

ESAA Sainsbury's English Schools Combined Events
16th/17th September 2006
 Revised timetable as at 10th September

Saturday				Timetable			
Time	SB	SG	IB	IG	JB	Walks	Time
09.30		100m H	LJ1/LJ2				09.30
10.00				80m H			10.00
10.25		HJ1/HJ2			80m H		10.25
11.00	100m						11.00
11.15				HJ3/HJ4			11.15
11.25			Disc 1/2		Shot 1/2		11.25
11.45	LJ1/LJ2						11.45
12.15						JG 3Km	12.15
12.30							12.30
12.45						JB 3Km	12.45
1.00					LJ3/LJ4	Presentation JG	1.00
1.15	Shot 1/2					IG 3Km	1.15
1.30			Jav'1(A)				1.30
1.40						Presentation JB/IG	1.40
2.00						SB/SG/IB 5Km	2.00
2.15		Shot 1/2					2.15
2.30					HJ3/HJ4		2.30
2.45	HJ1/HJ2		Jav'1(B)			Presentation IB	2.45
2.50						Presentation SG/SB	2.50
3.15				Shot 1/2			3.15
*4.00			400m				*4.00
*4.15		200m					*4.15
*4.50				200m			*4.50
*5.30					800m		*5.30
*6.00	400m						*6.00
*6.15					Presentation		*6.15

Sunday				Provisional Timetable			
Time	SB	SG	IB	IG	JG		Time
09.00	110m H						09.00
09.30		LJ1/LJ2					09.30
10.00	Disc 1/2				75m H		10.00
10.45			100m H	LJ3/LJ4	Shot 1/2		10.45
11.00		Jav'1(A)					11.00
11.45	PV 1/2		HJ1/HJ2				11.45
12.00		Jav'1(B)					12.00
12.15					HJ3/HJ4		12.15
1.20				Jav'1(A)			1.20
2.15		800m					2.15
2.30			Shot 1/2	Jav'1(B)			2.30
2.55					LJ1/LJ2		2.55
*3.20		Presentation					*3.20
*3.45	Jav'1(A)		1500m				*3.45
*4.15	Jav'1(B)			800m			*4.15
*4.45			Presentation		800m		*4.45
*5.10				Presentation			*5.10
*5.15	1500m						*5.15
*5.30					Presentation		*5.30
*6.00	Presentation						*6.00

* = approximate time only. The Referees may change the time depending on the progress of the Pole Vaults and other events.
 PRESENTATIONS will take place as soon after the conclusion of the events as possible.

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Unless athletes are told otherwise they should have completed their warm up etc and be prepared to start the different competitions at the stipulated start times.