

ENGLISH SCHOOLS ATHLETIC ASSOCIATION
National Track & Field Championships
Birmingham Alexander Stadium
8th - 9th July 2005

Junior Boys 100 metres
 ES: 11.80 NS: 11.50 BP: 10.93

Round 1

Heat 1 (-0.1m/s)

1 Antonio Infantino	Herts	11.42 ns
2 David Amoo	London	11.46 ns
3 John Summers	Nland	11.57 es
4 Faron Griffiths-Moore	Surrey	11.82
5 Ben Newman	WMid	11.87
6 Harrie Austin-Jones	Berks	11.99
7 Matthew Davison	Durham	12.05

Heat 2 (+1.3m/s)

1 Joshua Patrick	Berks	11.27 ns
2 Jermaine Alexander	Surrey	11.33 ns
3 William Latta	Mersey	11.49 ns
4 Andres Tulande	London	11.66 es
5 Andrew Robertson	Manch	11.70 es
6 Harrison Foster	WYork	11.77 es
7 Chris Laming	Lincs	11.96
8 Cambell Bell	Durham	11.96

Heat 3 (+0.4m/s)

1 Alex Hunte	Sussex	11.37 ns
2 Jordan Huggins	Surrey	11.38 ns
3 Dijon Archer	London	11.56 es
4 Jack Harrison	Warks	11.57 es
5 Tristan Augier	Herts	11.67 es
6 Richard Tremlin	Glouc	11.82
7 Shamen Langham	Lincs	11.88

Heat 4 (+0.4m/s)

1 Deji Tobias	Beds	11.29 ns
2 Ashley Caine	Warks	11.32 ns
3 Michael Lee	Berks	11.50 ns
4 Antoe Walters	WMid	11.51 es
5 Gareth Preston	Chesh	11.60 es
6 George Robinson	Devon	11.69 es
7 Rhion Samuel	Midd	11.82

Round 2

Semi-final A (-0.8m/s)

1 Deji Tobias	Beds	11.30 ns
2 Ashley Caine	Warks	11.38 ns
3 Antonio Infantino	Herts	11.41 ns
4 Jordan Huggins	Surrey	11.48 ns
5 Antoe Walters	WMid	11.55 es
6 Dijon Archer	London	11.58 es
7 Michael Lee	Berks	11.66 es
8 Gareth Preston	Chesh	11.78 es

Semi-final B (+1.5m/s)

1 Joshua Patrick	Berks	11.24 ns
2 Jermaine Alexander	Surrey	11.32 ns
3 William Latta	Mersey	11.33 ns
4 David Amoo	London	11.43 ns
5 Alex Hunte	Sussex	11.49 ns
6 Jack Harrison	Warks	11.60 es
7 Andres Tulande	London	11.67 es
8 John Summers	Nland	11.87

Final

(-0.4m/s)		
1 Antonio Infantino	Herts	11.30 ns
2 Jermaine Alexander	Surrey	11.31 ns
3 Joshua Patrick	Berks	11.33 ns
4 David Amoo	London	11.39 ns
5 Deji Tobias	Beds	11.39 ns
6 Ashley Caine	Warks	11.46 ns
7 William Latta	Mersey	11.51 es
8 Jordan Huggins	Surrey	11.61 es

Junior Boys 200 metres
 ES: 24.20 NS: 23.40 BP: 22.03

Round 1

Heat 1 (+0.3m/s)

1 Tony Corrigan	Chesh	22.64 ns
2 Kieran Munnely	Leics	23.19 ns
3 Joshua Northcott-Barlow	Kent	23.57 es
4 Ben Patterson	Cleve	23.63 es
5 Matthew Brown	Midd	23.80 es
6 Josh Perkin	Devon	23.99 es
7 Tom Parker	Norf	24.79

Heat 2 (+1.4m/s)

1 Robert Hunt	Surrey	22.83 ns
2 Matthew Dudley	WMid	23.00 ns
3 Richard Morrissey	Somer	23.36 ns
4 Phillippe Goessen	Durham	23.63 es
5 Greg Nott	Devon	23.80 es
6 James Williams	Lancs	24.31
7 Rajan Parmar	Leics	24.56

Heat 3 (+1.7m/s)

1 Reiss Maxwell	Notts	23.28 ns
2 Craig Simpson	WYork	23.49 es
3 Sebastian Tully-Middleton	Nhants	23.75 es
4 Chris Vickers	Essex	23.90 es
5 Stephen Butterworth	Manch	24.03 es
6 Daniel Higham	Mersey	24.46
7 Matthew Webster	Midd	disq

Heat 4 (+1.6m/s)

1 Lewis Rouault	Midd	22.87 ns
2 Fiston Bitumba	London	23.28 ns
3 Ben Riekstins	Shrop	23.40 ns
4 Luke Evans	Warks	23.41 es
5 Nathan Hilton	Mersey	23.58 es
6 Johnathan Harker	Lancs	23.68 es
7 Dominic Friend	Leics	24.00 es

Round 2

Semi-final A (-0.3m/s)

1 Lewis Rouault	Midd	22.63 ns
2 Robert Hunt	Surrey	22.99 ns
3 Reiss Maxwell	Notts	23.17 ns
4 Craig Simpson	WYork	23.20 ns
5 Fiston Bitumba	London	23.51 es
6 Joshua Northcott-Barlow	Kent	23.61 es
7 Ben Patterson	Cleve	23.64 es
8 Nathan Hilton	Mersey	23.65 es

Semi-final B (-0.2m/s)

1 Tony Corrigan	Chesh	22.38 ns
2 Matthew Dudley	WMid	23.18 ns
3 Kieran Munnely	Leics	23.20 ns
4 Richard Morrissey	Somer	23.65 es
5 Luke Evans	Warks	23.68 es
6 Sebastian Tully-Middleton	Nhants	23.84 es
7 Ben Riekstins	Shrop	23.84 es
8 Phillippe Goessen	Durham	24.16 es

Final

(-0.3m/s)		
1 Tony Corrigan	Chesh	22.36 ns
2 Lewis Rouault	Midd	22.46 ns
3 Robert Hunt	Surrey	22.55 ns
4 Matthew Dudley	WMid	22.94 ns
5 Reiss Maxwell	Notts	23.13 ns
6 Craig Simpson	WYork	23.20 ns
7 Kieran Munnely	Leics	23.45 es
8 Richard Morrissey	Somer	23.66 es

Junior Boys 400 metres
 ES: 54.50 NS: 52.80 BP: 49.98

Round 1

Heat 1

1 Harry Doran	Mersey	52.73 ns
2 Ross McDonald	WMid	53.02 es
3 Aston Stockdale	Kent	53.11 es
4 Dale Jacobs	Notts	54.10 es
5 Michael Fraser	Norf	55.00
6 Steven List	Warks	
7 Jordan Aromasodu	London	disq

Heat 2

1 Jack Wallace	Bucks	51.63 ns
2 James Peden	Midd	52.25 ns
3 Matt Ellis	Manch	52.68 ns
4 Max Sturgess	Beds	53.23 es
5 Oliver Smith	Kent	53.56 es
6 Oliver Forsyche	Leics	54.29 es
7 Joshua Bowden	Lincs	54.65
8 Jose Alfonso	Notts	55.72

Heat 3

1 Christopher Williams	Oxford	52.03 ns
2 Liam Cox	Surrey	52.86 es
3 Charlie Burn	Warks	53.17 es
4 Lewis Bostock	Derby	54.17 es
5 Jamie Barnes	Manch	54.18 es
6 Craig Dolan	Mersey	55.24
7 Michael Warner	Notts	disq

Heat 4

1 Matthew Lumm	Essex	52.76 ns
2 Luke Edwards	WYork	53.05 es
3 Luke Disney	Midd	53.29 es
4 Daniel Leadbitter	Nland	54.30 es
5 Christopher Kirk	Chesh	55.13
6 Josh Ludkin	Norf	55.43
7 Ryan Ward	H&Wor	55.55

Round 2

Semi-final A

1 Matthew Lumm	Essex	51.53 ns
2 James Peden	Midd	51.78 ns
3 Christopher Williams	Oxford	52.12 ns
4 Liam Cox	Surrey	52.22 ns
5 Charlie Burn	Warks	52.79 ns
6 Aston Stockdale	Kent	53.11 es
7 Max Sturgess	Beds	53.46 es
8 Dale Jacobs	Notts	53.72 es

Semi-final B

1 Jack Wallace	Bucks	51.04 ns
2 Ross McDonald	WMid	51.84 ns
3 Harry Doran	Mersey	52.08 ns
4 Luke Edwards	WYork	52.29 ns
5 Matt Ellis	Manch	53.12 es
6 Oliver Smith	Kent	53.33 es
7 Luke Disney	Midd	54.08 es
8 Lewis Bostock	Derby	55.05

Final

1 Matthew Lumm	Essex	51.08 ns
2 Christopher Williams	Oxford	51.10 ns
3 Jack Wallace	Bucks	51.34 ns
4 Ross McDonald	WMid	51.49 ns
5 James Peden	Midd	51.83 ns
6 Harry Doran	Mersey	52.04 ns
7 Liam Cox	Surrey	52.09 ns
8 Luke Edwards	WYork	

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Junior Boys 800 metres
 ES: 2:08.00 NS: 2:04.00 BP: 1:56.10

Round 1

Heat 1

1	Charlie Eastaugh	Warks	2:05.70	es
2	Jeremy Gilmour	Manch	2:05.77	es
3	David Burns	Avon	2:06.16	es
4	Alexander Broskom-Walker	SYork	2:06.53	es
5	Ethan Cross	Glouc	2:07.04	es
6	Joshua Moody	Derby	2:07.32	es
7	Ned Lamb	Norf	2:08.78	

Heat 2

1	Adam Moore	Berks	2:02.97	ns
2	Martin Cousins	Surrey	2:04.49	es
3	Joshua Petty	Wilts	2:05.17	es
4	Alex Bell	NYork	2:06.18	es
5	Conor Mugan	Dorset	2:09.30	
6	Richard O'Donnell	WMid	2:11.87	
7	Adam Morrell	Cleve	2:19.11	

Heat 3

1	Stephen Broadhurst	Chesh	2:04.86	es
2	Toby Griffiths	Shrop	2:05.38	es
3	Joseph Fris	WYork	2:07.08	es
4	Daniel Hall	Nland	2:07.92	es
5	Chester Mounsher	Bucks	2:08.90	
6	Oliver Green	Camb	2:09.12	
7	Ben Coldray	Glouc	2:10.82	

Heat 4

1	Abdirisak Ahmed	SYork	2:03.25	ns
2	Ben Smith	Nland	2:04.92	es
3	Davey Platt	Devon	2:07.10	es
4	Robbie Unsworth	NYork	2:07.92	es
5	Tom Bowerman	Hamp	2:08.30	
6	Jack Hallas	WYork	2:11.34	
7	Tom Larter	Lincs	2:12.04	
8	Phillippe Manning	Oxford	2:13.53	

Heat 5

1	James Senior	Norf	2:06.28	es
2	Matthew Bloy	Essex	2:07.16	es
3	Stephen Cavey	Kent	2:08.16	
4	Andrew Clement	Hamp	2:10.36	
5	Tom Moore	Dorset	2:10.80	
6	Andrew Minter	Cleve	2:11.04	
7	Jack Skeet	Lincs	2:12.20	

Round 2

Semi-final A

1	Matthew Bloy	Essex	2:02.06	ns
2	Abdirisak Ahmed	SYork	2:02.16	ns
3	Toby Griffiths	Shrop	2:02.52	ns
4	Ethan Cross	Glouc	2:04.70	es
5	Martin Cousins	Surrey	2:05.13	es
6	Charlie Eastaugh	Warks	2:07.18	es
7	Joshua Petty	Wilts	2:08.10	
8	Alex Bell	NYork	2:18.90	

Semi-final B

1	Ben Smith	Nland	2:04.85	es
2	Adam Moore	Berks	2:05.42	es
3	Stephen Broadhurst	Chesh	2:05.96	es
4	Jeremy Gilmour	Manch	2:06.59	es
5	James Senior	Norf	2:07.10	es
6	Alexander Broskom-Walker	SYork	2:08.36	
7	Joseph Fris	WYork	2:09.39	
8	David Burns	Avon	2:13.74	

Final

1	Adam Moore	Berks	1:59.00	ns
2	Abdirisak Ahmed	SYork	1:59.49	ns
3	Toby Griffiths	Shrop	2:01.62	ns
4	Matthew Bloy	Essex	2:02.42	ns
5	Ben Smith	Nland	2:03.52	ns
6	Stephen Broadhurst	Chesh	2:03.56	ns
7	Martin Cousins	Surrey	2:04.22	es
8	Ethan Cross	Glouc	2:04.46	es

Junior Boys 1500 metres

ES: 4:22.00 NS: 4:17.00 BP: 4:03.60

Round 1

Heat 1

1	Ryan Parker	Beds	4:17.44	es
2	Matthew Withey	Glouc	4:19.63	es
3	Matthew Milsom	SYork	4:19.92	es
4	Daryl Connolly	Mersey	4:21.45	es
5	Charlie Preston	Leics	4:22.83	
6	William Blakey	Kent	4:24.77	
7	Dale Platt	Manch	4:25.63	
8	Conor Darby	Suff	4:26.16	
9	Thomas Goddard	Surrey	4:40.10	
10	Rhys Glastonbury	Oxford	4:54.48	

Heat 2

1	Kurt Wolfe	Kent	4:16.50	ns
2	Daniel Clorley	Beds	4:18.03	es
3	Nathan Young	Somer	4:18.45	es
4	Andrew Ridley	Suff	4:19.41	es
5	Richard Spooner	SYork	4:19.89	es
6	Russell Best	Cleve	4:20.75	es
7	Mark Booth	Bucks	4:20.86	es
8	Chris Bull	Warks	4:22.42	
9	Geoffrey Belcher	WYork	4:23.08	
10	Matthew Jackson	Chesh	4:23.34	

Final

1	Ryan Parker	Beds	4:09.09	ns
2	Daniel Clorley	Beds	4:10.46	ns
3	Kurt Wolfe	Kent	4:10.90	ns
4	Matthew Withey	Glouc	4:16.66	ns
5	Russell Best	Cleve	4:16.98	ns
6	Matthew Milsom	SYork	4:16.98	ns
7	Nathan Young	Somer	4:17.28	es
8	Richard Spooner	SYork	4:19.87	es
9	Andrew Ridley	Suff	4:21.48	es
10	Mark Booth	Bucks		

Junior Boys 80 metres Hurdles

ES: 12.20 NS: 11.60 BP: 10.73

Round 1

Heat 1 (+1.0m/s)

1	Ashley Wilson	London	11.47	ns
2	Emmanuel Okpokiri	Essex	11.67	es
3	Lee Hamilton	Corn	11.74	es
4	Mohammed Moosa	Lancs	11.86	es
5	Peter Walmsley	Camb	11.96	es
6	Jack Meredith	Mersey	11.97	es
7	Ryan Donaldson	Nland	12.02	es

Heat 2 (+0.5m/s)

1	Christian Roberts	Camb	11.53	ns
2	Daniel Brown	Durham	11.95	es
3	Orie Lawrence	WMid	11.97	es
4	Shaun Leigh	Sussex	12.05	es
5	Jorden Best	Beds	12.05	es
6	Christopher Sharman	Cumb	12.26	
7	Bryan Disney-Chilcott	Somer	disq	

Heat 3 (+0.6m/s)

1	James McLean	Essex	11.22	ns
2	James Harrison	Manch	11.54	ns
3	Laurence Royal	Wilts	11.77	es
4	Tom Mussellwhite	Kent	11.92	es
5	Owen Stamp	Humb	12.12	es
6	James Riley	H&Wor	12.25	
7	Luke Allen	Suff	12.28	

Final

(-0.1m/s)

1	James McLean	Essex	11.14	ns
2	Ashley Wilson	London	11.33	ns
3	James Harrison	Manch	11.46	ns
4	Emmanuel Okpokiri	Essex	11.53	ns
5	Christian Roberts	Camb	11.55	ns
6	Lee Hamilton	Corn	11.71	es
7	Laurence Royal	Wilts	11.99	es
8	Daniel Brown	Durham	13.80	

Junior Boys 4x100 metres Relay

ES: 47.50 NS: 46.30 BP: 44.10

Round 1

Heat 1

1	Cheshire	Chesh	45.40	ns
2	West Yorkshire	WYork	45.64	ns
3	Essex	Essex	46.11	ns
4	Lancashire	Lancs	46.90	es
5	Leicestershire & Rutland	Leics	46.96	es
6	Somerset	Somer	48.97	
7	South Yorkshire	SYork		

Heat 2

1	West Midlands	WMid	44.81	ns
2	Lincolnshire	Lincs	46.13	ns
3	Cleveland	Cleve	46.98	es
4	Nottinghamshire	Notts	47.88	
5	Suffolk	Suff	49.43	
6	Greater Manchester	Manch		
7	Hertfordshire	Herts	disq	

Heat 3

1	Devon	Devon	45.10	ns
2	Warwickshire	Warks	46.02	ns
3	Durham	Durham	46.18	ns
4	Norfolk	Norf	46.37	es
5	Northamptonshire	Nhants		
6	Merseyside	Mersey		
7	Middlesex	Midd	disq	

Heat 4

1	Surrey	Surrey	44.29	ns
2	Kent	Kent	47.00	es
3	Northumberland	Nland	47.63	
4	Sussex	Sussex		
5	Bedfordshire & Luton	Beds		
6	Derbyshire	Derby		
7	Berkshire	Berks		

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Final

1	Surrey	Surrey	43.51	bp
2	Warwickshire	Warks	44.33	ns
3	Devon	Devon	44.71	ns
4	West Midlands	WMid	44.75	ns
5	West Yorkshire	WYork	45.27	ns
6	Cheshire	Chesh	45.39	ns
7	Lincolnshire	Lincs	46.40	es
8	Essex	Essex		disq

Junior Boys High Jump

ES: 1.72 NS: 1.78 BP: 1.93

Final

1	Richard Byers	Cumb	1.96	bp
2	Ben Gibb	Somer	1.90	ns
3	Christopher Baker	Norf	1.84	ns
4	Aaron Jensen	Humb	1.81	ns
5	Ryan Williams	Midd	1.78	ns
6	Luca Frankis	Essex	1.78	ns
=	Nathan Williams	Cumb	1.78	ns
8	Michael West	Sussex	1.78	ns
9	Scott Johnson	Beds	1.75	es
10	Robbie Kelshaw	Lancs	1.75	es
11	Jamie Irons	Camb	1.75	es
12	Taylor Morgan	Hamp	1.75	es
13	Cameron Bernard	Bucks	1.75	es
14	Anton Wilson	Midd	1.72	es
15	Ross Todd	Surrey	1.72	es
16	Jake Mason	Lincs	1.72	es
17	Alexander Green	Berks	1.69	
=	Moses Barnett	London	1.69	
19	Herve Mwamba	London	1.69	
=	Mike Ehlen	Mersey	1.69	
21	Cameron Gore	Lancs	1.64	
22	Archie Dodge	Dorset	1.64	
23	Ollie Tonner	Camb	1.59	
=	James Ferrell	Kent	1.59	

Junior Boys Long Jump

ES: 5.70 NS: 6.00 BP: 6.70

Final

1	Conrad Deacon	WMid	6.59	0.0	ns
2	Alex Macgregor	Devon	6.09	+1.9	ns
3	Omar Dixon	Surrey	6.04	-0.4	ns
4	Andy Scrase	Glouc	5.87	+0.4	es
5	Sam Lawrence	Lincs	5.80	+1.4	es
6	Darren March	Kent	5.75	-1.0	es
7	Luke Krelle	NYork	5.73	-0.2	es
8	Josh Aldred	Norf	5.72	-0.9	es
9	Joe Corrigan	Cleve	5.61	0.0	
10	Richard Oppong-Konadu	Camb	5.50	-0.1	
11	Kadeem Greenidge-Smith	Herts	5.44	+0.6	
12	Craig Hill	Cleve	5.40	-0.4	
13	Keir Hall	WMid	5.40	+2.9	
14	Junior George	WYork	5.37	+0.7	
15	Adam Timms	WYork	5.33	0.0	
=	Bradlie Houldsworth	Cumb	5.24	-0.2	
=	Niall Flannery	Nland	5.23	-0.5	
=	David Pullen	Nland	5.13	-1.4	
19	Michael Gladrey	Manch	5.00	+0.3	
20	Simon Chan	Kent	4.29	+1.0	

Junior Boys Triple Jump

ES: 12.00 NS: 12.40 BP: 13.92

Final

1	Nathan Fox	Midd	13.73	-1.5	ns
2	Marcus Morrison	Kent	12.87	+1.8	ns
3	Kola Adedoyin	Surrey	12.62	+1.8	ns
4	Josh Thompson	Nland	12.53	+3.4	ns
5	Chris Bloom	Lincs	12.22	+0.9	es
6	Fred Adomakoh	Avon	12.01	0.0	es
7	James Wood	WYork	11.92	+1.1	
8	Andrew Whitton	Chesh	11.70	+2.3	
9	Tom Chambers	Surrey	11.55	+2.7	
10	Elliott Pitt	Notts	11.43	0.0	

Junior Boys Pole Vault

ES: 2.85 NS: 3.20 BP: 4.30

Final

1	Tony Hillier	Avon	3.80	ns
2	Edward Moubey	Derby	3.50	ns
3	Ben Gregory	Bucks	3.50	ns
4	Rhys Searles	SYork	3.20	ns
=	Jordan Henwood	Corn	3.20	ns
6	Jack Eddie	Essex	3.20	ns
7	Cameron Walker Sheppard	Avon	3.20	ns
8	Jack McShane	Nhants	3.10	es
=	James Grant	Herts	3.10	es
10	Callum Taylor	Mersey	3.00	es
11	Daniel Passey	Derby	2.85	es
12	Gavin Howard	Durham	2.85	es
=	Paul Hallworth	SYork	2.85	es
=	Andrew Sutcliffe	Manch	2.85	es
15	Chris Pilling	Sussex	2.85	es
16	Matthew Devereux	Beds	2.85	es
17	Tim Parkin	Nland	2.70	
=	Benedict Abbott-Gribben	NYork	2.70	
19	James Mc Leod	H&Wor	2.70	

Junior Boys Shot

ES: 12.30 NS: 13.30 BP: 18.18

Final

1	Lewis Taylor	Essex	15.24	ns
2	Michael Wheeler	Surrey	15.11	ns
3	Martin Tinkler	Camb	14.65	ns
4	Reece Thomas	WMid	14.11	ns
5	Erasmus Ntim-Dwemoh	Surrey	13.84	ns
6	Ross Taylor	Dorset	13.53	ns
7	Robert Mohan	Lincs	13.36	ns
8	Ben Pett	Cumb	13.27	es
9	Nick Fraser	Essex	12.58	es
10	Stan Gaskin	Herts	12.57	es
11	Sean Marks	Avon	12.35	es
12	James Preston	Avon	12.32	es

13	Steven Whitehead	Hamp	12.10	
14	Matthew Turnbull	Beds	12.05	
15	Stefan Dabrowski	Nland	11.93	
16	Daniel Kirby	Shrop	11.91	
17	Samuel Sutcliffe	Essex	11.90	
18	Jack Stilwell	Sussex	11.89	
19	Andrew Holland	Devon	11.89	
20	Stuart Bickerstaff	Devon	11.51	
21	Benjamin Loosmore	Wilts	11.45	

Junior Boys Discus

ES: 35.00 NS: 38.00 BP: 51.11

Final

1	Curtis Griffith-Parker	London	54.54	bp
2	Anthony Oshodi	Essex	44.62	ns
3	Theo Burton	Midd	43.09	ns
4	Harpal Chana	Hamp	41.49	ns
5	Peter Howard	Devon	41.15	ns
6	Nathaniel McDonald	H&Wor	40.40	ns
7	Steve Watson	Herts	37.42	es
8	Ryan Wilson	Lincs	35.03	es
9	Ashley Ralph	Herts	34.12	
10	James Nicoll	Suff	33.60	
11	Thomas Robb	Nland	33.33	
12	Daniel Morris	Notts	33.20	
13	Joseph Barker	WYork	33.03	
14	Gordon Bland	NYork	31.80	
15	Graeme Fairbairn	Nland	31.73	
16	Matthew Gue	Sussex	29.16	

Junior Boys Javelin

ES: 43.00 NS: 46.00 BP: 54.65

Final

1	Ashley Bryant	Surrey	52.46	ns
2	David Hollow	Devon	51.05	ns
3	Oshane Booth	London	49.13	ns
4	James Macleod	Glouc	48.06	ns
5	James Cook	Herts	47.23	ns
6	Matthew Hunt	Humb	47.15	ns
7	Peter Hoe	Hamp	45.77	es
8	Declan Foley	Dorset	44.08	es
9	Danny Mensah	Leics	43.54	es
10	David Brice	Hamp	43.39	es
11	Joshua Tagg	Suff	43.17	es
12	Adam Toone	Bucks	42.58	
13	Simon Klys	Somer	41.07	
14	Ben Crook	NYork	40.88	
15	Alex Jewkes	Norf	38.99	
16	Luke Pavier	Berks	38.61	
17	Paul Allsopp	NYork	38.06	
18	Elliot Harland	Kent	37.22	
19	James Brehaut	ChIs	35.76	

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Junior Boys Hammer

ES: 37.00 NS: 44.00 BP: 70.78

Final

1 Adam Reynolds	Mersey	50.85 ns
2 Michael Jennings	Humb	49.51 ns
3 David Barnes	Humb	46.78 ns
4 Ed Bowden	Essex	46.36 ns
5 Andrew Jordon	Surrey	45.02 ns
6 Jackson Wray	Essex	44.97 ns
7 George Atkinson	Cumb	41.60 es
8 Peter Forrester	Nland	39.72 es
9 Ben Flash	Herts	39.49 es
10 Sean Band	Lincs	38.87 es
11 Matthew Ford	Nhants	37.74 es
12 Adam Hawkes	Essex	37.55 es
13 Matthew Knibb	Nhants	37.52 es
14 Matthew Payne-Davis	Midd	35.56
15 Thomas Pearson	Leics	31.22

Inter Boys 100 metres

ES: 11.20 NS: 11.00 BP: 10.44

Round 1

Heat 1 (+2.3m/s)

1 Max Galliers	Berks	10.91 ns
2 Daniel Gibbons	London	11.11 es
3 Rashad Noray	Camb	11.15 es
4 Oliver Linton	Wilts	11.26
5 William Driver	Nland	11.29
6 Dwayne Dowman	Midd	11.37
7 Leon Pycok	Lincs	11.46
8 Philip Blundell	Mersey	11.49

Heat 2 (+2.3m/s)

1 Danny Doyley	Surrey	10.88 ns
2 Yusuf Aliu	Cleve	11.14 es
3 Jacques Noel	Wilts	11.32
4 Elliot Smith	Berks	11.38
5 Alexander Todd	Durham	11.40
6 Kojo Akuffo	Midd	11.41
7 Robert Davis	WMid	11.80

Heat 3 (+1.2m/s)

1 Joshua Baxter	Berks	10.99 ns
2 Richard Kilty	Cleve	11.02 es
3 Joel Fearron	WMid	11.14 es
4 Saun Wareing	Lancs	11.22
5 Tom Price	Chesh	11.34
6 Alex Stokes	Mersey	11.36
7 Rab Babataher	Surrey	11.41
8 Daniel Awolesi	London	11.43

Final

(+0.2m/s)

1 Danny Doyley	Surrey	10.79 ns
2 Max Galliers	Berks	10.94 ns
3 Richard Kilty	Cleve	10.96 ns
4 Joshua Baxter	Berks	10.96 ns
5 Yusuf Aliu	Cleve	10.98 ns
6 Joel Fearron	WMid	11.06 es
7 Daniel Gibbons	London	11.11 es
8 Rashad Noray	Camb	11.33

Inter Boys 200 metres

ES: 22.90 NS: 22.40 BP: 21.32

Round 1

Heat 1 (+0.9m/s)

1 James Alaka	Kent	22.23 ns
2 Mitchell Swain	WMid	22.44 es
3 Sean Duffill	Warks	22.51 es
4 Eddie Simkins	Mersey	22.81 es
5 Michael Owusu	London	23.38
6 Carl Martin	Lancs	23.66

Heat 2 (+0.5m/s)

1 Luke Lennon-Ford	WMid	22.59 es
2 Kelvin Callender	Berks	22.81 es
3 Luke Chown	Oxford	23.16
4 Joshua Cayenne	WYork	23.19
5 Lewis Leadeatt	Leics	23.29
6 Robert Davison	Durham	23.72

Heat 3 (+1.5m/s)

1 James Spencer	Cumb	22.18 ns
2 Harvey Burns	Sussex	22.50 es
3 Lawrence Lambley	Lincs	22.50 es
4 Matthew Cottam	NYork	22.59 es
5 Simon Dale	Nland	22.77 es
6 Kristian Clarke	London	23.41

Heat 4 (+0.8m/s)

1 Sean Taylor	Nhants	22.23 ns
2 Michael Williamson	Corn	22.84 es
3 Ryan Farrington	WMid	22.84 es
4 Jamie Guest	Shrop	22.88 es
5 Richard Harrison	Nland	22.95
6 Sam Moss	Oxford	23.11
7 Stefan Mitchell	London	23.40

Round 2

Semi-final A (+0.4m/s)

1 James Alaka	Kent	21.97 ns
2 Sean Duffill	Warks	22.44 es
3 Sean Taylor	Nhants	22.48 es
4 Lawrence Lambley	Lincs	22.59 es
5 Michael Williamson	Corn	22.60 es
6 Eddie Simkins	Mersey	22.64 es
7 Simon Dale	Nland	22.75 es
8 Ryan Farrington	WMid	22.90 es

Semi-final B (+1.1m/s)

1 Luke Lennon-Ford	WMid	22.11 ns
2 James Spencer	Cumb	22.15 ns
3 Kelvin Callender	Berks	22.15 ns
4 Mitchell Swain	WMid	22.34 ns
5 Matthew Cottam	NYork	22.58 es
6 Harvey Burns	Sussex	22.64 es
7 Jamie Guest	Shrop	22.64 es
8 Luke Chown	Oxford	22.69 es

Final

(+2.0m/s)

1 Sean Taylor	Nhants	21.82 ns
2 James Alaka	Kent	21.92 ns
3 Kelvin Callender	Berks	22.20 ns
4 Luke Lennon-Ford	WMid	22.28 ns
5 James Spencer	Cumb	22.28 ns
6 Sean Duffill	Warks	22.34 ns
7 Lawrence Lambley	Lincs	22.41 es
8 Mitchell Swain	WMid	23.09

Inter Boys 400 metres

ES: 51.30 NS: 50.00 BP: 47.60

Round 1

Heat 1

1 Nicholas Choudhury	Herts	49.43 ns
2 Phillip Norfolk	Humb	49.82 ns
3 Tim Kuria	Surrey	50.60 es
4 Chris Tandi	Hamp	50.68 es
5 Jamaine Donkor	WMid	51.13 es
6 Oliver Francis	Camb	53.52

Heat 2

1 Thomas Duffield	Lincs	51.00 es
2 Scott Stuart	Warks	51.31
3 Adam Alison	Cleve	51.42
4 Hari Mehta	Herts	51.58
5 Adam Dalby	Durham	52.12
6 Louis Carter	Shrop	52.42

Heat 3

1 Chris Clarke	Bucks	49.05 ns
2 William Hooton	Midd	50.86 es
3 James Johnson	Kent	51.24 es
4 Jamie Garbett	WMid	51.63
5 Laurence Dight	Surrey	51.86
6 Callum Hutchman	Leics	54.14

Heat 4

1 Aaron Trim	Midd	49.33 ns
2 Preston Edwards	Herts	50.42 es
3 Charlie Gladden	Warks	50.53 es
4 Scott Blackwell	Kent	51.03 es
5 Andrew Mapstone	Dorset	51.30 es
6 Ashleigh Smith	Staff	51.82
7 Michael Simmonds	H&Wor	52.16

Round 2

Semi-final A

1 Aaron Trim	Midd	49.41 ns
2 Nicholas Choudhury	Herts	49.51 ns
3 Tim Kuria	Surrey	50.36 es
4 Charlie Gladden	Warks	50.38 es
5 Jamaine Donkor	WMid	50.63 es
6 Chris Tandi	Hamp	50.68 es
7 James Johnson	Kent	50.82 es
8 Adam Alison	Cleve	51.08 es

Semi-final B

1 Chris Clarke	Bucks	48.76 ns
2 Phillip Norfolk	Humb	49.66 ns
3 Preston Edwards	Herts	50.08 es
4 Scott Blackwell	Kent	50.25 es
5 Andrew Mapstone	Dorset	50.34 es
6 Scott Stuart	Warks	50.94 es
7 William Hooton	Midd	51.35
8 Thomas Duffield	Lincs	51.48

Final

1 Chris Clarke	Bucks	47.55 bp
2 Phillip Norfolk	Humb	48.67 ns
3 Aaron Trim	Midd	48.67 ns
4 Nicholas Choudhury	Herts	48.98 ns
5 Tim Kuria	Surrey	49.78 ns
6 Preston Edwards	Herts	50.05 es
7 Scott Blackwell	Kent	50.32 es
8 Andrew Mapstone	Dorset	50.87 es

ENGLISH SCHOOLS ATHLETIC ASSOCIATION

National Track & Field Championships

Birmingham Alexander Stadium

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Inter Boys 800 metres

ES: 1:59.00 NS: 1:57.00 BP: 1:51.90

Round 1

Heat 1

1	Jordan West	Corn	1:58.2	es
2	Andrew Lagan	NYork	1:58.8	es
3	James Griffiths	Chesh	1:59.8	
4	Andrew Maguire	Cleve	2:00.6	
5	Matthew Bennett	Bucks	2:01.2	
6	Christopher Reade	Wilts	2:05.2	

Heat 2

1	Steven Fox	Cumb	1:59.3	
2	Will Lambourne	Bucks	1:59.4	
3	James Phillips	Kent	1:59.9	
4	Tom Love	Suff	2:01.0	
5	Chris Knight	Avon	2:01.2	
6	Michael Salter	WYork	2:02.5	
7	Peter Whitehouse	WMid	2:05.1	

Heat 3

1	Ciaran McCaughey	Manch	1:58.8	es
2	Michael Hobson	London	1:59.0	es
3	James Williams	Beds	1:59.1	
4	Dean Goodman	Midd	2:00.4	
5	Gareth Allott	Staff	2:03.6	
6	Liam McCully	Mersey	2:08.0	

Heat 4

1	Christopher Haines	Kent	1:59.9	
2	Alastair Smith	NYork	1:59.9	
3	Anthony Bird	WMid	2:00.5	
4	Jake Harman	WYork	2:00.8	
5	Michael Cole	Devon	2:01.0	
6	James Teuten	Hamp	2:02.1	
7	George Martin.	Berks	2:04.9	

Heat 5

1	Jean-Francois Lignier	Warks	1:57.70	es
2	Andrew Stanton	Durham	1:58.00	es
3	Harry Webb	Avon	1:58.20	es
4	Paige Haines	Essex	1:58.70	es
5	Nathaniel Quigley	Beds	1:59.90	
6	Craig McDonagh	Lincs	2:00.00	

Round 2

Semi-final A

1	Jordan West	Corn	1:58.08	es
2	Alastair Smith	NYork	1:58.38	es
3	James Griffiths	Chesh	1:58.57	es
4	Steven Fox	Cumb	1:59.09	
5	Michael Hobson	London	1:59.29	
6	Andrew Stanton	Durham	2:00.86	
7	Harry Webb	Avon	2:01.26	
8	Nathaniel Quigley	Beds	2:06.32	

Semi-final B

1	Andrew Lagan	NYork	1:58.27	es
2	Jean-Francois Lignier	Warks	1:58.88	es
3	Christopher Haines	Kent	1:59.27	
4	Paige Haines	Essex	1:59.43	
5	James Williams	Beds	1:59.97	
6	James Phillips	Kent	2:00.16	
7	Will Lambourne	Bucks	2:00.25	
8	Ciaran McCaughey	Manch	2:02.12	

Final

1	Jordan West	Corn	1:56.74	ns
2	Andrew Lagan	NYork	1:57.35	es
3	Jean-Francois Lignier	Warks	1:57.72	es
4	Alastair Smith	NYork	1:58.26	es
5	James Griffiths	Chesh	1:58.63	es
6	Steven Fox	Cumb	1:59.24	
7	Christopher Haines	Kent	1:59.32	
8	Michael Hobson	London	2:00.09	

Inter Boys 1500 metres

ES: 4:08.00 NS: 4:04.00 BP: 3:52.60

Round 1

Heat 1

1	David Forrester	Manch	4:00.07	ns
2	Warren Roberts	Durham	4:00.11	ns
3	Patrick Hambly	Devon	4:00.17	ns
4	Ross Millington	Manch	4:00.35	ns
5	Nathan Bibby	Lancs	4:02.57	ns
6	Richard Peters	Avon	4:03.63	ns
7	Nicholas Lyster	WMid	4:04.80	es
8	Joe Townsend	WYork	4:06.48	es
9	Christian Booker	H&Wor	4:08.26	
10	James McCully	Mersey	4:12.83	
11	Stephen Feasey	Humb	4:14.14	
12	Jordan Wildrienne	Derby	4:19.37	
13	Josh Holland	Norf	4:20.15	
14	James Trollope	Staff		

Heat 2

1	Gary Bradbury	Surrey	4:00.18	ns
2	Ricky Stevenson	Cleve	4:00.49	ns
3	Rick Ward	Norf	4:01.07	ns
4	Ashley Rymer	Glouc	4:01.60	ns
5	Curtis Pearce	Lancs	4:05.38	es
6	Ian May	Midd	4:06.63	es
7	Chris Harvey	Staff	4:08.60	
8	Aidan Reid	Notts	4:09.82	
9	Tom Madden	Mersey	4:10.55	
10	Marc Roberts	H&Wor	4:12.14	
11	Daniel Griffiths	Oxford	4:12.19	
12	Paul Bumstead	Essex	4:18.99	
13	Nigel Malkin	Manch	4:19.65	
14	Stuart Huntington	Norf	4:20.09	

Final

1	Gary Bradbury	Surrey	3:56.76	ns
2	Ricky Stevenson	Cleve	3:58.19	ns
3	David Forrester	Manch	3:58.74	ns
4	Ross Millington	Manch	3:58.86	ns
5	Patrick Hambly	Devon	3:59.14	ns
6	Warren Roberts	Durham	3:59.55	ns
7	Ashley Rymer	Glouc	4:00.97	ns
8	Rick Ward	Norf	4:04.91	es
9	Richard Peters	Avon	4:05.11	es
10	Nathan Bibby	Lancs	4:07.88	es

Inter Boys 3000 metres

ES: 9:03.00 NS: 8:55.00 BP: 8:20.00

Final

1	Simon Horsfield	Manch	8:44.38	ns
2	Lee Carey	Warks	8:44.47	ns
3	Alex Derricott	Staff	8:48.83	ns
4	Sam Dalgleish	Glouc	8:51.70	ns
5	Ross Clarke	Essex	8:54.24	ns
6	Ben Hunter	Essex	8:57.17	es
7	Craig Gunderson	Mersey	9:00.35	es
8	Jack Tyler	Kent	9:01.52	es
9	Ahmed Osman	Midd	9:04.11	
10	Matthew Clark	Dorset	9:04.25	
11	Daniel Woolford	Wilts	9:05.72	
12	Phillip Berntsen	Hamp	9:08.69	
13	James Peacock	Humb	9:10.55	
14	Mitchell Goose	Norf	9:13.05	
15	Adam Mitchell	Cleve	9:16.62	
16	Sebastian Foy	H&Wor	9:17.95	
17	Damien Gallagher	Staff	9:26.18	
18	Josh Bliss	Hamp	9:29.25	

Inter Boys 100 metres Hurdles

ES: 14.20 NS: 13.80 BP: 12.47

Round 1

Heat 1 (+0.6m/s)

1	Jullian Adeniran	Leics	12.88	ns
2	Miles Manley	Lancs	13.44	ns
3	Ederin Okoro	WMid	13.49	ns
4	Aaron James	London	13.70	ns
5	Kieran Edward	Surrey	13.86	es
6	Tom Silverwood	Mersey	14.18	es
7	Richard Knape	Berks	14.30	

Heat 2 (+2.5m/s)

1	Bradley Humphries	Somer	13.69	ns
2	Shafiu Choudhury	Midd	13.75	ns
3	Rob Record	Bucks	14.10	es
4	Richard Millar	Shrop	14.17	es
5	Oliver Knight	Leics	14.39	
7	James Wright	Cumb	disq	

Heat 3 (-0.2m/s)

1	Callum Priestley	Leics	13.57	ns
2	Andrew Machin	Wilts	13.65	ns
3	Billy Marchant	Sussex	13.83	es
4	Stewart Watson	Cumb	14.22	
5	Brian Cook	Hamp	14.46	

Final

(+0.5m/s)

1	Jullian Adeniran	Leics	13.23	ns
2	Callum Priestley	Leics	13.42	ns
3	Ederin Okoro	WMid	13.48	ns
4	Miles Manley	Lancs	13.49	ns
5	Bradley Humphries	Somer	13.70	ns
6	Shafiu Choudhury	Midd	13.80	ns
7	Andrew Machin	Wilts	13.83	es
8	Aaron James	London	disq	

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Inter Boys 400 metres Hurdles
ES: 58.00 NS: 56.60 BP: 52.74

Round 1

Heat 1

1 Toby Ulm	Wilts	54.01 ns
2 Mark Williams	Warks	54.43 ns
3 Will Eaton	Derby	55.64 ns
4 James Thompson	Norf	56.52 ns
5 Callem Forde	Leics	57.80 es
6 Michael Baker	Kent	
7 Jonathan Constant	Midd	disq

Heat 2

1 Nathan Woodward	Warks	53.85 ns
2 Luke Smallwood	Kent	54.51 ns
3 Ross Brewer	Essex	55.72 ns
4 Tom Brazier	Devon	56.13 ns
5 Jamie Horder	Glouc	57.81 es
6 Tom Offler	Notts	58.61
7 Gareth Price	Hamp	58.74
8 John Brierly	H&Wor	59.67

Final

1 Toby Ulm	Wilts	53.43 ns
2 Nathan Woodward	Warks	53.84 ns
3 Luke Smallwood	Kent	54.41 ns
4 Mark Williams	Warks	55.00 ns
5 Tom Brazier	Devon	55.48 ns
6 Will Eaton	Derby	56.43 ns
7 James Thompson	Norf	57.58 es
8 Ross Brewer	Essex	57.76 es

Inter Boys 1500 metres Steeplechase

ES: 4:36.00 NS: 4:30.00 BP: 4:14.00

Final

1 Josh Fairclough	Kent	4:25.20 ns
2 Phil Norman	Devon	4:28.25 ns
3 Martyn Bath	Norf	4:28.61 ns
4 Edward Womersley	Oxford	4:29.70 ns
5 Perry Howarth	Beds	4:30.66 es
6 Tom Wade	Hamp	4:30.76 es
7 William Pike	Nland	4:30.92 es
8 Daniel Heathcote	Notts	4:33.08 es
9 Ashley Carter	Herts	4:35.18 es
10 Joe Wade	Hamp	4:37.24
11 James Wilkinson	WYork	4:38.84
12 Adam Stainsby	Sussex	4:46.05
13 David Westbury	Derby	4:53.04
14 Ben Martin	Mersey	4:57.06
15 Michael Holden	WMid	
16 Graham Hogg	Manch	

Inter Boys 4x100 metres Relay

ES: 45.00 NS: 44.00 BP: 41.92

Round 1

Heat 1

1 West Midlands	WMid	42.89 ns
2 Surrey	Surrey	43.09 ns
3 Lincolnshire	Lincs	44.16 es
4 Hampshire	Hamp	44.56 es
5 Buckinghamshire	Bucks	
6 Sussex	Sussex	
7 Leicestershire & Rutland	Leics	disq

Heat 2

1 Northumberland	Nland	43.85 ns
2 Wiltshire	Wilts	44.01 es
3 Cambridgeshire	Camb	44.19 es
4 Merseyside	Mersey	44.48 es
5 North Yorkshire	NYork	
6 Hertfordshire	Herts	
7 Derbyshire	Derby	
8 London	London	disq

Heat 3

1 Cleveland	Cleve	43.91 ns
2 Kent	Kent	44.07 es
3 Warwickshire	Warks	44.87 es
4 Somerset	Somer	46.68
5 Berkshire	Berks	disq
6 Middlesex	Midd	disq
7 Lancashire	Lancs	disq

Final

1 Surrey	Surrey	42.92 ns
2 West Midlands	WMid	42.96 ns
3 Northumberland	Nland	43.46 ns
4 Cleveland	Cleve	43.74 ns
5 Wiltshire	Wilts	43.88 ns
6 Kent	Kent	43.92 ns
7 Cambridgeshire	Camb	44.21 es
8 Lincolnshire	Lincs	44.50 es

Inter Boys High Jump

ES: 1.90 NS: 1.96 BP: 2.12

Final

1 Daniel Nash	Staff	2.05 ns
2 Matthew Owens	Mersey	2.02 ns
3 Tom Mather	Derby	1.99 ns
4 Philip Collins	Durham	1.96 ns
5 Adewunmi Akande	London	1.96 ns
6 Matthew Ashley	Notts	1.90 es
7 James Dunne	Berks	1.90 es
8 Cameron Lake	Bucks	1.90 es
= Lewis Ely	Norf	1.90 es
10 Luke Martin	Berks	1.87
= Karl Robbins	WMid	1.87
12 James Stokes	WMid	1.87
13 Ben Mourbey	Derby	1.87
14 Alan McKie	Bucks	1.82
15 Chris Berns	WMid	1.77
16 Alex Hall	Somer	1.77

Inter Boys Long Jump

ES: 6.40 NS: 6.60 BP: 7.47

Final

1 Nonso Okolo	Midd	6.90 +2.1 ns
2 Andrew Bullimore	Camb	6.86 +1.4 ns
3 James Grocock	Hamp	6.70 +3.3 ns
4 Matthew Parnell	WMid	6.63 +3.2 ns
5 Wayne Love	Shrop	6.62 +1.5 ns
6 Juan De Leon Padmore	WMid	6.58 +1.8 es
7 Paul Allen	Durham	6.56 +2.7 es
8 Albert Kamara	Nland	6.46 +2.7 es
9 Michael Holden	Essex	6.35 +3.9
10 Joe Shaw	Wilts	6.29 +3.1

11 Naveen Setty	Manch	6.23 +2.0
12 Paul Oluyemi	London	6.23 +1.6
13 Tim Creak	Norf	6.12 +2.4
14 Joe Lancaster	Derby	6.10 +1.9
15 Ryan Cox	Avon	6.05 +2.9
16 Dakarai Forbes	Midd	5.93 +4.5

Inter Boys Triple Jump

ES: 13.10 NS: 13.70 BP: 15.91

Final

1 Sean Wynter	Midd	14.62 +1.9 ns
2 Jamie Blundell	WMid	14.23 +1.1 ns
3 Daniel Lewis	Midd	13.95 +2.0 ns
4 Joe Curtis	Warks	13.93 +1.9 ns
5 Louis Persent	Suff	13.62 +1.3 es
6 Daniel Blackett	Nland	13.61 +2.6 es
7 Stuart Hitchcock	Kent	13.58 +1.2 es
8 Tom Pool	Beds	13.46 +1.9 es
9 Matthew Calver	Dorset	13.32 +3.4 es
10 Jerome Paul	London	13.14 +0.0 es
11 Joel Hartley	Avon	13.08
12 Adeola Afolami	Berks	12.92
13 Craig Goodwin	Somer	12.84
14 Rhys Royden	Avon	12.72
15 David Posnett	Notts	12.61
16 Ross Harrison	NYork	12.55
17 Steven Campagnaro	Chesh	12.38
18 Nathan Hanley	Suff	11.95

Inter Boys Pole Vault

ES: 3.80 NS: 4.15 BP: 4.70

Final

1 Ezekiel Rowe	Manch	4.25 ns
2 Andrew Marsh	Staff	4.15 ns
3 Scott Huggins	Kent	4.05 es
4 Lee Cordell	Herts	3.95 es
= Steven Lewis	Mersey	3.95 es
6 Ryszara Buk	Surrey	3.80 es
= Robert Warensjo	Wilts	3.80 es
8 Chris Davies	Lancs	3.80 es
9 Ian Smart	Midd	3.65

Inter Boys Shot

ES: 13.20 NS: 14.50 BP: 20.48

Final

1 Jay Thomas	London	17.49 ns
2 Gareth Betteridge	Glouc	14.85 ns
3 Kareem Imbert	Essex	14.60 ns
4 James Cannon	Nhants	14.04 es
5 Paul Dawson	Kent	14.04 es
6 Ross Hayhurst	Mersey	13.87 es
7 Jordon Wood	Manch	13.66 es
8 Opeyemi Jacobs	Midd	13.62 es
9 Andrew Coury	Avon	12.96
10 Daniel Twiss	Midd	12.90
11 Ross Batten	Devon	12.65
12 Paul Gamester	Herts	12.43
13 Lee Brown	Essex	12.21
14 Harry Ovington	Surrey	12.08
15 Steven Cotson	Cleve	11.83

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Inter Boys Discus

ES: 40.00 NS: 44.00 BP: 61.24

Final

1	Elliot Price	Staff	52.27 ns
2	Matthew Townsend	Berks	48.00 ns
3	Jamie Stevenson	Chls	45.80 ns
4	Jake Scanlon	Sussex	44.35 ns
5	Liam Presnell	Kent	43.39 es
6	Stephen Porter	Lancs	43.18 es
7	Steven Connolly	Notts	42.50 es
8	Steven Fogg	Mersey	41.93 es
9	Marcus Alexander Neil	Midd	41.85 es
10	Lee Mathurin	Essex	41.63 es
11	Jason Besley	WMid	41.42 es
12	Hugo Turner	Somer	41.05 es
13	Jason Chown	London	40.71 es
14	Sam Tough	Shrop	40.55 es
15	Simon Brown	Shrop	40.46 es
16	Tom Smith	Lancs	40.13 es
17	Luke Sings	Devon	39.50
18	Matthew Lamming	Mersey	39.13
19	Martyn Elkins	Dorset	36.47

Inter Boys Javelin

ES: 51.00 NS: 54.00 BP: 70.52

Final

1	Alex Shepherd	Staff	59.36 ns
2	Brett Byrd	Staff	55.10 ns
3	Richmond Baah	Surrey	53.64 es
4	Ross Turner	Somer	53.52 es
5	Jamie Payne	Dorset	52.38 es
6	Jamal Burns	Sussex	52.28 es
7	Richard Woolley	Notts	51.10 es
8	Daniel Thompson	Durham	49.93
9	Adam Worthington	Lancs	49.24
10	Alex Cobb	Surrey	47.68
11	Philip Barnard	Norf	46.07
12	Jamie Broadey	Hamp	45.92
13	Sam Allan	WYork	45.78
14	Jake Lewis	Hamp	45.21
15	Jonathan Brown	NYork	42.38

Inter Boys Hammer

ES: 48.00 NS: 54.00 BP: 73.58

Final

1	James Bedford	Humb	61.65 ns
2	Richard Al-Ameen	London	55.79 ns
3	Samuel Coe	Cumb	54.78 ns
4	Kaine Harrington	Surrey	54.00 ns
5	Jonathan Hepworth	WYork	53.61 es
6	Pete Smith	Humb	51.98 es
7	Joe Stockton	Kent	50.39 es
8	Danny Farenden	Midd	48.19 es
9	Graeme Level	Nland	47.64
10	Morgan Bell	NYork	46.71
11	Edward Bowie	Nhants	45.26
12	Onnieso Jacob Agbaneh	Midd	44.81
13	Alex Berrow	Staff	44.38
14	Adam Hare	Notts	39.57
15	Dean Barratt	Nland	37.92
16	James Chapman	Midd	36.64

Senior Boys 100 metres

ES: 11.10 NS: 10.90 BP: 10.37

Round 1

Heat 1 (+1.8m/s)

1	Ryan Scott	Avon	10.57 ns
2	Rion Pierre	Midd	10.72 ns
3	Ian Standish	Mersey	10.92 es
4	David Hurst	Manch	10.96 es
5	Stephen Kemp	Leics	10.99 es
6	Warren Fenn	SYork	11.10 es

Heat 2 (+1.9m/s)

1	J Christie	Midd	10.97 es
2	Junior Dwaah	London	11.11
3	Liam Freemantle	Berks	11.12
4	Richard Spragg	Corn	11.37
5	Jonathan Hornblow	Staff	11.53

Heat 3 (+1.5m/s)

1	Craig Pickering	Bucks	10.55 ns
2	Ben Stramkowski	Derby	10.74 ns
3	Tom Martin	Manch	10.89 ns
4	Paul Payne	London	11.22
5	Dany Gammall	Mersey	11.32
6	Suhail Patel	Humb	11.33
7	Ben Wilson	Cleve	12.10

Heat 4 (+2.2m/s)

1	Greg Smith	Avon	10.96 es
2	Toby Sandeman	London	11.01 es
3	Adam Butler	Oxford	11.17
4	Sean James	Mersey	11.24
5	Lee Christopher	Dorset	11.29

Round 2

Semi-final A (+0.4m/s)

1	Craig Pickering	Bucks	10.51 ns
2	Ben Stramkowski	Derby	10.74 ns
3	Tom Martin	Manch	11.08 es
4	J Christie	Midd	11.09 es
5	Toby Sandeman	London	11.16
6	Paul Payne	London	11.29
7	Stephen Kemp	Leics	11.34

Semi-final B (+0.3m/s)

1	Ryan Scott	Avon	10.69 ns
2	Rion Pierre	Midd	10.69 ns
3	Greg Smith	Avon	10.89 ns
4	Ian Standish	Mersey	11.07 es
5	Liam Freemantle	Berks	11.18
6	David Hurst	Manch	11.20
7	Junior Dwaah	London	11.21
8	Warren Fenn	SYork	11.40

Final

(+1.6m/s)

1	Craig Pickering	Bucks	10.46 ns
2	Ryan Scott	Avon	10.51 ns
3	Rion Pierre	Midd	10.53 ns
4	Ben Stramkowski	Derby	10.76 ns
5	Greg Smith	Avon	10.77 ns
6	Tom Martin	Manch	10.81 ns
7	J Christie	Midd	11.02 es
8	Ian Standish	Mersey	11.08 es

Senior Boys 200 metres

ES: 22.30 NS: 22.00 BP: 20.90

Round 1

Heat 1 (-0.3m/s)

1	Julian Thomas	WMid	21.15 ns
2	Fahad Khan	Bucks	21.67 ns
3	Ian Newbury	Somer	22.30 es
4	Sam Kavanagh	Manch	22.40
5	James Thorne	Notts	22.49

Heat 2 (+0.6m/s)

1	David Telfer	Midd	21.80 ns
2	Ricky Harris	WMid	21.97 ns
3	Matthew Cross	SYork	22.22 es
4	Kyle Jones	Mersey	23.10
5	Gary Baldwin	Cleve	24.25

Final

(+1.1m/s)

1	Julian Thomas	WMid	20.98 ns
2	Fahad Khan	Bucks	21.66 ns
3	Ricky Harris	WMid	21.94 ns
4	Sam Kavanagh	Manch	22.17 es
5	Matthew Cross	SYork	22.21 es
6	Ian Newbury	Somer	22.52
7	David Telfer	Midd	22.65
8	James Thorne	Notts	22.66

Senior Boys 400 metres

ES: 49.30 NS: 48.80 BP: 46.26

Round 1

Heat 1

1	Richard Buck	NYork	48.48 ns
2	Mark Grimshaw	Lancs	48.98 es
3	David Scholey	SYork	49.79
4	Ben Walpole	Nland	50.30
5	Matthew Leadbitter	Camb	50.79
6	Dominic Parsons	London	52.22
7	Louis Sellers	Hamp	

Heat 2

1	Martin Rooney	Surrey	48.38 ns
2	Adam Daish	Herts	48.71 ns
3	Gavin Selway	Sussex	49.33
4	Dwayne Lewis	WMid	49.88
5	Alex Babb	London	49.90
6	Daniel Gregory	Chesh	
7	Grant Baker	Leics	

Heat 3

1	Stephen Johnson	Berks	49.22 es
2	Benjamin Higgins	Suff	49.45
3	Tom Druce	Chls	49.74
4	Rhys Smith	WYork	49.86
5	Tom Hockedy	Somer	50.75
6	James Slade	Camb	52.16
7	Sean Brindley	Notts	

Heat 4

1	Set Osho	Sussex	48.66 ns
2	Tyrone Crow	NYork	49.34
3	Paul Goodall	Norf	49.45
4	Andrew Kelly	Mersey	50.13
5	Scott Henderson	Cleve	50.37
6	Richard Strachan	WYork	

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Round 2

Semi-final A

1 Benjamin Higgins	Suff	48.06 ns
2 Mark Grimshaw	Lancs	48.07 ns
3 Adam Daish	Herts	48.24 ns
4 Gavin Selway	Sussex	48.37 ns
5 David Scholey	SYork	48.88 es
6 Rhys Smith	WYork	50.27
7 Andrew Kelly	Mersey	
8 Martin Rooney	Surrey	

Semi-final B

1 Richard Buck	NYork	47.73 ns
2 Set Osho	Sussex	47.85 ns
3 Stephen Johnson	Berks	48.22 ns
4 Tyrone Crow	NYork	48.79 ns
5 Tom Druce	Chls	49.28 es
6 Wayne Lewis	WMid	49.46
7 Paul Goodall	Norf	49.87
8 Alex Babb	London	50.32

Final

1 Richard Buck	NYork	47.22 ns
2 Set Osho	Sussex	47.54 ns
3 Stephen Johnson	Berks	47.96 ns
4 Mark Grimshaw	Lancs	48.11 ns
5 Benjamin Higgins	Suff	48.27 ns
6 Adam Daish	Herts	48.93 es
7 Tyrone Crow	NYork	49.13 es
8 Gavin Selway	Sussex	49.83

Senior Boys 800 metres

ES: 1:55.00 NS: 1:53.00 BP: 1:48.60

Round 1

Heat 1

1 Kieran Flannery	Nland	1:54.28 es
2 Joe Van Ver Toorn	Surrey	1:54.43 es
3 Ben Craddock	WYork	1:54.77 es
4 Alan Piggford	Cleve	1:54.85 es
5 Martyn Gibbons	Notts	1:55.09
6 Jordan Donnelly	Mersey	1:57.98
7 Karl Welch	Dorset	1:59.32
8 Robert Banjac	Manch	

Heat 2

1 Myles Barrett	Staff	1:54.91 es
2 Ed Aston	Camb	1:55.21
3 Garry Bristow	Manch	1:55.69
4 Andrew Coffey	Durham	1:56.30
5 Ben Harding	Hamp	1:56.55
6 James Minter	Cleve	1:56.86
7 Nathan Elliott	WYork	1:58.39
8 Chris Brown	Notts	2:00.82

Final

1 Kieran Flannery	Nland	1:52.23 ns
2 Ed Aston	Camb	1:53.41 es
3 Myles Barrett	Staff	1:53.83 es
4 Martyn Gibbons	Notts	1:54.24 es
5 Joe Van Ver Toorn	Surrey	1:54.49 es
6 Alan Piggford	Cleve	1:56.11
7 Ben Craddock	WYork	1:59.07
8 Garry Bristow	Manch	

Senior Boys 1500 metres

ES: 3:58.00 NS: 3:55.00 BP: 3:45.90

Final

1 Alex Felce	Glouc	3:56.70 es
2 Tom Marley	Devon	3:56.89 es
3 Matt Wood	Lancs	3:57.03 es
4 Lewis Timmins	Nland	3:57.81 es
5 Richard Newton	Lancs	3:57.91 es
6 Iain Whitfield	Glouc	3:58.50
7 Micheal Tallis	Wilts	3:59.69
8 Matthew Addison	H&Wor	4:00.27
9 Andrew Wiles	Cleve	4:00.85
10 Alexander Smith	SYork	4:00.99
11 Mark Burgess	Essex	4:02.04
12 Martin Mashford	Hamp	4:04.99
13 Laurence Cox	Hamp	
14 Jonathon Taylor	Cleve	

Senior Boys 3000 metres

ES: 8:36.00 NS: 8:33.00 BP: 8:10.50

Final

1 Daniel Watts	Camb	8:28.71 ns
2 James Philipson	Manch	8:30.59 ns
3 Kelvin Hardy	Suff	8:31.73 ns
4 Tom Russell	Glouc	8:32.92 ns
5 Sam Godfrey	Suff	8:42.15
6 Craig Peters	Avon	8:43.39
7 Jonny Mellor	Mersey	8:44.27
8 Adam Hickey	Essex	8:48.29
9 Sam Mitchell	H&Wor	8:50.22
10 Kevin Deighton	Humb	8:52.07
11 Thomas Boardman	Manch	8:53.29
12 Tom Minshull	Manch	8:58.28

Senior Boys 110 metres Hurdles

ES: 15.20 NS: 14.80 BP: 13.60

Round 1

Heat 1 (+2.1m/s)

1 Charles Kavanagh	Derby	14.30 ns
2 Daniel Maynard	Leics	14.66 ns
3 Guy Stroud	Devon	14.80 ns
4 Alastair Candelish	Staff	15.40

Heat 2 (+1.9m/s)

1 Gianni Frankis	Essex	14.12 ns
2 Robert James	WMid	14.31 ns
3 James Markley	Camb	14.65 ns
4 Francis Baker	Norf	14.83 es
5 Matthew Hudson	NYork	15.05 es
6 Oliver Robinson	WYork	15.12 es

Final

(-0.3m/s)

1 Gianni Frankis	Essex	14.13 ns
2 Charles Kavanagh	Derby	14.45 ns
3 Robert James	WMid	14.48 ns
4 James Markley	Camb	14.58 ns
5 Guy Stroud	Devon	14.67 ns
6 Francis Baker	Norf	14.80 ns
7 Daniel Maynard	Leics	14.87 es
8 Matthew Hudson	NYork	15.13 es

Senior Boys 400 metres Hurdles

ES: 56.00 NS: 54.80 BP: 51.50

Round 1

Heat 1

no heats required as only 8 athletes turned up

Heat 2

Final

1 Ogadima Dura	Essex	52.65 ns
2 Iain McDonald	WMid	53.53 ns
3 Andrew Tippett	Oxford	53.96 ns
4 Wayne Taylor	Humb	54.77 ns
5 Ric Banjac	Manch	54.92 es
6 Lloyd Gumbs	Leics	55.11 es
7 Thomas Zbaraski	Leics	55.20 es
8 David Green	Com	57.30

Senior Boys 2000 metres Steeplechase

ES: 6:07.00 NS: 6:02.00 BP: 5:38.20

Final

1 Daniel Russel	Herts	5:56.73 ns
2 Stephen Lisgo	Notts	5:58.22 ns
3 Jon Pepper	Herts	6:02.54 es
4 Steven Cannell	Norf	6:08.21
5 Ruahan Crichton	Somer	6:10.59
6 Sean Hall	Durham	6:11.38
7 Jamie Clark	Nhants	6:12.75
8 Rob Mullet	Sussex	6:13.49
9 Glen Watts	Camb	6:14.54
10 Nicholas Howard	WYork	6:17.94
11 Joe Holden	WMid	6:35.10
12 George Glancy	Mid	

Senior Boys 4x100 metres Relay

ES: 44.50 NS: 43.50 BP: 41.30

Round 1

Heat 1

no heats required - only 7 teams turned up

Heat 2

Final

1 West Midlands	WMid	41.62 ns
2 London	London	42.77 ns
3 Greater Manchester	Manch	43.06 ns
4 Leicestershire & Rutland	Leics	43.23 ns
5 Humberside	Humb	43.26 ns
6 Essex	Essex	43.88 es
7 Staffordshire	Staff	

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Senior Boys High Jump

ES: 1.98 NS: 2.04 BP: 2.25

Final

1	Robbie Grabarz	Camb	2.04	ns
2	Tim Payne	WMid	2.01	es
3	James Luck	Midd	2.01	es
4	Tom King	Dorset	1.90	

Senior Boys Long Jump

ES: 6.80 NS: 6.95 BP: 7.97

Final

1	Max Hall	Kent	7.12	+2.5	ns
2	Ike Mba	Surrey	6.92	+0.7	es
3	David Cook	Surrey	6.90	+1.8	es
4	James Thomas-Lindor	Midd	6.89	+0.3	es
5	Anthony Timms	WYork	6.88	+0.9	es
6	Dexter Nichols	London	6.86	+0.1	es
7	Lee Blaymire	Humb	6.82	+0.7	es
8	Tyrone Carter	Essex	6.65	+0.4	
9	James Warsop	Dorset	6.51	0.0	
10	Paul Record	Mersey	6.46	+2.2	

Senior Boys Triple Jump

ES: 14.00 NS: 14.40 BP: 16.22

Final

1	Lanre Ali-Balogun	London	15.17	0.0	ns
2	Jeremey Odametey	London	15.03	+1.6	ns
3	Jacob Brown	WYork	14.43	-1.0	ns
4	Michael Okoigun	Midd	14.25	0.0	es
5	Matthew Burton	London	14.07	0.0	es
6	Joe Evling-White	Lincs	13.88	+0.8	

Senior Boys Pole Vault

ES: 4.20 NS: 4.55 BP: 5.16

Final

1	Joe Ive	Surrey	4.85	ns
2	Alec Williams	Staff	4.65	ns
3	Luke Cutts	SYork	4.55	ns
4	Adam Smith	WMid	4.05	

Senior Boys Shot

ES: 13.00 NS: 14.10 BP: 20.64

Final

1	Daniel Brunsdon	Dorset	15.61	ns
2	William Lowndes	Chesh	15.39	ns
3	Joel Capper	Beds	14.19	ns
4	Richard Parker	Staff	13.77	es
5	Ze Sandell	Warks	13.63	es
6	Brendon Hall	Staff	13.25	es
7	Ian Tucker	Corn	12.99	
8	Curtis-John Dyer	Somer	12.61	
9	Edmund Cattle	Norf	11.51	

Senior Boys Discus

ES: 41.00 NS: 44.00 BP: 59.72

Final

1	Nicholas Webb	Surrey	45.76	ns
2	Keiran McConnell	Bucks	45.55	ns
3	Chris Scott	Surrey	44.98	ns
4	Bradley Mason	Essex	43.74	es
5	Alex Smith	Devon	43.37	es
6	James Hyland	Nhants	41.40	es
7	Ben Graham	Derby	41.05	es
8	Thomas Toal	Leics	39.42	
9	Karl Fitzgerald	Humb	38.36	

Senior Boys Javelin

ES: 53.00 NS: 57.00 BP: 72.89

Final

1	Stuart Harvey	Kent	63.47	ns
2	James Hopley	Chesh	57.55	ns
3	Joe Waller	Sussex	57.36	ns
4	Adam Akehurst	Hamp	55.03	es
5	Fergus Macdiarmid	Somer	54.03	es
6	David Acton	Manch	53.16	es
7	Jakab Filer	Avon	52.94	
8	Aaron Harris	Dorset	51.56	
9	Paul McKown	Mersey	50.93	
10	Nathan Forrest	NYork	49.04	
11	Carl Quinlan	Mersey	46.68	
12	Luke O'Connor	Staff	46.13	

Senior Boys Hammer

ES: 45.00 NS: 52.00 BP: 67.80

Final

1	Alex Smith	Humb	69.11	bp
2	Matthew Lambley	Notts	62.01	ns
3	Michael Bomba	Mersey	61.64	ns
4	Amir Williamson	Kent	60.79	ns
5	Alistair Williamson	Kent	56.28	ns
6	Alex Hitchens	Corn	51.54	es
7	David Foster	Nhants	47.64	es
8	Chris Berry	Notts	47.63	es
9	Chris Shorthouse	Notts	43.51	
10	Kieran Richardson	Chesh	42.89	
11	Joseph Forde	Essex	41.24	
=	Luke Hyland	Nhants	41.24	
13	Ian Turton	Oxford	36.33	

Junior Girls 100 metres

ES: 12.80 NS: 12.60 BP: 11.67

Round 1

Heat 1 (+2.3m/s)

1	Asha Phillip	Essex	11.94	ns
2	Lizzie Cave	Hamp	12.42	ns
3	Daisy Flynn-Piercy	Chesh	12.47	ns
4	Mica Nottingham	Lancs	12.51	ns
5	Lauretta Curtis	Derby	12.77	es
6	Katrina Mee	Leics	12.88	
7	Ruwa Foster	Suff	13.00	

Heat 2 (+2.1m/s)

1	Ashleigh Nelson	Staff	11.64	bp
2	Becky Campsall	NYork	12.28	ns
3	Sian Kelman	Chesh	12.40	ns
4	Laura Samuel	Leics	12.61	es
5	Georgina Stannett	Norf	12.87	
6	Sophie Nickson	Suff	12.99	
7	Sian Gilgeous	Mersey	13.29	

Heat 3 (+2.0m/s)

1	Rebekah Wilson	Manch	12.12	ns
2	Clarice Underwood	Bucks	12.49	ns
3	Laytoya Maynard	WYork	12.58	ns
4	Frankie Calder	Essex	12.60	ns
5	Jodie Warnes	SYork	12.79	es
6	Hayley Darbyshire	Chesh	12.80	es
7	Emma Hourd	Notts	12.93	
8	Lauren Brennan	Mersey	13.22	

Final

(+1.3m/s)

1	Ashleigh Nelson	Staff	11.58	bp
2	Asha Phillip	Essex	11.83	ns
3	Rebekah Wilson	Manch	12.02	ns
4	Becky Campsall	NYork	12.23	ns
5	Sian Kelman	Chesh	12.44	ns
6	Lizzie Cave	Hamp	12.51	ns
7	Daisy Flynn-Piercy	Chesh	12.55	ns
8	Clarice Underwood	Bucks	12.59	ns

Junior Girls 200 metres

ES: 26.40 NS: 25.70 BP: 23.60

Round 1

Heat 1 (+3.0m/s)

1	Shaunna Thompson	Manch	24.25	ns
2	Charlotte Cole	Surrey	25.34	ns
3	Savannah Echel Thompson	Sussex	25.53	ns
4	Lucy Dubberley	Staff	26.10	es
5	Leanne Shaw	NYork	26.17	es
6	Katie Roberts	Lincs	26.22	es
7	Gemma Dawkins	Chls	26.68	

Heat 2 (+0.8m/s)

1	Joanna White	Midd	25.07	ns
2	Chandler Benet	London	25.49	ns
3	Grace Chattaway	NYork	25.82	es
4	Emily Thackrah	Hamp	26.31	es
5	Katrina Cosby	Kent	26.37	es
6	Danielle Carr	WYork	26.43	

Heat 3 (+1.7m/s)

1	Phillippa Tappin	Midd	25.19	ns
2	Chelsea Cooper	Staff	25.25	ns
3	Sam Cook	Glouc	25.78	es
4	Harriet Lucas	Norf	25.81	es
5	Laura Henry	WYork	26.54	
6	Amy Matthews	Hamp	26.68	
7	Amy Giblin	Humb	27.00	
8	Olivia Elder	Oxford	27.63	

Final

(+1.2m/s)

1	Shaunna Thompson	Manch	24.23	ns
2	Joanna White	Midd	24.77	ns
3	Chelsea Cooper	Staff	24.97	ns
4	Phillippa Tappin	Midd	24.98	ns
5	Charlotte Cole	Surrey	25.30	ns
6	Chandler Benet	London	25.43	ns
7	Sam Cook	Glouc	25.51	ns
8	Savannah Echel Thompson	Sussex	25.53	ns

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Junior Girls 800 metres
 ES: 2:20.00 NS: 2:17.00 BP: 2:08.70

Round 1

Heat 1

1	Bea Swords	Oxford	2:17.79	es
2	Stephanie James	Mersey	2:18.51	es
3	Katie Trehwella	Berks	2:19.56	es
4	Clare McPhee	Humb	2:20.23	
5	Anna Sharrock	Corn	2:21.77	
6	Gemma Coe	Camb	2:24.54	

Heat 2

1	Sarah Hopkinson	Glouc	2:13.95	ns
2	Alex Turner	Derby	2:17.75	es
3	Jessica Dobson	WYork	2:21.28	
4	Hannah Goodwin	Beds	2:22.36	
5	Chelsea McCourt	Mersey	2:22.81	
6	Rose Penfold	Somer	2:22.94	
7	Emma Grant	Oxford	2:25.15	

Heat 3

1	Kerrie Harris	Humb	2:16.67	ns
2	Sophie Wilkins	Bucks	2:18.79	es
3	Abbie Vernon	Derby	2:19.71	es
4	Laura Wilson	Camb	2:20.26	
5	Laura Pacey	Shrop	2:24.16	
6	Hannah Tart	Chesh	2:24.52	
7	Brogan Percy	Hamp	2:26.54	

Heat 4

1	Abby Glover	Derby	2:14.99	ns
2	Leigh Lennon	Lancs	2:15.78	ns
3	Maddie Gunn	Surrey	2:17.58	es
4	Sarah Simmons	WYork	2:18.46	es
5	Rochelle Harrison	Lincs	2:18.62	es
6	Holly Cooper	Norf	2:22.61	
7	Sarah Burgin	Hamp	2:29.01	

Final

1	Sarah Hopkinson	Glouc	2:10.52	ns
2	Leigh Lennon	Lancs	2:13.69	ns
3	Abby Glover	Derby	2:14.55	ns
4	Alex Turner	Derby	2:15.29	ns
5	Bea Swords	Oxford	2:15.71	ns
6	Kerrie Harris	Humb	2:17.28	es
7	Maddie Gunn	Surrey	2:21.42	
8	Sarah Simmons	WYork	2:25.90	

Junior Girls 1500 metres
 ES: 4:52.00 NS: 4:44.00 BP: 4:27.70

Round 1

Heat 1

1	Alex Wheatman	NYork	4:45.16	es
2	Louise Webb	Hamp	4:45.32	es
3	Katherine Deal	Herts	4:46.00	es
4	Nicola Cooill	Mersey	4:46.60	es
5	Lilly Partridge	Surrey	4:53.08	
6	Monique Powell	WMid	4:53.79	
7	Amy McGivern	WYork	4:55.16	
8	Amy De Matos	Kent	4:58.09	
9	Emily Connolly	Wilts	5:00.00	
10	Hayley Munn	Nhants	5:02.15	
11	Hannah Hills	Chesh	5:06.69	

Heat 2

1	Jessica Hicks	Corn	4:47.59	es
2	Shauna Hoey	Hamp	4:47.72	es
3	Hollie McGurk	Beds	4:48.48	es
4	Nicole Roberts	Nhants	4:50.19	es
5	Natalie Young	Nland	4:55.33	
6	Tamara Armoush	Derby	4:55.38	
7	Leigh Lattimore	Midd	5:01.20	
8	Rebecca Craigie	Chesh	5:01.64	
9	Hannah Seddon	WYork	5:06.32	
10	Hannah Warburton	Manch	5:07.09	
11	Rhea Ellis	Mersey	5:07.70	

Heat 3

1	Luci McLoughlin	Manch	4:39.76	ns
2	Kate Avery	Durham	4:40.88	ns
3	Charlotte Purdue	Hamp	4:41.64	ns
4	Laura Condron	Essex	4:45.66	es
5	Laura Weightman	Nland	4:47.11	es
6	Lizzie Minchener	Glouc	4:49.12	es
7	Rachel Kitchen	NYork	4:51.71	es
8	Nicola Morgan	Suff	4:56.63	
9	Michelle Stones	Humb	5:02.53	
10	Beth Pettit	WYork	5:03.87	
11	Cerian Lancaster	Shrop	5:14.47	

Final

1	Luci McLoughlin	Manch	4:37.89	ns
2	Jessica Hicks	Corn	4:39.20	ns
3	Louise Webb	Hamp	4:39.68	ns
4	Alex Wheatman	NYork	4:41.78	ns
5	Kate Avery	Durham	4:45.06	es
6	Laura Weightman	Nland	4:45.41	es
7	Charlotte Purdue	Hamp	4:45.47	es
8	Nicola Cooill	Mersey	4:46.15	es
9	Laura Condron	Essex	4:46.17	es
10	Shauna Hoey	Hamp	4:47.88	es
11	Katherine Deal	Herts	4:50.24	es

Junior Girls 75 metres Hurdles
 ES: 11.90 NS: 11.50 BP: 10.70

Round 1

Heat 1 (+1.4m/s)

1	Stephanie Gaynor	Herts	11.32	ns
2	Amy Wakeham	Devon	11.41	ns
3	Nicola Hill	Essex	11.59	es
4	Sarah Williams	Mersey	11.96	
5	Catherine Hall-Jones	Bucks	12.04	
6	Emma Komocki	Derby	12.14	
7	Tiffany Markham	Hamp	12.32	

Heat 2 (+2.0m/s)

1	Helen Van Kempen	Herts	11.18	ns
2	Millie Zah	London	11.88	es
3	Faye Williams	Berks	11.92	
4	Georgina Kavanagh	Derby	11.93	
5	Laura Warman	Norf	12.04	

Heat 3 (+1.5m/s)

1	Danielle Rooney	Lancs	11.21	ns
2	Harriet Thompson	Staff	11.56	es
3	Stephanie Blackwell	Chesh	11.56	es
4	Charlotte Maxwell	Devon	11.77	es
5	Tayo Maccanna	Sussex	11.90	es
6	Rebecca Hirst	SYork	12.59	

Final

(+1.4m/s)

1	Danielle Rooney	Lancs	10.99	ns
2	Helen Van Kempen	Herts	11.08	ns
3	Stephanie Gaynor	Herts	11.10	ns
4	Amy Wakeham	Devon	11.26	ns
5	Harriet Thompson	Staff	11.40	ns
6	Stephanie Blackwell	Chesh	11.57	es
7	Nicola Hill	Essex	11.65	es
8	Millie Zah	London	11.87	es

Junior Girls 4x100 metres Relay
 ES: 52.00 NS: 50.50 BP: 48.10

Round 1

Heat 1

1	Essex	Essex	49.86	ns
2	Devon	Devon	50.94	es
3	Buckinghamshire	Bucks	50.99	es
4	Derbyshire	Derby	52.43	
5	North Yorkshire	NYork	52.45	

Heat 2

1	Staffordshire	Staff	49.23	ns
2	West Yorkshire	WYork	50.37	ns
3	Humberside	Humb	51.43	es
4	Norfolk	Norf	51.45	es
5	Suffolk	Suff	52.70	
6	Kent	Kent		

Heat 3

1	Hampshire	Hamp	49.90	ns
2	Cheshire	Chesh	50.24	ns
3	Cambridgeshire	Camb	51.27	es
4	South Yorkshire	SYork	52.59	
5	Hertfordshire	Herts		
6	Northamptonshire	Nhants		

Final

1	Staffordshire	Staff	48.11	ns
2	Essex	Essex	49.49	ns
3	Hampshire	Hamp	49.76	ns
4	Cheshire	Chesh	50.04	ns
5	West Yorkshire	WYork	50.16	ns
6	Buckinghamshire	Bucks	51.03	es
7	Cambridgeshire	Camb	51.09	es
8	Devon	Devon		

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Junior Girls High Jump
ES: 1.55 NS: 1.61 BP: 1.77

Final

1	Hannah Dickson	Lancs	1.67	ns
2	Bethan Siddons	Essex	1.64	ns
3	Sarah Moore	Sussex	1.58	es
4	Helen Jones	Avon	1.58	es
5	Charlotte Addis	Wilts	1.58	es
6	Sarah Joy	Herts	1.58	es
7	Ebony Smallman	London	1.58	es
8	Jade Chestney	Norf	1.58	es
9	Katy Sealy	Suff	1.58	es
10	Lana Watts	Suff	1.55	es
11	Lucy Averill	Wilts	1.55	es
12	Kate Crooks	Hamp	1.55	es
13	Carrie Simpson	WYork	1.55	es
14	Amy Fleming	Durham	1.55	es
15	Jenny Stones	SYork	1.52	
16	Katie Jenkinson	Cumb	1.52	
17	Rebekah Ingham	Lancs	1.47	
	= Yasmin Gregory	Chesh	1.47	
	= Chloe Hillier	Wilts	1.47	
20	Felicia Anderson	Notts	1.47	
	= Zara Poulter	Mersey	1.47	
22	Ellie Mosley	SYork	1.47	

Junior Girls Long Jump
ES: 5.05 NS: 5.20 BP: 6.22

Final

1	Alice Lennox	Staff	5.66	+2.0	ns
2	Jade Ellans	Avon	5.55	+1.5	ns
3	Sarah Williams	Warks	5.32	+1.7	ns
4	Emma Simpson	Lincs	5.20	+3.7	ns
5	Abigail Haywood	WYork	5.16	0.0	es
6	Jessica Heath	Chesh	5.15	+0.8	es
7	Kimberley Gleeson	Chls	5.08	-0.2	es
8	Chanel Taite	Midd	5.06	+0.9	es
9	Nicola Pearson	Durham	5.03	+1.1	
10	Sophie Upton	Wilts	4.94	+0.2	
11	Emma Spragg	H&Wor	4.87	+1.3	
12	Jade Forbes-Wattley	Bucks	4.86	+1.1	
13	Saskia Berkin	Humb	4.80	+0.3	
14	Isabel Rogers	Notts	4.80	+0.8	
15	Hannah Besford	Essex	4.78	+0.5	
16	Hannah Taylor	Camb	4.75	+3.8	
17	Lois Earl	Humb	4.74	+0.6	
18	Leah Moore	Surrey	4.58	+2.2	
19	Jess Shuttleworth	Hamp	4.43	-0.3	

Junior Girls Shot
ES: 10.00 NS: 10.70 BP: 13.92

Final

1	Charlotte Rose	Herts	11.14	ns
2	Sarah Smith	Essex	10.78	ns
3	Akilah Morris	WMid	10.74	ns
4	Sarah McGuire	Kent	10.41	es
5	Montana Marshall	Surrey	10.37	es
6	Amelia Reynolds	Shrop	9.99	
7	Fatimah Farag	Kent	9.92	
8	Kirsty Douglas	Derby	9.60	
9	Chloe Cousins	WMid	9.60	
10	Ellie Clowes	Somer	9.41	
11	Lucy Roberts	Derby	8.65	
12	Laura Baker	Manch	8.52	
13	Hannah Ashmore	Hamp	8.04	

Junior Girls Discus
ES: 27.00 NS: 30.00 BP: 39.58

Final

1	Katie Wickman	Somer	38.19	ns
2	Hannah Evenden	WYork	36.42	ns
3	Elycia Metaxas-Belt	Nhants	34.84	ns
4	Tyne Breen	Durham	31.69	ns
5	Jodie Jacobs	Sussex	31.36	ns
6	Oyebanke Jemiyo	Kent	30.95	ns
7	Helen Broadbridge	Berks	30.93	ns
8	Laura Alpagot	Midd	27.57	es
9	Sophie Lyne-Ley	Devon	27.42	es
10	Portia Maddison	Durham	27.25	es
11	Felicity Dickinson	Surrey	26.94	
12	Sarah Mclwain-Bates	Essex	26.48	
13	Nicola Cox	Derby	26.33	
14	Georgina Howlett	Dorset	26.31	
15	Lizzie Dunn	Hamp	24.03	
16	Chisom Apakama	WMid	23.95	

Junior Girls Javelin
ES: 29.00 NS: 32.00 BP: 40.97

Final

1	Jemma Tewkesbury	Dorset	33.46	ns
2	Elizabeth Hearn	Berks	32.75	ns
3	Chelsey Raysbrook	Herts	31.92	es
4	Kelly Pagdin	SYork	31.19	es
5	Jessica Challen	Sussex	30.24	es
6	Sarah-Anne De Kremer	Herts	29.92	es
7	Sadie Watts	Bucks	29.92	es
8	Rachel Williams	Herts	29.56	es
9	Lauren Boyd	Nhants	28.99	
10	Lucy Wellings	WYork	28.91	
11	Misha Gaffney	Somer	28.88	
12	Francesca Mansfield	Norf	28.32	
13	Suzanne Platford	H&Wor	27.77	
14	Lucy Hancock	Devon	27.13	
15	Sammie McGowan	Chesh	26.99	
16	Lucy Waller	Dorset	26.89	
17	Kadeen Corbin	Midd	26.32	

18	Sheri Whiting	Sussex	25.62
19	Danielle Stanley	Leics	24.82
20	Samantha Cullinane	Nhants	24.44
21	Rebecca Keegan	Mersey	24.28
22	Nicola Bates	Humb	23.18

Inter Girls 100 metres
ES: 12.60 NS: 12.30 BP: 11.50

Round 1

Heat 1 (+2.5m/s)

1	Tara Kafke	Oxford	11.99	ns
2	Torema Dorsett	Midd	12.07	ns
3	Shaleina Mars	Midd	12.24	ns
4	Cherelle Jones	Shrop	12.58	es
5	Claire Welch	Kent	12.59	es
6	Alice Robins	Corn	12.64	
7	Anike Shand-Whittingham	London	12.75	
8	Laura Creighton	Leics	12.98	

Heat 2 (+2.1m/s)

1	Elaine O'Neill	Wilts	12.14	ns
2	Becky McLinden	Mersey	12.15	ns
3	Abbi Tyson	Staff	12.19	ns
4	Kandi Ejiofor	London	12.37	es
5	Morgan Brown	Chesh	12.37	es
6	Megan Edwards	Oxford	12.52	es
7	Claudia Williams	Midd	12.58	es
8	Laura Maddock	Avon	12.89	

Final

(+0.7m/s)

1	Tara Kafke	Oxford	12.01	ns
2	Abbi Tyson	Staff	12.13	ns
3	Torema Dorsett	Midd	12.19	ns
4	Becky McLinden	Mersey	12.20	ns
5	Shaleina Mars	Midd	12.20	ns
6	Elaine O'Neill	Wilts	12.23	ns
7	Morgan Brown	Chesh	12.47	es
8	Kandi Ejiofor	London	12.53	es

Inter Girls 200 metres
ES: 26.00 NS: 25.20 BP: 23.60

Round 1

Heat 1 (+1.3m/s)

1	Robyn Rashford	Chesh	24.29	ns
2	Ruth Ann Watson	Midd	24.38	ns
3	Rebekah Wilmshurst	Durham	25.46	es
4	Racheal Shaw	SYork	25.55	es
5	Amanda Woby	Suff	26.31	
6	Danielle Fox	Wilts	26.44	

Heat 2 (+1.1m/s)

1	Habee Folami	Bucks	24.55	ns
2	Annabelle Lewis	Humb	24.70	ns
3	Jade Peak	H&Wor	25.38	es
4	Lisa Cowell	Durham	25.53	es
5	Faye Winspear	Cleve	25.84	es
6	Emma Hickey	Derby	26.30	
7	Jessica Domingo	Leics	26.37	

Heat 3 (-0.5m/s)

1	Jazmine Rowe	Staff	24.25	ns
2	Rachel Miller	Midd	24.86	ns
3	Mikaela Harrison	WYork	25.19	ns
4	Lauren Grace	Oxford	25.20	ns
5	Lauren Arthur	Durham	25.78	es
6	Hannah Mullen	Manch	26.04	

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Final

(+1.1m/s)

1	Ruth Ann Watson	Midd	23.99	ns
2	Jazmine Rowe	Staff	24.23	ns
3	Habee Folami	Bucks	24.30	ns
4	Robyn Rashford	Chesh	24.34	ns
5	Rachel Miller	Midd	24.59	ns
6	Annabelle Lewis	Humb	24.62	ns
7	Mikaela Harrison	WYork	25.60	es

Inter Girls 300 metres

ES: 41.60 NS: 40.70 BP: 38.35

Round 1

Heat 1

1	Holly Croxford	Hamp	39.72	ns
2	Charlotte Allee	Nhants	39.72	ns
3	Hannah Bird	WYork	40.45	ns
4	Emma Pullen	Shrop	40.87	es
5	Vanessa Nakangu	London	41.02	es
6	Joanne Coulton	Derby	41.45	es
7	Sarah Lucas	Manch		

Heat 2

1	Hayley Jones	Chesh	38.98	ns
2	Sally Teague	Manch	39.64	ns
3	Erica Smith	Midd	40.15	ns
4	Kineta Kelsall	Durham	40.78	es
5	Charlotte O'Halloran	H&Wor	40.97	es
6	Kate Magrath	Devon	41.22	es
7	Emily Gunning	Corn	43.08	

Heat 3

1	Katherine Sherry	Manch	39.73	ns
2	Carmen Gedling	Mersey	40.11	ns
3	Alys Morgan	Surrey	40.57	ns
4	Becky Welbourne	Suff	41.08	es
5	Bethan Williams	Bucks	41.61	
6	Laura Hitchman	Sussex	42.14	
7	Tamara Ashaye	London	43.95	

Final

1	Hayley Jones	Chesh	38.43	ns
2	Katherine Sherry	Manch	39.23	ns
3	Carmen Gedling	Mersey	39.36	ns
4	Charlotte Allee	Nhants	39.41	ns
5	Sally Teague	Manch	39.86	ns
6	Holly Croxford	Hamp	40.40	ns
7	Hannah Bird	WYork	40.89	es
8	Erica Smith	Midd	40.96	es

Inter Girls 800 metres

ES: 2:18.00 NS: 2:15.00 BP: 2:05.60

Round 1

Heat 1

1	Vicky Fouhy	Bucks	2:14.38	ns
2	Ejiro Okoro	WMid	2:14.40	ns
3	Alison Leonard	Lancs	2:14.44	ns
4	Julia Cooke	Glouc	2:15.91	es
5	Charlotte Woods	Manch	2:17.35	es
6	Rosy Cooper	Somer	2:18.33	

Heat 2

1	Natalie Grant	SYork	2:15.94	es
2	Emily Goodall	Sussex	2:16.00	es
3	Rebecca Taylor	Kent	2:16.87	es
4	Gina Rutherford	Nland	2:17.40	es
5	Ruth McGivern	WYork	2:18.20	
6	Ellie Schofield	Camb	2:18.98	
7	Natalie Yates	Notts	2:20.76	

Heat 3

1	Lucy Dowsett	Camb	2:14.76	ns
2	Rachel Stringer	Norf	2:14.81	ns
3	Jade Allen	SYork	2:14.85	ns
4	Katie Murray	Kent	2:16.40	es
5	Charlotte Anderson	Wilts	2:17.66	es
6	Laura Parker	Somer	2:18.92	
7	Natalie Hills	Nhants	2:19.41	

Heat 4

1	Stephanie Roe	Lancs	2:14.34	ns
2	Miranda Parry	H&Wor	2:14.81	ns
3	Louise Yorston	Humb	2:15.24	es
4	Emma Reed	Avon	2:15.34	es
5	Alice Fulton	WYork	2:21.68	
6	Laurelle Stephens	Bucks	2:27.88	
7	Samantha Duffy	Nland		

Heat 5

1	Laura Lambert	Chesh	2:17.27	es
2	Katie McHale	WYork	2:18.62	
3	Bethan Roberts	Shrop	2:19.21	
4	Hayley Hickmott	Kent	2:19.56	
5	Nikki Pell	Nhants	2:21.04	
6	Rebecca Shield	Durham		
7	Natalie McHale	H&Wor		

Round 2

Semi-final A

1	Stephanie Roe	Lancs	2:13.43	ns
2	Emily Goodall	Sussex	2:13.73	ns
3	Lucy Dowsett	Camb	2:13.74	ns
4	Laura Lambert	Chesh	2:13.95	ns
5	Rachel Stringer	Norf	2:15.33	es
6	Louise Yorston	Humb	2:21.19	
7	Katie Murray	Kent	2:21.95	
8	Jade Allen	SYork		

Semi-final B

1	Natalie Grant	SYork	2:15.95	es
2	Ejiro Okoro	WMid	2:16.19	es
3	Alison Leonard	Lancs	2:16.33	es
4	Vicky Fouhy	Bucks	2:16.42	es
5	Miranda Parry	H&Wor	2:17.36	es
6	Julia Cooke	Glouc	2:18.05	
7	Katie McHale	WYork	2:18.97	
8	Emma Reed	Avon	2:22.86	

Final

1	Emily Goodall	Sussex	2:09.69	ns
2	Lucy Dowsett	Camb	2:09.75	ns
3	Stephanie Roe	Lancs	2:10.11	ns
4	Alison Leonard	Lancs	2:10.79	ns
5	Natalie Grant	SYork	2:12.11	ns
6	Laura Lambert	Chesh	2:12.58	ns
7	Ejiro Okoro	WMid	2:14.89	ns
8	Rachel Stringer	Norf	2:15.34	es

Inter Girls 1500 metres

ES: 4:47.00 NS: 4:40.00 BP: 4:24.10

Round 1

Heat 1

1	Stevie Stockton	Chesh	4:37.56	ns
2	Lauren Howarth	Manch	4:38.08	ns
3	Kirsty Hamilton	Devon	4:38.41	ns
4	Kate Hindle	Lancs	4:38.74	ns
5	Claire Tarplee	WMid	4:39.10	ns
6	Katie Knowles	Corn	4:41.15	es
7	Victoria France	SYork	4:42.17	es
8	Melissa Ronan	Mersey	4:46.95	es
9	Andrea Fox	Bucks	4:51.02	
10	Amy Bond	Berks	4:54.60	
11	Sarah Simpson	Beds	4:59.42	
12	Emma Pallant	Surrey		

Heat 2

1	Tamara Astor	Berks	4:34.67	ns
2	Amy Gibson	Warks	4:36.46	ns
3	Stacey Preston	Hamp	4:36.51	ns
4	Katie Richardson	Essex	4:36.55	ns
5	Laura Evans	Manch	4:36.72	ns
6	Jessica Coulson	Manch	4:36.73	ns
7	Jordan Kinney	WMid	4:37.45	ns
8	Harriet Arbuckle	Camb	4:49.61	
9	Lyndsay Clarke	SYork	4:50.43	
10	Louise McHale	H&Wor	4:50.59	
11	Natalie Sutton	Norf	4:54.09	
12	Hanna Jones	Nhants	5:11.01	
13	Danielle Walker	Staff		

Final

1	Katie Richardson	Essex	4:30.97	ns
2	Stevie Stockton	Chesh	4:31.79	ns
3	Tamara Astor	Berks	4:34.25	ns
4	Jessica Coulson	Manch	4:35.98	ns
5	Stacey Preston	Hamp	4:37.65	ns
6	Jordan Kinney	WMid	4:37.86	ns
7	Laura Evans	Manch	4:38.54	ns
8	Kirsty Hamilton	Devon	4:40.11	es
9	Amy Gibson	Warks	4:41.16	es
10	Lauren Howarth	Manch	4:58.53	

Inter Girls 3000 metres

ES: 10:26.00 NS: 10:12.00 BP: 9:39.90

Final

1	Rebecca Gough	Hamp	10:13.21	es
2	Chloe Patchett	WYork	10:14.76	es
3	Dionne Allen	Manch	10:15.58	es
4	Yasmin Smith	Wilts	10:24.62	es
5	Emma Langdell	Staff	10:25.28	es
6	Klachen Cheshire	Humb	10:26.31	
7	Lucy Yates	Herts	10:35.33	
8	Tanya Taylor	Bucks	10:37.11	
9	Hayley Pointer	Hamp	10:37.57	
10	Victoria Briggs	H&Wor	10:39.33	
11	Amber Magee	Leics	10:44.21	
12	Carley Rose	Norf	10:45.48	
13	Danielle Walker	Lancs	10:48.61	
14	Emily Pidgeon	Glouc		

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Inter Girls 80 metres Hurdles
ES: 12.10 NS: 11.70 BP: 10.90

Round 1

Heat 1 (+0.7m/s)

1 Helen Asher	Mersey	11.40 ns
2 Lisa Schofield	Essex	11.66 ns
3 Catherine Wearing	Kent	11.70 ns
4 Kay Brown	Beds	12.15
5 Victoria Fleetwood	Leics	12.25

Heat 2 (+1.8m/s)

1 Serita Solomon	Kent	11.37 ns
2 Jenny Taker	Manch	11.59 ns
3 Nicola Gaisford	Essex	11.87 es
4 Emerald Willett	Bucks	11.90 es
5 Rose Reynolds	Berks	12.12
6 Sarah Tippett	Suff	disq

Heat 3 (+2.8m/s)

1 Ashley Helsby	Mersey	11.45 ns
2 Lauren Dewdney	Nland	11.71 es
3 Sophie Skinner	Devon	11.81 es
4 Kim Motley	Camb	12.07 es
5 Jennifer Heckford	Berks	12.07 es
6 Louise Woodward	Chesh	12.18

Final

(+1.9m/s)

1 Serita Solomon	Kent	11.10 ns
2 Helen Asher	Mersey	11.33 ns
3 Lisa Schofield	Essex	11.50 ns
4 Jenny Taker	Manch	11.64 ns
5 Sophie Skinner	Devon	11.75 es
6 Catherine Wearing	Kent	11.78 es
7 Lauren Dewdney	Nland	11.87 es

Inter Girls 300 metres Hurdles
ES: 46.80 NS: 45.00 BP: 41.99

Round 1

Heat 1

1 Ese Okoro	WMid	43.77 ns
2 Anna Newton	Hamp	43.80 ns
3 Samantha Coleby	Durham	44.60 ns
4 Lana Taylor	Derby	45.28 es
5 Hayley Comer	Midd	47.00
6 Lucy Ferguson	Shrop	49.25

Heat 2

1 Perri Shakes-Drayton	London	43.44 ns
2 Lorna McMichael	Durham	44.52 ns
3 Nafalya Francis	Warks	45.08 es
4 Karla Drew	Devon	45.40 es
5 Hannah Dyas	Mersey	47.63
6 Beth Hampson	Oxford	48.26

Heat 3

1 Meghan Beesley	Warks	44.27 ns
2 Becky Hughes	Leics	45.55 es
3 Katie Sockett	SYork	45.57 es
4 Stacey Douglas	Devon	45.71 es
5 Charlotte Roberts	Shrop	46.74 es
6 Catriona Witcombe	Hamp	48.07
7 Claire Triggs	Oxford	

Heat 4

1 Hayley Pitman	Avon	44.89 ns
2 Rebecca Jones	Lincs	46.38 es
3 Rebecca Pike	Norf	46.79 es
4 Naomi Edwards	Warks	46.92
5 Sophie Copping	Kent	48.86
6 Stephanie Brennan	Mersey	disq

Round 2

Semi-final A

1 Ese Okoro	WMid	43.73 ns
2 Anna Newton	Hamp	44.52 ns
3 Katie Sockett	SYork	44.54 ns
4 Nafalya Francis	Warks	44.69 ns
5 Samantha Coleby	Durham	44.74 ns
6 Karla Drew	Devon	46.18 es
7 Rebecca Jones	Lincs	46.31 es
8 Charlotte Roberts	Shrop	46.80 es

Semi-final B

1 Meghan Beesley	Warks	42.70 ns
2 Perri Shakes-Drayton	London	43.02 ns
3 Lorna McMichael	Durham	43.65 ns
4 Hayley Pitman	Avon	45.48 es
5 Becky Hughes	Leics	45.78 es
6 Lana Taylor	Derby	46.27 es
7 Rebecca Pike	Norf	47.67
8 Stacey Douglas	Devon	48.76

Final

1 Perri Shakes-Drayton	London	41.48 bp
2 Meghan Beesley	Warks	42.26 ns
3 Anna Newton	Hamp	42.89 ns
4 Lorna McMichael	Durham	43.31 ns
5 Nafalya Francis	Warks	43.49 ns
6 Ese Okoro	WMid	44.38 ns
7 Samantha Coleby	Durham	44.75 ns
8 Katie Sockett	SYork	45.94 es

Inter Girls 4x100 metres Relay
ES: 50.20 NS: 49.20 BP: 46.40

Round 1

Heat 1

1 Hampshire	Hamp	48.70 ns
2 Merseyside	Mersey	49.14 ns
3 South Yorkshire	SYork	49.62 es
4 Oxfordshire	Oxford	50.51
5 Devon	Devon	50.89
6 Avon	Avon	51.30
7 Lincolnshire	Lincs	52.92
8 Warwickshire	Warks	

Heat 2

1 Cheshire	Chesh	47.51 ns
2 Staffordshire	Staff	48.08 ns
3 Kent	Kent	48.48 ns
4 London	London	48.83 ns
5 Berkshire	Berks	49.79 es
6 Suffolk	Suff	49.88 es
7 Northamptonshire	Nhants	55.36
8 Derbyshire	Derby	

Heat 3

1 Durham	Durham	48.47 ns
2 Leicestershire & Rutland	Leics	50.25
3 West Yorkshire	WYork	51.13
4 Buckinghamshire	Bucks	51.93
5 Greater Manchester	Manch	52.30
6 Somerset	Somer	53.64
7 Middlesex	Midd	disq

Final

1 Cheshire	Chesh	47.41 ns
2 Staffordshire	Staff	47.95 ns
3 Durham	Durham	47.97 ns
4 Merseyside	Mersey	48.28 ns
5 Hampshire	Hamp	48.31 ns
6 Kent	Kent	48.80 ns
7 London	London	48.94 ns
8 South Yorkshire	SYork	49.48 es

Inter Girls High Jump

ES: 1.62 NS: 1.68 BP: 1.83

Final

1 Sade Thompson	Avon	1.71 ns
2 Adele Lassu	SYork	1.68 ns
3 Suzi Boast	Camb	1.65 es
4 Sian Davies	Shrop	1.65 es
5 Hatty Scaramanga	Somer	1.65 es
6 Helen Banks	SYork	1.62 es
7 Rachel Crocker	Avon	1.62 es
8 Kathryn Forth	Bucks	1.59
= Laura Watt	Durham	1.59
10 Kate Kennedy	Bucks	1.59
11 Kelly Daly	Oxford	1.59
= Laura Fleming	WYork	1.59
13 Bethan Partridge	Shrop	1.59
14 Natalie Daniel	Devon	1.59
= Kirsty Willson	Essex	1.59
16 Kerry Dixon	Suff	1.59
17 Hayley Luke	Oxford	1.54
18 Rebecca Pottinger	Durham	1.54
19 Charlotte Waldon-Day	Hamp	1.54
20 Sopia Twinam	Chls	1.54

Inter Girls Long Jump

ES: 5.35 NS: 5.50 BP: 6.41

Final

1 Jade Surman	WMid	5.93 +2.7 ns
2 Laura Simmons	Staff	5.62 +1.4 ns
3 Alexandra Russell	Mersey	5.61 +2.8 ns
4 Serita Shone	Dorset	5.61 +3.4 ns
5 Kim Murray	Hamp	5.54 +1.1 ns
6 Joanne Whiteway	SYork	5.46 +1.2 es
7 Eleanor Markendale	Lancs	5.45 +0.3 es
8 Emily Martin	London	5.40 +0.1 es
9 Lorraine Bobb	Berks	5.36 +3.6 es
10 Olayemi Bello	Midd	5.18 +0.2
11 Laura Palmer	Mersey	5.04 +0.7
12 Jessica Wilson	WYork	4.99 +1.0
13 Anna Parkinson	Humb	4.97 +1.2
14 Lindsey Towers	NYork	4.90 +1.7

ENGLISH SCHOOLS ATHLETIC ASSOCIATION
National Track & Field Championships
Birmingham Alexander Stadium
8th - 9th July 2005

Inter Girls Triple Jump

ES: 10.70 NS: 11.10 BP: 11.95

Round 1

Pool A

1	Claire O'Reilly	Derby	11.65	ns
2	Hannah Francis-Smithson	WYork	11.47	ns
3	Jade Morgan	Essex	11.29	ns
4	Erin Ruxton	Bucks	11.27	ns
5	Hayley Wright	Hamp	11.17	ns
6	Lauren Blackie	Kent	11.01	es
7	Sarah Warsop	Dorset	10.89	es
8	Tamara Longwe	Leics	10.89	es
9	Melissa Carr	Durham	10.81	es
10	Harriet Forman	Humb	10.64	
11	Nicola Jelley	Surrey	10.44	
12	Hannah Waring	Manch	10.43	
13	Olivia Steward	Somer	10.42	
14	Sarah Smart	Avon	10.41	
15	Nicola Priestley	NYork	10.30	

Pool B

1	Hanna Hewitson	Chesh	11.43	+1.9	ns
2	Megan Edwards	Kent	11.39	+1.2	ns
3	Kayley Alcorn	Sussex	11.32	+0.0	ns
4	Jade Castell-Thomas	London	11.31	+1.7	ns
5	Chioma Chilaka	Leics	11.28	+0.0	ns
6	Kimberley Harrison	Derby	11.19	+0.0	ns
7	Juliet Fielden	Kent	11.14	+1.5	ns
8	Emma James	Lancs	11.08	+1.5	es
9	Jane Black	Camb	10.99	+0.5	es
10	Clementine Turner-Powell	Hamp	10.93	+1.1	es
11	Emily Moss	Lincs	10.92	+0.0	es
12	Ellie Burn	Dorset	10.70	+0.3	es
13	Georgina Maltster	Suff	10.62	+2.6	
14	Stacey Middleton	Oxford	10.39	+0.2	
15	Natasha Risman	Hamp	10.27	+0.6	

Final

1	Hannah Francis-Smithson	WYork	12.20	+2.6	bp
2	Claire O'Reilly	Derby	12.07	+1.8	bp
3	Kayley Alcorn	Sussex	11.71	-0.4	ns
4	Chioma Chilaka	Leics	11.56	0.0	ns
5	Hanna Hewitson	Chesh	11.50	+2.2	ns
6	Jade Castell-Thomas	London	11.34	+1.1	ns
7	Juliet Fielden	Kent	11.33	0.0	ns
8	Erin Ruxton	Bucks	11.31	+1.7	ns
9	Hayley Wright	Hamp	11.29	+2.0	ns
10	Megan Edwards	Kent	11.28	+0.6	ns
11	Jade Morgan	Essex	11.26	0.0	ns
12	Kimberley Harrison	Derby	11.19	+1.3	ns

Inter Girls Pole Vault

ES: 2.70 NS: 3.05 BP: 3.65

Final

1	Jasmin Hicks	Corn	3.40	ns
2	Rachel Arnheim	Kent	3.15	ns
3	Kerry Passmore	WMid	3.15	ns
=	Sarah Clifford	Essex	3.15	ns
5	Katherine Ogden	Avon	3.05	ns
6	Emily Godley	Kent	3.05	ns
7	Katie Glare	Berks	2.70	es
8	Sarah Hardwick	Nhants	2.70	es
9	Becky Frampton	Hamp	2.55	

Inter Girls Shot

ES: 10.20 NS: 11.00 BP: 13.86

Final

1	Eden Francis	Leics	14.38	bp
2	Kirsty Hutton	Durham	11.72	ns
3	Suzie Scott	WMid	11.64	ns
4	Amy Hill	SYork	11.13	ns
5	Finesse Thompson	Essex	10.98	es
6	Sophie Thomas	Hamp	10.80	es
7	Rebecca Hall	Lincs	10.77	es
8	Nikki McSweeney	Bucks	10.48	es
9	Erica Frances	Sussex	10.38	es
10	Briony Philips	London	10.23	es
11	Lauren Bodie	NYork	10.09	
12	Christina Jones	Avon	9.71	
13	Charlotte Donnelly	NYork	9.70	
14	Isobel Retberg	Lincs	9.64	
15	Emma Pattison	Lincs	9.24	

Inter Girls Discus

ES: 33.00 NS: 37.00 BP: 49.36

Final

1	Shaunagh Brown	London	42.35	ns
2	Rebecca Birch	SYork	39.47	ns
3	Rachel Backhouse	Nhants	38.49	ns
4	Florence Clark	Kent	36.40	es
5	Lauren Hunt	Chesh	36.07	es
6	Lucy Underdown	Kent	35.62	es
7	Ashley Maddison	Durham	35.45	es
8	Amber Treadwell	Kent	33.25	es
9	Katy-Louise Payne	Nhants	32.88	
10	Makeda Quamina	Surrey	31.93	
11	Alice Simpson	WYork	31.82	
12	Kate Heller	Corn	30.65	
13	Sarah-Jane Perry	Warks	29.89	

Inter Girls Javelin

ES: 36.00 NS: 38.00 BP: 46.94

Final

1	Lucy Boggis	Oxford	40.11	ns
2	Catherine Braham	Surrey	38.99	ns
3	Jade Dodd	London	38.99	ns
4	Katy Rose	Avon	38.65	ns
5	Kimberley Eke	Devon	37.73	es
6	Rachael Fleary	Cumb	35.11	
7	Lucy Forward	Avon	35.11	
8	Lindsey Johnston	NYork	34.99	
9	Lizzy Yarnold	Kent	33.39	
10	Hannah Bryan	Oxford	33.22	
11	Rebecca Slater	Chls	32.55	
12	Danielle Summers	Berks	32.35	
13	Simone Huggins-Ward	WMid	31.96	
14	Laura Carr	Dorset	31.49	
15	Peta Lundgren	Herts	29.06	
16	Ceara Toal	Leics	28.82	

Inter Girls Hammer

ES: 32.00 NS: 38.00 BP: 48.06

Final

1	Megan Boon	Norf	42.26	ns
2	Hayley Murray	Warks	41.62	ns
3	Lucy Tattersall	Sussex	39.85	ns
4	Donna Kent	Kent	39.78	ns
5	Vicky Johnson	Mersey	37.80	es
6	Katy Wilson	Durham	36.70	es
7	Elizabeth Goddard	Berks	35.13	es
8	Laura Edwards	Berks	34.89	es
9	Stacey Lebond	SYork	34.71	es
10	Emily Gibbons	NYork	34.32	es
11	Emma Gilbert	Humb	34.01	es
12	Abby Wood	Derby	32.73	es
13	Abigail Ewart	Lancs	32.46	es
14	Joanne Price	Hamp	32.03	es
15	Rebekah Rudkin	Cumb	31.17	
16	Catherine Waite	Sussex	30.72	
17	Shannon Williams	Cumb	30.64	
18	Melissa Cooper	Kent	30.45	
19	Alice Forster	Camb	29.43	
20	Erin McCarthy	Mersey	28.71	
21	Lara Glover	Derby	27.73	
22	Anna Robertson	H&Wor	26.98	
23	Alexandrea Cook	Wilts	25.35	

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Senior Girls 100 metres
ES: 12.50 NS: 12.20 BP: 11.50

Round 1

Heat 1 (+1.0m/s)

1	Natalie Bartley	London	11.94	ns
2	Michelle Nash-Odai	London	12.07	ns
3	Natalie Jowett	Bucks	12.10	ns
4	Natalie Pearson	SYork	12.12	ns
5	Helen Martin	Shrop	12.47	es
6	Kylie Russel	Avon	12.59	
7	Philippa McGregor	Nland	12.63	

Heat 2 (-1.4m/s)

1	Joscelyn Hopeson	Surrey	12.10	ns
2	Tanya Hinds	Warks	12.29	es
3	Rachel Telfer	London	12.53	
4	Sophie Lambert	Glouc	12.59	
5	Victoria Burgess	Hamp	12.73	

Final

(+0.5m/s)

1	Joscelyn Hopeson	Surrey	11.73	ns
2	Natalie Pearson	SYork	12.05	ns
3	Natalie Bartley	London	12.07	ns
4	Michelle Nash-Odai	London	12.10	ns
5	Natalie Jowett	Bucks	12.20	ns
6	Tanya Hinds	Warks	12.32	es
7	Rachel Telfer	London	12.54	
8	Helen Martin	Shrop	12.86	

Senior Girls 200 metres

ES: 25.80 NS: 25.00 BP: 23.10

Round 1

Heat 1 (+1.1m/s)

1	Sinead Johnson	Shrop	25.33	es
2	Carley Wenham	Sussex	25.42	es
3	Jessica Taylor	NYork	25.47	es
4	Clare Cooper	Kent	25.72	es
5	Paula Hill	Avon	25.75	es
6	Nikysa Ferguson	Manch	26.06	

Heat 2 (+1.4m/s)

1	Joanne Ryan	Essex	24.58	ns
2	Christal Robinson	Midd	24.91	ns
3	Helen Jennings	Humb	24.96	ns
4	Emma Heath	Avon	25.36	es
5	Denise Osei-Kuffour	London	25.55	es
6	Jenny Graham	Nland	25.65	es

Heat 3 (-1.0m/s)

1	Hayley Gadsby	Derby	24.69	ns
2	Amy Godsell	Surrey	24.94	ns
3	Kara Graham	London	25.09	es
4	Kayo Titiloye	WMid	25.29	es
5	Louise Dickinson	Lancs	25.55	es
6	Dionne Ellison	Manch	26.30	

Final

(-0.5m/s)

1	Hayley Gadsby	Derby	24.46	ns
2	Joanne Ryan	Essex	24.67	ns
3	Amy Godsell	Surrey	24.87	ns
4	Kara Graham	London	24.90	ns
5	Christal Robinson	Midd	24.91	ns
6	Carley Wenham	Sussex	25.45	es

Senior Girls 400 metres

ES: 58.80 NS: 57.00 BP: 54.40

Round 1

Heat 1

1	Holly Barlow	WMid	56.61	ns
2	Tara Bird	Essex	56.78	ns
3	Kayleigh Harper	Wilts	57.19	es
4	Sarah Harris	Surrey	57.88	es
5	Bridget Tidball	Devon	58.46	es
6	Rebecca Syrocki	Kent	59.06	
7	Holly Gray	Notts	59.49	
8	Cassie Chilvers	Suff	59.74	

Heat 2

1	Henrietta Kodilinye-Sims	Glouc	55.60	ns
2	Katie Flower	Humb	55.93	ns
3	Justine Kinney	WMid	56.46	ns
4	Lucy Rogers	Essex	57.25	es
5	Laura Chambers	Chesh	58.43	es
6	Debbie Forster	Cleve	58.90	
7	Leah Paulley	Corn	59.99	

Final

1	Henrietta Kodilinye-Sims	Glouc	54.78	ns
2	Katie Flower	Humb	55.27	ns
3	Holly Barlow	WMid	56.05	ns
4	Tara Bird	Essex	56.21	ns
5	Justine Kinney	WMid	56.38	ns
6	Lucy Rogers	Essex	56.76	ns
7	Kayleigh Harper	Wilts	57.15	es
8	Sarah Harris	Surrey	58.60	es

Senior Girls 800 metres

ES: 2:15.00 NS: 2:13.00 BP: 2:05.18

Round 1

Heat 1

1	Anna Simmonds	H&Wor	2:13.89	es
2	Hannah Brooks	Surrey	2:14.73	es
3	Victoria O'Donnell	Manch	2:16.18	
4	Emma-Leigh Heighway	Chesh	2:20.14	
5	Claire McMurdock	Manch		
6	Emma Jackson	Staff		
7	Steph Wilson	Bucks		

Heat 2

1	Nicola Maddick	Humb	2:11.19	ns
2	Rebecca Townsend	WYork	2:12.72	ns
3	Rebecca Hall	Nhants	2:13.49	es
4	Linzi Snow	Essex	2:13.66	es
5	Joanne Duxbury	Manch	2:14.42	es
6	Samantha Hart	Cleve	2:18.23	

Final

1	Hannah Brooks	Surrey	2:08.06	ns
2	Nicola Maddick	Humb	2:09.53	ns
3	Anna Simmonds	H&Wor	2:10.00	ns
4	Rebecca Townsend	WYork	2:11.25	ns
5	Joanne Duxbury	Manch	2:11.51	ns
6	Rebecca Hall	Nhants	2:11.89	ns
7	Victoria O'Donnell	Manch	2:15.28	
8	Linzi Snow	Essex	2:16.76	

Senior Girls 1500 metres

ES: 4:43.00 NS: 4:36.00 BP: 4:17.10

Final

1	Jessica Sparke	Herts	4:24.74	ns
2	Hannah England	Oxford	4:26.75	ns
3	Stacey Johnson	Staff	4:29.46	ns
4	Louise Durman	Glouc	4:36.03	es
5	Emily Clarke	Norf	4:36.77	es
6	Leonie Woodfinden	Corn	4:37.68	es
7	Florence Ray	Sussex	4:41.36	es
8	Kasey-Lea Shuttleworth	Manch	4:49.03	
9	Claire Kiely	Hamp		
10	Abby Westley	SYork		
11	Danielle Christmas	Surrey		

Senior Girls 3000 metres

ES: 10:18.00 NS: 10:06.00 BP: 9:04.30

Final

1	Olivia Kenney	WMid	9:45.95	ns
2	Danielle Sale	Essex	9:50.20	ns
3	Ruth Senior	Norf	9:52.14	ns
4	Sarah Waldron	H&Wor	9:58.13	ns
5	Becky Ellis	Chesh	9:58.15	ns
6	Nicola Sykes	Beds	9:58.75	ns
7	Joanne Callaway	Staff	10:05.60	ns
8	Stephanie Barnes	Avon	10:06.37	es
9	Kirsty Tydeman	Essex	10:18.50	
10	India Lee	Hamp	10:18.78	
11	Mary Ferrier	Nland	10:21.31	
12	Clare Mensley	Leics	10:23.87	
13	Sarah Tedd	Hamp	10:30.19	
14	Sara Bird	Suff	10:30.86	
15	Joanne Maddick	Humb	10:31.48	
16	Amy Wadsworth	Derby	10:31.96	
17	Rosie Edwards	WYork	10:32.76	
18	Chloe Rodham	Cumb	10:44.19	

Senior Girls 100 metres Hurdles

ES: 15.20 NS: 14.60 BP: 13.30

Final

(+0.1m/s)

1	Victoria Garrad	Mersey	14.21	ns
2	Sarah Adams	Leics	14.21	ns
3	Emily Noble	WYork	14.65	es
4	Chloe Van Wulven	Essex	14.97	es
5	Karen Moorcroft	Manch	15.25	
6	Anastasia Doperalia	Durham	15.27	
7	Lydia Chamberlin	Lincs	15.38	

Senior Girls 400 metres Hurdles

ES: 65.00 NS: 63.50 BP: 59.00

Round 1

Heat 1

1	Christina Silva	Herts	64.38	es
2	Lucy Abbott	Manch	65.28	
3	Claire O'Neill	Hamp	65.58	
4	Sam Betteridge	Avon	66.63	
5	Lucy Spray	Notts	68.44	
6	Naomi Hutchings	Somer	70.99	

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Heat 2

1	Ellen Howarth Brown	Sussex	64.96	es
2	Lauren Newman	Essex	65.48	
3	Nina Lake	Avon	65.53	
4	Lizzie Sandall	Glouc	67.16	
5	Alison Hackney	NYork	68.04	

Final

1	Ellen Howarth Brown	Sussex	62.24	ns
2	Christina Silva	Herts	63.46	ns
3	Lauren Newman	Essex	64.32	es
4	Lucy Abbott	Manch	65.00	es
5	Claire O'Neill	Hamp	65.04	
6	Nina Lake	Avon	65.14	
7	Lizzie Sandall	Glouc	66.90	
8	Sam Betteridge	Avon	67.12	

Senior Girls 4x100 metres Relay

ES: 49.80 NS: 48.80 BP: 45.60

Round 1

Heat 1

1	London	London	48.48	ns
2	Avon	Avon	49.07	es
3	Greater Manchester	Manch	49.23	es
4	West Yorkshire	WYork	50.20	
5	North Yorkshire	NYork		
6	Buckinghamshire	Bucks		

Heat 2

1	Surrey	Surrey	46.90	ns
2	West Midlands	WMid	47.54	ns
3	Lancashire	Lancs	48.88	es
4	Essex	Essex	48.94	es
5	Devon	Devon	50.12	
6	Staffordshire	Staff		
7	Sussex	Sussex		

Final

1	Surrey	Surrey	46.75	ns
2	London	London	46.99	ns
3	West Midlands	WMid	47.93	ns
4	Avon	Avon	49.08	es
5	Essex	Essex	49.14	es
6	Greater Manchester	Manch	49.72	es
7	Lancashire	Lancs	50.03	
8	Devon	Devon	50.42	

Senior Girls High Jump

ES: 1.66 NS: 1.72 BP: 1.87

Final

1	Jessica Leach	WMid	1.72	ns
2	Jennifer Lumley	NYork	1.69	es
3	Lucy Hodgins	Bucks	1.69	es
4	Lauren Ambrose	Beds	1.69	es
5	Sarah Lawrenson	Lancs	1.69	es
6	Kay Humberstone	SYork	1.66	es
7	Wendy Meadows-Smith	Herts	1.66	es
8	Claire Huck	Cumb	1.63	
9	Gemma Eastman	Hamp	1.63	
10	Sophie Hines	Warks	1.63	
11	Sarah Fielding Smith	Sussex	1.58	
12	Tiffeny Lyons	WYork	1.58	

Senior Girls Long Jump

ES: 5.45 NS: 5.65 BP: 6.65

Final

1	Amy Harris	WMid	6.39	+5.3	ns
2	Dominique Blaize	Surrey	5.90	+0.8	ns
3	Gemma Weetman	Shrop	5.87	+2.0	ns
4	Janine McCormack	Devon	5.70	+0.7	ns
5	Heather Grewcock	Leics	5.59	+2.3	es
6	Kirsty Parr	WYork	5.56	+0.4	es
7	Aimee Palmer	Staff	5.54	+0.6	es
8	Heidi Jarosinski	H&Wor	5.51	+2.3	es
9	Laura Willey	Manch	5.37	+2.4	
10	Emma Moutrie	WYork	5.29	+0.8	
11	Lanre Atijosan	London	5.21	+1.2	
12	Sophie De La Hunt	Nland	5.08	+1.1	

Senior Girls Triple Jump

ES: 11.00 NS: 11.30 BP: 13.06

Final

1	Denae Matthew	Leics	12.36	+0.5	ns
2	Anna Kelly	Shrop	12.28	+0.3	ns
3	Claire Linskill	Devon	12.25	0.0	ns
4	Tania Spurling	Suff	12.14	+1.5	ns
5	Sineade Gutzmore	London	11.96	+2.7	ns
6	Fiona Drysdale	Manch	11.81	0.0	ns
7	Tanine Nicholas	London	11.79	0.0	ns
8	Amanda Ranger	London	11.77	+0.2	ns
9	Leah Simmons	NYork	11.07	+1.7	es
10	Joanna Birch	Chesh	10.96	+2.0	
11	Rebecca Cain	Humb	10.69	0.0	
12	Emma Payne	Cleve	10.08	+0.8	

Senior Girls Pole Vault

ES: 2.70 NS: 3.05 BP: 3.75

Final

1	Kirsty Macintosh	Essex	3.45	ns
2	Rebecca Lilley	H&Wor	3.35	ns
3	Kim Smith	WMid	3.25	ns
4	Emma Lyons	Derby	3.25	ns
5	Samantha Poulter	Surrey	3.05	ns
6	Louise Shortland	Herts	2.95	es
7	Maxine Clarke	Herts	2.95	es
8	Julia Witrylak	Lancs	2.85	es
9	Sarah Williams	Staff	2.70	es
10	Bryony Gibbens	Bucks	2.70	es
11	Becky Hartshorne	Shrop	2.55	

Senior Girls Shot

ES: 10.50 NS: 11.60 BP: 15.01

Final

1	Chloe Edwards	Camb	12.77	ns
2	Amy Weaver	Lancs	11.74	ns
3	Bethany Staniland	WYork	11.68	ns
4	Laura Booth	SYork	11.64	ns
5	Naida Bromley	WYork	11.46	es
6	Candee Rhule	London	11.31	es
7	Laura Gomery	WMid	11.14	es
8	Jessica Mole	Essex	11.11	es
9	Tolani Agoro	London	10.98	es
10	Zenab Farag	Kent	10.81	es
11	Anna Griffiths	Lancs	10.73	es
12	Katie Renouf	Devon	10.71	es
13	Ashleigh Palmer-Johnson	Berks	10.42	
14	Rachel Cork	Dorset	10.41	
15	Catherine Hughes	Midd	8.72	

Senior Girls Discus

ES: 36.00 NS: 40.00 BP: 52.74

Final

1	Gemma Llewellyn	Mersey	44.05	ns
2	Rebecca Saunders	Kent	43.41	ns
3	Lianne Tucker	Nland	42.26	ns
4	Ruth Hay	Nhants	40.62	ns
5	Jenny Scott	WMid	39.06	es
6	Chloe Beckett	WYork	39.04	es
7	Jade Lally	Surrey	38.02	es
8	Rachel Gray	Hamp	37.67	es
9	Lynsey Clark	Essex	36.55	es
10	Dominique Lord	Oxford	36.16	es
11	Hannah James	Sussex	35.47	
12	Natalie Walsh	Manch	33.73	
13	Claire Lyne-Ley	Devon	32.20	
14	Danielle Thomas	Cumb	31.81	

Senior Girls Javelin

ES: 37.00 NS: 41.00 BP: 47.73

Final

1	Louise Watton	Dorset	43.44	ns
2	Sarah Dunkley	Camb	41.86	ns
3	Hayley Thomas	Essex	41.76	ns
4	Rosie Semenytsh	Berks	39.98	es
5	Laura Scott	Derby	39.90	es
6	Stephanie Novak	Lancs	37.20	es
7	Stephanie Ashmore	WMid	37.03	es
8	Kim Box	Essex	35.51	
9	Courtney Goldsborough	Derby	35.32	
10	Anne Marie Pennington	Mersey	34.08	
11	Emma Smith	Camb	33.44	

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Senior Girls Hammer

ES: 37.00 NS: 43.00 BP: 52.76

Final

1	Rachel Blackie	Kent	51.23 ns
2	Victoria Thomas	Kent	48.98 ns
3	Sarah Holt	WYork	46.85 ns
4	Monique Buchanan	Essex	46.53 ns
5	Anna Johnson	Manch	45.80 ns
6	Clare Phillips	Midd	44.50 ns
7	Amy Howard	WYork	43.22 ns
8	Rachel Gair	Notts	42.57 es
9	Mel Flash	Herts	39.52 es
10	Alanna Smetham	Staff	37.74 es
11	Catherine Marvin	Hamp	36.08
12	Beth Scholden	Manch	33.88

ENGLISH SCHOOLS ATHLETIC ASSOCIATION

National Track & Field Championships

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Junior Boys :group A - after 15 finals Championship Shield

1: Surrey	85.00
2: Essex	79.50
3: Middlesex	42.00
4: West Midlands	40.00
5: London	38.00
6: Kent	26.00
7: Merseyside	23.00
8: West Yorkshire	17.00
8: Greater Manchester	15.00
10: Hampshire	12.00

Junior Boys :group B - after 15 finals Durham Cup

1: Devon	36.00
2: Humberside	30.00
3: South Yorkshire	24.50
4: Hertfordshire	23.50
5: Cheshire	22.00
6: Avon	21.00
7: Berkshire	20.00
8: Northumberland	19.00
9: Buckinghamshire	18.00
10: Cambridgeshire	16.00
11: Derbyshire	12.00
11: Norfolk	12.00
13: Leicestershire & Rutland	8.00
14: Nottinghamshire	7.00
15: Sussex	7.00
16: Durham	6.00
17: Hereford & Worcestershire	5.00
18: North Yorkshire	5.00
19: Lancashire	4.00

Junior Boys :group C - after 15 finals Watford Council Trophy

1: Bedfordshire & Luton	29.00
2: Gloucestershire	22.00
2: Lincolnshire	22.00
4: Cumbria	19.50
5: Warwickshire	19.00
6: Somerset	15.00
7: Cornwall	10.50
8: Shropshire	10.00
9: Oxfordshire	9.00
10: Cleveland	8.00
11: Dorset	7.00
12: Northamptonshire	4.50
13: Wiltshire	4.00
14: Suffolk	2.00

Inter Boys : group A - after 18 finals Hendon Council Trophy

1: Kent	63.00
2: West Midlands	55.00
3: Surrey	54.50
4: Middlesex	48.00
5: Greater Manchester	39.00
6: London	34.00
7: Merseyside	26.50
8: Essex	23.00
9: Hampshire	14.00
10: West Yorkshire	6.00

Inter Boys : group B - after 18 finals Goodwill Cup

1: Staffordshire	56.00
2: Berkshire	36.00
3: Humberside	23.00
4: Devon	21.00
5: Leicestershire & Rutland	20.00
6: Northumberland	18.00
7: Hertfordshire	17.50
8: Durham	17.00
8: Lancashire	17.00
10: Norfolk	16.50
11: North Yorkshire	15.00
12: Cambridgeshire	14.00
13: Derbyshire	13.00
13: Sussex	13.00
14: Buckinghamshire	12.50
15: Nottinghamshire	12.00
16: Cheshire	5.00
17: Avon	3.00

Inter Boys : group C - after 18 finals Rotary (Slough) Shield

1: Warwickshire	47.00
2: Cleveland	31.00
3: Wiltshire	23.50
4: Gloucestershire	21.00
5: Cumbria	17.00
6: Northamptonshire	16.00
7: Somerset	13.00
8: Cornwall	11.00
9: Shropshire	10.00
10: Dorset	8.00
10: Oxfordshire	8.00
10: Channel Islands	8.00
13: Bedfordshire & Luton	7.00
14: Lincolnshire	6.00
15: Suffolk	5.00

Senior Boys :group A - after 18 finals E.W. Haley Trophy

1: West Midlands	58.00
2: Surrey	50.00
3: Greater Manchester	38.00
3: London	38.00
5: Middlesex	34.00
6: Kent	33.00
7: Essex	32.00
8: West Yorkshire	17.00
9: Merseyside	12.00
10: Hampshire	6.00

Senior Boys :group B - after 18 finals Cheshire Trophy

1: Cambridgeshire	35.00
2: Buckinghamshire	28.00
3: Nottinghamshire	27.00
4: Humberside	26.00
4: Staffordshire	26.00
6: Hertfordshire	22.00
7: Sussex	21.00
8: Avon	20.00
8: Leicestershire & Rutland	20.00
10: Derbyshire	19.00
10: Devon	19.00
10: Lancashire	19.00
13: Cheshire	18.00
14: Northumberland	16.00
14: North Yorkshire	16.00
16: South Yorkshire	15.00
17: Norfolk	10.00
18: Berkshire	8.00
19: Durham	3.00
20: Hereford & Worcestershire	1.00

Senior Boys :group C - after 18 finals Ernest Campion Trophy

1: Gloucestershire	19.00
2: Suffolk	18.00
3: Dorset	16.00
4: Somerset	14.00
5: Northamptonshire	9.00
6: Bedfordshire & Luton	8.00
6: Oxfordshire	8.00
8: Cornwall	7.00
9: Warwickshire	5.00
10: Cleveland	4.00
11: Lincolnshire	3.00
12: Wiltshire	2.00
13: Channel Islands	1.00

ENGLISH SCHOOLS ATHLETIC ASSOCIATION
National Track & Field Championships
Birmingham Alexander Stadium
8th - 9th July 2005

Junior Girls :group A - after 11 finals
Championship Shield

1: Essex	42.00
2: Greater Manchester	28.00
2: Hampshire	28.00
4: West Yorkshire	25.00
5: Middlesex	20.00
6: Kent	14.00
6: Surrey	14.00
8: London	10.00
9: West Midlands	8.00
10: Merseyside	3.00

Junior Girls :group B - after 11 finals
Forrester Trophy

1: Hertfordshire	45.00
1: Staffordshire	45.00
3: Lancashire	31.00
4: Cheshire	26.00
5: Sussex	22.00
6: Derbyshire	18.00
7: North Yorkshire	17.00
8: Avon	15.00
8: Durham	15.00
10: Berkshire	14.00
10: Buckinghamshire	11.00
11: Devon	10.00
12: South Yorkshire	7.00
13: Humberside	6.00
14: Norfolk	4.00
14: Northumberland	4.00
16: Cambridgeshire	3.00
17: Leicestershire & Rutland	1.00

Junior Girls :group C - after 11 finals
A.F. Joseph Trophy

1: Gloucestershire	15.00
2: Dorset	10.00
2: Somerset	10.00
4: Cornwall	9.00
4: Lincolnshire	9.00
4: Northamptonshire	9.00
7: Warwickshire	8.00
8: Oxfordshire	6.00
8: Wiltshire	6.00
10: Shropshire	3.00
10: Channel Islands	3.00
12: Suffolk	2.00
13: Bedfordshire & Luton	1.00

Inter Girls : group A - after 17 finals
Hendon Business Men's Trophy

1: Kent	63.00
2: Hampshire	48.00
3: Merseyside	47.00
4: Greater Manchester	43.00
4: London	43.00
6: West Midlands	41.50
7: Middlesex	34.00
8: Essex	33.50
9: West Yorkshire	26.00
10: Surrey	11.00

Inter Girls : group B - after 17 finals
Goodwill Cup

1: Cheshire	55.00
2: South Yorkshire	49.00
3: Staffordshire	41.00
4: Durham	40.50
5: Avon	31.00
6: Sussex	27.00
7: Lancashire	22.00
8: Berkshire	19.00
8: Leicestershire & Rutland	19.00
10: Cambridgeshire	18.00
11: Buckinghamshire	17.50
12: Devon	16.00
13: Derbyshire	14.00
13: Norfolk	14.00
15: Humberside	10.00
16: Hereford & Worcestershire	4.00
16: Northumberland	4.00
18: Hertfordshire	2.00
18: North Yorkshire	2.00

Inter Girls : group C - after 17 finals
Buckinghamshire Cup

1: Warwickshire	26.00
2: Oxfordshire	23.00
3: Northamptonshire	17.00
4: Wiltshire	12.00
5: Cornwall	11.00
6: Dorset	9.00
6: Shropshire	9.00
8: Lincolnshire	5.00
8: Somerset	5.00
10: Cumbria	3.00
11: Suffolk	2.00
12: Cleveland	1.00
12: Gloucestershire	1.00

Senior Girls :group A - after 17 finals
Joan Hayward Cup

1: Essex	79.00
2: West Midlands	72.00
3: Surrey	58.00
4: London	52.00
5: West Yorkshire	47.00
6: Greater Manchester	34.00
7: Kent	30.00
8: Merseyside	20.00
9: Middlesex	11.00
10: Hampshire	6.00

Senior Girls :group B - after 17 finals
Rotary (Northwich) Cup

1: Hertfordshire	30.00
2: Hereford & Worcestershire	26.00
3: Lancashire	25.00
4: Leicestershire & Rutland	24.00
5: Derbyshire	22.00
6: Humberside	20.00
6: South Yorkshire	20.00
8: Cambridgeshire	19.00
8: Devon	18.00
9: Staffordshire	17.00
9: Sussex	17.00
11: Avon	14.00
11: Buckinghamshire	14.00
13: Norfolk	13.00
14: North Yorkshire	10.00
15: Northumberland	9.00
16: Cheshire	7.00
17: Berkshire	6.00
18: Durham	3.00
19: Nottinghamshire	2.00

Senior Girls :group C - after 17 finals
C.F. Gosling Trophy

1: Shropshire	20.00
2: Gloucestershire	18.00
3: Northamptonshire	12.00
4: Bedfordshire & Luton	11.00
5: Dorset	10.00
5: Oxfordshire	10.00
7: Suffolk	7.00
8: Cornwall	4.00
8: Warwickshire	4.00
10: Wiltshire	3.00
11: Lincolnshire	2.00
12: Cumbria	1.00

ENGLISH SCHOOLS ATHLETIC ASSOCIATION
National Track & Field Championships
Birmingham Alexander Stadium
8th - 9th July 2005

Aggregate Totals after 96 finals

Group A

Broadbridge Trophy

1: Essex	289.00
2: West Midlands	274.50
3: Surrey	272.50
4: Kent	229.00
5: London	215.00
6: Greater Manchester	197.00
7: Middlesex	189.00
8: West Yorkshire	138.00
9: Merseyside	131.50
10: Hampshire	114.00

Group B

Bradford Cup

1: Staffordshire	185.00
2: Hertfordshire	140.00
3: Cheshire	133.00
4: Devon	120.00
5: Lancashire	118.00
6: South Yorkshire	115.50
7: Humberside	115.00
8: Sussex	107.00
9: Cambridgeshire	105.00
10: Avon	104.00
11: Berkshire	103.00
12: Buckinghamshire	101.00
13: Derbyshire	98.00
14: Leicestershire & Rutland	92.00
15: Durham	84.50
16: Northumberland	70.00
17: Norfolk	69.50
18: North Yorkshire	65.00
19: Nottinghamshire	48.00
20: Hereford & Worcestershire	36.00

Group C

Tonkin Cup

1: Warwickshire	109.00
2: Gloucestershire	96.00
3: Northamptonshire	67.50
4: Oxfordshire	64.00
5: Dorset	60.00
6: Somerset	57.00
7: Bedfordshire & Luton	56.00
8: Cornwall	52.50
9: Shropshire	52.00
10: Wiltshire	50.50
11: Lincolnshire	47.00
12: Cleveland	44.00
13: Cumbria	40.50
14: Suffolk	36.00
15: Channel Islands	12.00