthew Devereux	Beds	4.20	es
9 Jamie Courtenay	Glouc	4.20	es
10 Chris Pilling	Sussex	4.20	es
11 Jordan Henwood	Corn	4.10	es
12 Mark Cooper	Staff	4.10	es
13 James Davies	Manch	3.95	

Senior Boys Shot

ES: 13.00 NS: 14.10 BP: 20.64

Final

1 Anthony Oshodi	Essex	16.71	ns
2 Robert Mohan	Leics	16.42	ns
3 Gareth Winter	Glouc	14.49	ns
4 Paul Hayball	Camb	13.58	es
5 Daniel Morris	SYork	12.69	
6 James Preston	Avon	12.27	

Senior Boys Discus

ES: 40.00 NS: 44.00 BP: 59.72

Final

1 Curtis Griffith-Parker	London	54.52	ns
2 Zane Duquemin	Chls	53.80	ns
3 Steve Watson	Herts	52.52	ns
4 Lawrence Okoye	Surrey	50.70	ns
5 Matthew Baptiste	Essex	49.92	ns
6 Kariym Irving	Surrey	46.91	ns
7 Luke Braiden	Sussex	44.48	ns
8 Martin Tinkler	Camb	43.58	es
9 Marcus Francis	Derby	42.61	es
10 Fred Young	Hamp	41.97	es
11 Kane Humphrey	SYork	41.81	es
12 Peter Howard	Devon	40.07	es
13 Adam Smith	Lincs	38.74	
14 Stefan Robinson	Hamp	36.35	
15 Tom Pearson	Leics	33.96	

Senior Boys Javelin

ES: 53.00 NS: 57.00 BP: 72.89

Final

1 Matthew Hunt	Humb	68.78	ns
2 Ashley Bryant	Surrey	65.83	ns
3 Paul Allsopp	NYork	65.28	ns
4 Pieter Snyman	Beds	57.97	ns
5 Craig Lacy	London	56.66	es
6 Simon Klys	Somer	55.25	es
7 Harry Hollis	Leics	55.11	es
8 Ben Gibb	Somer	54.62	es
9 Oliver Squires	Midd	54.44	es
10 Chad Barton	Staff	53.38	es
11 Richard Shuttleworth	Hamp	52.98	es
12 Daniel Shaw	Kent	49.11	
13 Michael O'Donnell	Manch	46.99	
14 Danny Martin	Lincs	46.26	

Senior Boys Hammer

ES: 45.00 NS: 52.00 BP: 69.11

Final

1 Andrew Jordan	Surrey	62.87	ns
2 Joe Bloomfield	Suff	62.02	ns
3 Michael Jennings	Humb	59.57	ns
4 Peter Clarke	Essex	59.16	ns
5 Tim Williams	Glouc	57.66	ns
6 Michael Tommey	Glouc	52.45	ns
7 Ashley Andrews	Glouc	51.76	es
8 Matthew Payne-Davis	Midd	51.06	es
9 Jake Haylock	Kent	50.77	es
10 Jay Hill	Corn	50.58	es
11 Callum Woon	Hamp	49.37	es
12 Robert Dean	Staff	49.07	es
13 Sean Band	Lincs	47.10	es
14 Simon Evans	Sussex	45.96	es
15 Matthew Evans	Sussex	44.26	
16 Luke Slater	NYork	42.15	
17 Graeme Fairbairn	Nland	37.13	

Junior Girls 100 metres

ES: 12.80 NS: 12.60 BP: 11.56

Round 1**Heat 1 (+1.5m/s)**

1 Kate Wasyliv	WYork	12.51	ns
2 Maegan Taylor	Humb	12.71	es
3 Beth Bolton	Manch	12.80	es
4 Hazel Ashby	London	12.84	
5 Sophie Matthews	Bucks	12.89	
6 Emily Maltby	Lincs	12.93	
7 Eleanor Mullen	Cleve	13.04	

Heat 2 (+2.2m/s)

1 Jatile Reavill Blake	Herts	12.60	ns
2 Grace Eyles	WYork	12.63	es
3 Sidonie Brough	Manch	12.64	es
4 Eleanor Johnston	Warks	12.72	es
5 Rebecca Preston	Chesh	12.90	
6 Abigail Bishell	SYork	13.09	
7 Abbie Unsworth	Lancs	13.15	

Heat 3 (+1.8m/s)

1 Clieo Stephenson	Norf	12.21	ns
2 Lauren Powell	WYork	12.61	es
3 Georgia Lightbody	NYork	12.65	es
4 Daryll Neita	London	12.70	es
5 Lukesha Morris	Berks	12.98	
6 Enya Moore	Suff	13.01	
7 Cassidy Knight	Lancs	13.03	

Final

(+1.3m/s)

1 Clieo Stephenson	Norf	12.24	ns
2 Kate Wasyliv	WYork	12.41	ns
3 Jatile Reavill Blake	Herts	12.42	ns
4 Maegan Taylor	Humb	12.51	ns
5 Grace Eyles	WYork	12.55	ns
6 Sidonie Brough	Manch	12.62	es
7 Lauren Powell	WYork	12.64	es
8 Georgia Lightbody	NYork	12.77	es

Junior Girls 200 metres

ES: 26.40 NS: 25.70 BP: 23.60

Round 1**Heat 1 (+0.1m/s)**

1 Desree Henry	Midd	24.44	ns
2 Sophie Riley	Lancs	24.97	ns
3 Rachel Dickens	Surrey	25.66	ns
4 Sally Wareing	Mersey	26.08	es
5 Lauren Frid	SYork	26.22	es
6 Jessica Palmer	Berks	26.28	es
7 Georgina Middleton	Kent	26.35	es
8 Shalece Benjamin	WMid	26.60	

Heat 2 (+0.5m/s)

1 Dina Asher-Smith	Kent	25.02	ns
2 Sophie Papps	Berks	25.32	ns
3 Maxine Meju	Lancs	25.52	ns
4 Stephanie Steele-Boyce	London	26.05	es
5 Anna Alexander Holmes	Wilts	26.32	es
6 Jade Piper	WMid	26.39	es
7 Faye Horrocks	Manch	26.53	
8 Zoe Kerins	WYork	26.79	

Heat 3 (+3.8m/s)

1 Ciara Flannery	WYork	24.91	ns
2 Charlotte Wingfield	Midd	25.00	ns
3 Alice McMahon	Chesh	25.55	ns
4 Rachel Highfield	Cleve	25.93	es
5 Victoria Mitchell	Norf	26.01	es
6 Abi Davies	Wilts	26.50	
7 Heidi Hopwood	Manch	26.55	
8 Olivia Caesar	Bucks	26.99	

Final

(+0.5m/s)

1 Desree Henry	Midd	24.21	ns
2 Sophie Riley	Lancs	24.94	ns
3 Charlotte Wingfield	Midd	25.01	ns
4 Ciara Flannery	WYork	25.13	ns
5 Dina Asher-Smith	Kent	25.36	ns
6 Sophie Papps	Berks	25.48	ns
7 Maxine Meju	Lancs	26.19	es
Alice McMahon	Chesh	dns	