
Junior Boys 100 metres

ES: 11.80 NS: 11.40 BP: 10.93

Round 1**Heat 1 (-0.9m/s)**

1	Joel Williams	Bucks	11.92
2	Ravi Talla	Berks	11.97
3	Andrew Priddle	Avon	11.99
4	Marcus Webber	Manch	12.01
5	Kyle Carlisle	Leics	12.13
6	Usman Butt	Nland	12.15

Heat 2 (-2.2m/s)

1	Victor Ade-Davis	London	11.69	es
2	Luke McNally	Midd	11.91	
3	Kyle Wilson	Dorset	11.96	
4	Ransford Anthony	SYork	11.99	
5	Connor Walker-Simms	Sussex	12.07	
6	Sam Tan	Kent	12.21	

Heat 3 (-0.8m/s)

1	Sulaiman Bangura	London	11.53	es
2	James Wyatt	Berks	11.94	
3	Alec Crowter	Devon	11.96	
4	Nathan Cobern	Dorset	12.10	
5	Ryan Gordon	Bucks	12.25	
6	Tom Holmes	Herts	12.31	

Heat 4 (-0.6m/s)

1	Spencer James	Devon	11.87	
2	Jonathan Birbeck	NYork	11.88	
3	Kota Suzuki	H&Wor	12.01	
4	Tom Kill	Cleve	12.10	
5	Rorie Robinson	London	12.14	
6	Lewis Phillips	Bucks	12.20	
7	John Nix	Wilts	12.38	

Round 2**Semi-final A (+2.3m/s)**

1	Sulaiman Bangura	London	11.32	ns
2	Ravi Talla	Berks	11.63	es
3	Jonathan Birbeck	NYork	11.66	es
4	Kota Suzuki	H&Wor	11.79	es
5	Ransford Anthony	SYork	11.83	
6	Alec Crowter	Devon	11.90	
7	Joel Williams	Bucks	11.96	
8	John Nix	Wilts	12.02	
9	Tom Kill	Cleve	12.08	

Semi-final B (-1.2m/s)

1	Victor Ade-Davis	London	11.60	es
2	Kyle Wilson	Dorset	11.75	es
3	Spencer James	Devon	11.77	es
4	James Wyatt	Berks	11.79	es
5	Luke McNally	Midd	11.79	es
6	Andrew Priddle	Avon	11.84	
7	Marcus Webber	Manch	12.02	
8	Connor Walker-Simms	Sussex	12.19	

Final

(-1.0m/s)

1	Sulaiman Bangura	London	11.48	es
2	Victor Ade-Davis	London	11.54	es
3	Jonathan Birbeck	NYork	11.74	es
4	Ravi Talla	Berks	11.76	es
5	Spencer James	Devon	11.87	
6	James Wyatt	Berks	11.89	
7	Kyle Wilson	Dorset	11.91	
8	Kota Suzuki	H&Wor	11.93	

Junior Boys 200 metres

ES: 24.20 NS: 23.40 BP: 22.03

Round 1**Heat 1 (-0.8m/s)**

1	Alex Pycock	Lincs	23.4	ns
2	Adam Thomson	Mersey	23.5	es
3	Liam Clowes	Chesh	23.6	es
4	Adam Collinson	Humb	24.2	es

Heat 2 (-1.8m/s)

1	Laurence Owen	London	23.4	ns
2	Ainsley Campbell	Berks	23.8	es
3	Akeem Akintokun	Essex	23.9	es
4	Domonic Jackson	Midd	24.3	
5	James Lovett	Durham	24.3	
6	Zachariah Theodore	Bucks	24.9	

Heat 3 (-1.0m/s)

1	Joseph Hutchinson	Wilts	23.4	ns
2	Jordan Arthur	Midd	23.7	es
3	Bradley Awuah-Peasah	Hamp	23.7	es
4	Peter Watling	Staff	24.2	es
5	Jordon Holland	Leics	24.6	
6	Quincie Michael	London	25.3	

Heat 4 (-1.0m/s)

1	James Armstrong	Mersey	23.3	ns
2	Richard Hodgson	Cleve	23.8	es
3	Malachi Connolly	London	23.9	es
4	Kai Hewitt	Norf	23.9	es
5	Edward Baxter-Derrington	Surrey	24.0	es
6	Ben Stephenson	NYork	24.0	es
7	Bradley Shenton	Hamp	24.6	

Round 2**Semi-final A (+1.1m/s)**

1	James Armstrong	Mersey	22.88	ns
2	Joseph Hutchinson	Wilts	23.18	ns
3	Jordan Arthur	Midd	23.54	es
4	Liam Clowes	Chesh	23.66	es
5	Richard Hodgson	Cleve	23.70	es
6	Kai Hewitt	Norf	24.03	es
7	Malachi Connolly	London	24.03	es
8	Peter Watling	Staff	24.38	

Semi-final B (+1.3m/s)

1	Alex Pycock	Lincs	23.22	ns
2	Laurence Owen	London	23.33	ns
3	Bradley Awuah-Peasah	Hamp	23.45	es
4	Adam Thomson	Mersey	23.60	es
5	Ainsley Campbell	Berks	23.60	es
6	Akeem Akintokun	Essex	23.79	es
7	Ben Stephenson	NYork	23.99	es

Final

(+0.5m/s)

1	Joseph Hutchinson	Wilts	22.64	ns
2	James Armstrong	Mersey	22.86	ns
3	Jordan Arthur	Midd	22.93	ns
4	Laurence Owen	London	23.06	ns
5	Alex Pycock	Lincs	23.29	ns
6	Bradley Awuah-Peasah	Hamp	23.39	ns
7	Adam Thomson	Mersey	23.56	es
8	Liam Clowes	Chesh	23.60	es

Junior Boys 400 metres

ES: 54.50 NS: 52.80 BP: 49.98

Round 1**Heat 1**

1	Thomas Bensted	Kent	50.96	ns
2	Zac Hooper	Derby	52.05	ns
3	Sylvester Akpalara	London	52.42	ns
4	Aaron Pierre	Midd	52.74	ns
5	Matt Dear	Dorset	53.17	es
6	Charlie Hills	Sussex	53.37	es
7	Sean Wilson	Mersey	53.79	es
8	Thomas Cubitt	Oxford	54.09	es

Heat 2

1	Sunny Adebajji	London	51.64	ns
2	Jacob Axtell	Lincs	52.24	ns
3	James Buck	NYork	52.50	ns
4	Ben Parkin	Surrey	53.02	es
5	James Wright	Oxford	53.49	es
6	Lewis Keeble	Herts	54.29	es
7	Josh Eades	Wilts	55.02	
8	Martin Young	Durham	55.24	

Heat 3

1	Soren Little	Hamp	52.10	ns
2	Cameron Irwin	Essex	52.11	ns
3	Will Grist	Kent	52.62	ns
4	Ashwin Kang	Derby	53.37	es
5	Andrew Tanner	Suff	53.44	es
6	Greg Jacksn	Cleve	54.53	
7	Mitchell White	Berks	54.95	
8	De La Rey Veenendaal	Leics		disq

Final

1	Thomas Bensted	Kent	51.07	ns
2	Sunny Adebajji	London	52.00	ns
3	Soren Little	Hamp	52.39	ns
4	Zac Hooper	Derby	52.74	ns
5	Cameron Irwin	Essex	52.80	ns
6	James Buck	NYork	53.17	es
7	Sylvester Akpalara	London	53.43	es
8	Jacob Axtell	Lincs		

Junior Boys 800 metres

ES: 2:08.00 NS: 2:04.00 BP: 1:56.10

Round 1**Heat 1**

1	George Miller	Oxford	2:04.80	es
2	Simon Ninnim	Hamp	2:05.11	es
3	Peter Devaney	Beds	2:05.33	es
4	Jake Domingo	Leics	2:06.24	es
5	Jordan Maurice	Surrey	2:08.21	
6	Calum Gardner	Derby	2:09.63	
7	Ryan Childs	Notts	2:15.47	

Heat 2

1	Paul Scanlan	Essex	2:03.99	ns
2	Josh Oguntayo	Manch	2:04.67	es
3	Hari Faulkner	Kent	2:05.05	es
4	Josh Phillips	Durham	2:05.47	es
5	Shaun Webb	Suff	2:06.13	es
6	Fraser Babbage	Avon	2:06.50	es
7	Niall Maguire	Derby	2:23.12	

Heat 3

1	Rikkie Letch	Surrey	2:06.27	es
2	Lloyd Hilton	Chesh	2:06.41	es
3	Max Kaye	WYork	2:06.52	es
4	Aaron Orman	Hamp	2:06.79	es
5	Sam Southall	Leics	2:07.67	es
6	Luke Roughley	Staff	2:07.96	es
7	Ben Phillips	Essex	2:08.64	

Heat 4

1	Kudzai Chirunga	Beds	2:06.10	es
2	Paul Clifford	Durham	2:06.22	es
3	Stuart Ferguson	Oxford	2:06.36	es
4	Joe Aris	Cumb	2:06.59	es
5	Brett Halliwell	Avon	2:06.88	es
6	Stefan Richards	Surrey	2:06.92	es
7	Oronde Saunders	Herts	2:09.26	

Round 2**Semi-final A**

1	Simon Ninnim	Hamp	2:05.85	es
2	George Miller	Oxford	2:05.97	es
3	Hari Faulkner	Kent	2:06.31	es
4	Kudzai Chirunga	Beds	2:06.67	es
5	Max Kaye	WYork	2:07.59	es
6	Paul Clifford	Durham	2:08.01	
7	Shaun Webb	Suff	2:08.14	
8	Jake Domingo	Leics	2:13.07	

Semi-final B

1	Rikkie Letch	Surrey	2:03.27	ns
2	Paul Scanlan	Essex	2:03.52	ns
3	Lloyd Hilton	Chesh	2:04.37	es
4	Peter Devaney	Beds	2:04.94	es
5	Josh Oguntayo	Manch	2:05.67	es
6	Josh Phillips	Durham	2:05.80	es
7	Fraser Babbage	Avon	2:08.84	
8	Stuart Ferguson	Oxford	2:10.26	

Final

1	Rikkie Letch	Surrey	1:59.88	ns
2	Paul Scanlan	Essex	2:00.27	ns
3	Josh Oguntayo	Manch	2:02.36	ns
4	Lloyd Hilton	Chesh	2:03.08	ns
5	Simon Ninnim	Hamp	2:03.74	ns
6	Hari Faulkner	Kent	2:03.96	ns
7	Peter Devaney	Beds	2:04.66	es
8	George Miller	Oxford	2:06.28	es

Junior Boys 1500 metres

ES: 4:22.00 NS: 4:17.00 BP: 4:03.60

Round 1**Heat 1**

1	Luke Carroll	Glouc	4:13.98	ns
2	Anthony Taylor	Essex	4:14.48	ns
3	Dean Scott	Corn	4:14.79	ns
4	Tom Curr	Glouc	4:15.26	ns
5	Jamie Crompton	Manch	4:16.62	ns
6	Jack Gray	WMid	4:17.63	es
7	Michael Wood	WYork	4:17.85	es
8	Michael Priestley	Nland	4:20.41	es
9	Tom Collins	Notts	4:22.19	
10	Michael Logue	Manch		

Heat 2

1	Elliott Woolmer	Surrey	4:17.95	es
2	Stephen Parkes	Warks	4:18.04	es
3	Louis Gates	Hamp	4:18.51	es
4	Josh Bentham	Kent	4:18.78	es
5	Tom Graves	WMid	4:19.93	es
6	Tom Purnell	Glouc	4:21.31	es
7	Sam Atkin	Humb	4:22.37	
8	Tom Nuttall	Manch	4:23.53	
9	Ben Connor	Derby	4:24.55	
10	Matthew Grieve	Cumb	4:24.94	
11	Liam White	London	4:27.23	

Final

1 Elliott Woolmer	Surrey	4:13.16	ns
2 Anthony Taylor	Essex	4:13.89	ns
3 Tom Curr	Glouc	4:14.50	ns
4 Stephen Parkes	Warks	4:16.38	ns
5 Dean Scott	Corn	4:17.42	es
6 Louis Gates	Hamp	4:18.60	es
7 Jamie Crompton	Manch	4:20.26	es
8 Luke Carroll	Glouc	4:22.28	
9 Jack Gray	WMid	4:23.60	
10 Michael Wood	WYork	4:25.03	

Junior Boys 80 metres Hurdles

ES: 12.20 NS: 11.60 BP: 10.73

Round 1

Heat 1 (-0.6m/s)

1 Ben Hopkins	Kent	11.50	ns
2 Dylan Demange	London	11.91	es
3 Anthony Ekundayo	Midd	11.94	es
4 Alex Elliot	Essex	12.14	es
5 James Crinion	Lancs	12.17	es
6 Harry Key	Leics	12.35	
7 Jonny Coates	Cleve	12.43	

Heat 2 (-1.2m/s)

1 Jamie Baxter	NYork	11.48	ns
2 Anthony Cummings	Surrey	11.59	ns
3 Jack Edgar-Hill	Essex	11.74	es
4 Adam McBraida	Avon	11.82	es
5 Daniel Needham	Manch	11.99	es
6 Nicolas Ofonagoro	Sussex	12.04	es
7 Themba Luhana	Nhants	12.25	
8 Michael McGirr	Bucks	12.31	

Heat 3 (-0.5m/s)

1 Ben Kelk	Camb	11.61	es
2 Enrico Dalle-Mulle	Mersey	11.77	es
3 Joe Peplow	Essex	11.86	es
4 Peter Spencer	Lincs	11.86	es
5 Deo Milandu	Staff	11.89	es
6 Alex Lee	Dorset	11.96	es
7 Nathan Mersh	Durham	13.01	

Final

(+2.7m/s)

1 Anthony Cummings	Surrey	11.31	ns
2 Ben Hopkins	Kent	11.32	ns
3 Adam McBraida	Avon	11.54	ns
4 Jack Edgar-Hill	Essex	11.56	ns
5 Ben Kelk	Camb	11.56	ns
6 Enrico Dalle-Mulle	Mersey	11.58	ns
7 Dylan Demange	London	11.87	es

Junior Boys 4x100 metres Relay

ES: 47.50 NS: 46.30 BP: 43.51

Round 1

Heat 1

1 London	London	45.07	ns
2 Wiltshire	Wilts	46.93	es
3 Durham	Durham	49.13	
4 Greater Manchester	Manch	49.61	
5 Avon	Avon		
6 Northamptonshire	Nhants		
7 Buckinghamshire	Bucks	disq	
8 Leicestershire & Rutland	Leics	disq	

Heat 2

1 Hampshire	Hamp	45.68	ns
2 Berkshire	Berks	46.39	es
3 Cleveland	Cleve	46.76	es
4 Lincolnshire	Lincs	47.34	es
5 Dorset	Dorset	47.56	
6 Staffordshire	Staff	47.84	
7 Kent	Kent	disq	
8 Sussex	Sussex	disq	

Heat 3

1 Merseyside	Mersey	45.42	ns
2 North Yorkshire	NYork	46.03	ns
3 Essex	Essex	46.51	es
4 Hereford & Worcestershire	H&Wor	48.04	
5 Nottinghamshire	Notts	49.74	
6 Cambridgeshire	Camb		
7 Middlesex	Midd	disq	
8 Hertfordshire	Herts	disq	

Final

1 London	London	44.82	ns
2 Hampshire	Hamp	45.50	ns
3 Merseyside	Mersey	45.54	ns
4 Essex	Essex	45.83	ns
5 Cleveland	Cleve	46.43	es
6 Berkshire	Berks	46.74	es
7 Wiltshire	Wilts	46.93	es
8 North Yorkshire	NYork	disq	

Junior Boys High Jump

ES: 1.72 NS: 1.78 BP: 1.96

Final

1 Alex Cox	Dorset	1.87	ns
2 Jordan Roach	WMid	1.81	ns
3 Matty Sadoh	Midd	1.81	ns
4 Jack Jones	Camb	1.78	ns
5 Sam Young	Lincs	1.72	es
6 Ben Pritchard	Berks	1.69	
7 Tom Blunt	Avon	1.69	
= Keno Mario-Ghae	Hamp	1.69	
9 Ross Walker-Smart	Notts	1.69	
10 Liam Hutton	Nhants	1.64	
= Kyle Fisher	Cumb	1.64	
= James Threlfall	Wilts	1.64	
= Keno Mario-Ghae	Hamp	1.64	
14 Josh Guest	Warks	1.64	
15 Matthew Parker	Cumb	1.64	
= Thomas Pearce	Surrey	1.64	
17 Josh Herbert	H&Wor	1.59	
18 Alex North	Leics	1.59	

Junior Boys Long Jump

ES: 5.70 NS: 6.00 BP: 6.70

Final

1 Julien Allwood	Surrey	6.15	0.0	ns
2 Dominic D'souza	Berks	6.05	-1.1	ns
3 Romane Walcott	Midd	6.01	-1.0	ns
4 Craig Jones	Mersey	5.97	-0.5	es
5 Leon Phillips	Hamp	5.97	0.0	es
6 Robert Gayler	Herts	5.94	0.0	es
7 James Davies	Lancs	5.83	0.0	es
8 David Harvey	Midd	5.82	0.0	es
9 Mark Henderson	Bucks	5.75	0.0	es
10 Stephen Holder	Notts	5.68	0.0	
11 Brandon Trower	NYork	5.51	0.0	
12 Ashley Wren	Humb	5.46	0.0	
13 Courtney Hart	Herts	5.44	0.0	
14 William Barnett	Warks	5.25	0.0	
15 Ben Jones	Camb	5.25	0.0	
16 Stephen Youll	NYork	5.20	0.0	
17 Joshua Kelly	Hamp	5.19	0.0	
18 Ben Davies	Camb	5.11	0.0	
19 Thomas Lily	Leics	5.10	0.0	
20 Simon Willis	NYork	5.08	0.0	
21 Michael Davies	Sussex	5.07	-0.8	
= Boston Williams	Leics	4.98	-1.1	
23 Seb Bomani	Wilts	4.91	0.0	
24 Nelson Tang	Midd	4.89	0.0	
25 Keagan Van Zyl	Nland	4.78	0.0	

Junior Boys Triple Jump

ES: 12.00 NS: 12.40 BP: 13.92

Final

1	David Crisp	Essex	12.94	+0.8	ns
2	Simeon Bennett	Beds	12.50	+0.2	ns
3	James Okeyemi	Midd	12.28	+0.3	es
4	James Lelliott	Somer	12.24	+0.6	es
5	David Birks	Staff	11.99	+0.7	
6	Adrian Assinor	London	11.93	+2.0	
7	Reece Gilbert	WMid	11.87	+0.9	
8	Jordan Kelly	Mersey	11.81	+0.5	
9	Aaron Husbands	London	11.78	+1.5	
10	Ross Breckon	NYork	11.64	+1.1	
11	Jeremy Baily	Lincs	11.63	+0.8	
12	Ryan Stride	WMid	11.58	+0.8	
13	Joe Beckett	Sussex	11.57	+1.3	
14	Daniel Murray	Surrey	11.49	+1.8	
15	William Hadley	H&Wor	11.17	0.0	

Junior Boys Pole Vault

ES: 2.85 NS: 3.20 BP: 4.30

Final

1	Tom Gibson	Wilts	3.50	ns
2	Richard Humby	Hamp	3.20	ns
3	Aaron Kaye	Essex	3.10	es
4	James Edmunds	Herts	3.10	es
5	Mason Caton-Brown	Midd	3.00	es
6	Eric Martin	SYork	3.00	es
7	Chris Dudman	Essex	2.85	es
8	Isaac Vassell	Corn	2.85	es
9	Tom Lovelock	Herts	2.70	
=	Jake Bishop	Avon	2.70	
=	Robert Whittingham	Avon	2.70	
=	Greg Appleby	Manch	2.70	

Junior Boys Shot

ES: 12.30 NS: 13.30 BP: 18.29

Final

1	Tom Peacock	Midd	14.17	ns
2	Josh Newman	WMid	13.99	ns
3	Matthew Halton	Corn	13.59	ns
4	Nicholas Blunsom	Nhants	13.12	es
5	William Roberts	Essex	12.90	es
6	Gideon Hammond	Sussex	12.78	es
7	Daniel Skinner	WMid	12.52	es
8	Nathan Morris	Cumb	12.22	
9	Paco Craig	Herts	12.09	
10	Adam Damadzic	H&Wor	11.92	
11	Khalil Njoya	Surrey	11.66	
12	Bonney Kasule	Sussex	11.36	
13	Timothy Weber	Norf	11.07	
14	Mark Babatunde	Midd	10.92	
15	Alan Toward	Durham	10.88	
16	Scott Lincoln	NYork	10.75	
17	Ashley Randell	Nhants	10.69	
18	Courtney Walsh	Hamp	10.57	

Junior Boys Discus

ES: 35.00 NS: 38.00 BP: 54.54

Final

1	Liam Biddlecombe	Somer	51.76	ns
2	Najee Fox	Staff	41.67	ns
3	Ryan Barrett	Surrey	40.91	ns
4	Jake Armstrong	WYork	40.03	ns
5	James Annobil	Herts	38.63	ns
6	Gabriel Ankrah	London	37.06	es
7	Craig Westerman	WYork	35.46	es
8	Kieran Miles	Lancs	34.51	

Junior Boys Javelin

ES: 43.00 NS: 46.00 BP: 54.65

Final

1	Matti Mortimore	Suff	53.24	ns
2	Bradley Burr	Essex	49.26	ns
3	Kieran Record	Essex	49.24	ns
4	Sam Taylor-Outridge	Bucks	48.16	ns
5	Timothy Billings	Kent	48.15	ns
6	Tim Pitson	Sussex	44.85	es
7	Ryan Wennington	Essex	43.22	es
8	Ryan Carew	Mersey	42.82	
9	Louie Barnfarther	Glouc	42.08	
10	Josh Guy	Chesh	42.05	
11	Michael Stanton	SYork	42.01	
12	George Minihan	Herts	41.35	
13	Steven Turnock	Devon	40.41	
14	Ed Skinner	Norf	37.68	
15	Dan Whisken	Dorset	36.59	
16	Charlie Stocks	Leics	32.80	

Junior Boys Hammer

ES: 37.00 NS: 44.00 BP: 70.78

Final

1	Andrew Elkins	Dorset	53.72	ns
2	Sam Barnes	Humb	47.90	ns
3	Alex Holdsworth	Beds	47.75	ns
4	Jordan Bowser	Nland	47.10	ns
5	Jimmy Coleman	Glouc	46.18	ns
6	Dave Southby	Wilts	44.85	ns
7	Dempsey McGuigan	Midd	42.83	es
8	Matthew Lasis	Sussex	40.23	es
9	Jonathan Edwards	Camb	40.08	es
10	Marcus Lewis	Mersey	39.98	es
11	Nick Miller	Cumb	39.01	es
12	Sam Blain	NYork	38.52	es
13	Samuel Foster	Nhants	38.28	es
14	John Macgillivray	Camb	31.77	

Inter Boys 100 metres

ES: 11.20 NS: 11.00 BP: 10.44

Round 1**Heat 1 (-3.7m/s)**

1	Andrew Robertson	Manch	11.09	es
2	Antoe Walters	WMid	11.21	
3	Martin Hall	Avon	11.53	
4	Luke Miller-Briggs	Chesh	11.60	
5	Guy Mayer	Staff	11.64	
6	Greg Nott	Devon	11.74	
7	Andrew Wilkinson	Nland	12.08	

Heat 2 (-0.2m/s)

1	Christian Wade	Bucks	11.25	
2	Jermaine Alexander	Surrey	11.26	
3	Matthew Davison	Durham	11.29	
4	Nathan Roach	Manch	11.47	
5	Hakeem Aderibigbe	London	11.54	
6	Alexander Jovanovski	Herts	11.63	
7	Chris Morter	Camb	11.78	
8	William Goldsmith	Suff	11.87	

Heat 3 (-1.8m/s)

1	Joshua Patrick	Berks	11.10	es
2	Deji Tobais	Beds	11.20	es
3	Nayef Abed	Manch	11.44	
4	Rudy Francis	London	11.53	
5	Kieran Munnely	Leics	11.54	
6	Robert Blake	Chesh	11.57	
=	George Robinson	Devon	11.57	

Heat 4 (-1.7m/s)

1	Dijon Archer	London	11.29
2	William Ife	Midd	11.33
3	Andy Millen	Sussex	11.43
4	Richard Reeves	SYork	11.54
5	Neil Chivers	Dorset	11.63
6	Luke Evans	Lancs	11.68
7	Dominic Friend	Leics	11.92

Round 2**Semi-final A (+1.9m/s)**

1	Joshua Patrick	Berks	11.08	es
2	Jermaine Alexander	Surrey	11.17	es
3	Antoe Walters	WMid	11.22	
4	Christian Wade	Bucks	11.25	
5	Rudy Francis	London	11.45	
6	Kieran Munnely	Leics	11.47	
7	Nayef Abed	Manch	11.52	
8	Andy Millen	Sussex	11.54	

Semi-final B (+3.6m/s)

1	William Ife	Midd	10.75	ns
2	Andrew Robertson	Manch	10.81	ns
3	Deji Tobais	Beds	10.95	ns
4	Dijon Archer	London	11.06	es
5	Matthew Davison	Durham	11.17	es
6	Richard Reeves	SYork	11.34	
7	Nathan Roach	Manch	11.34	
8	Martin Hall	Avon	11.38	

Final

(+1.0m/s)				
1	Andrew Robertson	Manch	10.72	ns
2	Joshua Patrick	Berks	10.80	ns
3	William Ife	Midd	10.80	ns
4	Deji Tobais	Beds	10.97	ns
5	Dijon Archer	London	11.04	es
6	Antoe Walters	WMid	11.18	es
7	Jermaine Alexander	Surrey	11.19	es
8	Christian Wade	Bucks	11.32	

Inter Boys 200 metres

ES: 22.80 NS: 22.40 BP: 21.32

Round 1**Heat 1 (-1.0m/s)**

1	Antonio Infantino	Herts	22.00	ns
2	Rhion Samuel	Midd	22.44	es
3	Damon Harrison	WMid	22.58	es
4	Tom Mosley	WYork	22.59	es
5	Alexander Adcocks	Manch	22.93	
6	Frank Nouble	London	22.93	
7	Scott Foster	Devon	23.35	

Heat 2 (-0.6m/s)

1	Lewis Rouault	Midd	22.51	es
2	Daniel Traynor	Suff	22.68	es
3	Christopher Taylor	SYork	22.72	es
4	Nick Frodsham	Warks	22.90	
5	Ben Patterson	Cleve	23.07	
6	Josh Aldred	Norf	23.28	

Heat 3 (-1.3m/s)

1	Tony Corrigan	Chesh	22.62	es
2	Robert Ogleby	WMid	22.63	es
3	Lee McLaughlin	Surrey	22.82	
4	Sebastian Tully-Middleton	Nhants	22.87	
5	Kyle Jeffrey	WYork	23.19	
6	Michael West	Sussex	23.42	
7	Johnathan Harker	Lancs	23.49	

Heat 4 (+0.2m/s)

1	Junior Ejehu	Midd	22.18	ns
2	Danny Talbot	Wilts	22.73	es
3	Aidan Lee	Essex	22.75	es
4	Fiston Bitumba	London	22.81	
5	Harrison Foster	WYork	23.20	
6	Rob Patton	Durham	23.34	
7	Ben Riekstins	Shrop	23.66	

Round 2**Semi-final A (+2.6m/s)**

1	Antonio Infantino	Herts	21.95	ns
2	Rhion Samuel	Midd	22.02	ns
3	Tom Mosley	WYork	22.32	ns
4	Damon Harrison	WMid	22.57	es
5	Nick Frodsham	Warks	22.66	es
6	Danny Talbot	Wilts	22.84	
7	Lee McLaughlin	Surrey	22.91	
8	Tony Corrigan	Chesh	disq	

Semi-final B (+1.0m/s)

1	Junior Ejehu	Midd	22.08	ns
2	Lewis Rouault	Midd	22.38	ns
3	Robert Ogleby	WMid	22.51	es
4	Sebastian Tully-Middleton	Nhants	22.62	es
5	Daniel Traynor	Suff	22.68	es
6	Aidan Lee	Essex	22.92	
7	Fiston Bitumba	London	22.98	
8	Christopher Taylor	SYork	23.03	

Final

(+1.7m/s)				
1	Antonio Infantino	Herts	21.73	ns
2	Junior Ejehu	Midd	21.85	ns
3	Lewis Rouault	Midd	22.00	ns
4	Damon Harrison	WMid	22.24	ns
5	Rhion Samuel	Midd	22.38	ns
6	Robert Ogleby	WMid	22.65	es
7	Tom Mosley	WYork	22.72	es
8	Sebastian Tully-Middleton	Nhants	22.72	es

Inter Boys 400 metres

ES: 51.30 NS: 50.00 BP: 47.18

Round 1**Heat 1**

1	Michael Warner	Notts	50.11	es
2	Daniel Higham	Mersey	50.20	es
3	Michael Fraser	Norf	50.63	es
4	Gary Steventon	Berks	50.74	es
5	Alan Jepson	SYork	51.44	
6	George Baker	Suff	51.73	
7	Adam Rowland	Nland	51.84	
8	Thomas Gillespie	Herts	disq	

Heat 2

1	Nathan Wake	Herts	49.93	ns
2	Charlie Burn	Warks	50.06	es
3	Richard Oppong-Konadu	Camb	50.07	es
4	Adam Medcraft	Bucks	50.26	es
5	Max Sturgess	Beds	50.31	es
6	Daniel Bain	Wilts	51.64	
7	Simon Tinsley	Kent	51.84	
8	Sam Gough	Manch	52.42	

Heat 3

1	James Stringer	Chesh	50.05	es
2	Ashley Hill	H&Wor	50.07	es
3	Mark Hunt	Essex	50.10	es
4	Stephen Butterworth	Manch	50.68	es
5	Daniel Yip	Mersey	51.10	es
6	Jordan Aromasodu	London	51.11	es
7	Tom Hinton	WMid	51.90	
8	Chris Williams	Oxford		

Heat 4

1	Dan Putnam	Kent	49.65	ns
2	Harry Doran	Mersey	49.71	ns
3	Luke Edwards	WYork	49.73	ns
4	Ben Sturgess	Nhants	49.96	ns
5	Philip Berners	Leics	50.69	es
6	Marc Forrest	Berks	50.71	es
7	Daniel Nespoli	Lincs	51.61	
8	Sacha Henty	Sussex	52.93	

Round 2

Semi-final A

1	Richard Oppong-Konadu	Camb	50.13	es
2	Nathan Wake	Herts	50.14	es
3	James Stringer	Chesh	50.33	es
4	Mark Hunt	Essex	50.51	es
5	Charlie Burn	Warks	51.30	es
6	Daniel Higham	Mersey	51.33	
7	Adam Medcraft	Bucks	51.61	
8	Max Sturgess	Beds	52.30	

Semi-final B

1	Harry Doran	Mersey	48.51	ns
2	Michael Warner	Notts	49.10	ns
3	Dan Putnam	Kent	49.26	ns
4	Ashley Hill	H&Wor	50.05	es
5	Stephen Butterworth	Manch	50.21	es
6	Luke Edwards	WYork	50.45	es
7	Ben Sturgess	Nhants	50.77	es
8	Michael Fraser	Norf	50.84	es

Final

1	Michael Warner	Notts	48.56	ns
2	Nathan Wake	Herts	48.56	ns
3	Harry Doran	Mersey	48.95	ns
4	Dan Putnam	Kent	49.11	ns
5	Richard Oppong-Konadu	Camb	50.25	es
6	Ashley Hill	H&Wor	50.27	es
7	Stephen Butterworth	Manch	50.63	es
8	James Stringer	Chesh	50.77	es

Inter Boys 800 metres

ES: 1:59.00 NS: 1:57.00 BP: 1:51.90

Round 1

Heat 1

1	Adam Moore	Berks	1:57.58	es
2	Omar Mansoor	Essex	1:57.88	es
3	Joshua Moody	Derby	1:58.19	es
4	George Kemp	Beds	1:59.56	
5	Philippe Manning	Oxford	2:00.45	
6	Hayden Carter	Staff	2:00.66	
7	Nicholas Lingley	Bucks	2:01.67	

Heat 2

1	Toby Griffiths	Shrop	1:56.89	ns
2	Lloyd Heard	Essex	1:56.99	ns
3	James Senior	Norf	1:57.67	es
4	Andrew Clement	Hamp	1:59.89	
5	Thomas Atkinson	WYork	2:01.48	
6	Chris Kays	Manch	2:03.95	
7	Charles Gunning	Corn		

Heat 3

1	Stephen Cavey	Kent	1:57.39	es
2	Mukhtar Mohammed	SYork	1:58.80	es
3	Marcus Bridger-Wilkinson	Berks	1:59.07	
4	Lewis Bostock	Derby	1:59.76	
5	Tom Smith	Humb	2:00.27	
6	Tom Marsden	Sussex	2:00.56	
7	Darryl Connolly	Mersey	2:01.28	

Heat 4

1	Robbie Schofield	Lancs	1:58.67	es
2	Joel Taylor	Norf	1:58.85	es
3	Michael Di Laura	Sussex	1:58.92	es
4	Niall Brooks	Manch	1:58.95	es
5	Adam Morrell	Cleve	2:00.20	
6	Michael Goodwin	Beds	2:00.58	
7	Andrew Downing	WMid	2:01.30	

Heat 5

1	Davey Platt	Devon	1:56.09	ns
2	Jelle Verwer	Chesh	1:56.40	ns
3	Charlie Eastaugh	Warks	1:57.27	es
4	Russ Best	Cleve	2:00.98	
5	Liam Baister	Nland	2:02.77	
6	Simon Franklin	Nhants	2:03.45	
7	James Benjamin	Bucks	2:09.64	

Round 2

Semi-final A

1	Adam Moore	Berks	1:56.35	ns
2	Robbie Schofield	Lancs	1:56.73	ns
3	Mukhtar Mohammed	SYork	1:56.75	ns
4	Davey Platt	Devon	1:57.07	es
5	Omar Mansoor	Essex	1:57.08	es
6	Joshua Moody	Derby	1:59.56	
7	Niall Brooks	Manch	2:00.39	
8	James Senior	Norf	2:00.70	

Semi-final B

1	Stephen Cavey	Kent	1:57.49	es
2	Jelle Verwer	Chesh	1:58.23	es
3	Charlie Eastaugh	Warks	1:58.45	es
4	Lloyd Heard	Essex	1:58.51	es
5	Joel Taylor	Norf	1:58.76	es
6	Toby Griffiths	Shrop	1:59.89	
7	Michael Di Laura	Sussex	2:00.27	
8	Marcus Bridger-Wilkinson	Berks	2:00.56	

Final

1	Adam Moore	Berks	1:55.00	ns
2	Mukhtar Mohammed	SYork	1:55.11	ns
3	Robbie Schofield	Lancs	1:55.65	ns
4	Stephen Cavey	Kent	1:56.39	ns
5	Davey Platt	Devon	1:56.40	ns
6	Charlie Eastaugh	Warks	1:56.89	ns
7	Jelle Verwer	Chesh	1:57.09	es
8	Lloyd Heard	Essex	1:57.39	es
9	Omar Mansoor	Essex	1:57.91	es

Inter Boys 1500 metres

ES: 4:08.00 NS: 4:04.00 BP: 3:52.60

Round 1

Heat 1

1	Stephen Broadhurst	Chesh	4:01.66	ns
2	James Robinson	Norf	4:01.81	ns
3	Alex Cornwell	Essex	4:02.31	ns
4	Rhys Glastonbury	Oxford	4:03.27	ns
5	Billy Collins	Herts	4:03.63	ns
6	Cameron Scott	Herts	4:03.80	ns
7	Oli Aitchison	Hamp	4:04.05	es
8	Richard Spooner	SYork	4:05.04	es
9	Matthew Grant	Surrey	4:05.92	es
10	David Forrester	Mersey	4:06.20	es
11	Jack Hallas	WYork	4:12.50	
12	Matt Evans	Manch	4:22.97	

Heat 2

1	Ross Murray	Nland	4:03.02	ns
2	Jeremy Gilmour	Manch	4:03.35	ns
3	Matthew Bloy	Essex	4:03.94	ns
4	Ronnie Sparke	Herts	4:04.83	es
5	Michael Cooke	Manch	4:07.03	es
6	Thomas Crowley	WYork	4:07.90	es
7	Nathan Young	Somer	4:08.35	
8	Matthew Allott	Staff	4:09.01	
9	Tom Bowerman	Hamp	4:09.53	
10	Connor Darby	Suff	4:10.32	
11	Joe Gratton	Derby	4:13.51	
12	Chris Carter	Shrop	4:16.55	

Final

1	Ross Murray	Nland	3:55.70	ns
2	James Robinson	Norf	3:58.23	ns
3	Jeremy Gilmour	Manch	4:00.31	ns
4	Stephen Broadhurst	Chesh	4:01.83	ns
5	Rhys Glastonbury	Oxford	4:02.27	ns
6	Cameron Scott	Herts	4:02.54	ns
7	Alex Cornwell	Essex	4:03.48	ns
8	Matthew Bloy	Essex	4:08.67	
9	Oli Aitchison	Hamp	4:16.05	
10	Billy Collins	Herts	4:22.20	

Inter Boys 3000 metres

ES: 9:03.00 NS: 8:55.00 BP: 8:20.00

Final

1	Abdirisak Ahmed	SYork	8:38.49	ns
2	Ryan Parker	Beds	8:39.84	ns
3	Frank Kilama	Kent	8:47.89	ns
4	Michael Reed	Surrey	8:51.11	ns
5	Daniel Cliffe	Chesh	8:52.18	ns
6	Tom Farrell	Cumb	8:56.85	es
7	Adam Blundell	Staff	8:59.40	es
8	Andrew Ridley	Suff	9:02.98	es
9	Andy Combs	Kent	9:03.44	
10	Douglas Roberts	NYork	9:06.48	
11	Josh Gorecki	Surrey	9:06.74	
12	Richard Mann	Herts	9:12.90	
13	Elliot Palmer	Suff	9:13.97	
14	Paul Thompson	Notts	9:15.99	
15	Joe Dalglish	Glouc	9:22.02	
16	Philip Hurst	Nland	9:22.02	
17	Dale Williamson	Beds	9:29.23	
18	Danny Schofield	NYork	9:29.27	
19	Geoff Belcher	WYork	9:32.53	
20	Ben Coldray	Glouc	9:47.19	

Inter Boys 100 metres Hurdles

ES: 14.20 NS: 13.70 BP: 12.47

Round 1**Heat 1 (-0.2m/s)**

1	Jack Meredith	Mersey	13.56	ns
2	Ashley Wilson	London	13.60	ns
3	Emmanuel Okpokiri	Essex	13.73	es
4	Jack Andrew	Derby	14.08	es
5	Josh Green	WYork	14.19	es
6	Shaun Leigh	Sussex	14.38	

Heat 2 (-0.4m/s)

1	Curtis Holmes	WMid	13.67	ns
2	Brad Garside	Staff	13.73	es
3	Liam Wilson	Mersey	14.02	es
4	Bertie Lewis	Berks	14.19	es
5	Thomas Parry	Surrey	14.68	
6	Richard Kaufman	Nland	15.16	

Heat 3 (-0.5m/s)

1	James McLean	Essex	13.48	ns
2	Alex Nwenwu	Shrop	13.71	es
3	Ciaran Donnelly	WMid	13.97	es
4	Robert Hockedy	Somer	14.04	es
5	Alasdair Dewar	NYork	14.12	es
6	James Eaton	H&Wor	14.30	

Final

(+1.9m/s)

1	James McLean	Essex	12.75	ns
2	Jack Meredith	Mersey	13.22	ns
3	Ashley Wilson	London	13.27	ns
4	Alex Nwenwu	Shrop	13.28	ns
5	Brad Garside	Staff	13.40	ns
6	Emmanuel Okpokiri	Essex	13.54	ns
7	Ciaran Donnelly	WMid	13.85	es
8	Curtis Holmes	WMid	15.23	

Inter Boys 400 metres Hurdles

ES: 58.00 NS: 56.60 BP: 52.63

Round 1**Heat 1**

1	Lee Hamilton	Corn	54.11	ns
2	Tom Moakes	Notts	56.67	es
3	James Forman	Hamp	57.29	es
4	Richard Curl	WMid	57.34	es
5	Will Hartley	Surrey	58.05	
6	Alex Bell	NYork	59.01	
7	William Blackford	Cleve	65.16	

Heat 2

1	Jack Green	Kent	55.11	ns
2	James Berry	Devon	56.03	ns
3	Samuel Boshell	Essex	57.45	es
4	Matthaus Marriott	Nhants	58.51	
5	Jaryd Robinson	Hamp	58.71	
6	Alex Wright	Nland	58.89	
7	Phil Shotton	Shrop	60.03	

Heat 3

1	Niall Flannery	Nland	57.40	es
2	Matthew Madden	Notts	57.65	es
3	Jon Forester	Avon	57.86	es
4	Adam Smith	Bucks	58.43	
5	Christian Roberts	Camb	58.46	
6	Nick Phelps	Cleve	59.96	
7	Bryan Disney-Chilcott	Somer	61.13	

Final

1	Niall Flannery	Nland	54.14	ns
2	Lee Hamilton	Corn	54.68	ns
3	Jack Green	Kent	54.71	ns
4	Tom Moakes	Notts	56.27	ns
5	James Berry	Devon	56.46	ns
6	Matthew Madden	Notts	58.03	
7	Richard Curl	WMid	58.11	
8	James Forman	Hamp	61.07	

Inter Boys 1500 metres Steeplechase

ES: 4:36.00 NS: 4:30.00 BP: 4:14.00

Final

1	Ben Anthony	Lancs	4:25.92	ns
2	Tom Bryant	London	4:26.65	ns
3	Matthew Jackson	Chesh	4:33.60	es
4	Charlie Maclean	Somer	4:36.75	
5	Eliot Winter	Bucks	4:36.79	
6	Jonathan Goringe	Nhants	4:37.84	
7	Sam Witter	Manch	4:38.46	
8	William Funnell	Kent	4:41.17	
9	Karl Taylor	Nland	4:44.67	
10	Shane Robinson	Lincs	4:46.45	

Inter Boys 4x100 metres Relay

ES: 45.00 NS: 44.00 BP: 41.92

Round 1**Heat 1**

1	Greater Manchester	Manch	43.75	ns
2	Surrey	Surrey	43.93	ns
3	Somerset	Somer	46.53	
4	Hereford & Worcestershire	H&Wor	46.96	
5	Avon	Avon		
6	Lincolnshire	Lincs		
7	Staffordshire	Staff		disq

Heat 2

1	Hertfordshire	Herts	43.31	ns
2	Essex	Essex	43.32	ns
3	West Midlands	WMid	43.42	ns
4	West Yorkshire	WYork	43.93	ns
5	Buckinghamshire	Bucks	44.23	es
6	Leicestershire & Rutland	Leics	47.14	
7	South Yorkshire	SYork		

Heat 3

1	Devon	Devon	43.94	ns
2	Merseyside	Mersey	44.09	es
3	Sussex	Sussex	44.93	es
4	Cleveland	Cleve	45.69	
5	North Yorkshire	NYork	47.24	
6	Nottinghamshire	Notts		
7	Wiltshire	Wilts		
8	London	London		disq

Heat 4

1 Middlesex	Midd	43.13	ns
2 Cheshire	Chesh	44.00	ns
3 Kent	Kent	44.77	es
4 Bedfordshire & Luton	Beds	44.92	es
5 Shropshire	Shrop		
6 Northamptonshire	Nhants		
7 Suffolk	Suff		

Final

1 Middlesex	Midd	42.84	ns
2 Greater Manchester	Manch	42.85	ns
3 Hertfordshire	Herts	43.10	ns
4 Essex	Essex	43.36	ns
5 Devon	Devon	43.58	ns
6 Surrey	Surrey	43.74	ns
7 West Midlands	WMid	43.83	ns
8 West Yorkshire	WYork	43.98	ns

Inter Boys High Jump

ES: 1.90 NS: 1.96 BP: 2.12

Final

1 Christopher Baker	Norf	2.02	ns
2 Mike Ehlen	Mersey	1.99	ns
3 Matthew Gilbert	Devon	1.96	ns
4 Scott Johnson	Beds	1.96	ns
5 Samuel Bailey	Essex	1.93	es
6 Jake Mason	Lincs	1.93	es
7 Matthew Sloane	Dorset	1.90	es
8 Nathan Williams	Cumb	1.87	
9 Cameron Gore	Lancs	1.82	
10 Onajite Okoro	WMid	1.82	
11 Michael Grabarz	Camb	1.82	
= Jamie Irons	Camb	1.82	
= Luca Frankis	Essex	1.82	
14 Stephen De La Haye	Chls	1.82	
15 Joe Kent	Sussex	1.82	
16 Max Clayton	H&Wor	1.77	
17 Jamie Farrell	Kent	1.77	

Inter Boys Long Jump

ES: 6.40 NS: 6.60 BP: 7.47

Final

1 Kadeem Greenidge-Smith	Herts	6.91	-1.8	ns
2 Adam Timms	WYork	6.85	-1.8	ns
3 Matthew Rollings	Chesh	6.85	-1.0	ns
4 Kieran Showler-Davis	Hamp	6.62	-1.8	ns
5 Daniel Bramble	Midd	6.48	+0.0	es
6 Hakeem Powell	WMid	6.36	-1.9	
7 Sean Linnie	H&Wor	6.33	-1.7	
8 Alex Macgregor	Devon	6.27	-2.2	
9 William Jones	Oxford	6.24	-1.4	
10 Stefan Greenidge	Herts	6.23	-1.8	
11 Ding Yang	Avon	6.20	-0.1	
12 Joe Corrigan	Cleve	6.19	-1.2	
13 Andrew Pozzi	Warks	6.16	-0.8	
14 Bradlie Houldsworth	Cumb	6.15	-4.3	
15 Sam Lawrence	Lincs	5.95	-1.5	
16 Jamie Batten	Glouc	5.56	-1.9	
17 Michael Gladrey	Manch	5.53	-2.7	

Inter Boys Triple Jump

ES: 13.10 NS: 13.70 BP: 15.91

Final

1 Nathan Fox	Midd	14.20	ns
2 Kola Adedoyin	Surrey	14.18	ns
3 Marcus Morrison	Kent	13.62	es
4 Darren March	Kent	13.61	es
5 Ben Williams	Staff	13.52	es
6 Babatunde Amosu	Surrey	13.47	es
7 Oluwaseyi Oyewobi	Midd	13.18	es
8 Rory Constable	Hamp	13.14	es
9 Kevin Brown	Essex	12.93	
10 Kem Onobogu	Midd	12.91	
11 Scott McEwan	Chesh	12.90	
12 Henry Marlow	Wilts	12.88	
13 Andrew Whitton	Chesh	12.68	
14 Martin Fowler	SYork	12.64	
15 Chris Bloom	Lincs	12.54	
16 Junior George	WYork	12.54	
17 Michael Pugh	Shrop	12.39	
18 David Dempsey	WYork	12.34	
19 Nnamdi Odum	Shrop	12.29	
20 Ruben Hukin	Beds	12.15	

Inter Boys Pole Vault

ES: 3.80 NS: 4.15 BP: 4.70

Final

1 Ben Gregory	Bucks	4.25	ns
2 Tony Hillier	Avon	4.15	ns
3 Tim Parkin	Nland	3.95	es
4 Paul Hallworth	SYork	3.80	es
5 Matthew Devereaux	Beds	3.80	es
6 Rhys Searles	SYork	3.80	es
7 Chris Pilling	Sussex	3.80	es
8 Gordon Lester	Surrey	3.65	
= Jordan Henwood	Corn	3.65	
10 James Grant	Herts	3.65	

Inter Boys Shot

ES: 13.20 NS: 14.50 BP: 20.48

Final

1 Matthew Baptiste	Essex	16.95	ns
2 Reece Thomas	WMid	16.26	ns
3 Ashley Ralph	Herts	15.10	ns
4 Paul Hayball	Camb	14.98	ns
5 Martin Tinkler	Camb	14.89	ns
6 Erasmus Ntim-Dwemoh	Surrey	14.74	ns
7 James Preston	Avon	14.22	es
8 Liam Clancy	London	13.90	es
9 Robert Mohan	Lincs	13.81	es
10 Eddie Ekanem	London	13.18	
11 Andrew Holland	Devon	13.08	
12 Jack McShane	Nhants	12.96	
13 Nathaniel McDonald	H&Wor	12.89	
14 Daniel Morris	Notts	12.69	
15 Jamie Courtenay	Glouc	12.63	
16 Daniel Bowkett	SYork	12.14	
17 Philip Brocken	Mersey	11.35	

Inter Boys Discus

ES: 40.00 NS: 43.00 BP: 61.24

Final

1	Anthony Oshodi	Essex	52.81	ns
2	Steven Watson	Herts	49.27	ns
3	Peter Howard	Devon	46.60	ns
4	Theo Burton	Midd	45.84	ns
5	Miles Davis	Herts	44.52	ns
6	Henry Cheney	Somer	43.83	ns
7	Robbie Pickering	NYork	42.90	es
8	Matt Gue	Sussex	42.30	es
9	Tom Pearson	Leics	41.58	es
10	Fred Young	Hamp	40.39	es
11	Zane Duquemin	Chls	40.26	es
12	Kariym Irving	Surrey	39.67	
13	Graeme Fairbairn	Nland	36.98	

Inter Boys Javelin

ES: 51.00 NS: 54.00 BP: 70.52

Final

1	Ashley Bryant	Surrey	60.84	ns
2	Ben Gibb	Somer	58.57	ns
3	Paul Allsopp	NYork	57.73	ns
4	Declan Foley	Dorset	56.63	ns
5	Matthew Hunt	Humb	55.66	ns
6	Luke Peters	Notts	53.81	es
7	Georgie Bean	Essex	52.69	es
8	David Hollow	Devon	52.45	es
9	Stephen Light	Midd	50.30	
10	William Trimble	Midd	50.13	
11	Simon Klys	Somer	49.62	
12	Sean Band	Lincs	49.57	
13	Grant Barker	Warks	49.23	
14	David Brice	Hamp	47.92	
15	Lewis Turk	Sussex	47.61	
16	Richard Shuttleworth	Hamp	46.64	
17	Johnny Fairclough	Surrey	45.41	
18	Harry Hollis	Leics	45.37	
19	Luke Davies	WMid	44.58	
20	Robert Millar	Shrop	43.66	
21	Chad Barton	Staff	43.21	
22	James Cook	Herts	42.93	
23	Michael Friend	Lancs	42.34	
24	Cameron Bygraves	Sussex	33.87	

Inter Boys Hammer

ES: 48.00 NS: 54.00 BP: 73.58

Final

1	Michael Jennings	Humb	58.04	ns
2	Jay Hill	Corn	56.83	ns
3	Callum Woon	Hamp	55.62	ns
4	Andrew Jordon	Surrey	53.56	es
5	Daniel Gilder	Notts	52.05	es
6	Peter Clarke	Essex	51.98	es
7	Jake Haylock	Kent	50.95	es
8	Adam Reynolds	Mersey	50.11	es
9	Ben Flash	Herts	49.62	es
10	Tim Williams	Glouc	49.04	es
11	Adam Davies	Mersey	48.60	es
12	Robert Dean	Staff	47.91	
13	Mathew Payne-Davis	Midd	47.62	
14	Robert Cramb	Berks	47.30	
15	Jackson Wray	Essex	47.18	
16	Mike Tommey	Glouc	44.58	
17	Luke Slater	NYork	42.72	
18	Ben Robson	Sussex	39.08	

Senior Boys 100 metres

ES: 11.10 NS: 10.90 BP: 10.37

Round 1**Heat 1 (-0.4m/s)**

1	Yusuf Aliu	Cleve	11.03	es
2	Gareth Price	Hamp	11.07	es
3	Joel Fearon	Warks	11.09	es
4	Gianluca Zicchi	Camb	11.30	
5	Tremayne Gilling	Surrey	11.30	
6	Romeo Beckford	Midd	11.39	
7	Umar Hameed	WYork	11.42	
8	Robert Black	Chesh	11.47	

Heat 2 (-0.9m/s)

1	Richard Kilty	Cleve	11.01	es
2	Rory Evans	Derby	11.04	es
3	Ryan Farrington	WMid	11.16	
4	Todd Marshall	SYork	11.24	
5	Josh Baxter	Berks	11.33	
6	Andre Laidley	Surrey	11.34	
7	Tom Bowden	Lancs	11.50	

Heat 3 (-0.8m/s)

1	Christopher Craig	Lincs	10.93	es
2	Harvey Byrne	Sussex	11.16	
3	Joe Kilbriggie	Cleve	11.18	
4	Jamie Brock	Avon	11.27	
5	Thaddeus Anim-Somuah	Mersey	11.28	
6	Santino Dummett	Shrop	11.71	
7	Dele Onifade	London	12.67	

Final

(-1.3m/s)

1	Richard Kilty	Cleve	10.73	ns
2	Christopher Craig	Lincs	10.97	es
3	Gareth Price	Hamp	10.99	es
4	Ryan Farrington	WMid	11.07	es
5	Yusuf Aliu	Cleve	11.08	es
6	Joel Fearon	Warks	11.14	
7	Harvey Byrne	Sussex	11.18	
8	Rory Evans	Derby	11.28	

Senior Boys 200 metres

ES: 22.30 NS: 22.00 BP: 20.90

Round 1**Heat 1 (-0.4m/s)**

1	Chris Tandi	Hamp	22.47	
2	Luke Lennon-Ford	WMid	22.75	
3	Daniel McIntosh	Humb	23.00	
4	Oliver King	Berks	23.01	
5	Darren Gayle	Manch	23.30	
6	Stefan Mitchell	London	24.21	

Heat 2 (-2.2m/s)

1	Matthew Wekpe	London	22.44	
2	Sean Taylor	Nhants	22.52	
3	Femi Owolade	London	22.69	
4	Brentton Smith	WMid	22.87	
5	Matthew Cottam	NYork	23.27	
6	Rian Corbin	Berks	23.55	
7	Edward Simkins	Mersey	24.03	

Final

(+1.2m/s)

1	Chris Tandi	Hamp	22.07	es
2	Femi Owolade	London	22.20	es
3	Matthew Wekpe	London	22.20	es
4	Luke Lennon-Ford	WMid	22.26	es
5	Sean Taylor	Nhants	22.35	
6	Brentton Smith	WMid	22.61	
7	Oliver King	Berks	22.80	
8	Daniel McIntosh	Humb	22.86	

Senior Boys 400 metres

ES: 49.30 NS: 48.80 BP: 46.26

Round 1**Heat 1**

1	Louis Persent	Suff	48.39	ns
2	Luke Smallwood	Kent	48.51	ns
3	Sam Cordin	Notts	49.11	es
4	Martin Pitts	Essex	49.91	
5	Liam McCully	Mersey	50.52	
6	Iain Bray	Wilts	50.88	
7	William Lambourne	Bucks	50.91	
8	Abdillah Nassir	Leics	52.25	

Heat 2

1	Robert Davis	WMid	47.61	ns
2	Christopher Smith	Mersey	47.94	ns
3	Wayne Ashall	Lancs	48.34	ns
4	Joshua Cayenne	WYork	48.41	ns
5	Tom Alldread	Derby	50.12	
6	Patrick North	Somer	50.15	
7	Phillip Norfolk	Humb		
8	Michael Simmonds	H&Wor	disq	

Final

1	Robert Davis	WMid	47.22	ns
2	Louis Persent	Suff	47.74	ns
3	Luke Smallwood	Kent	48.33	ns
4	Joshua Cayenne	WYork	48.61	ns
5	Christopher Smith	Mersey	48.68	ns
6	Sam Cordin	Notts	48.88	es
7	Wayne Ashall	Lancs	48.98	es
8	Martin Pitts	Essex	49.59	

Senior Boys 800 metres

ES: 1:55.00 NS: 1:53.00 BP: 1:48.60

Round 1**Heat 1**

1	Philip Almond	Devon	1:54.47	es
2	James McCully	Mersey	1:55.25	
3	Michael Hobson	Kent	1:56.68	
4	Andrew McGuire	Cleve	1:56.91	
5	Jonathan Sharp	NYork	2:01.18	
6	Tom Love	Suff	2:31.45	
7	Christopher Harvey	Staff		

Heat 2

1	James Shane	Essex	1:52.72	ns
2	Andrew Stanton	Durham	1:53.03	es
3	Nick Lyster	WMid	1:54.63	es
4	Dean Goodman	Midd	1:55.29	
5	Jake Harman	WYork	1:56.74	
6	Christopher Haines	Kent	1:58.60	
7	Ciaran McCaughey	Manch	2:01.06	

Heat 3

1	Michael Cole	Devon	1:52.80	ns
2	Paige Haines	Essex	1:54.86	es
3	Michael Salter	WYork	1:55.59	
4	Louis Forbes	Mersey	1:57.99	
5	Alistair Smith	NYork	2:00.12	
6	Graham Hogg	Manch	2:01.56	

Heat 4

1	Rick Ward	Norf	1:53.15	es
2	Sam Evans	Staff	1:53.54	es
3	Jordon West	Corn	1:56.30	
4	Carl Bradbury	Oxford	1:57.86	
5	James Griffiths	Chesh	1:58.16	
6	Jonny Pearson	Nland	2:05.11	

Final

1	James Shane	Essex	1:51.26	ns
2	Andrew Stanton	Durham	1:52.25	ns
3	Michael Cole	Devon	1:52.25	ns
4	Sam Evans	Staff	1:52.64	ns
5	Rick Ward	Norf	1:54.35	es
6	Paige Haines	Essex	1:54.88	es
7	Nick Lyster	WMid	1:56.21	
8	Philip Almond	Devon	2:00.53	

Senior Boys 1500 metres

ES: 3:58.00 NS: 3:55.00 BP: 3:45.90

Final

1	David Forrester	Manch	3:53.86	ns
2	Gary Bradbury	Surrey	3:54.48	ns
3	Ian May	Midd	3:55.97	es
4	Patrick Hambly	Devon	3:58.11	
5	Harry Harper	Mersey	3:58.18	
6	Richard Peters	Avon	3:59.72	
7	Ross Millington	Manch	4:01.34	
8	James Russell	Mersey	4:01.75	
9	Tom Madden	Mersey	4:03.51	
10	Andrew Heyes	SYork	4:05.51	
11	Dominic Easter	Herts	4:09.67	
12	Ricky Stevenson	Cleve		
13	Ashley Rymer	Glouc		

Senior Boys 3000 metres

ES: 8:36.00 NS: 8:33.00 BP: 8:10.50

Final

1	Mitch Goose	Norf	8:40.00	
2	Jack Tyler	Kent	8:40.48	
3	Craig Gunderson	Mersey	8:41.69	
4	Nick Goolab	Midd	8:47.16	
5	Dom Shaw	Cleve	8:47.26	
6	Ben Hunter	Essex	8:47.98	
7	Andrew Rooke	Suff	8:52.87	
8	Christopher Rooke	Suff	8:58.70	
9	John Gibson	Nland	9:26.99	

Senior Boys 110 metres Hurdles

ES: 15.20 NS: 14.80 BP: 13.60

Round 1**Heat 1 (-0.5m/s)**

1	Julian Adeniran	Leics	14.09	ns
2	Tom Casey	WYork	15.05	es
3	Matthew Field	Surrey	15.08	es
4	Shafiu Choudhury	Midd	15.29	
5	Jamel Beckford	Surrey	15.31	
6	Chris Wakeford	Somer	15.50	
7	Andrew Pearson	Notts	15.76	

Heat 2 (-2.5m/s)

1	Callum Priestley	Leics	14.04	ns
2	Aaron James	London	14.59	ns
3	Alex Al-Ameen	Surrey	14.61	ns
4	Simon Merill	Avon	14.64	ns
5	Joe Hylton	Glouc	15.08	es
6	Lawrence Clarke	Berks	15.42	

Final

(+1.2m/s)				
1	Julian Adeniran	Leics	13.90	ns
2	Callum Priestley	Leics	14.17	ns
3	Simon Merill	Avon	14.23	ns
4	Alex Al-Ameen	Surrey	14.33	ns
5	Aaron James	London	14.36	ns
6	Joe Hylton	Glouc	15.29	
7	Tom Casey	WYork	15.35	

Senior Boys 400 metres Hurdles

ES: 56.00 NS: 54.80 BP: 51.50

Round 1**Heat 1**

1	Nathan Woodward	Warks	55.00	es
2	John Croasedale	Mersey	56.94	
3	Jack Biss	Berks	57.41	
4	Michael Batiste	ChIs	59.07	
5	Tom Offler	Notts	62.89	

Heat 2

1	Zak Saucedo	Herts	55.48	es
2	Callem Forde	Leics	56.58	
3	Antoni Davis-Phillips	London	57.05	
4	Mark Draper	Mersey	57.59	
5	Jamie Horder	Glouc	58.55	
6	Matthew Parsley	Devon		

Final

1	Nathan Woodward	Warks	53.00	ns
2	Zak Saucedo	Herts	55.24	es
3	Callem Forde	Leics	55.52	es
4	Mark Draper	Mersey	55.85	es
5	John Croasedale	Mersey	56.17	
6	Jack Biss	Berks	56.32	
7	Antoni Davis-Phillips	London	56.96	
8	Jamie Horder	Glouc	58.72	

Senior Boys 2000 metres Steeplechase

ES: 6:07.00 NS: 6:03.00 BP: 5:38.20

Final

1	Ed Womersley	Oxford	5:52.64	ns
2	Phil Norman	Devon	5:57.20	ns
3	Joe Wade	Hamp	5:58.01	ns
4	Sean Collins	Herts	5:58.12	ns
5	James Wilkinson	WYork	6:00.44	ns
6	Ashley Harrell	Norf	6:04.18	es
7	Tom Wade	Hamp	6:14.44	
8	Josh Fairclough	Kent	6:17.23	
9	Michael Holden	WMid	6:21.40	
10	Jason McGonigle	Chesh	6:23.73	
11	Daniel Morton	WMid		

Senior Boys 4x100 metres Relay

ES: 44.50 NS: 43.50 BP: 41.30

Round 1**Heat 1**

1	West Midlands	WMid	42.12	ns
2	West Yorkshire	WYork	43.31	ns
3	Hampshire	Hamp	43.59	es
4	Berkshire	Berks	43.93	es
5	Warwickshire	Warks	44.18	es
6	North Yorkshire	NYork	47.13	

Heat 2

1	Cleveland	Cleve	42.61	ns
2	London	London	42.63	ns
3	Surrey	Surrey	42.88	ns
4	Nottinghamshire	Notts		
5	Staffordshire	Staff	disq	
6	Leicestershire & Rutland	Leics	disq	

Final

1	West Midlands	WMid	41.73	ns
2	London	London	42.14	ns
3	Cleveland	Cleve	42.39	ns
4	West Yorkshire	WYork	42.75	ns
5	Berkshire	Berks	43.33	ns
=	Surrey	Surrey	43.33	ns
7	Hampshire	Hamp	43.49	ns
8	Warwickshire	Warks	43.76	es

Senior Boys High Jump

ES: 1.96 NS: 2.02 BP: 2.25

Final

1	Alan McKie	Bucks	2.17	ns
2	Darren Hammond	Manch	2.05	ns
=	Ben Moubey	Derby	2.05	ns
4	Cameron Lake	Bucks	2.02	ns
5	Dan Dunscombe	Sussex	1.96	es
6	Chris Berns	WMid	1.96	es
7	Jason Fox	ChIs	1.93	
8	Matthew Ashley	Notts	1.93	

Senior Boys Long Jump

ES: 6.80 NS: 6.90 BP: 7.97

Final

1	Jamie Blundell	WMid	6.98	+1.5	ns
2	Andrew Bullimore	Camb	6.96	+0.2	ns
3	Lawrence Fitch	Warks	6.86	+1.2	es
4	Bradley Pickup	Dorset	6.85	+1.3	es
5	James Wright	Cumb	6.74	+1.7	
6	Matt Parnell	WMid	6.74	+1.2	
7	Andrew Burgess	Mersey	6.70	+1.9	
8	Stuart Hitchcock	Kent	6.65	+1.5	
9	Ian Tobin	Herts	6.56	+1.3	
10	Paul Oluyemi	Midd	6.48	+1.6	
11	James Grocock	Hamp	6.23	+1.7	
12	Liam McDonnell	Cleve	6.07	+2.1	
13	Tom Lightwing	NYork	5.99	+1.7	

Senior Boys Triple Jump

ES: 13.90 NS: 14.40 BP: 16.22

Final

1	Daniel Lewis	Midd	14.75	-0.0	ns
2	Joe Curtis	Warks	14.56	+0.0	ns
3	Ian Simson	Herts	13.96	+1.0	es
4	Chris Bartlett	Warks	13.94	+0.3	es
5	Kwamina Edum Fotwe	Leics	13.74	-0.0	
6	Michael Puplampu	Beds	13.71	-0.1	
7	John Lee	Manch	13.23	+0.0	

Senior Boys Pole Vault

ES: 4.10 NS: 4.45 BP: 5.16

Final

1	Scott Huggins	Kent	4.58	ns
2	Ryszard Buk	Surrey	4.55	ns
=	Sam Colgate	Surrey	4.55	ns
4	Rob Warensjo	Wilts	4.45	ns
5	Douglas Curwen-Reed	Avon	4.35	es
6	Matthew Wright	Lancs	4.25	es
7	Eric Spink	H&Wor	4.10	es
8	Laurie Needham	Lancs	4.10	es

Senior Boys Shot

ES: 13.00 NS: 14.10 BP: 20.64

Final

1	Dan Tinkler	Camb	15.92	ns
2	Jamie Stevenson	ChIs	15.43	ns
3	Devon Douglas	Essex	14.85	ns
4	Paul Dawson	Kent	13.97	es
5	Andrew Coury	Avon	13.89	es
6	Ope Jacobs	Midd	13.59	es
7	Philip Brown	Durham	13.44	es
8	Oluwaseyi Akanmu	Chesh	13.00	es
9	Jack Bolton	Hamp	12.16	
10	Ross Batten	Devon	12.01	

Senior Boys Discus

ES: 40.00 NS: 44.00 BP: 59.72

Final

1 Elliot Price	Staff	48.55	ns
2 Jake Scanlon	Sussex	47.18	ns
3 Martin Bartholomew	Staff	44.85	ns
4 Aiden Newby	Leics	42.61	es
5 Liam Presnell	Kent	42.23	es
6 Azmi Sbaiti	Manch	41.55	es
7 Tom Smith	Lancs	40.71	es
8 Simon Brown	Shrop	39.10	
9 Sam Tough	Shrop	39.01	
10 Steven Connolly	Notts	38.55	
11 James Sleigh	WYork	38.10	
12 Greg Watkin	Manch	37.55	
13 Mikail Wushishi	Berks	36.06	
14 Edward Williams	Essex	35.93	
15 Thomas Ashby	London	33.65	
16 Shaun Gray	Leics	32.42	
= Daniel Gardiner	WYork	31.47	

Senior Boys Javelin

ES: 53.00 NS: 57.00 BP: 72.89

Final

1 Bonne Buwembo	Essex	61.45	ns
2 Matthew Smith	Devon	59.09	ns
3 Brett Byrd	Staff	58.42	ns
4 Stephen Porter	Lancs	57.61	ns
5 Jamie Payne	Dorset	56.78	es
6 Jay Boddington	Essex	53.02	es
7 Niall Ellison	Mersey	51.49	
8 Jamie Broadey	Hamp	50.92	
9 Andrew Allan	Mersey	50.28	
10 Matthew Hartley	Glouc	50.18	
11 Sam Allan	WYork	50.17	
12 Richmond Baah	London	48.41	

Senior Boys Hammer

ES: 45.00 NS: 52.00 BP: 69.11

Final

1 James Bedford	Humb	66.52	ns
2 Sam Coe	Cumb	59.93	ns
3 Alex Warner	Glouc	56.13	ns
4 Graham Level	Durham	55.46	ns
5 Alex Berrow	Staff	54.18	ns
6 Richard Al-Ameen	Kent	51.09	es
7 Kaine Harrington	Surrey	50.26	es
8 Steven Brunsden	Dorset	49.79	es
9 Morgan Bell	NYork	47.64	es
10 Sam Chappell	Dorset	45.40	es
11 Josh Day	H&Wor	39.90	
12 Martyn Elkins	Dorset	38.98	
13 Mike Rigby	Manch	38.57	

Junior Girls 100 metres

ES: 12.80 NS: 12.60 BP: 11.58

Round 1**Heat 1 (-2.2m/s)**

1 Kanzah Anyabvuile	Midd	12.58	ns
2 Lorna Goldsmith	Durham	12.70	es
3 Tanika Burgess	WMid	12.71	es
4 Helen Rennardson	Kent	12.82	
5 Amelia Wood	Lincs	13.04	
6 Jenny Ellis	Nland	13.38	

Heat 2 (-2.2m/s)

1 Stephanie Tewogbade	Midd	12.56	ns
2 Whitney Mahoney-Eaton	London	12.74	es
3 Charlotte Burrows	Nhants	12.79	es
4 Rebecca Hussey	Oxford	12.84	
5 Funto Fabunmi-Alade	Berks	12.96	
6 Georgia Ungoed	Sussex	13.08	

Heat 3 (-0.7m/s)

1 Mariliyn Nwawulor	Midd	12.59	ns
2 Caera Cheetham	Leics	12.90	
3 Danielle Ross	Mersey	12.91	
4 Carys Hall	SYork	12.94	
5 Katy Wyper	Lancs	13.01	
6 Alice Rogers	Bucks	13.11	
7 Milly Kellyman	Staff	13.31	

Heat 4 (-0.6m/s)

1 Jodie Williams	Herts	12.13	ns
2 Paige Eli	WYork	12.84	
3 Ellie Quirk	Mersey	12.87	
4 Chloe Mays	Bucks	12.98	
5 Georgia Lamothe	Berks	13.10	
6 Samantha Dawson	Surrey	13.18	
7 Emily Wardle	Leics	13.32	

Round 2**Semi-final A (+0.5m/s)**

1 Kanzah Anyabvuile	Midd	12.48	ns
2 Stephanie Tewogbade	Midd	12.49	ns
3 Charlotte Burrows	Nhants	12.50	ns
4 Whitney Mahoney-Eaton	London	12.67	es
5 Rebecca Hussey	Oxford	12.68	es
6 Carys Hall	SYork	12.98	
7 Paige Eli	WYork	12.99	
8 Ellie Quirk	Mersey	13.12	

Semi-final B (+2.0m/s)

1 Jodie Williams	Herts	12.06	ns
2 Mariliyn Nwawulor	Midd	12.46	ns
3 Helen Rennardson	Kent	12.54	ns
4 Lorna Goldsmith	Durham	12.55	ns
5 Tanika Burgess	WMid	12.58	ns
6 Caera Cheetham	Leics	12.77	es
7 Danielle Ross	Mersey	12.79	es
8 Funto Fabunmi-Alade	Berks	12.99	

Final

(-0.8m/s)

1 Jodie Williams	Herts	12.01	ns
2 Mariliyn Nwawulor	Midd	12.31	ns
3 Helen Rennardson	Kent	12.37	ns
4 Kanzah Anyabvuile	Midd	12.39	ns
5 Stephanie Tewogbade	Midd	12.53	ns
6 Charlotte Burrows	Nhants	12.60	ns
7 Lorna Goldsmith	Durham	12.68	es
8 Whitney Mahoney-Eaton	London	12.79	es

Junior Girls 200 metres
ES: 26.40 NS: 25.70 BP: 23.60

Round 1

Heat 1 (-1.4m/s)

1	Lucy Mansfield	Lancs	25.90	es
2	Mary-Ann Phillips	Lincs	26.23	es
3	Adaeze Ndakoji	London	26.35	es
4	Hannah Stevenson	Notts	26.45	
5	Makeda Lewis	Midd	26.62	
6	Lamorna Newman	Corn	26.64	
7	Natalie Hickmott	Kent	26.99	
8	Sarah Short	Bucks	27.24	

Heat 2 (-1.1m/s)

1	Jennie Batten	Glouc	25.64	ns
2	Leah Barrow	Bucks	26.23	es
3	Mariette Hodgson	WMid	26.39	es
4	Katie Gardner	Chesh	26.72	
5	Laura Skelton	NYork	26.73	
6	Sophie Warnock	Derby	27.32	
7	Caitlin Lynch	Lincs	27.43	

Heat 3 (-2.3m/s)

1	Emma Jackson	Humb	25.38	ns
2	Kanisha Hector	WMid	25.93	es
3	Sophie Ealand	Lancs	26.45	
4	Charlotte James	WYork	26.70	
5	Grace Smith-Thomas	Shrop	26.78	
6	Kate Welford	Cleve	26.98	
7	Keziah Rust	Glouc	27.77	

Heat 4 (-2.1m/s)

1	Victoria Ohurugu	Essex	25.65	ns
2	Chisom Nwachukwa	Midd	25.72	es
3	Amy Allcock	Surrey	26.01	es
4	Alex Keyworth	Nhants	26.54	
5	Eleanor Campbell	Kent	26.60	
6	Laura Crook	Mersey	27.13	
7	Kirsty Overfield	WMid	27.45	

Round 2

Semi-final A (-2.6m/s)

1	Jennie Batten	Glouc	26.03	es
2	Victoria Ohurugu	Essex	26.22	es
3	Makeda Lewis	Midd	26.24	es
4	Kanisha Hector	WMid	26.41	
5	Sophie Ealand	Lancs	26.65	
6	Mary-Ann Phillips	Lincs	26.65	
7	Alex Keyworth	Nhants	26.75	
8	Adaeze Ndakoji	London	26.93	

Semi-final B (-4.2m/s)

1	Emma Jackson	Humb	25.78	es
2	Lucy Mansfield	Lancs	26.51	
3	Leah Barrow	Bucks	26.61	
4	Hannah Stevenson	Notts	26.68	
5	Chisom Nwachukwa	Midd	26.78	
6	Amy Allcock	Surrey	26.88	
7	Mariette Hodgson	WMid	26.91	
8	Eleanor Campbell	Kent	27.04	

Final

(+0.8m/s)

1	Jennie Batten	Glouc	24.77	ns
2	Emma Jackson	Humb	25.14	ns
3	Victoria Ohurugu	Essex	25.57	ns
4	Lucy Mansfield	Lancs	25.69	ns
5	Kanisha Hector	WMid	26.02	es
6	Makeda Lewis	Midd	26.28	es
7	Leah Barrow	Bucks	26.29	es
8	Hannah Stevenson	Notts	26.37	es

Junior Girls 800 metres
ES: 2:20.00 NS: 2:17.00 BP: 2:08.70

Round 1

Heat 1

1	Rebecca Linney	Mersey	2:17.68	es
2	Tyra Watson	Manch	2:17.92	es
3	Alex Bell	WYork	2:17.98	es
4	Laura Burke	Surrey	2:19.81	es
5	Anne Marie Keast	Corn	2:23.02	
6	Julia Henderson	Berks	2:26.93	
7	Harriet Field	Kent	2:27.50	

Heat 2

1	Kirsten McAslan	Manch	2:15.48	ns
2	Zoe Woodward	Mersey	2:15.69	ns
3	Danielle Seddon	Berks	2:15.78	ns
4	Carly Robertson	WYork	2:16.34	ns
5	Kelly Barnard	Suff	2:17.03	es
6	Emily Hosker-Thornhill	Kent	2:17.46	es
7	Paige Cooper	Humb	2:28.29	

Heat 3

1	Adelle Tracey	Sussex	2:15.64	ns
2	Sigourney Bell	Durham	2:16.39	ns
3	Rachel McClay	Berks	2:16.56	ns
4	Ellen Holmes	Kent	2:17.24	es
5	Emma Gilmore	Hamp	2:19.30	es
6	Rachel Brandham	Notts	2:21.00	
7	Briony Bendle	Leics	2:22.02	

Heat 4

1	Frederika Foster	London	2:15.99	ns
2	Ciara Dullaghan	Surrey	2:16.94	ns
3	Melanie Wood	Bucks	2:17.07	es
4	Rebecca Ferguson	Nland	2:17.15	es
5	Hannah Paver	Chesh	2:20.90	
6	Christie Childs	Notts	2:22.85	
7	Hannah Jacobsen	Humb	2:27.39	

Round 2

Semi-final A

1	Alex Bell	WYork	2:16.80	ns
2	Sigourney Bell	Durham	2:16.87	ns
3	Rebecca Linney	Mersey	2:17.43	es
4	Danielle Seddon	Berks	2:17.64	es
5	Ciara Dullaghan	Surrey	2:21.04	
6	Kirsten McAslan	Manch	2:24.66	
7	Kelly Barnard	Suff	2:27.90	
8	Ellen Holmes	Kent	2:36.37	

Semi-final B

1	Frederika Foster	London	2:16.18	ns
2	Adelle Tracey	Sussex	2:16.31	ns
3	Zoe Woodward	Mersey	2:16.41	ns
4	Tyra Watson	Manch	2:16.97	ns
5	Melanie Wood	Bucks	2:18.19	es
6	Rachel McClay	Berks	2:18.66	es
7	Rebecca Ferguson	Nland	2:20.53	
8	Carly Robertson	WYork	2:20.77	

Final

1	Zoe Woodward	Mersey	2:12.44	ns
2	Frederika Foster	London	2:13.29	ns
3	Adelle Tracey	Sussex	2:13.46	ns
4	Alex Bell	WYork	2:14.63	ns
5	Sigourney Bell	Durham	2:16.26	ns
6	Rebecca Linney	Mersey	2:18.10	es
7	Tyra Watson	Manch	2:18.15	es
8	Danielle Seddon	Berks	2:22.20	

Junior Girls 1500 metres

ES: 4:52.00 NS: 4:44.00 BP: 4:27.70

Round 1**Heat 1**

1 Amber Watson	Glouc	4:38.37	ns
2 Melissa Courtney	Dorset	4:38.62	ns
3 Camilla Freeman	Sussex	4:41.44	ns
4 Calli Thackery	Derby	4:41.98	ns
5 Rebecca Weston	Kent	4:43.76	ns
6 Annabel Gummow	Corn	4:43.84	ns
7 Laura Riches	Manch	4:46.45	es
8 Georgia Bell	London	4:49.09	es
9 Abigail Mackinnon-Austin	Herts	4:50.20	es
10 Holly Archer	Suff	4:53.55	
11 Lucy Crookes	Leics	4:53.84	
12 Felicity Johnson-Deeley	Chls	4:54.02	
13 Isla Ness	Somer	4:56.57	
14 Ruth Haynes	Surrey	4:58.68	
15 Louisa Warwick	Hamp	5:06.88	
16 Hannah Wragg	Notts		

Heat 2

1 Katie Holt	Staff	4:33.26	ns
2 Sarah Barker	Manch	4:38.08	ns
3 Sophie Conner	Herts	4:38.34	ns
4 Emelia Gorecka	Surrey	4:39.11	ns
5 Georgia Peel	Hamp	4:40.44	ns
6 Melissa Hawtin	Oxford	4:43.38	ns
7 Emily Wallbank	Beds	4:44.02	es
8 Hannah Doherty	Manch	4:44.76	es
9 Lucy Farnell	WMid	4:45.66	es
10 Chloe Cook	Sussex	4:49.55	es
11 Hannah Edwards	London	4:49.80	es
12 Emily Fitzhugh	Glouc	4:55.48	
13 Iman Al Rabiah	Leics	4:57.67	
14 Rachel Denton	Nland	5:00.81	
15 Siobhan Harrison	Notts	5:02.54	
16 Caroline Ford	London	5:04.71	

Final

1 Katie Holt	Staff	4:28.60	ns
2 Melissa Courtney	Dorset	4:33.29	ns
3 Amber Watson	Glouc	4:34.52	ns
4 Sarah Barker	Manch	4:34.61	ns
5 Sophie Conner	Herts	4:36.84	ns
6 Melissa Hawtin	Oxford	4:42.99	ns
7 Emelia Gorecka	Surrey	4:43.04	ns
8 Camilla Freeman	Sussex	4:44.97	es
9 Calli Thackery	Derby	4:46.13	es
10 Georgia Peel	Hamp	4:53.91	

Junior Girls 75 metres Hurdles

ES: 11.90 NS: 11.50 BP: 10.70

Round 1**Heat 1 (-0.6m/s)**

1 Grace Christopher	WYork	11.43	ns
2 Felicity Clarke	Essex	11.53	es
3 Jessica Sandwell	Hamp	11.94	
4 Laura Green	Norf	11.98	
5 Gaby Bangay	Lincs	11.99	
6 Elizabeth Farr	Notts	12.05	

Heat 2 (-0.5m/s)

1 Rebecca Curtis-Harris	Hamp	11.82	es
2 Krystina Francis	London	12.01	
3 Cseperke Asztalos	Camb	12.03	
4 Victoria Williamson	Norf	12.08	
5 Hannah Colman	Suff	12.40	
6 Rachel Mitchinson	Cleve	12.42	

Heat 3 (-0.3m/s)

1 Rebecca Liddell	Nland	11.28	ns
2 Georgia Atkins	Essex	11.93	
3 Natalie Jones	NYork	12.17	
4 Angharad Seaton	London	12.18	
5 Hannah Lloyd	Herts	12.69	

Final

(+1.9m/s)			
1 Rebecca Liddell	Nland	11.14	ns
2 Grace Christopher	WYork	11.50	ns
3 Rebecca Curtis-Harris	Hamp	11.76	es
4 Georgia Atkins	Essex	11.88	es
5 Krystina Francis	London	12.05	
6 Jessica Sandwell	Hamp	12.06	
7 Laura Green	Norf	12.27	
8 Felicity Clarke	Essex	15.75	

Junior Girls 4x100 metres Relay

ES: 52.00 NS: 50.50 BP: 48.10

Round 1**Heat 1**

1 Buckinghamshire	Bucks	50.07	ns
2 Humberside	Humb	50.29	ns
3 West Midlands	WMid	50.90	es
4 Northumberland	Nland	51.39	es
5 Cheshire	Chesh	54.00	
6 Cornwall	Corn	disq	

Heat 2

1 Lancashire	Lancs	50.24	ns
2 Hertfordshire	Herts	50.39	ns
3 Northamptonshire	Nhants	51.50	es
4 Nottinghamshire	Notts	52.96	
5 Middlesex	Midd	disq	

Heat 3

1 Merseyside	Mersey	49.08	ns
2 West Yorkshire	WYork	50.65	es
3 Lincolnshire	Lincs	51.46	es
4 Norfolk	Norf	51.76	es
5 Berkshire	Berks	52.04	
6 South Yorkshire	SYork	53.44	

Final

1 Merseyside	Mersey	49.33	ns
2 West Midlands	WMid	49.34	ns
3 Hertfordshire	Herts	49.64	ns
4 West Yorkshire	WYork	49.73	ns
5 Buckinghamshire	Bucks	49.77	ns
6 Lancashire	Lancs	49.82	ns
7 Humberside	Humb	52.13	
8 Northumberland	Nland	74.80	

Junior Girls High Jump

ES: 1.55 NS: 1.61 BP: 1.77

Round 1**Pool A**

1 Katarina Thompson	Mersey	1.52
= Philippa Wilson	Sussex	1.52
= Holly Brown	Corn	1.52
4 Anne Rees	Herts	1.52
= Hannah Lupton	Lancs	1.52
6 Lucy Crossman	Chls	1.47
= Natasha Illingworth	Derby	1.47
= Phillipa Medley	WYork	1.47
= Jade Duffield	Humb	1.47
= Chloe Smith	Norf	1.47
11 Chloe Elphick	Notts	1.47
12 Louise Way	Devon	1.47

Pool B

1 Jazmine Sawyers	Staff	1.55	es
= Suzanne Palmer	Derby	1.55	es
3 Lizzy Harrison	Suff	1.52	
4 Sarah Dutton	Oxford	1.52	
= Hannah Frith	Beds	1.52	
= Emma Buckett	Hamp	1.52	
7 Ella Taylor	H&Wor	1.52	
8 Amy Martin	Norf	1.47	
= Alex Macleod	Somer	1.47	
= Grace Wodzianski	Bucks	1.47	
11 Jenny Hutchings	Herts	1.47	
12 Emma Selby	Devon	1.42	
13 Amy Nathan	Notts	1.42	

Final

1 Katarina Thompson	Mersey	1.72	ns
2 Jazmine Sawyers	Staff	1.70	ns
3 Philippa Wilson	Sussex	1.61	ns
4 Hannah Frith	Beds	1.61	ns
5 Suzanne Palmer	Derby	1.55	es
6 Hannah Lupton	Lancs	1.55	es
7 Sarah Dutton	Oxford	1.55	es
8 Ella Taylor	H&Wor	1.55	es
9 Emma Buckett	Hamp	1.55	es
10 Lizzy Harrison	Suff	1.52	
11 Holly Brown	Corn	1.52	
12 Anne Rees	Herts	1.52	

Junior Girls Long Jump

ES: 5.05 NS: 5.20 BP: 6.22

Final

1 Hannah Longworth	Beds	5.47	+1.2	ns
2 Amelia Richards	London	5.38	0.4	ns
3 Katie Caulfield	Herts	5.25	-0.6	ns
4 Sophie Temple	SYork	5.23	-0.3	ns
5 Korane Idarousse	Midd	5.23	-0.1	ns
6 Jessica Read	Nland	5.20	+0.7	ns
7 Zoe Laing	Avon	5.09	+0.3	es
8 Abby Sandford	Dorset	5.01	0.0	
9 Natasha Lewis	Avon	4.99	-0.3	
10 Charlotte Bowling	Nhants	4.98	0.0	
11 Brittany Lloyd	Herts	4.97	-0.3	
12 Shanice Burch	Norf	4.90	0.0	
13 Sarah Abrams	Surrey	4.89	0.0	
14 Abi Holman	Herts	4.82	+1.3	
15 Lucy Holmes	WYork	4.77	0.3	
16 Ashleigh Stone	Durham	4.76	1.0	
17 Connie James	WMid	4.75	-0.9	
18 Marian Twenefoo	London	4.69	0.6	
19 Emily Clarke	Chesh	4.67	0.0	
20 Pascale Waterson	Bucks	4.58	+0.9	
21 Charlotte Hamer	SYork	4.57	-0.8	

Junior Girls Shot

ES: 10.00 NS: 10.70 BP: 13.92

1 Yasmin Spencer	Derby	11.76	ns
2 Anesa Wanogho	London	11.14	ns
3 Lauren Sammout	Camb	10.90	ns
4 Samantha Milner	Suff	10.60	es
5 Rachel Goodier	Cleve	10.21	es
6 Aleshea Francis	WYork	10.13	es
7 Gabriella Roseje	London	10.07	es
8 Georgie Pick	Hamp	9.96	
9 Celia Harrison	Nland	9.85	
10 Gemma Young	Wilts	9.83	
11 Paige Robinson	NYork	9.66	
12 Melissa Garner	London	9.47	
13 Letisha Richardson	Berks	9.43	
14 Samantha Fraser	Chesh	9.33	
15 Emily Varcoe	Hamp	8.48	

Junior Girls Discus

ES: 27.00 NS: 30.00 BP: 39.58

Final

1 Abbi Carter	Humb	35.28	ns
2 Rachel Tyler	Nhants	33.66	ns
3 Charlotte Gair	Notts	33.40	ns
4 Kirsty Taylor	SYork	30.68	ns
5 Kathryn Rothwell	Chls	29.98	es
6 Toni McManus	Herts	29.66	es
7 Sidi Duke	Somer	29.56	es
8 Lizzy Lovegrove	Hamp	29.53	es
9 Lisa Normoyle	Sussex	28.73	es
10 Charlotte Brookes	Herts	28.66	es
11 Emma Kirk-Odunubi	Sussex	28.56	es
12 Linzi Boosey	Essex	28.43	es
13 Mollie Ward	Herts	28.29	es
14 Catherine Scorey	Kent	26.50	
15 Phoebe Dowson	Hamp	26.15	
16 Louisa James	Sussex	25.61	
17 Jane Bourne	H&Wor	21.66	

Junior Girls Javelin

ES: 29.00 NS: 32.00 BP: 40.97

Final

1 Kike Oniwinde	Essex	38.16	ns
2 Amber Burdett	Leics	34.37	ns
3 Charlotte Kanini-Parsons	Somer	32.98	ns
4 Freya Jones	Hamp	32.70	ns
5 Bethany Mitchell	Notts	31.72	es
6 Danielle Bentley	Chesh	31.13	es
7 Emily Garavand	Norf	30.73	es
8 Aleina Binns	H&Wor	30.32	es
9 Danielle Anderson	Oxford	30.00	es
10 Lauren Allymohammed	Sussex	29.49	es
11 Kelly Bramhald	SYork	28.01	
12 Bethany Hill	SYork	27.95	
13 Emma Woodroffe	Camb	27.43	
14 Amy Fry	Essex	26.96	
15 Helena Woodburn	Nland	26.64	
16 Alex Fell	Lancs	26.60	
17 Jessica Elsworth	NYork	26.29	

Inter Girls 100 metres

ES: 12.60 NS: 12.30 BP: 11.50

Round 1**Heat 1 (-1.7m/s)**

1 Rebekah Wilson	Manch	12.20	ns
2 Clarice Underwood	Bucks	12.43	es
3 Sarah-Louise Weaver	H&Wor	12.66	
4 Robyn St Luce Boyce	London	12.69	
5 Charlotte Cole	Oxford	12.76	
6 Emma Stokes	NYork	12.92	

Heat 2 (-2.5m/s)

1 Kitty Aleyae	Somer	12.22	ns
2 Shauna Lawton	WMid	12.48	es
3 Faye Bowles	Durham	12.50	es
4 Jade Phillips	London	12.51	es
5 Sophie Mead	Hamp	13.02	
6 Megan Ward	Mersey	13.11	

Heat 3 (-2.4m/s)

1 Bunmi Awokoya	Herts	12.63	
2 Kelly Murphy	Essex	12.83	
3 Yolanda Hutchinson	Midd	12.85	
4 Megan Hoult	Humb	12.88	
5 Abrefi Nkrumah	Bucks	12.97	
6 Sharna Emanuel	Camb	13.00	

Heat 4 (-0.6m/s)

1 Catherine Hawkes	Oxford	12.38	es
2 Ruth Dean	Avon	12.40	es
3 Sophie Wright	Warks	12.45	es
4 Corrine Humphreys	Essex	12.48	es
5 Deborah Fleming	Corn	12.67	
6 Elizabeth Flint	Bucks	12.99	
7 Laura Elliott	Shrop	13.05	

Round 2**Semi-final A (+0.4m/s)**

1 Rebekah Wilson	Manch	12.19	ns
2 Jade Phillips	London	12.37	es
= Sophie Wright	Warks	12.37	es
4 Ruth Dean	Avon	12.48	es
5 Bunmi Awokoya	Herts	12.54	es
6 Deborah Fleming	Corn	12.57	es
7 Kelly Murphy	Essex	12.67	
8 Yolanda Hutchinson	Midd	12.79	

Semi-final B (+3.1m/s)

1 Kitty Aleyae	Somer	12.13	ns
2 Clarice Underwood	Bucks	12.30	ns
3 Shauna Lawton	WMid	12.41	es
4 Corrine Humphreys	Essex	12.42	es
5 Faye Bowles	Durham	12.44	es
6 Sarah-Louise Weaver	H&Wor	12.58	es
7 Robyn St Luce Boyce	London	12.93	
8 Catherine Hawkes	Oxford	disq	

Final

(+1.7m/s)			
1 Rebekah Wilson	Manch	12.02	ns
2 Kitty Aleyae	Somer	12.17	ns
3 Clarice Underwood	Bucks	12.28	ns
4 Jade Phillips	London	12.31	es
5 Corrine Humphreys	Essex	12.37	es
6 Ruth Dean	Avon	12.51	es
7 Shauna Lawton	WMid	12.51	es
8 Sophie Wright	Warks	12.58	es

Inter Girls 200 metres

ES: 26.00 NS: 25.20 BP: 23.60

Round 1**Heat 1 (-0.5m/s)**

1 Laura Wake	Herts	25.29	es
2 Jo White	Midd	25.30	es
3 Mica Nottingham	Lancs	25.34	es
4 Rosie Hackney	NYork	25.72	es
5 Alice Reynolds	Hamp	25.85	es
6 Lucy Blackman	WMid	26.15	
7 Kirstie Robinson	London	26.49	

Heat 2 (-1.3m/s)

1 Twinelle Hopeson	Surrey	25.04	ns
2 Emily Diamond	Avon	25.21	es
3 Harriet Lucas	Norf	25.57	es
4 Laura Mason	Notts	25.74	es
5 Carlette Grant	Midd	26.06	
6 Beth Hicken	Chesh	26.10	
7 Katie Roberts	Lincs	26.16	
8 Lucy Dubberley	Staff	27.17	

Final

(+1.2m/s)			
1 Twinelle Hopeson	Surrey	24.81	ns
2 Emily Diamond	Avon	24.88	ns
3 Laura Wake	Herts	25.15	ns
4 Harriet Lucas	Norf	25.30	es
5 Mica Nottingham	Lancs	25.36	es
6 Laura Mason	Notts	25.45	es
7 Rosie Hackney	NYork	25.69	es

Inter Girls 300 metres

ES: 41.60 NS: 40.50 BP: 38.35

Round 1**Heat 1**

1 Lucy James	Beds	40.22	ns
2 Nicola Pearson	Durham	40.61	es
3 Deborah Willis	Herts	40.79	es
4 Lizzie Cave	Hamp	41.42	es
5 Chelsea McCourt	Mersey	41.70	
6 Claire McPhee	Humb	41.96	
7 Georgina Allbrook	Wilts	42.38	

Heat 2

1 Mary Iheke	Surrey	39.76	ns
2 Savannah Echel-Thomsom	Sussex	39.89	ns
3 Gemma Dawkins	Chls	40.91	es
4 Louise Hawkins	Glouc	41.29	es
5 Claire Butler	Oxford	41.66	
6 Nicola George	Corn	41.94	
7 Victoria Malady	Manch	42.05	

Heat 3

1 Vickie Hewett	Surrey	41.67	
2 Nina Edwards	Herts	41.67	
3 Claudia Rogers	Derby	41.95	
4 Brogan Percy	Hamp	41.97	
5 Beth Newton	Berks	42.21	
6 Jenny Hudson	Nland	42.33	
7 Hannah Godrich	Leics	44.31	

Heat 4

1 Lauren Brennan	Mersey	40.74	es
2 Kate Anderson	Staff	40.81	es
3 Sarah Ward	Berks	41.00	es
4 Emily Done	Chesh	41.66	
5 Rachel Davies	Midd	41.95	
6 Leanne Shaw	NYork	42.12	
7 Laura Pacey	Shrop	42.35	

Heat 5

1 Sophie Owen	Lancs	40.83	es
2 Kerry Hunton	Cumb	40.88	es
3 Phillipa Tappin	Midd	41.39	es
4 Amy Forrester	Mersey	41.49	es
5 Sophie Clark	WMid	41.69	
6 Jayme Norton	Cleve	42.12	
7 Helen Waters	Suff	42.72	

Round 2**Semi-final A**

1 Lucy James	Beds	40.15	ns
2 Vickie Hewett	Surrey	40.47	ns
3 Nicola Pearson	Durham	40.80	es
4 Lauren Brennan	Mersey	40.98	es
5 Gemma Dawkins	Chls	41.23	es
6 Nina Edwards	Herts	42.19	
7 Phillipa Tappin	Midd		
8 Louise Hawkins	Glouc		

Semi-final B

1 Savannah Echel-Thomsom	Sussex	39.92	ns
2 Mary Iheke	Surrey	39.97	ns
3 Sophie Owen	Lancs	40.78	es
4 Kate Anderson	Staff	41.09	es
5 Deborah Willis	Herts	41.32	es
6 Kerry Hunton	Cumb	41.54	es
7 Sarah Ward	Berks	41.63	
8 Lizzie Cave	Hamp	41.68	

Final

1 Lucy James	Beds	39.47	ns
2 Savannah Echel-Thomsom	Sussex	39.67	ns
3 Mary Iheke	Surrey	40.11	ns
4 Sophie Owen	Lancs	40.47	ns
5 Vickie Hewett	Surrey	40.87	es
6 Kate Anderson	Staff	40.91	es
7 Nicola Pearson	Durham	40.93	es
8 Lauren Brennan	Mersey	41.26	es

Inter Girls 800 metres

ES: 2:18.00 NS: 2:14.00 BP: 2:05.60

Round 1**Heat 1**

1 Danielle Cocking	Dorset	2:19.70	
2 Nicola Morgan	Suff	2:19.78	
3 Stephanie James	Mersey	2:20.22	
4 Rebecca Newton	SYork	2:21.40	
5 Katie Trehwella	Berks	2:21.54	
6 Leonie Shipley	Derby	2:23.90	

Heat 2

1 Loulou Rowlands	Surrey	2:17.48	es
2 Sarah Burgin	Hamp	2:17.72	es
3 Sarah Simmons	WYork	2:17.76	es
4 Davina Cole	WMid	2:18.28	
5 Briony Harris	Humb	2:18.48	
6 Abigail Marriott	Suff	2:18.82	

Heat 3

1 Kerrie Harris	Humb	2:18.30	
2 Sophie Tyers	Oxford	2:19.42	
3 Joanne Hunter	Bucks	2:20.03	
4 Sophie Fletcher	Lancs	2:20.40	
5 Rachael Flynn	Mersey	2:21.14	
6 Samantha Jacks	Suff	2:21.30	
7 Katie Sandford	Wilts	2:21.82	

Heat 4

1 Alex Wheatman	NYork	2:19.20	
2 Cally Read	Staff	2:19.22	
3 Leigh Lennon	Lancs	2:19.57	
4 Georgia Milton	Notts	2:19.80	
5 Alex Turner	Derby	2:20.61	
6 Emma Toogood	Durham	2:24.93	

Heat 5

1 Rowena Cole	WMid	2:17.52	es
2 Bea Swords	Oxford	2:17.77	es
3 Oriel Hardman	Manch	2:17.86	es
4 Lara Thomas	Lincs	2:18.52	
5 Zoe Armstrong	Nland	2:20.86	
6 Anna Sharrock	Corn	2:22.10	

Heat 6

1 Emma Wakefield	Mersey	2:16.42	es
2 Kathy Stringer	Chesh	2:16.53	es
3 Sophie Wilkins	Bucks	2:16.74	es
4 Abbie Vernon	Derby	2:17.28	es
5 Natalie Young	Nland	2:20.64	
6 Katherine Deal	Herts	2:24.10	

Round 2**Heat 1**

1 Sophie Wilkins	Bucks	2:16.66	es
2 Emma Wakefield	Mersey	2:16.70	es
3 Kathy Stringer	Chesh	2:17.16	es
4 Nicola Morgan	Suff	2:17.75	es
5 Abbie Vernon	Derby	2:18.48	
6 Stephanie James	Mersey	2:20.16	
7 Danielle Cocking	Dorset	2:23.98	

Heat 2

1 Sarah Simmons	WYork	2:15.74	es
2 Sarah Burgin	Hamp	2:15.89	es
3 Joanne Hunter	Bucks	2:16.20	es
4 Loulou Rowlands	Surrey	2:16.21	es
5 Alex Wheatman	NYork	2:18.73	
6 Davina Cole	WMid	2:18.93	
7 Sophie Tyers	Oxford	2:20.77	

Heat 3

1 Rowena Cole	WMid	2:12.40	ns
2 Kerrie Harris	Humb	2:12.46	ns
3 Leigh Lennon	Lancs	2:13.39	ns
4 Cally Read	Staff	2:15.15	es
5 Bea Swords	Oxford	2:19.11	
6 Oriel Hardman	Manch	2:33.19	

Final

1 Rowena Cole	WMid	2:10.30	ns
2 Kerrie Harris	Humb	2:10.86	ns
3 Leigh Lennon	Lancs	2:11.29	ns
4 Sarah Simmons	WYork	2:13.52	ns
5 Cally Read	Staff	2:16.11	es
6 Sarah Burgin	Hamp	2:16.68	es
7 Sophie Wilkins	Bucks	2:16.73	es
8 Emma Wakefield	Mersey	2:17.56	es

Inter Girls 1500 metres

ES: 4:47.00 NS: 4:39.00 BP: 4:24.10

Round 1**Heat 1**

1 Rebecca Craigie	Chesh	4:37.21	ns
2 Monique Powell	WMid	4:38.62	ns
3 Laura Weightman	Nland	4:42.91	es
4 Grace Nicholls	Kent	4:45.73	es
5 Robyn Lanceley	SYork	4:48.45	
6 Jessica Russon	Cleve	4:50.99	
7 April Stevenson	Manch	4:53.36	
8 Leonie Stewart	Hamp	5:00.75	
9 Kristie Leybourne	Lancs	5:01.91	

Heat 2

1 Lily Partridge	Surrey	4:41.34	es
2 Kate Avery	Durham	4:41.37	es
3 Catherine Blew	Somer	4:41.53	es
4 Martha Reynolds	Midd	4:41.63	es
5 Gemma Coe	Camb	4:46.52	es
6 Georgia Ball	Lincs	4:47.84	
7 Cerian Lancaster	Shrop	4:48.24	
8 Sarah Mercier	ChIs	4:48.60	
9 Luci McLoughin	Manch	4:48.95	
10 Nicole Roberts	Nhants	4:56.06	

Final

1 Laura Weightman	Nland	4:29.44	ns
2 Kate Avery	Durham	4:30.51	ns
3 Rebecca Craigie	Chesh	4:32.87	ns
4 Monique Powell	WMid	4:36.89	ns
5 Catherine Blew	Somer	4:38.29	ns
6 Lily Partridge	Surrey	4:42.65	es
7 Grace Nicholls	Kent	4:43.17	es
8 Georgia Ball	Lincs	4:44.27	es
9 Martha Reynolds	Midd	4:44.88	es
10 Gemma Coe	Camb	4:50.28	

Inter Girls 3000 metres

ES: 10:26.00 NS: 10:12.00 BP: 9:39.90

Final

1 Jessica Burns	Devon	9:45.64	ns
2 Laura Park	Cumb	9:48.60	ns
3 Beth Carter	Kent	9:48.92	ns
4 Blue Haywood	Notts	9:50.64	ns
5 Claire Pring	Norf	10:03.53	ns
6 Amy Smith	Kent	10:08.27	ns
7 Stephanie Burns	SYork	10:10.19	ns
8 Rachel Robinson	Humb	10:16.60	es
9 Leigh Lattimore	Midd	10:20.80	es
10 Gemma Astin	Mersey	10:22.06	es
11 Tamara Armoush	Derby	10:25.48	es
12 Zara Farnell	WMid	10:28.36	
13 Laura Spence	SYork	10:30.05	
14 Brittany Saville	Sussex	10:38.02	
15 Heather Holt	Staff	10:47.38	

Inter Girls 80 metres Hurdles
ES: 12.10 NS: 11.70 BP: 10.90**Round 1****Heat 1 (-1.4m/s)**

1	Helen Van Kempen	Herts	11.67	ns
2	Laura Welsh	Durham	11.96	es
3	Lizzie Wessely	Devon	11.97	es
4	Kirsty Warland	Oxford	12.20	
5	Hannah Jackson	Avon	12.21	
6	Harriet Lester	Surrey	12.55	
7	Sophie Wilmot	London	12.55	
8	Elisha Bateman	Staff	12.69	

Heat 2 (-0.7m/s)

1	Danielle Rooney	Lancs	11.60	ns
2	Amy Wakeham	Devon	11.69	ns
3	Catherine Hall-Jones	Bucks	12.06	es
4	Claire Humphries	Herts	12.07	es
5	Faye Williams	Berks	12.26	
6	Abbie Bennett	Mersey	12.30	
7	Daryanne Ryan	Dorset	12.36	
8	Jessica Clark	London	12.83	

Heat 3 (-2.5m/s)

1	Stephanie Gayner	Herts	11.75	es
2	Sandra Seaton	Surrey	11.82	es
3	Bella Hailstone	Sussex	11.99	es
4	Katie Jenkinson	Cumb	12.00	es
5	Lisa Revitt	SYork	12.33	
6	Holly Bleasdale	Lancs	12.33	
7	Charlotte Maxwell	Devon	12.50	
8	Ashleigh Wood	Cleve	13.04	

Final**(+0.9m/s)**

1	Danielle Rooney	Lancs	11.43	ns
2	Stephanie Gayner	Herts	11.43	ns
3	Sandra Seaton	Surrey	11.52	ns
4	Helen Van Kempen	Herts	11.57	ns
5	Amy Wakeham	Devon	11.59	ns
6	Bella Hailstone	Sussex	11.98	es
7	Laura Welsh	Durham	12.13	

Inter Girls 300 metres Hurdles

ES: 46.80 NS: 45.00 BP: 41.48

Round 1**Heat 1**

1	Amy Fleming	Durham	45.31	es
2	Abby Glover	Derby	45.66	es
3	Emily Stevens	Herts	46.45	es
4	Elizabeth Thompson	Surrey	46.78	es
5	Natasha Stevens	Chesh	47.09	
6	Laura Warman	Norf	47.40	

Heat 2

1	Danielle Bamber	Lancs	45.26	es
2	Stephanie Blackwell	Chesh	45.64	es
3	Gabriella Coveney	London	45.75	es
4	Garnet Mackinder	Devon	46.34	es
5	Sophie Wood	Durham	47.11	
6	Hanifa Greenwood	WMid	47.33	

Heat 3

1	Jenny White	H&Wor	45.16	es
2	Katrina Cosby	Kent	45.60	es
3	Alex Williams	Warks	45.81	es
4	Rosie Marino	Surrey	47.39	
5	Amy Dingle	Chs	47.42	
6	Rhiannon Linington-Payne	Staff	47.52	
7	Lucy Averill	Wilts	47.90	

Heat 4

1	Nicola Hill	Essex	44.59	ns
2	Emma Komocki	Derby	45.50	es
3	Megan Southwart	Kent	45.72	es
4	Sophie Meakin	Warks	45.95	es
5	Kate Blaylock	Durham	46.39	es
6	Rebecca Jennings	Sussex	46.87	
7	Charlotte Monk	Shrop	46.97	

Final

1	Nicola Hill	Essex	43.82	ns
2	Jenny White	H&Wor	44.90	ns
3	Danielle Bamber	Lancs	45.34	es
4	Stephanie Blackwell	Chesh	45.71	es
5	Abby Glover	Derby	46.44	es
6	Katrina Cosby	Kent	46.45	es
7	Amy Fleming	Durham	47.34	
8	Emma Komocki	Derby		

Inter Girls 4x100 metres Relay

ES: 50.20 NS: 49.20 BP: 46.40

Round 1**Heat 1**

1	Buckinghamshire	Bucks	48.84	ns
2	Durham	Durham	48.84	ns
3	Middlesex	Midd	49.11	ns
4	Sussex	Sussex	50.69	
5	Lancashire	Lancs		
6	Greater Manchester	Manch		
7	Avon	Avon		

Heat 2

1	Oxfordshire	Oxford	49.10	ns
2	London	London	49.23	es
3	North Yorkshire	NYork	49.58	es
4	Cleveland	Cleve	54.81	
5	Kent	Kent		
6	Derbyshire	Derby		disq

Heat 3

1	Cheshire	Chesh	49.64	es
2	Devon	Devon	49.83	es
3	Warwickshire	Warks	50.52	
4	Hampshire	Hamp	51.14	
5	Leicestershire & Rutland	Leics	54.02	
6	Shropshire	Shrop		
7	Merseyside	Mersey		

Heat 4

1	Surrey	Surrey	49.05	ns
2	Essex	Essex	49.80	es
3	Staffordshire	Staff	50.35	
4	Hereford & Worcestershire	H&Wor		
5	South Yorkshire	SYork		
6	Hertfordshire	Herts		
7	West Midlands	WMid		disq

Final

1	Durham	Durham	48.74	ns
2	Surrey	Surrey	48.80	ns
3	North Yorkshire	NYork	48.81	ns
4	Oxfordshire	Oxford	48.84	ns
5	Middlesex	Midd	49.31	es
6	Cheshire	Chesh	49.64	es
7	Buckinghamshire	Bucks	52.81	
8	London	London		

Inter Girls High Jump

ES: 1.62 NS: 1.68 BP: 1.83

Final

1 Hannah Dickson	Lancs	1.68	ns
2 Christina Parsons	Hamp	1.65	es
3 Katie Connolly	WMid	1.65	es
4 Heather Cumming	Wilts	1.62	es
5 Charlotte Parry	WMid	1.59	
6 Sophie Bell-Morgan	Mersey	1.59	
7 Grace Johnson	Nland	1.59	
8 Zoey Phillips	Warks	1.54	
= Moe Sasegbon	Herts	1.54	
= Lydia Morley	Mersey	1.54	
11 Mercedes McPherson	Midd	1.54	
12 Kate Lysons	Hamp	1.54	
13 Rachel Spooner	Avon	1.54	
14 Eleanor Flanagan	Manch	1.49	
= Jenna Murphy	Chls	1.49	
16 Elizabeth Maries	Sussex	1.49	
= Jessica Oliver	Dorset	1.49	

Inter Girls Long Jump

ES: 5.35 NS: 5.50 BP: 6.41

Final

1 Laura Samuel	Leics	5.82	+1.4	ns
2 Alice Lennox	Staff	5.60	-0.1	ns
3 Chanel Taite	Midd	5.50	+0.3	ns
4 Leila Armstrong-Green	Shrop	5.38	+1.3	es
5 Sian Kelman	Chesh	5.30	+0.2	
6 Harriet James	Lancs	5.18	+1.6	
7 Lorraine Ugen	Kent	4.93	-0.1	

Inter Girls Triple Jump

ES: 10.70 NS: 11.10 BP: 12.20

Final

1 Lauren Priest	Devon	11.73	+1.5	ns
2 Gemma Smith	Staff	11.55	+0.8	ns
3 Chloe Gill	Durham	11.50	+1.1	ns
4 Jade Ellans	Avon	11.48	+1.7	ns
5 Isobel Ivy	Kent	11.30	+1.8	ns
6 Jade Attoh	Midd	11.24	+2.1	ns
7 Chloe Galloway	Essex	11.18	+0.0	ns
8 Danielle Currie	Herts	11.17	+2.0	ns
9 Hannah Walsh	Leics	11.07	+1.4	es
10 Hannah Besford	Essex	11.04	+1.9	es
11 Emma Pringle	Nland	10.92	+2.3	es
12 Rachel Hanagan	Kent	10.92	+0.8	es
13 Rochelle Jones	Essex	10.86	+1.2	es
14 Hannah Brightmore	Derby	10.85	+1.3	es
15 Asha Forde-Scille	London	10.79	+1.6	es
16 Becky Lawrence	Wilts	10.72	+0.3	es
17 Laura Keeley	WMid	10.70	-0.1	es
18 Emma Spragg	H&Wor	10.69	+1.3	
19 Shelley Hazlewood	Nhants	10.65	+1.3	
20 Natalie Delahunty	Oxford	10.61	+0.8	
21 Amanda Evans	Warks	10.50	+0.3	
22 Ellie Rhodes	Camb	10.42	+1.6	
23 Karina Jackovenko	WMid	10.08	+0.8	
24 Kristabel Ewers	Notts	10.04	+1.4	
25 Holly Harper	Corn	9.75	+1.1	
26 Harriett Ballantyne	Shrop	9.73	+2.0	

Inter Girls Pole Vault

ES: 2.70 NS: 3.05 BP: 3.65

Final

1 Jade Ive	Surrey	3.75	bp
2 Sophie Upton	Wilts	3.65	bp
3 Sally Scott	Nland	3.55	ns
4 Abigail Haywood	WYork	3.35	ns
5 Yasmin Dyer	Wilts	3.35	ns
6 Christina Moore	Kent	3.05	ns
7 Emmaline Rendell	Kent	2.85	es
8 Jade Tallent	Midd	2.70	es
9 Emily Tompkins	H&Wor	2.55	
= Jenny Tilbury	Hamp	2.55	

Inter Girls Shot

ES: 10.20 NS: 11.00 BP: 14.38

Final

1 Hannah Evenden	WYork	11.98	ns
2 Jade Weston	Staff	11.43	ns
3 Charlotte Rose	Herts	11.16	ns
4 Emma Simpson	Lincs	10.52	es
5 Katherine Jones	Kent	10.42	es
6 Lauren Boyd	Nhants	10.40	es
7 Abigail Moronkeji	London	10.06	
8 Katherine McBeth	WMid	9.97	
9 Carrie Simpson	WYork	9.73	
10 Amber Merrills	SYork	9.54	
11 Catherine Shin	Sussex	9.16	
12 Montana Marshall	London	8.55	

Inter Girls Discus

ES: 33.00 NS: 37.00 BP: 49.36

Final

1 Katie Wickman	Somer	43.30	ns
2 Jodie Jacobs	Sussex	42.06	ns
3 Kelly Pagdin	SYork	35.41	es
4 Julia Walkden	Devon	34.88	es
5 Elycia Metaxas-Belt	Nhants	34.51	es
6 Jade Moore	Staff	33.45	es
7 Tyne Breen	Durham	33.24	es
8 Leeanna Davis	Essex	32.85	
9 Laura Baker	Manch	31.05	
10 Portia Maddisom	Durham	31.04	
11 Amelia Reynolds	Shrop	29.92	
12 Joanna Botwright	Herts	29.80	
13 Chloe Smyrk	Humb	28.19	
14 Tesni Ward	Notts	27.81	

Inter Girls Javelin

ES: 36.00 NS: 38.00 BP: 46.94

Final

1 Sarah-Anne De Kremer	Leics	41.50	ns
2 Sadie Watts	Bucks	39.07	ns
3 Jemma Tewkesbury	Dorset	39.01	ns
4 Izzy Jeffs	Somer	37.49	es
5 Samantha Cullinane	Nhants	36.50	es
6 Charlotte Gimson	WMid	35.85	
7 Danielle Stanley	Leics	32.22	
8 Jessica Challen	Sussex	31.73	
9 Kayleigh Mills	Cleve	27.90	

Inter Girls Hammer

ES: 32.00 NS: 37.00 BP: 48.06

Final

1	Kate Yhnell	Glouc	46.54	ns
2	Sarah Smith	Essex	43.46	ns
3	Jenna Winson	Derby	39.44	ns
4	Oyebanke Jemiyo	Kent	38.88	ns
5	Suzanne Woodward	Mersey	38.36	ns
6	Helen Broadbridge	Berks	37.07	ns
7	Nicola Bates	Humb	35.66	es
8	Bethany Jones	Avon	35.18	es
9	Claire Lebond	SYork	33.84	es
10	Nasya Harvey	Midd	33.04	es
11	Lucie Robichaud	Sussex	31.09	
12	Coral Stewart	Berks	29.98	
13	Lucy Roberts	Derby	29.73	
14	Rebecca Makin	Manch	27.95	

Senior Girls 100 metres

ES: 12.50 NS: 12.20 BP: 11.50

Round 1**Heat 1 (-2.3m/s)**

1	Hayley Jones	Chesh	12.04	ns
2	Claudia Williams	Midd	12.33	es
3	Shelley Went	Warks	12.46	es
4	Tara Kafke	Oxford	12.58	
5	Kerry Salter	Nhants	12.93	
6	Rachel Davidson	Durham	12.94	
7	Katie Brick	Mersey	13.21	

Heat 2 (-0.6m/s)

1	Meghan Beesley	Warks	11.92	ns
2	Torema Dorsett	Midd	12.22	es
3	Annabelle Lewis	Humb	12.23	es
4	Laura Davies	Lancs	12.50	es
5	Alice Robins	Corn	12.76	
6	Reagan Wright	Notts	12.92	
7	Karyn Light	Dorset	13.00	

Final

(+2.2m/s)

1	Hayley Jones	Chesh	11.59	ns
2	Meghan Beesley	Warks	11.90	ns
3	Annabelle Lewis	Humb	12.01	ns
4	Torema Dorsett	Midd	12.11	ns
5	Claudia Williams	Midd	12.36	es
6	Laura Davies	Lancs	12.45	es
7	Shelley Went	Warks	12.46	es
8	Tara Kafke	Oxford	12.51	

Senior Girls 200 metres

ES: 25.80 NS: 25.00 BP: 23.10

Round 1**Heat 1 (-2.4m/s)**

1	Elaine O'Neill	Wilts	24.80	ns
2	Jazmine Rowe	Staff	25.37	es
3	Hannah Bird	SYork	25.65	es
4	Lauren Arthur	Durham	26.12	
5	Laura Hitchman	Sussex	26.14	
6	Georgina Maltster	Suff	27.10	

Heat 2 (-4.2m/s)

1	Holly Croxford	Hamp	25.12	es
2	Robyn Rashford	Manch	25.46	es
3	Charlotte Allee	Bucks	25.87	
4	Rebecca Wilmshurst	Durham	26.17	
5	Racheal Shaw	SYork	27.29	

Final

(+1.9m/s)

1	Holly Croxford	Hamp	24.37	ns
2	Elaine O'Neill	Wilts	24.44	ns
3	Jazmine Rowe	Staff	24.86	ns
4	Robyn Rashford	Manch	24.89	ns
5	Hannah Bird	SYork	25.41	es
6	Charlotte Allee	Bucks	25.52	es
7	Lauren Arthur	Durham	25.74	es
8	Laura Hitchman	Sussex	25.75	es

Senior Girls 400 metres

ES: 58.80 NS: 57.00 BP: 54.33

Round 1**Heat 1**

1	Carmen Gedling	Mersey	56.80	ns
2	Jade Peak	H&Wor	57.22	es
3	Alice Middleton	Beds	57.54	es
4	Becky Welbourn	Suff	58.17	es
5	Emma Pullen	Shrop	58.43	es
6	Vanessa Nakangu	London	58.63	es
7	Kate Laidlow	Kent	59.04	
8	Sally Teague	Manch		

Heat 2

1	Francesca Keeble	Glouc	56.63	ns
2	Erica Smith	Midd	56.86	ns
3	Ese Okoro	WMid	56.88	ns
4	Katherine Sherry	Manch	57.47	es
5	Lizzie Wright	Beds	58.94	
6	Samantha Duffy	Nland	59.97	
7	Emma Paton	Surrey	60.57	
8	Laura Maddox	Avon	62.81	

Heat 3

1	Corinne Stott	Manch	56.85	ns
2	Laura Scougall	WMid	57.32	es
3	Kelly Denyer	Sussex	57.61	es
4	Odette Campbell	Surrey	58.51	es
5	Hollie Owen	Warks	59.02	
6	Rebecca McLinden	Mersey	60.06	
7	Alysha Coddington	Oxford	61.25	

Final

1	Ese Okoro	WMid	55.89	ns
2	Carmen Gedling	Mersey	55.95	ns
3	Jade Peak	H&Wor	56.36	ns
4	Erica Smith	Midd	56.57	ns
5	Laura Scougall	WMid	57.34	es
6	Francesca Keeble	Glouc	57.40	es
7	Katherine Sherry	Manch	57.63	es
8	Corinne Stott	Manch	57.84	es

Senior Girls 800 metres

ES: 2:15.00 NS: 2:13.00 BP: 2:05.18

Round 1**Heat 1**

1	Rachel Stringer	Norf	2:11.8	ns
2	Lucy Yates	Herts	2:12.2	ns
3	Gina Rutherford	Nland	2:12.5	ns
4	Suzi Boast	Camb	2:15.5	
5	Jacqueline Fairchild	Manch	2:16.7	
6	Emily Goodhall	Sussex	2:17.2	

Heat 2

1	Lucy Dowsett	Camb	2:11.9	ns
2	Vicky Fouhy	Bucks	2:12.5	ns
3	Kate Kaye	Sussex	2:17.8	
4	Julia Cooke	Glouc	2:18.2	
5	Kirsty Milner	Manch	2:25.5	
6	Ejiro Okoro	WMid		
7	Alison Leonard	Lancs		

Final

1 Rachel Stringer	Norf	2:06.93	ns
2 Lucy Dowsett	Camb	2:07.45	ns
3 Gina Rutherford	Nland	2:11.27	ns
4 Vicky Fouhy	Bucks	2:12.92	ns
5 Jacqueline Fairchild	Manch	2:14.86	es
6 Suzi Boast	Camb	2:15.54	
7 Emily Goodhall	Sussex	2:17.93	
8 Lucy Yates	Herts	2:23.56	

Senior Girls 1500 metres

ES: 4:43.00 NS: 4:36.00 BP: 4:17.10

Round 1**Heat 1**

1 Stevie Stockton	Chesh	4:28.69	ns
2 Clare Tarplee	WMid	4:29.92	ns
3 Sarah Hudak	Manch	4:31.63	ns
4 Emma Reed	Avon	4:32.13	ns
5 Lauren Howarth	Manch	4:34.98	ns
6 Natalie Grant	SYork	4:38.16	es
7 Danielle Walker	Staff	4:40.59	es
8 Rebecca Gough	Hamp	4:42.40	es
9 Naomi Taschimowitz	Somer	4:49.58	

Heat 2

1 Klachen Cheshire	Humb	4:31.45	ns
2 Joanne Harvey	Devon	4:31.62	ns
3 Charlotte Roach	Chesh	4:31.68	ns
4 Katie Knowles	Corn	4:32.27	ns
5 Jordan Kinney	WMid	4:32.95	ns
6 Amy Gibson	Warks	4:38.44	es
7 Laura Parker	Somer	4:40.58	es
8 Alison Lavender	Shrop	4:44.70	
9 Rosy Cooper	Wilts		
10 Charlotte Woods	Manch		

Final

1 Stevie Stockton	Chesh	4:25.36	ns
2 Clare Tarplee	WMid	4:26.21	ns
3 Charlotte Roach	Chesh	4:27.15	ns
4 Klachen Cheshire	Humb	4:28.66	ns
5 Katie Knowles	Corn	4:30.98	ns
6 Jordan Kinney	WMid	4:34.45	ns
7 Emma Reed	Avon	4:37.77	es
8 Sarah Hudak	Manch	4:38.52	es
9 Lauren Howarth	Manch	4:43.89	
10 Joanne Harvey	Devon		

Senior Girls 3000 metres

ES: 10:18.00 NS: 10:06.00 BP: 9:04.30

Final

1 Danielle Nimmock	Norf	10:02.30	ns
2 Natasha Peters	Beds	10:03.42	ns
3 Emma Langdell	Staff	10:06.64	es
4 Hollie Knight	Devon	10:14.29	es
5 Georgina Bruinvels	Surrey	10:15.37	es
6 Olivia Larcombe	WMid	10:22.54	
7 Charlotte O'Connell	Mersey	10:22.87	
8 Heather Timmins	Chesh		
9 Sophie Coleman	Sussex		

Senior Girls 100 metres Hurdles

ES: 15.20 NS: 14.60 BP: 13.30

Round 1**Heat 1 (-0.6m/s)**

1 Hannah Francis-Smithson	WYork	14.38	ns
2 Lauren Dewdney	Nland	14.78	es
3 Jennifer Heckford	Berks	14.99	es
4 Kate McHale	Mersey	15.03	es
5 Chloe Whalley	Bucks	15.45	
6 Nicky Burrows	Herts	15.53	
7 Nicola Gaisford	Essex	16.24	

Heat 2 (-2.6m/s)

1 Helen Asher	Mersey	14.53	ns
2 Kayleigh Ferguson	Surrey	15.18	es
3 Anna Newton	Hamp	15.20	es
4 Serita Shone	Dorset	15.35	
5 Helen Goacher	NYork	16.12	
6 Lisa Schofield	Essex	16.38	

Final

(+1.2m/s)

1 Hannah Francis-Smithson	WYork	13.96	ns
2 Helen Asher	Mersey	14.13	ns
3 Lauren Dewdney	Nland	14.36	ns
4 Jennifer Heckford	Berks	14.55	ns
5 Kayleigh Ferguson	Surrey	14.72	es
6 Anna Newton	Hamp	14.88	es
7 Kate McHale	Mersey	14.99	es
8 Serita Shone	Dorset	15.56	

Senior Girls 400 metres Hurdles

ES: 66.00 NS: 64.50 BP: 59.00

Round 1**Heat 1**

1 Hayley Pitman	Avon	64.01	ns
2 Sarah McLellan	Kent	64.31	ns
3 Sophie Twinam	ChIs	64.54	es
4 Lorna McMichael	Durham	64.73	es
5 Christina Carr	Lancs	66.54	
6 Emily Moss	Lincs	68.61	

Heat 2

1 Samantha Coleby	Durham	63.19	ns
2 Charlotte Roberts	Shrop	64.62	es
3 Katie Sockett	Somer	64.76	es
4 Becca Carozzi	Hamp	64.77	es
5 Vicky Randall	Kent	64.92	es
6 Kay Brown	Beds	66.13	

Heat 3

1 Rose Reynolds	Berks	63.25	ns
2 Hayley Comer	Midd	64.22	ns
3 Vicki Holmes	Durham	64.59	es
4 Kerry Dixon	Suff	67.17	
5 Laura Pitts	WYork	67.91	
6 Lucy Ferguson	Shrop	67.91	
7 Vanessa Ward	Surrey	68.61	

Final

1 Samantha Coleby	Durham	62.12	ns
2 Rose Reynolds	Berks	62.37	ns
3 Hayley Pitman	Avon	63.88	ns
4 Sarah McLellan	Kent	64.59	es
5 Charlotte Roberts	Shrop	65.12	es
6 Sophie Twinam	ChIs	65.23	es
7 Hayley Comer	Midd	65.72	es
8 Vicki Holmes	Durham	66.39	

Senior Girls 4x100 metres Relay

ES: 50.00 NS: 49.00 BP: 45.60

Round 1**Heat 1**

1	Hampshire	Hamp	49.21	es
2	Greater Manchester	Manch	49.83	es
3	Shropshire	Shrop		
4	Devon	Devon		
5	West Yorkshire	WYork		
6	Sussex	Sussex		
7	Suffolk	Suff		
8	Bedfordshire & Luton	Beds	disq	

Heat 2

1	Durham	Durham	48.22	ns
2	South Yorkshire	SYork	50.02	
3	Warwickshire	Warks	50.30	
4	Kent	Kent	51.40	
5	Essex	Essex	51.45	
6	Somerset	Somer	52.71	
7	Dorset	Dorset		
8	Surrey	Surrey	disq	

Final

1	Durham	Durham	48.38	ns
2	Greater Manchester	Manch	48.96	ns
3	Hampshire	Hamp	48.99	ns
4	Warwickshire	Warks	49.29	es
5	South Yorkshire	SYork	49.61	es
6	Essex	Essex	51.23	
7	Somerset	Somer	51.89	
8	Kent	Kent		

Senior Girls High Jump

ES: 1.66 NS: 1.72 BP: 1.88

Final

1	Vikki Hubbard	Lincs	1.84	ns
2	Sade Thompson	Avon	1.72	ns
3	Eloise Newman	Midd	1.69	es
4	Hatty Scaramanga	Somer	1.66	es
5	Gemma Grainger	Essex	1.66	es
6	Caroline Park	WYork	1.66	es
7	Bethan Partridge	Shrop	1.63	
8	Laura Watt	Durham	1.58	

Senior Girls Long Jump

ES: 5.45 NS: 5.65 BP: 6.65

Final

1	Kim Murray	Hamp	5.81	+1.1	ns
2	Eleanor Markendale	Lancs	5.63	-0.5	es
3	Emily Martin	Surrey	5.62	-0.8	es
4	Hannah Wood	Shrop	5.42	-0.8	
5	Heather Douglas	Derby	5.37	0.0	
6	Lorraine Bobb	Berks	5.24	+0.2	
7	Sarah Warsop	Dorset	5.24	+0.0	
8	Aimee Richardson	Beds	5.17	-1.1	

Senior Girls Triple Jump

ES: 11.00 NS: 11.30 BP: 13.06

Final

1	Claire O'Reilly	Derby	11.93	+0.5	ns
2	Harriet Pickles	NYork	11.86	+0.5	ns
3	Melissa Carr	Durham	11.81	+0.4	ns
4	Kayley Alcorn	Sussex	11.56	+1.3	ns
5	Shakira Whight	Berks	11.37	+1.1	ns
6	Jenneice Birmingham	WMid	11.29	+0.4	es
7	Tamara Longwe	Leics	11.18	+0.2	es
8	Hayley Wright	Hamp	11.11	+0.2	es
9	Juliet Fielden	Kent	11.10	+0.8	es
10	Lindsey Towers	NYork	10.88	+1.2	
11	Chioma Chilaka	Derby	10.76	+1.0	
12	Natasha Risman	Hamp	10.61	+0.7	
13	Ashley Little	WYork	10.56	-1.0	
14	Philippa Madden	H&Wor	10.09	+0.4	
15	Kirsty Wilson	Essex	10.03	+1.1	

Senior Girls Pole Vault

ES: 2.70 NS: 3.05 BP: 3.75

Final

1	Rachel Arnheim	Kent	3.35	ns
2	Kerry Passmore	WMid	3.15	ns
3	Jasmin Hicks	Corn	3.15	ns
4	Maria Seager	Dorset	2.95	es
5	Rachael Thomas	Mersey	2.70	es

Senior Girls Shot

ES: 10.50 NS: 11.40 BP: 15.01

Final

1	Eden Francis	Leics	15.65	bp
2	Rachel Wallader	WMid	13.13	ns
3	Amy Hill	SYork	13.08	ns
4	Briony Phillips	London	11.99	ns
5	Rebecca Hall	Lincs	11.89	ns
6	Alice Simpson	WYork	11.58	ns
7	Kirsty Hutton	Durham	11.46	ns
8	Suzi Scott	WMid	11.08	es
9	Eloise Stott	Cumb	10.98	es
10	Laura Duke	Sussex	10.25	
11	Lauren Bodie	NYork	10.14	
12	Charlotte Waldon-Day	Hamp	9.66	

Senior Girls Discus

ES: 36.00 NS: 39.00 BP: 52.74

Final

1	Rachel Backhouse	Nhants	43.85	ns
2	Florence Clarke	Kent	41.44	ns
3	Lucy Underdown	Kent	41.18	ns
4	Rosalind Seeley	Kent	41.04	ns
5	Rebecca Birch	SYork	39.28	ns
6	Katy-Louise Payne	Nhants	36.60	es
7	Susannah East	Avon	30.78	

Senior Girls Javelin

ES: 37.00 NS: 41.00 BP: 47.73

Final

1	Sophie Thomas	Somer	42.04	ns
2	Rebecca Slater	Chls	40.88	es
3	Simone Huggins-Ward	WMid	40.48	es
4	Peta Lundgren	Herts	39.47	es
5	Danielle Summers	Oxford	38.50	es
6	Rachel Fleary	Cumb	37.39	es
7	Carol Stone	London	37.30	es
8	Lucy O'Flinn	Devon	36.30	
9	Thareza Oliver-Smith	Derby	35.80	
10	Maddie Hinch	Somer	34.00	
11	Kimberley Eke	Devon	32.53	

Senior Girls Hammer

ES: 37.00 NS: 43.00 BP: 52.76

Final

1	Hayley Murray	Warks	49.65	ns
2	Melissa Cooper	Kent	46.28	ns
3	Katy Wilson	Durham	44.61	ns
4	Megan Boon	Norf	43.66	ns
5	Donna Kent	Kent	42.62	es
6	Kayleigh Sullivan	Cleve	42.31	es
7	Rebekah Rudkin	Cumb	40.80	es
8	Suzanna Wise	Beds	40.13	es
9	Christina Jones	Avon	39.52	es
10	Erica Francis	Sussex	39.45	es
11	Nikita Morgan	Glouc	38.50	es
12	Stacey Lebond	SYork	36.83	
13	Alice Forster	Camb	36.82	
14	Elly Jackson	Lincs	35.15	
15	Joanne Price	Hamp	35.02	
16	Katie Spooner	Avon	32.89	