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**ESAA NATIONAL TRACK & FIELD CHAMPIONSHIPS**


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**Gateshead Stadium  
9<sup>th</sup> and 10<sup>th</sup> July 2004**

**Friday Track Events**

T1	10:00 hrs. 75 metres Hurdles	JUNIOR GIRLS	1st Round	4 Heats
		Semi-Finals, Event T21	14:06 hrs.	Saturday
T2	10:12 hrs. 80 metres Hurdles	INTER GIRLS	1st Round	3 Heats
		FINAL, Event T59	11:14 hrs.	Saturday
T3	10:22 hrs. 80 metres Hurdles	JUNIOR BOYS	1st Round	3 Heats
		FINAL, Event T60	11:18 hrs.	Saturday
T4	10:32 hrs. 200 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals, Event T38	17:12 hrs.	Saturday
T5	10:44 hrs. 100 metres	JUNIOR GIRLS	1st Round	3 Heats
		FINAL, Event T76	13:21 hrs.	Saturday
T6	10:54 hrs. 800 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals, Event T42	17:45 hrs.	Saturday
T7	11:10 hrs. 100 metres	SENIOR BOYS	1st Round	4 Heats
		Semi-Finals, Event T40	17:31 hrs.	Saturday
T8	11:22 hrs. 400 metres	JUNIOR BOYS	1st Round	3 Heats
		FINAL, Event T74	13:14 hrs.	Saturday
T9	11:32 hrs. 200 metres	JUNIOR GIRLS	1st Round	3 Heats
		FINAL, Event T86	15:15 hrs.	Saturday
T10	11:41 hrs. 800 metres	JUNIOR BOYS	1st Round	6 Heats
		2nd Round, Event T45	18:09 hrs.	Saturday
T11	12:05 hrs. 100 metres	INTER BOYS	1st Round	5 Heats
		Semi-Finals, Event T47	10:06 hrs.	Saturday
T12	12:17 hrs. 100 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals, Event T48	10:12 hrs.	Saturday
T13	12:26 hrs. 800 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals, Event T44	18:01 hrs.	Saturday
T14	12:42 hrs. 400 metres	INTER BOYS	1st Round	4 Heats
		Semi-Finals, Event T43	17:53 hrs.	Saturday
T15	12:56 hrs. 200 metres	JUNIOR BOYS	1st Round	4 Heats
		Semi-Finals, Event T37	17:06 hrs.	Saturday
T16	13:08 hrs. 200 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals, Event T49	10:18 hrs.	Saturday
T17	13:20 hrs. 100 metres	JUNIOR BOYS	1st Round	4 Heats
		Semi-Finals, Event T41	17:39 hrs.	Saturday
T18	13:30 hrs. 400 metres	SENIOR GIRLS	1st Round	3 Heats
		FINAL, Event T99	16:12 hrs.	Saturday
T19	13:42 hrs. 800 metres	SENIOR BOYS	1st Round	3 Heats
		FINAL, Event T51	10:30 hrs.	Saturday
T20	13:54 hrs. 1500 metres	JUNIOR GIRLS	1st Round	2 Heats
		FINAL, Event T50	10:24 hrs.	Saturday
T21	14:06 hrs. 75 metres Hurdles	JUNIOR GIRLS	Semi-Finals	
		FINAL, Event T58	11:09 hrs.	Saturday
T22	14:18 hrs. 100 metres Hurdles	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T96	16:00 hrs.	Saturday
T23	14:28 hrs. 100 metres Hurdles	INTER BOYS	1st Round	3 Heats
		FINAL, Event T97	16:04 hrs.	Saturday
T24	14:38 hrs. 300 metres	INTER GIRLS	1st Round	4 Heats
		Semi-Finals, Event T46	10:00 hrs.	Saturday
T25	14:50 hrs. 200 metres	SENIOR BOYS	1st Round	3 Heats
		FINAL, Event T88	15:24 hrs.	Saturday
T26	15:00 hrs. 800 metres	JUNIOR GIRLS	1st Round	3 Heats
		FINAL, Event T52	10:34 hrs.	Saturday
T27	15:12 hrs. 1500 metres	INTER BOYS	1st Round	2 Heats
		FINAL, Event T87	15:18 hrs.	Saturday
T28	15:24 hrs. 300 metres Hurdles	INTER GIRLS	1st Round	3 Heats
		FINAL, Event T54	10:50 hrs.	Saturday
T29	15:36 hrs. 400 metres Hurdles	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T55	10:54 hrs.	Saturday
T30	15:46 hrs. 400 metres Hurdles	INTER BOYS	1st Round	3 Heats
		FINAL, Event T79	14:40 hrs.	Saturday
T31	15:58 hrs. 400 metres Hurdles	SENIOR BOYS	1st Round	2 Heats
		FINAL, Event T80	14:46 hrs.	Saturday
T32	16:12 hrs. 1500 metres	INTER GIRLS	1st Round	2 Heats
		FINAL, Event T89	15:29 hrs.	Saturday
T33	16:24 hrs. 400 metres	SENIOR BOYS	1st Round	2 Heats
		FINAL, Event T71	13:00 hrs.	Saturday
T34	16:32 hrs. 1500 metres	JUNIOR BOYS	1st Round	2 Heats
		FINAL, Event T62	11:32 hrs.	Saturday
T35	16:44 hrs. 800 metres	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T84	15:03 hrs.	Saturday
T36	16:52 hrs. 200 metres	SENIOR GIRLS	1st Round	2 Heats
		FINAL, Event T73	13:10 hrs.	Saturday
T37	17:06 hrs. 200 metres	JUNIOR BOYS	Semi-Finals	
		FINAL, Event T95	15:56 hrs.	Saturday
T38	17:12 hrs. 200 metres	INTER BOYS	Semi-Finals	
		FINAL, Event T75	13:18 hrs.	Saturday

T39	17:18 hrs. 1500 metres	SENIOR GIRLS FINAL, Event T72	1st Round 13:04 hrs.	2 Heats Saturday
T40	17:31 hrs. 100 metres	SENIOR BOYS FINAL, Event T92	Semi-Finals 15:44 hrs.	Saturday
T41	17:39 hrs. 100 metres	JUNIOR BOYS FINAL, Event T82	Semi-Finals 14:56 hrs.	Saturday
T42	17:45 hrs. 800 metres	INTER GIRLS FINAL, Event T81	Semi-Finals 14:52 hrs.	Saturday
T43	17:53 hrs. 400 metres	INTER BOYS FINAL, Event T56	Semi-Finals 10:59 hrs.	Saturday
T44	18:01 hrs. 800 metres	INTER BOYS FINAL, Event T93	Semi-Finals 15:48 hrs.	Saturday
T45	18:09 hrs. 800 metres	JUNIOR BOYS FINAL, Event T70	2nd Round 12:56 hrs.	3 Heats Saturday

### Saturday Morning Track Events

T46	10:00 hrs. 300 metres	INTER GIRLS FINAL, Event T85	Semi-Finals 15:08 hrs.	Saturday
T47	10:06 hrs. 100 metres	INTER BOYS FINAL, Event T90	Semi-Finals 15:36 hrs.	Saturday
T48	10:12 hrs. 100 metres	INTER GIRLS FINAL, Event T83	Semi-Finals 14:59 hrs.	Saturday
T49	10:18 hrs. 200 metres	INTER GIRLS FINAL, Event T94	Semi-Finals 15:52 hrs.	Saturday
T50	10:24 hrs. 1500 metres	JUNIOR GIRLS	FINAL	
T51	10:30 hrs. 800 metres	SENIOR BOYS	FINAL	
T52	10:34 hrs. 800 metres	JUNIOR GIRLS	FINAL	
T53	10:38 hrs. 3000 metres	SENIOR GIRLS	FINAL	
T54	10:50 hrs. 300 metres Hurdles	INTER GIRLS	FINAL	
T55	10:54 hrs. 400 metres Hurdles	SENIOR GIRLS	FINAL	
T56	10:59 hrs. 400 metres	INTER BOYS	FINAL	
T57	11:03 hrs. 1500 metres	SENIOR BOYS	FINAL	
T58	11:09 hrs. 75 metres Hurdles	JUNIOR GIRLS	FINAL	
T59	11:14 hrs. 80 metres Hurdles	INTER GIRLS	FINAL	
T60	11:18 hrs. 80 metres Hurdles	JUNIOR BOYS	FINAL	
T61	11:24 hrs. 1500 metres Steeplechase		INTER BOYS	FINAL
T62	11:32 hrs. 1500 metres	JUNIOR BOYS	FINAL	
T63	11:38 hrs. 4x100 metres Relay	JUNIOR GIRLS FINAL, Event T101	1st Round 16:26 hrs.	3 Heats Saturday
T64	11:48 hrs. 4x100 metres Relay	JUNIOR BOYS FINAL, Event T102	1st Round 16:30 hrs.	3 Heats Saturday
T65	11:58 hrs. 4x100 metres Relay	INTER GIRLS FINAL, Event T103	1st Round 16:34 hrs.	5 Heats Saturday
T66	12:14 hrs. 4x100 metres Relay	INTER BOYS FINAL, Event T104	1st Round 16:38 hrs.	4 Heats Saturday
T67	12:28 hrs. 4x100 metres Relay	SENIOR GIRLS FINAL, Event T105	1st Round 16:42 hrs.	2 Heats Saturday
T68	12:36 hrs. 4x100 metres Relay	SENIOR BOYS FINAL, Event T106	1st Round 16:47 hrs.	2 Heats Saturday
T69	12:44 hrs. 3000 metres	SENIOR BOYS	FINAL	
T70	12:56 hrs. 800 metres	JUNIOR BOYS	FINAL	
T71	13:00 hrs. 400 metres	SENIOR BOYS	FINAL	
T72	13:04 hrs. 1500 metres	SENIOR GIRLS	FINAL	
T73	13:10 hrs. 200 metres	SENIOR GIRLS	FINAL	
T74	13:14 hrs. 400 metres	JUNIOR BOYS	FINAL	
T75	13:18 hrs. 200 metres	INTER BOYS	FINAL	
T76	13:21 hrs. 100 metres	JUNIOR GIRLS	FINAL	
T77	13:24 hrs. 3000 metres	INTER GIRLS	FINAL	
T78	13:38 hrs. 3000 metres	INTER BOYS	FINAL	

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**Saturday Afternoon Track Events**

T79	14:40 hrs. 400 metres Hurdles	INTER BOYS	FINAL
T80	14:46 hrs. 400 metres Hurdles	SENIOR BOYS	FINAL
T81	14:52 hrs. 800 metres	INTER GIRLS	FINAL
T82	14:56 hrs. 100 metres	JUNIOR BOYS	FINAL
T83	14:59 hrs. 100 metres	INTER GIRLS	FINAL
T84	15:03 hrs. 800 metres	SENIOR GIRLS	FINAL
T85	15:08 hrs. 300 metres	INTER GIRLS	FINAL
T86	15:15 hrs. 200 metres	JUNIOR GIRLS	FINAL
T87	15:18 hrs. 1500 metres	INTER BOYS	FINAL
T88	15:24 hrs. 200 metres	SENIOR BOYS	FINAL
T89	15:29 hrs. 1500 metres	INTER GIRLS	FINAL
T90	15:36 hrs. 100 metres	INTER BOYS	FINAL
T91	15:40 hrs. 100 metres	SENIOR GIRLS	FINAL
T92	15:44 hrs. 100 metres	SENIOR BOYS	FINAL
T93	15:48 hrs. 800 metres	INTER BOYS	FINAL
T94	15:52 hrs. 200 metres	INTER GIRLS	FINAL
T95	15:56 hrs. 200 metres	JUNIOR BOYS	FINAL
T96	16:00 hrs. 100 metres Hurdles	SENIOR GIRLS	FINAL
T97	16:04 hrs. 100 metres Hurdles	INTER BOYS	FINAL
T98	16:08 hrs. 110 metres Hurdles	SENIOR BOYS	FINAL
T99	16:12 hrs. 400 metres	SENIOR GIRLS	FINAL
T100	16:16 hrs. 2000 metres Steeplechase	SENIOR BOYS	FINAL
T101	16:26 hrs. 4x100 metres Relay	JUNIOR GIRLS	FINAL
T102	16:30 hrs. 4x100 metres Relay	JUNIOR BOYS	FINAL
T103	16:34 hrs. 4x100 metres Relay	INTER GIRLS	FINAL
T104	16:38 hrs. 4x100 metres Relay	INTER BOYS	FINAL
T105	16:42 hrs. 4x100 metres Relay	SENIOR GIRLS	FINAL
T106	16:47 hrs. 4x100 metres Relay	SENIOR BOYS	FINAL

**Friday Field Events**

F1	10:00 hrs. Pole Vault (PV1)	JUNIOR BOYS	FINAL
F2	10:00 hrs. High Jump (HJ1)	JUNIOR GIRLS	FINAL
F3	10:00 hrs. Javelin (J1)	INTER BOYS	FINAL
F4	10:00 / 11:30 hrs. Long Jump (LJ3)	JUNIOR BOYS FINAL, Event F38, Saturday 12:15 hrs. LJ1	Pools
F5	10:00 hrs. Discus (D1)	JUNIOR BOYS	FINAL
F6	10:00 hrs. Shot (S1)	INTER BOYS	FINAL
F7	10:00 hrs. Triple Jump (LJ1)	INTER GIRLS	FINAL
F8	10:15 hrs. Hammer (H1)	INTER GIRLS	FINAL
F9	11:45 hrs. Javelin (J1)	JUNIOR BOYS	FINAL
F10	12:00 hrs. Discus (D1)	INTER GIRLS	FINAL

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F11	12:00 hrs. Hammer (H1)	INTER BOYS	FINAL
F12	13:00 hrs. High Jump (HJ1)	INTER BOYS	FINAL
F13	13:00 hrs. Triple Jump (LJ1)	SENIOR BOYS	FINAL
F14	13:15 hrs. Javelin (J1)	INTER GIRLS	FINAL
F15	14:00 hrs. Pole Vault (PV1)	INTER GIRLS	FINAL
F16	14:00 hrs. Pole Vault (PV1)	SENIOR GIRLS	FINAL
F17	14:00 hrs. Long Jump (LJ3)	INTER BOYS	FINAL
F18	14:00 hrs. Discus (D1)	INTER BOYS	FINAL
F19	14:00 hrs. Shot (S1)	JUNIOR GIRLS	FINAL
F20	14:45 hrs. Javelin (J1)	SENIOR GIRLS	FINAL
F21	15:00 hrs. Hammer (H1)	SENIOR GIRLS	FINAL
F22	15:00 hrs. Triple Jump (LJ1)	INTER BOYS	FINAL
F23	16:00 hrs. High Jump (HJ1)	INTER GIRLS	FINAL
F24	16:00 hrs. Discus (D1)	SENIOR GIRLS	FINAL
F25	16:00 hrs. Long Jump (LJ3)	INTER GIRLS	FINAL
F26	16:00 hrs. Shot (S1)	SENIOR BOYS	FINAL
F27	16:30 hrs. Javelin (J1)	SENIOR BOYS	FINAL

**Saturday Morning Field Events**

F28	10:00 hrs. Pole Vault (PV1)	INTER BOYS	FINAL
F29	10:00 hrs. High Jump (HJ1)	JUNIOR BOYS	FINAL
F30	10:00 hrs. Long Jump (LJ3)	JUNIOR GIRLS	FINAL
F31	10:00 hrs. Javelin (J1)	JUNIOR GIRLS	FINAL
F32	10:00 hrs. Shot (S1)	INTER GIRLS	FINAL
F33	10:00 hrs. Triple Jump (LJ1)	JUNIOR BOYS	FINAL
F34	10:15 hrs. Discus (D1)	JUNIOR GIRLS	FINAL
F35	10:15 hrs. Hammer (H)	SENIOR BOYS	FINAL
F36	11:15 hrs. Shot (S1)	SENIOR GIRLS	FINAL
F37	12:00 hrs. High Jump (HJ1)	SENIOR BOYS	FINAL
F38	12:15 hrs. Long Jump (LJ1)	JUNIOR BOYS	FINAL
F39	12:30 hrs. Long Jump (LJ4)	SENIOR GIRLS	FINAL

**Saturday Afternoon Field Events**

F40	14:45 hrs. Pole Vault (PV1)	SENIOR BOYS	FINAL
F41	14:45 hrs. High Jump (HJ1)	SENIOR GIRLS	FINAL
F42	14:45 hrs. Long Jump (LJ3)	SENIOR BOYS	FINAL
F43	14:45 hrs. Discus (D1)	SENIOR BOYS	FINAL
F44	14:45 hrs. Hammer (H)	JUNIOR BOYS	FINAL
F45	14:45 hrs. Shot (S1)	JUNIOR BOYS	FINAL
F46	14:45 hrs. Triple Jump (LJ1)	SENIOR GIRLS	FINAL